

# GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



## The Sixth Sunday after Pentecost

July 9, 2023 • 10:30 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate. Use the QR code to the right to access the online form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



## Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (\*).
- Donations may be placed in the offering, made through the Cathedral website: [kccathedral.org](http://kccathedral.org), by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Thank you for your generosity.



# HOLY EUCHARIST

VOLUNTARY: Adagio, op. 65 no. 1

Felix Mendelssohn

## The Word of God

### \* OPENING HYMN: 616 "Hail to the Lord's Anointed"

1 Hail to the Lord's A - noint - ed, great Da - vid's great - er Son!  
2 He comes with suc - cor speed - y to those who suf - fer wrong;  
3 He shall come down like show - ers up - on the fruit - ful earth,  
4 Kings shall bow down be - fore him, and gold and in - cense bring;  
5 O'er ev - ery foe vic - to - rious, he on his throne shall rest;

1 Hail, in the time ap - point - ed, his reign on earth be - gun!  
2 to help the poor and need - y, and bid the weak be strong;  
3 and love, joy, hope, like flow - ers, spring in his path to birth;  
4 all na - tions shall a - dore him, his praise all peo - ple sing;  
5 from age to age more glo - rious, all bless - ing and all - blest:

1 He comes to break op - pres - sion, to set the cap - tive free;  
2 to give them songs for sigh - ing, their dark - ness turn to light,  
3 be - fore him on the moun - tains shall peace, the her - ald, go;  
4 to him shall prayer un - ceas - ing and dai - ly vows a - scend;  
5 the tide of time shall nev - er his cov - e - nant re - move;

1 to take a - way trans - gres - sion, and rule in eq - ui - ty.  
2 whose souls, con - demned and dy - ing, were pre - cious in his sight.  
3 and right - eous - ness in foun - tains from hill to val - ley flow.  
4 his king - dom still in - creas - ing, a king - dom with - out end.  
5 his Name shall stand for ev - er, his change - less Name of Love.

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

\* SONG OF PRAISE: S280 "Glory to God" *Gloria in excelsis*

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly  
 King, al - mighty God and Fa - ther, we wor - ship you, we  
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy  
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For you a - lone are the Ho - ly One,  
 you a - lone are the Lord, 7. you a - lone are the Most  
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
 glo - ry of God the Fa - ther. A - men.

Music: Robert Powell (b. 1932), rev. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Zechariah 9:9-12

Lector Rejoice greatly, O daughter Zion!  
Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;  
triumphant and victorious is he,

humble and riding on a donkey,  
on a colt, the foal of a donkey.

He will cut off the chariot from Ephraim  
and the war horse from Jerusalem;

and the battle bow shall be cut off,  
and he shall command peace to the nations;

his dominion shall be from sea to sea,  
and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you,  
I will set your prisoners free from the waterless pit.

Return to your stronghold, O prisoners of hope;  
today I declare that I will restore to you double.

The Word of the Lord.

People **Thanks be to God.**

Psalm 145:8-15 *sung by the choir; chant by John Joubert*

The Lord is gracious and full of compassion, \*  
slow to anger and of great kindness.

The Lord is loving to everyone \*  
and his compassion is over all his works.

All your works praise you, O Lord, \*  
and your faithful servants bless you.

They make known the glory of your kingdom \*  
and speak of your power;

That the peoples may know of your power \*  
and the glorious splendor of your kingdom.

Your kingdom is an everlasting kingdom; \*  
your dominion endures throughout all ages.

The Lord is faithful in all his words \*  
 and merciful in all his deeds.  
 The Lord upholds all those who fall; \*  
 he lifts up those who are bowed down.

Second Lesson: Romans 7:15-25a

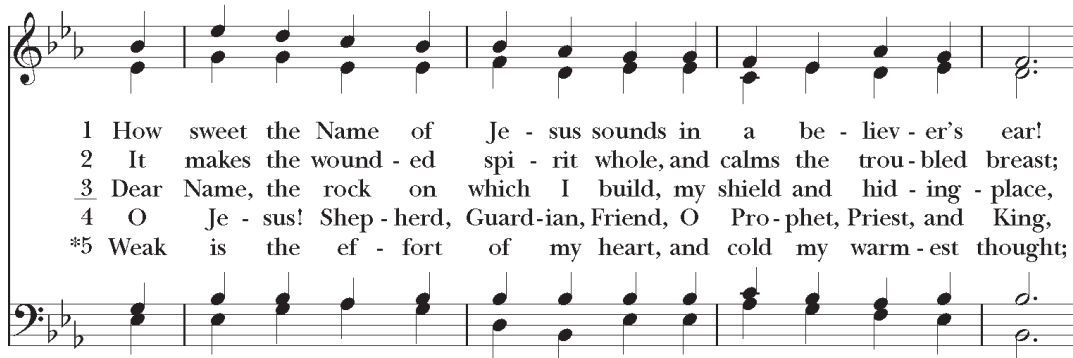
Lector I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

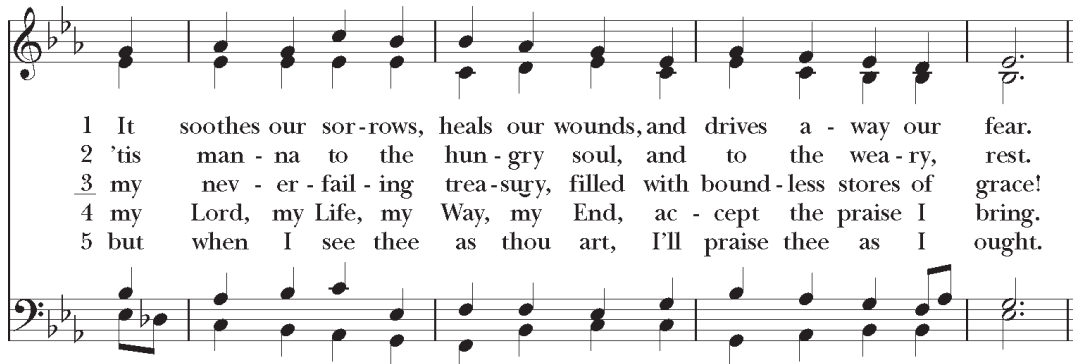
The Word of the Lord

People Thanks be to God.

\* GOSPEL HYMN: 644 "How sweet the Name of Jesus sounds"



1 How sweet the Name of Je - sus sounds in a be - liev - er's ear!  
 2 It makes the wound - ed spi - rit whole, and calms the trou - bled breast;  
 3 Dear Name, the rock on which I build, my shield and hid - ing - place,  
 4 O Je - sus! Shep - herd, Guard - ian, Friend, O Pro - phet, Priest, and King,  
 \*5 Weak is the ef - fort of my heart, and cold my warm - est thought;



1 It soothes our sor - rows, heals our wounds, and drives a - way our fear.  
 2 'tis man - na to the hun - gry soul, and to the wea - ry, rest.  
 3 my nev - er - fail - ing trea - sury, filled with bound - less stores of grace!  
 4 my Lord, my Life, my Way, my End, ac - cept the praise I bring.  
 5 but when I see thee as thou art, I'll praise thee as I ought.

Words: John Newton (1725-1807), alt. Music: St. Peter, Alexander Robert Reinagle (1799-1877). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* THE HOLY GOSPEL: Matthew 11:16-19, 25-30

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Deacon Jesus said to the crowd, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

'We played the flute for you, and you did not dance;  
we wailed, and you did not mourn.'

For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds."

At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

\* THE NICENE CREED

page 358

All **We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.**

**For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;**

**he ascended into heaven  
and is seated at the right hand of the Father.**

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

\* PRAYERS OF THE PEOPLE, FORM IV

page 388

Intercessor     Let us pray for the Church and for the world.  
Grant, Almighty God, that all who confess your Name may be united in your truth, live together in  
your love, and reveal your glory in the world.

*Silence*

Intercessor     Lord, in your mercy  
**People**         **Hear our prayer.**

Intercessor     Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may  
honor one another and serve the common good.

*Silence*

Intercessor     Lord, in your mercy  
**People**         **Hear our prayer.**

Intercessor     Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the  
service of others and to your honor and glory.

*Silence*

Intercessor     Lord, in your mercy  
**People**         **Hear our prayer.**

Intercessor     Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love  
one another as he loves us.

*Silence*

Intercessor     Lord, in your mercy  
**People**         **Hear our prayer.**

Intercessor     Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their  
troubles, and bring them the joy of your salvation.

*Silence*

Intercessor Lord, in your mercy  
People Hear our prayer.

Intercessor We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Intercessor Lord, in your mercy  
People Hear our prayer.

*The Presider adds a concluding Collect.*

## CONFESSON AND ABSOLUTION

page 360

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

## \* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People And also with you.

## ANNOUNCEMENTS

### CELEBRATION PRAYER

page 830

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.



# The Holy Communion

## OFFERTORY SENTENCE

page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.  
*Ephesians 5:2*

## OFFERTORY ANTHEM: "Rejoice in the Lord always"

Anonymous

Rejoice in the Lord always,  
and again I say, rejoice.  
Let your softness be known unto all men:  
the Lord is at hand.  
Be careful for nothing:  
but in all prayer and supplication,  
let your petitions be manifest unto God with giving of thanks.  
And the peace of God,  
which passeth all understanding,  
keep your hearts and minds through Christ Jesu. Amen.

Philippians 4: 4-7

## \* PRESENTATION HYMN: 380 "Praise God, from whom all blessings flow" *verse 3*

Praise God, from whom all blessings flow; praise  
him, all creatures here below; praise him above, ye  
heaven-ly host: praise Fa-ther, Son, and Ho-ly Ghost.

Words: Thomas Ken (1637-1711). Music: *Old 100th*, melody from Pseaumes octante trois de David, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

## \* THE GREAT THANKSGIVING, Eucharistic Prayer B

page 367

*Celebrant* *People*  
The Lord be with you. And al-so with you.  
*Celebrant* *People*  
Lift up your hearts. We lift them to the Lord.  
*Celebrant*  
Let us give thanks to the Lord our God.  
*People*  
It is right to give our thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All

S125: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

Music: From A Community Mass; Richard Proulx (1937-2010). Copyright © 1971, 1977 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

Presider

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [\_\_\_\_\_ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.  
 Presider And now, as our Savior Christ has taught us, we are bold to say,  
 All Our Father, who art in heaven,  
     hallowed be thy Name,  
     thy kingdom come,  
     thy will be done,  
         on earth as it is in heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses,  
     as we forgive those who trespass against us.  
 And lead us not into temptation,  
     but deliver us from evil.  
 For thine is the kingdom, and the power,  
     and the glory, for ever and ever. Amen.

### Breaking of the Bread

S154: The Holy Eucharist, Fraction Anthem: Christ our Passover

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
 Christ our Pass - o - ver is sac - ri - ficed for us;  
 there - fore let us keep the feast.  
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### COMMUNION

*All are welcome to receive communion or a blessing.  
 Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.  
 For a blessing, cross your hands over your chest.*

#### Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

— From *The Prayer Book for the Armed Services*

COMMUNION HYMN: 693 "Just as I am, without one plea"

1 Just as I am, with - out one plea, but that thy  
 2 Just as I am, though tossed a - bout with man - ya  
 \* 3 Just as I am, poor, wretch - ed, blind; sight, rich - es,  
 4 Just as I am: thou wilt re - ceive; wilt wel - come,  
 5 Just as I am, thy love un - known has bro - ken

1 blood was shed for me, and that thou bidd'st me  
 2 con - flict, man - ya doubt; fight - ings and fears with -  
 3 heal - ing of the mind, yea, all I need, in  
 4 par - don, cleanse, re - lieve, be - cause thy prom - ise  
 5 ev - ery bar - rier down; now to be thine, yea,

1 come to thee, O Lamb of God, I come, I come.  
 2 in, with - out, O Lamb of God, I come, I come.  
 3 thee to find, O Lamb of God, I come, I come.  
 4 I be - lieve, O Lamb of God, I come, I come.  
 5 thine a - lone, O Lamb of God, I come, I come.

6 Just as I am, of thy great love  
 the breadth, length, depth, and height to prove,  
 here for a season, then above:  
 O Lamb of God, I come, I come.

Words: Charlotte Elliott (1789-1871). Music: Woodworth, William Batchelder Bradbury (1816-1868). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* POSTCOMMUNION PRAYER

page 365

Presider Let us pray.

People Eternal God, heavenly Father,  
 you have graciously accepted us as living members  
 of your Son our Savior Jesus Christ,  
 and you have fed us with spiritual food  
 in the Sacrament of his Body and Blood.  
 Send us now into the world in peace,  
 and grant us strength and courage  
 to love and serve you  
 with gladness and singleness of heart;  
 through Christ our Lord. Amen.

\* THE BLESSING

\* DISMISSAL

Following the dismissal,

People Thanks be to God.

\* SENDING HYMN: 544 "Jesus shall reign where'er the sun"

1 Je - sus shall reign wher - e'er the sun doth his suc -  
2 To him shall end - less prayer be made, and prais - es  
3 Peo - ple and realms of ev - ery tongue dwell on his  
4 Bless - ings a - bound wher - e'er he reigns: the pris - oners  
5 Let ev - ery crea - ture rise and bring pe - cu - liar

1 ces - sive jour - neys run; his king - dom stretch from  
2 throng to crown his head; his Name like sweet per -  
3 love with sweet - est song; and in - fant voic - es  
4 leap to lose their chains, the wea - ry find e -  
5 hon - ors to our King; an - gels de - scend with

1 shore to shore, till moons shall wax and wane no more.  
2 fume shall rise with ev - ery morn - ing sac - ri - fice.  
3 shall pro - claim their ear - ly bless - ings on his Name.  
4 ter - nal rest, and all who suf - fer want are blest.  
5 songs a - gain, and earth re - peat the loud a - men.

Words: Isaac Watts (1674-1748), alt. Music: *Duke Street*, John Hatton (d. 1793). All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Allegro assai vivace, op 65 no. 1

Felix Mendelssohn

## Serving Today

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Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara Wegener
Musicians	The Trinity Choir; Dr. Paul Meier
Lector	Scott Anthony
Intercessor	Deborah Buckner
Eucharistic Ministers	Janet Sweeting, Charles Shipley
Acolytes	Margo Galus, Nora Elisabeth, Ron Michka
Ushers	Bob Bennett, Denny Brisley, Ryan Thomas, Mark Galus
Greeters	Gary Bressman, Sandy Bressman
Altar Guild	Paula Livingston-Lewis, Kay Woolley, Sara Copeland, Candy McDowell
Livestreaming	Leticia Porter, Chris Morrison, Julie Toma
Children's Ministry	Brenda Colburn, Clare Stern-Burbano



## BULLETIN INSERTS

### Explore the Way of Love: **REST**

When the scriptures tell us that we should love others as we love ourselves, there is an underlying message that we are allowed to love ourselves. The Way of Love recognizes that one way to love ourselves and to maintain ourselves as useful instruments of God is through the practice of rest.

As Jesus tells us in the Gospel of Matthew, “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Part of the work of a Christian is to take time to put the work aside and be restored. After God created the heavens and the earth and everything in them, God rested. In doing so, God created a sacred pattern of work and rest, realizing that making dedicated time – to allow our minds to unwind, for our souls to be comforted and healed, for our bodies to be rejuvenated – ensures we can continue in this divine stream.

Rest is a gift and we are allowed to take it.

Rest gives rhythm to our lives; just as it is the end of one endeavor, so it is the beginning of another. There is no greater reward for those whose labor never ceases than for those who do what they can and rest to come back refreshed to do the work another day.

Rest is not only a blessing to us but a blessing to God, as we demonstrate our faith that God is the primary actor, maker of heaven and earth. And as children of God, we are encouraged to trust that all of creation is held in God’s hand.

Are you willing to submit to the practices that will restore your body, mind, and soul? Will you join with others to encourage one another to observe the regular practice of rest?

Learn more about the Way of Love at [episcopalchurch.org/wayoflove](http://episcopalchurch.org/wayoflove). You can find suggestions on getting started and going deeper with Resting at [iam.ec/evol](http://iam.ec/evol).



**THE WAY OF LOVE**  
*Practices for Jesus-Centered Life*

# Cathedral Prayer List

**Pray for:** Kathy and Jim; Jan Wray and Family; Scott Weir; Jim and Phyllis Shaffer; Kate; Abbey Mattson; Christine Stebbins and Paula Commodore; Tom Brous; Sally Chapple; Ann Morrison; Robin Harris; Diego Ivan Garcia; Loretta Stotts; Marion Clare Shaw; Joanne Repass Jones; Deborah Cook ; Charlotte Messbarger; Joan Brancato; Harley Miller; Brad Kilpatrick; Jim Royer; Tammy Harvin; Pat Miller; Ann Ryder; Patrick Bennett; Judy Schrom; Cooper Smith; Mary Jane Thomas; Bonita White; Doyle White; Mike B.; Philipp Wallace Bain; Greg & Nova; Linda Dealey England; Sandra Fuhrman; Thaddeaus Withers; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence; First Responders

**Comfort and Peace:** the Hawley family; the Helzberg family; the Dyson/Smith Families; the Sloan family; the Binford/Creech families; the Mattson family

**Youth Prayers:** To have a happy, healthy and safe summer

**Pray for the Departed:** Geraldine Hawley; Bush Helzberg; Juliana Dyson Smith; Kay Sloan; Twila Rosalynn Creech Binford; Ian Mattson; for all who have died from gun violence

**Diocesan Prayer Cycle:** St. Michael's Episcopal Church, Independence, Mindy Swayne, Bishop's Warden; Clergy Spouses & Surviving Spouses

For the complete prayer list: [kccathedral.org/prayers](http://kccathedral.org/prayers)

To place a person on this prayer list, please contact Deacon Barbara Wegener, [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

Requests are held in prayer for 90 days.

## Birthdays & Anniversaries

### July 9

Michael Guarente  
Brent Harbaugh

### July 10

David Herschede  
Jill & Richard Fanolio

### July 11

Pat Decker  
LeeAnne Hays  
Porter Munsell

### July 12

Steve Johnson  
Doug Jones  
Andy Mosley  
Erik Radcliff

### July 13

Daniel John

### July 14

Claire Blake  
Donna Knoell  
Jeannette Nichols

### July 15

Peter Fortner  
Ed Matheny  
Riley McLean  
Ann Tootle

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).

## Today's Flowers

are given to the Glory of God and ...

- in thanksgiving for my daughter and son-in-law, Betsy & Beattie Leonard—Carolyn McLeroy
- in celebration of the life of Alan Ryder—the Ryder family

To help provide flowers for upcoming services, contact Julie Toma, [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).



**Cathedral Staff:** The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister and Interim Children's Ministry Coordinator*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

**The Vestry** (with committee assignments): Candace McDowell, *Senior Warden*, [candylemc@att.net](mailto:candylemc@att.net) (Finance, Budget); Michael Thomas, *Junior Warden*, [madresfield63@gmail.com](mailto:madresfield63@gmail.com) (Buildings & Grounds, Finance); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*; Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)



# Adults

## Sunday

### Adult Formation • 9:15 a.m.

July 9, 16, 23, 30 • Common Room

We refer to the Gospel of Matthew as the Gospel of the Church, or assembly, because it deals with the gathering of God's people to worship as the Church. In this short course we'll take a look at the structure of the Gospel, when and by whom it was written, and what it means to us today.

## Tuesday

### GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit [kccathedral.org/other-activities](http://kccathedral.org/other-activities).

### Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, [kccathedral.org/adultformation/wbs](http://kccathedral.org/adultformation/wbs) for more information.

### Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, [kccathedral.org/adultformation/lbs](http://kccathedral.org/adultformation/lbs) for more details.

## Wednesday

### *Learning to Pray: A Guide for Everyone*

June 7–August 30 • 6:30–8 p.m.

Please join us in the study of Fr. James Martin's New York Times bestselling book, *Learning to Pray: A Guide for Everyone*. This insightful book offers many new concepts and activities that will empower us to grow in our prayer life and our personal relationship with Christ.

We will meet in the Multipurpose Room in Founders' Hall. Please contact Dan Welch at [welchdanno@aol.com](mailto:welchdanno@aol.com) if you are planning to attend the class or if you are unable or prefer to not drive at night, so that arrangements can be made.

Zoom information is available at our website.

# Children

### Formation Class • 9:15 a.m.

Children's Formation will take a break over the summer. Watch for details about fall programming in August.

### Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, [childrensformation@kccathedral.org](mailto:childrensformation@kccathedral.org).

# Youth & College



Questions? Contact Clare, [cstern@kccathedral.org](mailto:cstern@kccathedral.org).



# All things...Episcopal Podcast

Members of the Campus Ministry Commission have begun reaching out to college students and young adults in a new way with a weekly podcast which launched April 13. The purpose of All Things Episcopal is to create a platform to talk about our faith and to introduce some basics about the Episcopal Church, including why we do some of the things we do that may sometimes be a mystery (or even an obstacle) to those new to our denomination. The intended audience for this podcast is college students and young adults, especially those who may be coming from outside our faith tradition. Sessions include conversations, interviews and even an occasional sermon.

## Our Hosts



**The Rev. David Kendrick**  
St John's Episcopal Church, Springfield



**The Rev. Collin Larimore**  
Grace Episcopal Church, Carthage



**Clare Stern-Burbano**  
Grace & Holy Trinity Cathedral, Kansas City

We want to introduce the Episcopal Church from multiple perspectives and with different voices, utilizing social media to find out what questions students may have about who we are and what we do. Guest speakers, including college students from around our diocese, are already being scheduled for future sessions.

We do not currently have a physical presence on college campuses in our diocese, but we think podcasting offers a great opportunity to meet young adults where they are and share our faith in a way that is personal, comfortable and always accessible. We hope that these sessions will be a bridge to connect college students with local parishes and with other young adults.

Look for All Things Episcopal wherever you listen to your favorite podcasts!

[allthingsepiscopal.transistor.fm](https://allthingsepiscopal.transistor.fm)



# The Diocese of West Missouri Spiritual Formation Commission

presents a 3-part series

## A Journey with the Desert Mystics

featuring the Rev. Brad Karelius

**Part 1: The Desert Mothers  
Mary of Egypt and  
Amma Syncletica**

Friday, August 11  
6:30 p.m.–8:30 p.m.  
Grace and Holy Trinity  
Cathedral, Kansas City

**Part 2: The Desert Fathers  
Moses the Black and  
Anthony the Great**

Saturday, August 12  
9 a.m.–11 a.m.  
St. Augustine's Episcopal  
Church, Kansas City

**Part 3: A Desert Journey in  
the 21st Century**

Sunday, August 13  
12:30 p.m.–2:30 p.m.  
Church of the Good  
Shepherd, Kansas City

**Register**



# Announcements



## Summer Hospitality Hosts Needed!

Help us continue the hospitality offered at the Cathedral coffee hours during the summer. We invite you to sign up to bring something simple to go with a cup of coffee, like donuts/donut holes, fruit, brownies or cookies (homemade or from the store) or veggies. Sign up online at [tinyurl.com/summercoffee](https://tinyurl.com/summercoffee). Contact Julie Toma at [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org) with questions. Your help is appreciated.

## Outreach: July School Supply Drive

Help support the kids at Crittenton by donating school supplies. You will find a list of needed supplies at [kccathedral.org/outreach](https://kccathedral.org/outreach). You can drop the school supplies in the box in the tower during the month of July.



## Ordination of Brittany Sparrow Savage, David Wilcox, Ryan Williams and Ryan Zavacky into the Sacred Order of Priests

**Saturday, July 15 • 10 a.m.**

On Saturday, July 15, at 10 a.m., the Rev. Brittany Sparrow Savage, the Rev. David Wilcox, the Rev. Ryan Williams and the Rev. Ryan Zavacky will be ordained into the Sacred Order of Priests at the Cathedral. There will be a reception following. **If you would like to sign up to contribute to the reception, you may do so here, [signupgenius.com/go/2ofoc4aa8a82ea0f85-july#](https://signupgenius.com/go/2ofoc4aa8a82ea0f85-july#).**

## Additional Handicap Parking

We have added three additional handicap parking spaces in the south parking lot (by 14th Street/the Diocesan center). People parking there may enter through the Diocesan Close and use the tunnel to enter at the back of the Nave (follow signs for *Cathedral South Entrance*). The tunnel will be open from 9:30–10:45 a.m. Sundays and for large special services only.



## Northwest-Metro Deanery Picnic

**Saturday, July 29 • Noon**

There are shaded areas and plenty of shade trees to enjoy outside. Founders' Hall will be open for anyone who wants to enjoy fellowship in the comfort of its air-conditioned spaces.

Please join us for the Northwest-Metro picnic at Grace and Holy Trinity Cathedral at noon on Saturday, July 29. The Deanery will provide hotdogs, hamburgers, and condiments, and asks that those attending bring sides and desserts, as each is able. One hope for this event is that as many Episcopalians as possible from across the deanery might gather to connect, so please plan to join us. To help us ensure we have enough food and refreshments for everyone please RSVP by Wednesday, July 26. Visit [spirit.diowestmo.org/2023/06/northwest-metro-deanery-picnic-2023](https://spirit.diowestmo.org/2023/06/northwest-metro-deanery-picnic-2023) for more details and to register.