GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



The Sixth Sunday after Pentecost July 9, 2023 • 8 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Thank you for your generosity.

Holy Eucharist

VOLUNTARY: Adagio, op. 65 no. 1

The Word of God

* Opening Acclamation and Collect for Purity

Presider Blessed be God: Father, Son, and Holy Spirit.
People And blessed be God's kingdom, now and for ever. Amen.
Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

* Gloria

All	Glory to God in the highest,
	and peace to his people on earth.
	Lord God, heavenly King, almighty God and Father,
	we worship you, we give you thanks,
	we praise you for your glory.
	Lord Jesus Christ, only Son of the Father,
	Lord God, Lamb of God,
	you take away the sin of the world:
	have mercy on us;
	you are seated at the right hand of the Father:
	receive our prayer.
	For you alone are the Holy One,
	you alone are the Lord,
	you alone are the Most High,
	Jesus Christ,
	with the Holy Spirit,
	in the glory of God the Father. Amen.



Felix Mendelssohn



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* Collect of the Day

Presider	The Lord be with you.
People	And also with you.
Presider	Let us pray. O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen .

The Lessons

First Lesson: Zechariah 9:9-12

Lector Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem!

> Lo, your king comes to you; triumphant and victorious is he,

humble and riding on a donkey, on a colt, the foal of a donkey.

He will cut off the chariot from Ephraim and the war horse from Jerusalem;

and the battle bow shall be cut off, and he shall command peace to the nations;

his dominion shall be from sea to sea, and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit.

Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

The Word of the Lord.

People Thanks be to God.

Psalm 145:8–15 read alternating by half verse

The Lord is gracious and full of compassion, *
slow to anger and of great kindness.
The Lord is loving to everyone *
and his compassion is over all his works.
All your works praise you, O Lord, *
and your faithful servants bless you.
They make known the glory of your kingdom *
and speak of your power;
That the peoples may know of your power *
and the glorious splendor of your kingdom.
Your kingdom is an everlasting kingdom; *
your dominion endures throughout all ages.
The Lord is faithful in all his words *
and merciful in all his deeds.
The Lord upholds all those who fall; *
he lifts up those who are bowed down.

Second Lesson: Romans 7:15-25a

Lector I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

The Word of the Lord

People Thanks be to God.

* THE HOLY GOSPEL: Matthew 11:16-19, 25-30

to reveal him.

Deacon	The Holy Gospel of our Lord Jesus Christ according to Matthew.
People	Glory to you, Lord Christ.
Deacon	Jesus said to the crowd, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,
	'We played the flute for you, and you did not dance; we wailed, and you did not mourn.'
	For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds."
	At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon

* The Nicene Creed		page 358
All	We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.	
	We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made	
	Through him all things were made. For us and for our salvation	
	he came down from heaven:	
	by the power of the Holy Spirit	
	he became incarnate from the Virgin Mary,	
	and was made man.	
	For our sake he was crucified under Pontius Pilate;	
	he suffered death and was buried.	
	On the third day he rose again	
	in accordance with the Scriptures;	
	he ascended into heaven	
	and is seated at the right hand of the Father.	
	He will come again in glory to judge the living and the dead,	
	and his kingdom will have no end.	
	We believe in the Holy Spirit, the Lord, the giver of life,	
	who proceeds from the Father and the Son.	
	With the Father and the Son he is worshiped and glorified.	
	He has spoken through the Prophets.	
	We believe in one holy catholic and apostolic Church.	
	We acknowledge one baptism for the forgiveness of sins.	
	We look for the resurrection of the dead,	
	and the life of the world to come. Amen.	

* Prayers of the People, Form IV

ayers of the P	People, Form IV page 388
Intercessor	Let us pray for the Church and for the world.
	Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.
Silence	
Intercessor People	Lord, in your mercy Hear our prayer.
Intercessor	Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.
Silence	
Intercessor People	Lord, in your mercy Hear our prayer.
Intercessor	Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.
Silence	
Intercessor People	Lord, in your mercy Hear our prayer.
Intercessor	Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.
Silence	
Intercessor People	Lord, in your mercy Hear our prayer.
Intercessor	Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.
Silence	
Intercessor People	Lord, in your mercy Hear our prayer.
Intercessor	We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.
Silence	
Intercessor People	Lord, in your mercy Hear our prayer.

The Presider adds a concluding Collect.

Confession and Absolution

Deacon	Let us confess our sins against God and our neighbor.
All	Most merciful God,
	we confess that we have sinned against you
	in thought, word, and deed,
	by what we have done,
	and by what we have left undone.
	We have not loved you with our whole heart;
	we have not loved our neighbors as ourselves.
	We are truly sorry and we humbly repent.
	For the sake of your Son Jesus Christ,
	have mercy on us and forgive us;
	that we may delight in your will,
	and walk in your ways,
	to the glory of your Name. Amen.
Presider	Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.
*	
* The Peace	page 360
Presider	The peace of the Lord be always with you.

Presider	The peace of the Lord be always with yo
People	And also with you.

Announcements

Celebration Prayer

page 830

page 360

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

Offertory Sente	NCE	page 376
Presider	Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to Goc Ephesians 5:2	ł.

* Offertory Hymn: 693 "Just as I am, without one plea"



6 Just as I am, of thy great love the breadth, length, depth, and height to prove, here for a season, then above: O Lamb of God, I come, I come.

Words: Charlotte Elliott (1789-1871). Music: Woodworth, William Batchelder Bradbury (1816-1868). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE GREAT THANKSGIVING, Eucharistic Prayer B page 367 Presider The Lord be with you. People And also with you. Presider Lift up your hearts. People We lift them to the Lord. Presider Let us give thanks to the Lord our God. People It is right to give God thanks and praise. Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

	Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.
	Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:
All	Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.
Presider	We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.
	On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."
	After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."
	Therefore, according to his command, O Father,
All	We remember his death, We proclaim his resurrection, We await his coming in glory;
Presider	And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
All	AMEN.
Presider	And now, as our Savior Christ has taught us, we are bold to say,
All	Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

* Breaking of the	BREAD pa	age 364
Presider	Alleluia. Christ our Passover is sacrificed for us;	
People	Therefore let us keep the feast. Alleluia.	
Presider	The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and on him in your hearts by faith, with thanksgiving.	feed

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page 365

Communion

All are welcome to receive communion or a blessing. Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down. For a blessing, cross your hands over your chest.

* Postcommunion Prayer

Presider	Let us pray.
People	Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

* The Blessing

* DISMISSAL

Following the dismissal,

People Thanks be to God.

* Closing Hymn: 544 "Jesus shall reign where'er the sun"



VOLUNTARY: Allegro assai vivace, op 65 no. 1

Felix Mendelssohn

Serving Today	
Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara Wegener
Lector	Rebecca Rezaei
Eucharistic Minister	Nick Smith
Usher	Kim Smith
Altar Guild	Sharon Hudson
Organist	Dr. Paul Meier

Cathedral Prayer List

Pray for: Kathy and Jim; Jan Wray and Family; Scott Weir; Jim and Phyllis Shaffer; Kate; Abbey Mattson; Christine Stebbins and Paula Commodore; Tom Brous; Sally Chapple; Ann Morrison; Robin Harris; Diego Ivan Garcia; Loretta Stotts; Marion Clare Shaw; Joanne Repass Jones; Deborah Cook ; Charlotte Messbarger; Joan Brancato; Harley Miller; Brad Kilpatrick; Jim Royer; Tammy Harvin; Pat Miller; Ann Ryder; Patrick Bennett; Judy Schrocm; Cooper Smith; Mary Jane Thomas; Bonita White; Doyle White; Mike B.; Philipp Wallace Bain; Greg & Nova; Linda Dealey England; Sandra Fuhrman; Thaddeaus Withers; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence; First Responders

Comfort and Peace: the Hawley family; the Helzberg family; the Dyson/Smith Families; the Sloan family; the Binford/Creech families; the Mattson family

Youth Prayers: To have a happy, healthy and safe summer

Pray for the Departed: Geraldine Hawley; Bush Helzberg; Juliana Dyson Smith; Kay Sloan; Twila Rosalynn Creech Binford; Ian Mattson; for all who have died from gun violence

Diocesan Prayer Cycle: St. Michael's Episcopal Church, Independence, Mindy Swayne, Bishop's Warden; Clergy Spouses & Surviving Spouses

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, **bwegener@kccathedral.org**.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

July 9

Michael Guarente Brent Harbaugh

July 10

David Herschede Jill & Richard Fanolio

July 11

Pat Decker LeeAnne Hays Porter Munsell

July 12

Steve Johnson Doug Jones Andy Mosley Erik Radcliff July 13 Daniel John

July 14

Claire Blake Donna Knoell Jeannette Nichols

July 15

Peter Fortner Ed Matheny Riley McLean Ann Tootle

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jtoma@kccathedral.org.

Today's Flowers

are given to the Glory of God and ...

- in thanksgiving for my daughter and son-in-law, Betsy & Beattie Leonard— Carolyn McLeroy
- in celebration of the life of Alan Ryder the Ryder family

To help provide flowers for upcoming services, contact Julie Toma, jtoma@kccathedral.org.



Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. Barbara Wegener, Deacon; Dr. Paul Meier, Director of Music; Clare Stern-Burbano, Youth & College Minister and Interim Children's Ministry Coordinator; Julie Toma, Cathedral Administrator; Melissa Kilpatrick, Communications Coordinator; Holly Campbell, Events Coordinator; Steve Berman, Finance Coordinator; Joan Bergstrom, Sacristan & Volunteer Coordinator; Angie Graham, Property Manager; Mike Guidry, Assistant Property Manager; The Very Rev. Peter J. DeVeau, Dean Emeritus; Canon John Schaefer, Canon Musician Emeritus

The Vestry (with committee assignments): Candace McDowell, Senior Warden, candyleemc@att.net (Finance, Budget); Michael Thomas, Junior Warden, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, Treasurer; Valerie Johnson, Clerk (Social Outreach); Steve Moore, Chancellor. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)

Adults

Sunday

Adult Formation • 9:15 a.m.

July 9, 16, 23, 30 • Common Room

We refer to the Gospel of Matthew as the Gospel of the Church, or assembly, because it deals with the gathering of God's people to worship as the Church. In this short course we'll take a look at the structure of the Gospel, when and by whom it was written, and what it means to us today.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit **kccathedral.org/other-activities**.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, **kccathedral**. **org/adultformation/wbs** for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, **kccathedral.org/adultformation/lbs** for more details.

Wednesday

Learning to Pray: A Guide for Everyone

June 7–August 30 • 6:30-8 p.m.

Please join us in the study of Fr. James Martin's New York Times bestselling book, *Learning to Pray: A Guide for Everyone*. This insightful book offers many new concepts and activities that will empower us to grow in our prayer life and our personal relationship with Christ.

We will meet in the Multipurpose Room in Founders' Hall. Please contact Dan Welch at **welchdanno@aol.com** if you are planning to attend the class or if you are unable or prefer to not drive at night, so that arrangements can be made.

Children

Formation Class • 9:15 a.m.

Children's Formation will take a break over the summer. Watch for details about fall programming in August.

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, childrensformation@kccathedral.org.

Youth & College



Questions? Contact Clare, cstern@kccathedral.org.

Zoom information is available at our website.



All things...Episcopal Podcast

Members of the Campus Ministry Commission have begun reaching out to college students and young adults in a new way with a weekly podcast which launched April 13. The purpose of All Things Episcopal is to create a platform to talk about our faith and to introduce some basics about the Episcopal Church, including why we do some of the things we do that may sometimes be a mystery (or even an obstacle) to those new to our denomination. The intended audience for this podcast is college students and young adults, especially those who may be coming from outside our faith tradition. Sessions include conversations, interviews and even an occasional sermon.

Our Hosts



The Rev. David Kendrick St John's Episcopal Church, Springfield



The Rev. Collin Larimore Grace Episcopal Church, Carthage



Clare Stern-Burbano Grace & Holy Trinity Cathedral, Kansas City

We want to introduce the Episcopal Church from multiple perspectives and with different voices, utilizing social media to find out what questions students may have about who we are and what we do. Guest speakers, including college students from around our diocese, are already being scheduled for future sessions.

We do not currently have a physical presence on college campuses in our diocese, but we think podcasting offers a great opportunity to meet young adults where they are and share our faith in a way that is personal, comfortable and always accessible. We hope that these sessions will be a bridge to connect college students with local parishes and with other young adults.

Look for All Things Episcopal wherever you listen to your favorite podcasts!



allthingsepiscopal.transistor.fm

The Diocese of West Missouri Spiritual Formation Commission

presents a 3-part series

A Journey with the Desert Mystics

featuring the Rev. Brad Karelius

Part 1: The Desert Mothers Mary of Eqypt and Amma Syncletica

Part 2: The Desert Fathers Moses the Black and Anthony the Great

Part 3: A Desert Journey in the 21st Century Friday, August 11 6:30 p.m.–8:30 p.m. Grace and Holy Trinity Cathedral, Kansas City

Saturday, August 12 9 a.m.–11 a.m. St. Augustine's Episcopal Church, Kansas City

Sunday, August 13 12:30 p.m.–2:30 p.m. Church of the Good Shepherd, Kansas City



Register



Announcements



Summer Hospitality Hosts Needed!

Help us continue the hospitality offered at the Cathedral coffee hours during the summer. We invite you to sign up to bring something simple to go with a cup of coffee, like donuts/donut holes, fruit, brownies or cookies (homemade or from the store) or veggies. Sign up online at **tinyurl.com/summercoffee**. Contact Julie Toma at **jtoma@ kccathedral.org** with questions. Your help is appreciated.

Outreach: July School Supply Drive

Help support the kids at Crittenton by donating school supplies. You will find a list of needed supplies at **kccathedral. org/outreach**. You can drop the school supplies in the box in the tower during the month of July.





Ordination of Brittany Sparrow Savage, David Wilcox, Ryan Williams and Ryan Zavacky into the Sacred Order of Priests

Saturday, July 15 • 10 a.m.

On Saturday, July 15, at 10 a.m., the Rev. Brittany Sparrow Savage, the Rev. David Wilcox, the Rev. Ryan Williams and the Rev. Ryan Zavacky will be ordained into the Sacred Order of Priests at the Cathedral. There will be a reception following. **If you would like to sign up to contribute to the reception, you may do so here, signupgenius.com/go/20foc4aa8a82eaof85-july#.**

Additional Handicap Parking

We have added three additional handicap parking spaces in the south parking lot (by 14th Street/the Diocesan center). People parking there may enter through the Diocesan Close and use the tunnel to enter at the back of the Nave (follow signs for *Cathedral South Entrance*). The tunnel will be open from 9:30–10:45 a.m. Sundays and for large special services only.



Northwest-Metro Deanery Picnic

Saturday, July 29 • Noon

There are shaded areas and plenty of shade trees to enjoy outside. Founders' Hall will be open for anyone who wants to enjoy fellowship in the comfort of its air-conditioned spaces.

Please join us for the Northwest-Metro picnic at Grace and Holy Trinity Cathedral at noon on Saturday, July 29. The Deanery will provide hotdogs, hamburgers, and condiments, and asks that those attending bring sides and desserts, as each is able. One hope for this event is that as many Episcopalians as possible from across the deanery might gather to connect, so please plan to join us. To help us ensure we have enough food and refreshments for everyone please RSVP by Wednesday, July 26. Visit **spirit.diowestmo**. **org/2023/06/northwest-metro-deanery-picnic-2023** for more details and to register.