

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL

So do not be afraid;
you are of more value than many sparrows.

Matthew 10:31



The Fourth Sunday after Pentecost

June 25, 2023 • 10:30 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate. Use the QR code to the right to access the online form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: Andante cantabile, op. 13 no. 4

Charles-Marie Widor

The Word of God

* OPENING HYMN: 47 "On this day, the first of days"

1 On this day, the first of days, God the Fa - ther's Name we praise,
2 On this day the e - ter - nal Son o - ver death his tri - umph won;
3 Ma - ker, who didst fa - shion me im - age of thy - self to be,
4 Ho - ly Je - sus, may I be dead and bur - ied here with thee;
5 Thou, who dost all gifts im - part, shine, blest Spi - rit, in my heart;

1 who, cre - a - tion's Lord and spring, did the world from dark - ness bring.
2 on this day the Spi - rit came with his gifts of liv - ing flame.
3 fill me with thy love di - vine, let my ev - ery thought be thine.
4 and, by love in - flamed, a - rise un - to thee a sac - ri - fice.
5 best of gifts, thy - self be - stow; make me burn thy love to know.

6 God, the blessed Three in One,
dwell within my heart alone;
thou dost give thyself to me:
help me give myself to thee.

Words: Latin; tr. Henry Williams Baker (1821-1877), alt. Music: *Gott sei Dank*, melody from *Geistreiches Gesangbuch*, 1704; adapt. and harm. William Henry Havergal (1793-1870), alt. All rights reserved. Reprinted under OneLicense.net #A-710278.

* OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

* SONG OF PRAISE: S280 "Glory to God" *Gloria in excelsis*

1. Glo - ry to God in the high - est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly
 King, al - mighty God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

Music: Robert Powell (b. 1932), rev. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Jeremiah 20:7-13

Lector O Lord, you have enticed me, and I was enticed;
 you have overpowered me, and you have prevailed.

I have become a laughingstock all day long;
everyone mocks me.

For whenever I speak, I must cry out,
I must shout, "Violence and destruction!"

For the word of the Lord has become for me
a reproach and derision all day long.

If I say, "I will not mention him, or speak any more in his name,"
then within me there is something like a burning fire shut up in my bones;

I am weary with holding it in, and I cannot.

For I hear many whispering:
"Terror is all around! Denounce him! Let us denounce him!"

All my close friends
are watching for me to stumble.

"Perhaps he can be enticed,
and we can prevail against him,
and take our revenge on him."

But the Lord is with me like a dread warrior;
therefore my persecutors will stumble,
and they will not prevail.

They will be greatly shamed, for they will not succeed.
Their eternal dishonor will never be forgotten.

O Lord of hosts, you test the righteous,
you see the heart and the mind;
let me see your retribution upon them,
for to you I have committed my cause.

Sing to the Lord; praise the Lord!

For he has delivered the life of the needy
from the hands of evildoers.

The Word of the Lord.

People **Thanks be to God.**

Surely, for your sake have I suffered reproach, *
and shame has covered my face.
I have become a stranger to my own kindred, *
an alien to my mother's children.
Zeal for your house has eaten me up; *
the scorn of those who scorn you has fallen upon me.
I humbled myself with fasting, *
but that was turned to my reproach.
"Answer me, O Lord, for your love is kind; *
in your great compassion, turn to me."
"Hide not your face from your servant; *
be swift and answer me, for I am in distress.
Draw near to me and redeem me; *
because of my enemies deliver me."

Second Lesson: Romans 6:1b-11

Lector Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

The Word of the Lord

People **Thanks be to God.**

* GOSPEL HYMN: 524 "I love thy kingdom, Lord"

1 I love thy king-dom, Lord, the house of thine a - bode, the
 2 For her my tears shall fall; for her my prayers a - scend; to
 3 Be - yond my high - est joy I prize her heaven - ly ways, her
 4 Je - sus, thou friend di - vine, our Sa - vior and our King, thy
 5 Sure as thy truth shall last, to Zi - on shall be given the

1 Church our blest Re - deem - er saved with his own pre - cious blood.
 2 her my cares and toils be given, till toils and cares shall end.
 3 sweet com - mun - ion, so - lemn vows, her hymns of love and praise.
 4 hand from ev - ery snare and foe shall great de - liv - erance bring.
 5 bright - est glo - ries earth can yield, and bright - er bliss of heaven.

Words: Timothy Dwight (1725-1817). Music: St. Thomas (Williams), melody Aaron Williams (1731-1776); harm. Lowell Mason (1792-1872). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE HOLY GOSPEL: Matthew 10:24-39

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Deacon Jesus said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

"So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

"Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

"Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,
 and a daughter against her mother,
 and a daughter-in-law against her mother-in-law;
 and one's foes will be members of one's own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

All

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Intercessor Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Intercessor Lord, in your mercy
People Hear our prayer.

Intercessor Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Intercessor Lord, in your mercy
People Hear our prayer.

Intercessor Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Intercessor Lord, in your mercy
People Hear our prayer.

Intercessor Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Intercessor Lord, in your mercy
People Hear our prayer.

Intercessor Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Intercessor Lord, in your mercy
People Hear our prayer.

Intercessor We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Intercessor Lord, in your mercy
People Hear our prayer.

The Presider adds a concluding Collect.

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

* THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

OFFERTORY ANTHEM: "Hide not thou thy face "

Richard Farrant

Hide not thou thy face from us, O Lord,
 and cast not off thy servant in thy displeasure;
 for we confess our sins unto thee
 and hide not our unrighteousness.
 For thy mercy's sake,
 deliver us from all our sins.

* PRESENTATION HYMN: 380 "Praise God, from whom all blessings flow" *verse 3*

Praise God, from whom all bless - ings flow; praise
 him, all crea - tures here be - low; praise him a - bove, ye
 heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Thomas Ken (1637-1711). Music: *Old 100th*, melody from Pseaumes octante trois de David, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE GREAT THANKSGIVING, Eucharistic Prayer B

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Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All

S125: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
 heaven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Ho - san - na in the high - est.
 Blessed is he who comes in the name of the Lord. Ho -
 san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (1937-2010). Copyright © 1971, 1977 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All

**We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

Presider

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All

AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to say,
 All Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.

Breaking of the Bread

S154: The Holy Eucharist, Fraction Anthem: Christ our Passover

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
 Christ our Pass - o - ver is sac - ri - ficed for us;
 there - fore let us keep the feast.
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

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All are welcome to receive communion or a blessing.

Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

— From *The Prayer Book for the Armed Services*

COMMUNION HYMN: 178 "Alleluia, alleluia! give thanks to the risen Lord"

Descant

Al - le - lu - ia, al - le -

Refrain

Al - le - lu - ia, al - le - lu - ia! Give thanks to the

lu - ia, al - le - lu - ia!

ris - en Lord. Al - le - lu - ia, al - le - lu - ia! Give

1-4 *Final Ending*

Praise to his Name. Name.

Praise to his Name. Name.

1 Je - sus is Lord of all the earth.
 2 Spread the good news o'er all the earth:
 3 We have been cru - ci - fied with Christ.
 4 Come, let us praise the liv - ing God,

Repeat Refrain

He is the King of cre - a - tion.
 Je - sus has died and has ris - en. Al - le -
 Now we shall live for ev - er.
 joy - ful - ly sing to our Sa - vior.

Words: Donald Fishel (b. 1950). Music: *Alleluia No. 1*, Donald Fishel (b. 1950); arr. Betty Pulkingham (b. 1928), Charles Mallory (b. 1950) and George Mims (b. 1938). Copyright: Words: Copyright © 1973, The Word of God. All Rights Reserved. P. O. Box 8617, Ann Arbor, MI 48107, U.S.A. Music: Melody copyright © 1973, The Word of God. All Rights Reserved. P. O. Box 8617, Ann Arbor, MI 48107, U.S.A. Arrangement copyright © 1979, Celebration. P. O. Box 309, Aliquippa, PA 15001, U.S.A. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* POSTCOMMUNION PRAYER

Presider Let us pray.

People Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

* THE BLESSING

* DISMISSAL

Following the dismissal,

People Thanks be to God.

* SENDING HYMN: 537 "Christ for the world we sing"

1 Christ for the world we sing! The world to
 2 Christ for the world we sing! The world to
 3 Christ for the world we sing! The world to
 4 Christ for the world we sing! The world to

Christ we bring with lov - ing zeal; the poor, and
 Christ we bring with fer - vent prayer; the way - ward
 Christ we bring with one ac - cord; with us the
 Christ we bring with joy - ful song; the new - born

them that mourn, the faint and o - ver - borne,
 and the lost, by rest - less pas - sions tossed,
 work to share, with us re - proach to dare,
 souls, whose days, re - claimed from er - ror's ways,

sin - sick and sor - row - worn, whom Christ doth heal.
 re - deemed at count - less cost from dark de - spair.
 with us the cross to bear, for Christ our Lord.
 in - spired with hope and praise, to Christ be - long.

Words: Samuel Wolcott (1813-1886). Music: *Moscow*, melody Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916 based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1892). All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Minuet gothique, op. 25 no. 2

Léon Boëllmann

Serving Today

Presider & Preacher	The Rev. Carol Sanford
Deacon	The Rev. Barbara Wegener
Musicians	The Trinity Choir; Dr. Bill McCandless
Lector	Deborah Buckner
Intercessor	Jonathan Sternberg
Eucharistic Ministers	Bob Johnson, Ric Sweeting
Acolytes	Jeff Johnson, Charles Shipley
Ushers	Bill Colvin, Richard Fanolio, John Braum, Nigel Jones
Greeter	Bill Boyd, Connie Boyd
Altar Guild	Kristy Moore, Sharon Cheers
Livestreaming	Kristy Moore, Curtis Hamilton, Janet Sweeting
Children's Ministry	Bethany Zaiger, Dani Valencia-Montoya

Cathedral Prayer List

Pray for: Mike B.; Geraldine Hawley; Christine Stebbins and Paula Commodore; Tom Brous; Sally Chapple; Ann Morrison; Robin Harris; Loretta Stotts; Marion Clare Shaw; Joanne Repass Jones; Deborah Cook; Charlotte Messbarger; Joan Brancato; Harley Miller; Brad Kilpatrick; Jim Royer; Tammy Harvin; Pat Miller; Ann Ryder; Patrick Bennett; Judy Schrocmm; Cooper Smith; Mary Jane Thomas; Bonita White; Doyle White; Philipp Wallace Bain; Greg & Nova; Linda Dealey England; Sandra Fuhrman; Phineas & LaGretta Gitta; Diego Ivan Garcia; Jill Gross; Thaddeaus Withers; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence; First Responders; Tim; Emily

Comfort and Peace: the Helzberg family; the Dyson/Smith Families; the Sloan family; the Binford/Creech families; the Mattson family

Children and Youth Prayers: We are thankful for: Time together; Food on our tables; To have a happy, healthy and safe summer

Pray for the Departed: Bush Helzberg; Juliana Dyson Smith; Kay Sloan; Twila Rosalynn Creech Binford; Ian Mattson; for all who have died from gun violence

Diocesan Prayer Cycle: St. Mary's Episcopal Church, Fayette, The Rev. Susan Kennard, Long-Term Supply; Church Musicians, Nurses

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

June 25

Steve King
Christopher Reed
Dave & Diane Barker

June 26

Barry & Mary Howe
Kathleen & Phil Chaney

June 27

Kay & Pat Woolley

June 28

Mary Mullis Keyse

June 29

Lili Eichman

July 1

Jan Duncan
Isabelle McCaffree

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jtoma@kccathedral.org.

Altar Flowers



To help provide flowers for upcoming services, contact Julie Toma, jtoma@kccathedral.org.



All things...Episcopal Podcast

Members of the Campus Ministry Commission have begun reaching out to college students and young adults in a new way with a weekly podcast which launched April 13. The purpose of All Things Episcopal is to create a platform to talk about our faith and to introduce some basics about the Episcopal Church, including why we do some of the things we do that may sometimes be a mystery (or even an obstacle) to those new to our denomination. The intended audience for this podcast is college students and young adults, especially those who may be coming from outside our faith tradition. Sessions include conversations, interviews and even an occasional sermon.

Our Hosts



The Rev. David Kendrick
St John's Episcopal Church, Springfield



The Rev. Collin Larimore
Grace Episcopal Church, Carthage



Clare Stern-Burbano
Grace & Holy Trinity Cathedral, Kansas City

We want to introduce the Episcopal Church from multiple perspectives and with different voices, utilizing social media to find out what questions students may have about who we are and what we do. Guest speakers, including college students from around our diocese, are already being scheduled for future sessions.

We do not currently have a physical presence on college campuses in our diocese, but we think podcasting offers a great opportunity to meet young adults where they are and share our faith in a way that is personal, comfortable and always accessible. We hope that these sessions will be a bridge to connect college students with local parishes and with other young adults.

Look for All Things Episcopal wherever you listen to your favorite podcasts!

allthingsepiscopal.transistor.fm



Adults

Sunday

Adult Formation • 9:15 a.m.

July 9, 16, 23, 30 • Common Room

We refer to the Gospel of Matthew as the Gospel of the Church, or assembly, because it deals with the gathering of God's people to worship as the Church. In this short course we'll take a look at the structure of the Gospel, when and by whom it was written, and what it means to us today.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Wednesday

Learning to Pray: A Guide for Everyone

June 7–August 30 • 6:30–8 p.m.

Please join us in the study of Fr. James Martin's New York Times bestselling book, *Learning to Pray: A Guide for Everyone*. This insightful book offers many new concepts and activities that will empower us to grow in our prayer life and our personal relationship with Christ.

We will meet in the Multipurpose Room in Founders' Hall. Please contact Dan Welch at welchdanno@aol.com if you are planning to attend the class or if you are unable or prefer to not drive at night, so that arrangements can be made.

Zoom information is available at our website.

Children

Formation Class • 9:15 a.m.

Children's Formation will take a break over the summer. Watch for details about fall programming in August.

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, childrensformation@kccathedral.org.

Youth & College



Questions? Contact Clare, cstern@kccathedral.org.

Announcements



Summer Hospitality Hosts Needed!

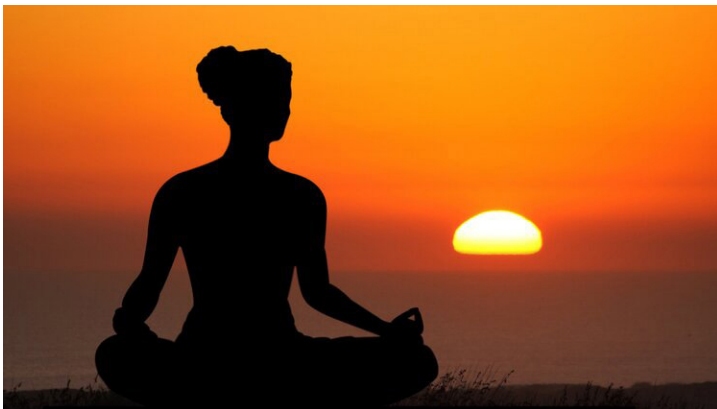
Help us continue the hospitality offered at the Cathedral coffee hours during the summer. We invite you to sign up to bring something simple to go with a cup of coffee, like donuts/donut holes, fruit, brownies or cookies (homemade or from the store) or veggies. Sign up online at tinyurl.com/summercoffee. Contact Julie Toma at jtoma@kccathedral.org with questions. Your help is appreciated.

Outreach: June Diaper Drive

The Cathedral will collect diapers, even opened packs, during the month of June. Sizes four, five and six are most needed. These diapers are donated to HappyBottoms, the local diaper bank of Kansas City that gives out diapers to 60 area social service agency sites.



Office Closed Tuesday, July 4 in observance of Independence Day.



Raja Yoga Prayer Practice

Wednesday, July 5 • 6 p.m.

Raja Yoga is a practice of contemplation and experience which helps engage our being with the holy presence. This prayer practice seeks to integrate Raja Yoga philosophy and Christian theology in a way that honors both. This will be a breathwork and seated practice, not a pose (Hatha) practice. Dress comfortably, no equipment needed. All are welcome. Questions? Contact Clare, cstern@kccathedral.org.



All Parish Breakfast

Sunday, July 9 and Sunday, August 6 • 9 a.m.

Join us in Founders' Hall between morning services for a catered breakfast. Please stop by and share a moment of fellowship.

For details about any of our formation classes or events, please visit our website at kccathedral.org.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; The Rev. Brittany Sparrow Savage, *Deacon & Children's Ministry Coordinator*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry (with committee assignments): Candace McDowell, *Senior Warden*, candylemc@att.net (Finance, Budget); Michael Thomas, *Junior Warden*, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)