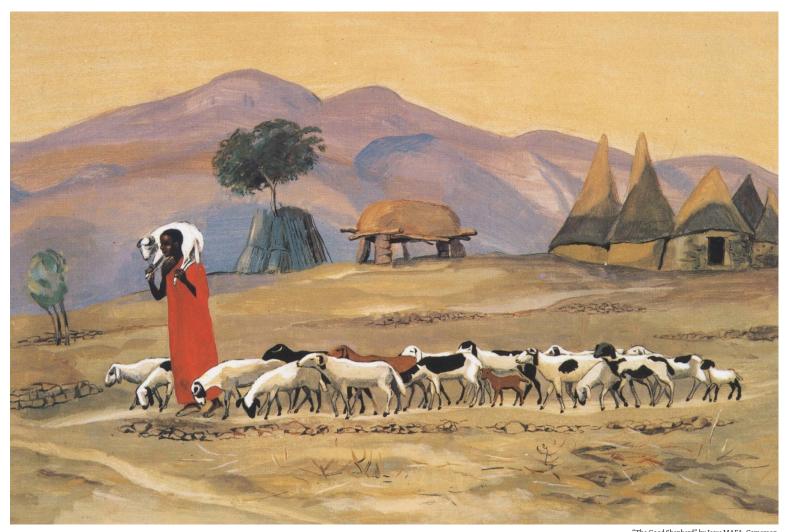
Grace and Holy Trinity EPISCOPAL CATHEDRAL



"The Good Shepherd" by Jesus MAFA, Cameroon

The Fourth Sunday of Easter April 30, 2023 • 10:30 a.m.

Welcome! We are glad you are here.

• If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.



- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Thank you for your generosity.



HOLY EUCHARIST

Voluntary: Psalm-Prelude, op. 32 no.3

Herbert Howells

"Yea, though I walk through the valley of the shadow of death, I will fear no evil for thou art with me; thy rod and thy staff comfort me." (Psalm 23:4)

The Word of God

* Opening Hymn: 478 "Jesus, our mighty Lord"



Words: St. Clement of Alexandria (ca. 170-ca. 220); para. F. Bland Tucker (1895-1984), rev. Music: Monk's Gate, Sussex folk melody; adapt. and harm. Ralph Vaughan Williams (1872-1958). Copyright: Music: By permission of Oxford University Press. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider Alleluia. Christ is risen.

People The Lord is risen indeed. Alleluia.

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse

the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and

worthily magnify your holy Name; through Christ our Lord. Amen.

* Song of Praise: S278 "Glory to God" Gloria in excelsis



Music: William Mathias (1934-1992). Copyright: © 1976, Oxford University Press, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* Collect of the Day

Presider The Lord be with you.

People And also with you.

Presider

Let us pray.

O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Acts 2:42-47

Lector

Those who had been baptized devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers.

Awe came upon everyone, because many wonders and signs were being done by the apostles. All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

The Word of the Lord.

People Thanks be to God.

Psalm 23 sung by the choir, chant by Edward Cuthbert Bairstow

page 612

The Lord is my shepherd; *

I shall not be in want.

He makes me lie down in green pastures *

and leads me beside still waters.

He revives my soul *

and guides me along right pathways for his Name's sake.

Though I walk through the valley of the shadow of death, I shall fear no evil; *

for you are with me; your rod and your staff, they comfort me.

You spread a table before me in the presence of those who trouble me; *

you have anointed my head with oil, and my cup is running over.

Surely your goodness and mercy shall follow me all the days of my life, *

and I will dwell in the house of the Lord for ever.

Second Lesson: 1 Peter 2:19-25

Lector

It is a credit to you if, being aware of God, you endure pain while suffering unjustly. If you endure when you are beaten for doing wrong, what credit is that? But if you endure when you do right and suffer for it, you have God's approval. For to this you have been called, because Christ also suffered for you, leaving you an example, so that you should follow in his steps.

"He committed no sin,

and no deceit was found in his mouth."

When he was abused, he did not return abuse; when he suffered, he did not threaten; but he entrusted himself to the one who judges justly. He himself bore our sins in his body on the cross, so that, free from

sins, we might live for righteousness; by his wounds you have been healed. For you were going astray like sheep, but now you have returned to the shepherd and guardian of your souls.

The Word of the Lord

People Thanks be to God.

* GOSPEL HYMN: 184 "Christ the Lord is risen again"



Words: Michael Weisse (1480–1534); tr. Catherine Winkworth (1827–1878), alt. Music: Christ ist erstanden, melody from Geistliche Lieder, 1533; harm. after Hans Leo Hassler (1564–1612). All Rights Reserved. Reprinted under One License.net #A-710278.

* THE HOLY GOSPEL: John 10:1-10

Deacon The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Deacon Jesus said, "Very truly, I tell you, anyone who does not enter the sheepfold by the gate but climbs in by another way is a thief and a bandit. The one who enters by the gate is the shepherd of the sheep. The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes ahead of them, and the sheep follow him because they know his voice. They will not follow a stranger, but they will run from him because

they do not know the voice of strangers." Jesus used this figure of speech with them, but they did not understand what he was saying to them.

So again Jesus said to them, "Very truly, I tell you, I am the gate for the sheep. All who came before me are thieves and bandits; but the sheep did not listen to them. I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly."

The Gospel of the Lord.

People Praise to you, Lord Christ.

* THE NICENE CREED

All

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

* Prayers of the People, Form III

page 387

Intercessor Father, we pray for your holy Catholic Church;

People That we all may be one.

Intercessor Grant that every member of the Church may truly and humbly serve you;

People That your Name may be glorified by all people.

Intercessor We pray for all bishops, priests, and deacons;

People That they may be faithful ministers of your Word and Sacraments.

Intercessor We pray for all who govern and hold authority in the nations of the world;

People That there may be justice and peace on the earth.

Intercessor Give us grace to do your will in all that we undertake;

People That our works may find favor in your sight.

Intercessor Have compassion on those who suffer from any grief or trouble;

People That they may be delivered from their distress.

Intercessor Give to the departed eternal rest.

People Let light perpetual shine upon them.

Intercessor We praise you for your saints who have entered into joy; People May we also come to share in your heavenly kingdom.

Intercessor Let us pray for our own needs and those of others.

Silence

The People may add their own petitions. The Presider adds a concluding Collect.

* The Peace page 360

Presider The peace of the Lord be always with you.

People And also with you.

Announcements

CELEBRATION PRAYER page 830

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your

goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

Offertory Anthem: Ego sum pastor bonus

Frank La Rocca

Ego sum pastor bonus: et cognosco oves meas, et cognoscunt me meae.

Sicut novit me Pater et ego agnosco Patrem: et animam meam pono pro ovibus meis.

I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep.

-text: John 10:14-15

* Presentation Hymn: 205 "Good Christians all, rejoice and sing!"



Words: Cyril A. Alington (1872–1955), alt. St. 5, Norman Mealy (1923–1987). Music: Gelobt sei Gott, Melchior Vulpius (1560?–1616). Copyright: Words: By permission of Hymns Ancient & Modern Limited. St. 5, Copyright © 1971 by Walton Music Corporation. Used by permission. All Rights Reserved. Reprinted under One License.net #A-710278.

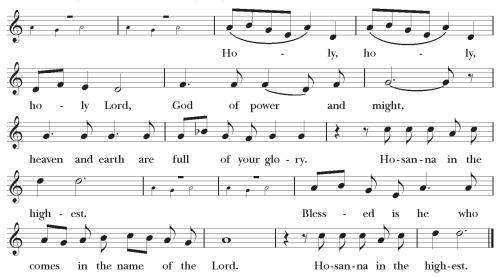
S120: The Holy Eucharist II, Lift up your hearts: Sursum corda



Presider

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All S128: The Holy Eucharist II, Holy, holy, holy Lord: Sanctus



 $Music: William\ Mathias\ (1934-1992).\ Copyright\ @\ 1976\ Oxford\ University\ Press.\ All\ Rights\ Reserved.\ Reprinted\ under\ One License.net\ \#A-710278.$

Presider

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All Christ has died.

Christ is risen.

Christ will come again.

Presider

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Presider

And now, as our Savior Christ has taught us, we are bold to say,

All

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

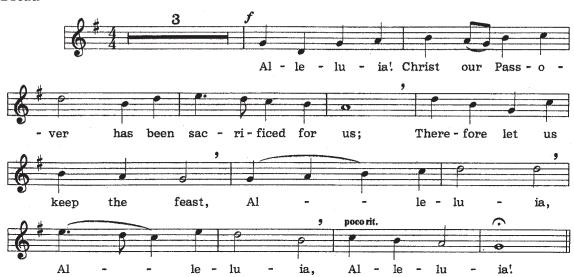
And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power,

and the glory, for ever and ever. Amen.

Breaking of the Bread



 $Setting \ by \ Jeffrey \ H. \ Rickard, © 1996 \ Paraclete \ Press, Orleans, MA \ 02653. \ All \ Rights \ Reserved. \ Reprinted \ under One License. net \ \#A-710278.$

Presider

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION page 365

All are welcome to receive communion or a blessing. Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down. For a blessing, cross your hands over your chest.

Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

- From The Prayer Book for the Armed Services

COMMUNION HYMN: 645 "The King of love my shepherd is"



Words: Henry Williams Baker (1821-1877); para. Psalm 23. Music: St. Columba, Irish melody, harm. Hymnal 1982. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

page 365

Presider Let us pray.

People Eternal God, heavenly Father,

you have graciously accepted us as living members

of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage

to love and serve you

with gladness and singleness of heart; through Christ our Lord. Amen.

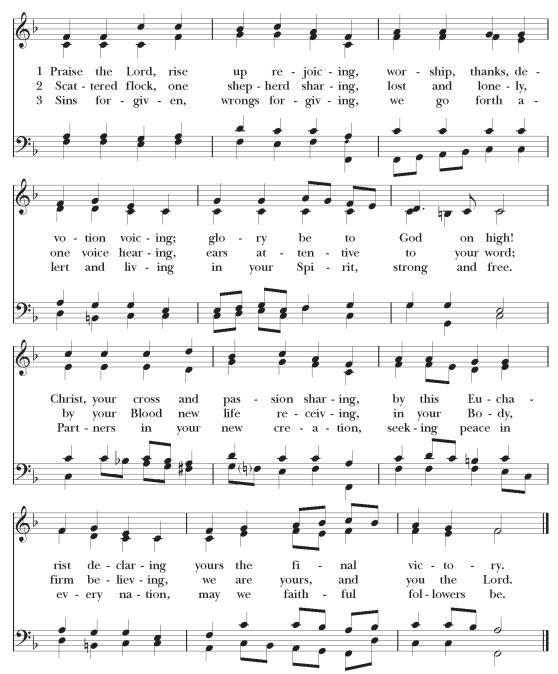
* The Blessing

* Dismissal

Deacon Let us go forth in the name of Christ. Alleluia, alleluia.

People Thanks be to God. Alleluia, alleluia.

* Sending Hymn: 334 "Praise the Lord, rise up rejoicing"



Words: Howard Charles Adie Gaunt (1902–1983), alt. Music: Allos ist an Gottes Segen, melody att. Johann Balthasar König (1691–1758), alt.; harm. Johann Löhner (1645–1705), after chorale ver. Johann Sebastian Bach (1685–1750) Copyright: Words: By permission of H. C. A. Gaunt. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Voluntary: Toccata in F major, BuxWV 157

Dietrich Buxtehude

Serving Today

Presider & Preacher The Rev. Darrel Proffitt

Musicians The Trinity Choir, Dr. Paul Meier

Lector Donna Knoell Intercessor Abbey Mattson

Eucharistic Minister Curtis Hamilton, Ric Sweeting

Acolyte Ron Michka, Margo Galus, Nora Elisabeth

Usher John Braum, Richard Morse, David Barker, Mark Galus

Greeter Jeri Gore, Kay Sloan

Altar Guild Kristy Moore, Sara Copeland, Leticia Porter, Candy McDowell

Livestreaming Christine Morrison, Chris Morrison, Janet Sweeting

Children's Ministry Bethany Zaiger, Brittany Sparrow Savage





April 30, 2023 – Easter 4 (A) Week 4: Reflections on the Resurrection

During the Easter season, Sermons That Work is pleased to present reflections from some of the newest bishops of The Episcopal Church on the resurrection of our Lord. Check back each week for a brief exploration of how Jesus Christ's rising from the grave changes everything. To listen to this reflection, scan the QR code on this page and subscribe to the Sermons That Work podcast.

Mary Magdalene, Joanna, Mary the mother of James, and the other women who were with them; these women are not only the first evangelists, but they are also the saints we need for our day.

They do not yet know what it will look like or what it will mean that Jesus is risen from the dead. They do not know, at this point in the story, how it will be that Jesus will reveal himself to them, in what form he will appear, how they will know, or what it will look like. They do not yet know where new life is, only where old life is no longer.

But they do not wait. They do not need to know what comes next in order to proclaim what currently is. These women stand in the midst of an empty tomb and see it filled with the potential that Jesus is very much alive; not as he had been, but as he will be. These women do not hold back from proclaiming their truth to those who would disbelieve. They did not care that it would not make sense, that others could not yet see what they had seen.

This is a critical moment for these women and the rest of Jesus' followers. The scenes that follow -- the post-resurrection appearances of Jesus -- are dependent on them knowing the possibility that Jesus might just appear. If they could not consider the angels' words, if they could not hold out hope that the tomb could not contain the love of God, they could never have known resurrection when it appeared. Jesus could not be on the beach, grilling fish, if he were back in the tomb. He could not be walking with them on the road to Emmaus, if his body were someplace else unknown.

In order for them to see the fullness of God's Love in the world around them, they needed to see the emptiness of the tomb. They needed to stop looking for the living among the dead and instead seek the living Christ in the life of the world. These women are our evangelists, proclaiming to us the Good News that Jesus Christ is risen.

These women are our saints - our inspiration and our example of how it is God asks us to stop seeking the living among the dead. To stop seeking life at the empty tombs of our lives. To allow for the potential that new life is around every corner, a possibility that exists only when we stop insisting it can only be found where it once was.

We do not need to know where it is that the Risen Life of Christ will meet us on the roads of our lives. We need only know that the empty tomb we are in is not, in fact, empty, but full. It is full of possibilities. It is full of hope. It is full of life.

Why do you seek the living among the dead?



Alleluia! Christ is risen! The Lord is risen indeed! Alleluia!

The Rt. Rev. Jeffrey W. Mello is the sixteenth Bishop Diocesan for the Episcopal Church in Connecticut. Bishop Mello was consecrated in October 2022.

Published by the Office of Formation of The Episcopal Church, 815 Second Avenue, New York, N.Y. 10017
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All things...Episcopal Podcast

Members of the Campus Ministry Commission have begun reaching out to college students and young adults in a new way with a weekly podcast which launched April 13. The purpose of All Things Episcopal is to create a platform to talk about our faith and to introduce some basics about the Episcopal Church, including why we do some of the things we do that may sometimes be a mystery (or even an obstacle) to those new to our denomination. The intended audience for this podcast is college students and young adults, especially those who may be coming from outside our faith tradition. Sessions include conversations, interviews and even an occasional sermon.

Our Hosts



The Rev. David Kendrick St John's Episcopal Church, Springfield



The Rev. Collin LarimoreGrace Episcopal Church, Carthage



Clare Stern-Burbano
Grace & Holy Trinity Cathedral, Kansas City

We want to introduce the Episcopal Church from multiple perspectives and with different voices, utilizing social media to find out what questions students may have about who we are and what we do. Guest speakers, including college students from around our diocese, are already being scheduled for future sessions.

We do not currently have a physical presence on college campuses in our diocese, but we think podcasting offers a great opportunity to meet young adults where they are and share our faith in a way that is personal, comfortable and always accessible. We hope that these sessions will be a bridge to connect college students with local parishes and with other young adults.

Look for All Things Episcopal wherever you listen to your favorite podcasts!



Youth Sunday & Graduate Recognition

Sunday, May 7 • 10:30 a.m.



Join us for Youth Sunday & Graduate Recognition as we celebrate all graduates and the youth leading the service. If you know of a graduate, send their name to **communications@kccathedral.org** by Sunday, April 30.

Cathedral Prayer List

Pray for: Judy Schrocm; Cooper Smith; Mary Jane Thomas; Bonita White; Doyle White; Philipp Wallace Bain; Greg & Nova; Linda Dealey England; Sandra Fuhrman; Phineas & LaGretta Gitta; Diego Ivan Garcia; Jill Gross; Cooper Polokowski; McCarty-Wilson family; Pat & Larry Martin; Nancy Nuss; Debbie Spaulding; Loretta Stotts; Thaddeaus Withers; Lynnette Flowers; Larry Elmquist; Jim Royer; Lee Sturgill; Brad Kilpatrick; Charles Thomas; Cherie Greene; Kathy Meehan; Dennis Meehan; George Milton; Charlotte Messbarger; Phyllis and Jim Shaffer; Patrick Bennett; Judy; Phillip Carroll; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence; First Responders;

Comfort and Peace: the Binford/Creech families; the Mattson family; the Denton family; the Robker family; the Morgan family; the Matheny family; the Tangeman family; the Lancaster family; the Moore family

Children and Youth Prayers: Thankful for my house; Thankful for my pink dress; Thankful for the church where heaven and earth connect; Thankful that Jesus died on the Cross to save me from my sins; World peace and for wars of all kinds to cease; For Nick's stomach pain to end and his healing to be quick; For being healthy; For my family; For my aunt and her chemo treatments; For the children, youth, college and young adults in the world, that they know they are loved beyond all measure by our Triune God

Pray for the Departed: Twila Rosalynn Creech Binford; Ian Mattson; Joyce Denton; Jayden Robker; Peggy Morgan; Ann Matheny; Carolyn Stockwell Tangeman; Clinton Matthew Lancaster IV (Matt); Bruce Moore; for all who have died from gun violence

Diocesan Prayer Cycle: Shepherd of the Hills Episcopal Church, Branson, The Rev. Dr. Bob Seney, Priest in Charge, The Rev. Kathleen Easter, Deacon; Bishop Spencer Place

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, **bwegener@kccathedral.org**.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

April 30

Ann Reed Jordann Ryder Henley Spake

May 1

Kristen Nichols

May 2

Terry Duncan Whitney Kerr Coyote Schaaf

May 3

Kim Watkins Smith

May 4

Scott Claasen

May 6

Bill Boyd

Isabelle Morrison

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or **jtoma@kccathedral.org**.

Today's Flowers

are given to the Glory of God and ...

 in memory of Dr. Bill Waddell, physician and pianist—Wayne Alexander & John Braum

To help provide flowers for upcoming services, contact Julie Toma, jtoma@kccathedral.org.



Adults

Sunday

Adult Formation • 9:15 a.m.

Common Room • Led by Dean Andy

Join Dean Andy for a discussion at 9:15 a.m. in the Common Room.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit **kccathedral.org/other-activities**.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, **kccathedral. org/adultformation/wbs** for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, **kccathedral.org/adultformation/lbs** for more details.

Faith Symposium

Inaugural Symposium for the William Jewell Center for Faith and Culture

Wednesday, May 3 • 10:15 a.m.

Come see featured speaker, Dr. Matthew Croasmun, associate research scholar and director of the Life Worth Living program at the Yale Center for Faith and Culture at Yale Divinity School and lecturer of Humanities at Yale University. He'll be discussing "What's Worth Wanting?" and he will be joined for a panel discussion by Rev. Carla Aday, Dr. Brendon Benz and Rev. Dr. Rodger Nishioka. This event is free and will be held on the William Jewell campus in the Yates-Gill College Union, Room 221/222. For more details and to register, visit jewell. edu/faith-symposium.

Children

Formation Class • 9:15 a.m.

Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, **childrensformation@ kccathedral.org**.

Update Your Child's Information

Help us update our records! Visit our website for links or scan the QR codes.







Grades K-5

Grades 6-12

Youth & College

Sundays • 9:15 a.m.

There will be no formation 4/30 or 5/7. Youth should meet in the Nave at 9:15 to practice for Youth Sunday.

Sundays • 6-7:15 p.m.

Join us for food and fellowship at 6 p.m. in the Youth Room.

Information and signups are often found on our linktree, **linktr.ee/ghtcyouthandcollegeministry**.

Questions? Contact Clare at cstern@kccathedral.org.

Announcements

Outreach: April Food Collection

We are collecting food for Jewish Family Services Pantry in Brookside. The JFS Food Pantries in Kansas and Missouri distributes over 29,000 pounds of food to over 400 families each month. Your donation goes directly to the shelves in the pantry, helping people right in our community. You may leave items in the box in the Tower. Visit kccathedral.org/outreach for the details.

Outreach: May Onesie Drive

It is spring and now is the time to ask our generous parish family to donate onesies for the babies born at Maison de Naissance in Haiti. The best sizes are newborn to six months. Short sleeves only! The entire month of May is designated for this purpose. You may leave the onesies in the Tower.

Raja Yoga Prayer Practice

Wednesday, May 3 • 6 p.m.

Raja Yoga is a practice of contemplation and experience which helps engage our being with the holy presence. This prayer practice seeks to integrate Raja Yoga philosophy and Christian theology in a way that honors both. This will be a breathwork and seated practice, not a pose (Hatha) practice. Dress comfortably, no equipment needed. All are welcome. Questions? Contact Clare, cstern@kccathedral.org.

Youth Sunday & Graduate Recognition

Sunday, May 7 • 10:30 a.m.

Join us for Youth Sunday & Graduate Recognition as we celebrate all graduates and the youth leading the service. If you know of a graduate, send their name to **communications@kccathedral.org** by Sunday, April 30.

Choral Evensong

Sunday, May 21 • 5 p.m.

A service of Choral Evensong will be offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.



GHTC will be hosting a First Friday event June 2 from 5–9 p.m. Plans are underway to display volumes of *The Saint John's Bible*, offer tours of the Nave (stained glass windows and liturgical art), as well as an emerging artists showcase, featuring visual art, as well as live music.

To that end, if you consider yourself an artist and have pieces you would like to display in Founders' Hall, please contact Melissa Kilpatrick, communications@kccathedral.org. The deadline for consideration is Monday, May 15.

Volunteers will also be needed. If you are willing to help, please email Melissa at the above email address.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. Barbara Wegener, Deacon; The Rev. Brittany Sparrow Savage, Deacon & Children's Ministry Coordinator; Dr. Paul Meier, Director of Music; Clare Stern-Burbano, Youth & College Minister; Julie Toma, Cathedral Administrator; Melissa Kilpatrick, Communications Coordinator; Holly Campbell, Events Coordinator; Joan Bergstrom, Sacristan; Angie Graham, Property Manager; Mike Guidry, Assistant Property Manager; The Very Rev. Peter J. DeVeau, Dean Emeritus; Canon John Schaefer, Canon Musician Emeritus

The Vestry (with committee assignments): Candace McDowell, Senior Warden, candyleemc@att.net (Finance, Budget); Michael Thomas, Junior Warden, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, Treasurer; Valerie Johnson, Clerk (Social Outreach); Steve Moore, Chancellor. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)