Grace and Holy Trinity Episcopal Cathedral

Come to me all who labor and are heavy laden and I will give you rest.

Matthew 11:28

The Sixth Sunday after Pentecost
July 9, 2023 • 5 p.m.
Welcome! We are glad you are here.

• If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
• If you need a hearing assistance device, please ask an usher.
• Restrooms are available in Founders’ Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.

Service Notes

• Please rise, as able, for portions of the service marked with an asterisk (*).
• Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting “GIVetoGHTC” to 73256. Thank you for your generosity.

Voluntary: Adagio, op. 65 no. 1
Felix Mendelssohn

The Order for Evening

* Opening Acclamation

\[\text{Cantor} \quad \text{People}\]

Light and peace, in Jesus Christ our Lord. Thanks be to God.

* Prayer for Light

Presider Let us pray.

Grant us, Lord, the lamp of charity which never fails, that it may burn in us and shed its light on those around us, and that by its brightness we may have a vision of that holy City, where dwells the true and never-failing Light, Jesus Christ our Lord. Amen.

* O Gracious Light Phos hilaron: 25

The Word of God

* Collect of the Day

Presider The Lord be with you.
People And also with you.
Presider Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Lessons

First Lesson: Zechariah 9:9–12

Lector Rejoice greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;
triumphant and victorious is he,
humble and riding on a donkey,
on a colt, the foal of a donkey.

He will cut off the chariot from Ephraim
and the war horse from Jerusalem;
and the battle bow shall be cut off,
and he shall command peace to the nations;
his dominion shall be from sea to sea,
and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you,
I will set your prisoners free from the waterless pit.

Return to your stronghold, O prisoners of hope;
today I declare that I will restore to you double.

The Word of the Lord.

People Thanks be to God.
Psalm 145:8–15

Cantor

The Lord is gracious and full of compassion, *
slow to anger and of great kindness.

All

The Lord is loving to everyone *
and his compassion is over all his works.

All your works praise you, O Lord, *
and your faithful servants bless you.

They make known the glory of your kingdom *
and speak of your power;

That the peoples may know of your power *
and the glorious splendor of your kingdom.

Your kingdom is an everlasting kingdom; *
your dominion endures throughout all ages.

The Lord is faithful in all his words *
and merciful in all his deeds.

The Lord upholds all those who fall; *
he lifts up those who are bowed down.

Second Lesson: Romans 7:15–25a

Lector

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

The Word of the Lord.

People

Thanks be to God.

* Alleluia Verse Cantor; then People

Cantor

Come unto me, all you that are weary and are carrying heavy burdens; and I will give you rest

All repeat the three alleluias.

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Deacon Jesus said to the crowd, “To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

‘We played the flute for you, and you did not dance;
we wailed, and you did not mourn.’

For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

The Gospel of the Lord.

People Praise to you, Lord Christ.

SERMON

* THE NICENE CREED

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE, FORM IV  

Intercessor  Let us pray for the Church and for the world.  

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Intercessor  Lord, in your mercy 

People  Hear our prayer.

Intercessor  Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Intercessor  Lord, in your mercy 

People  Hear our prayer.

Intercessor  Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Intercessor  Lord, in your mercy 

People  Hear our prayer.

Intercessor  Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Intercessor  Lord, in your mercy 

People  Hear our prayer.

Intercessor  Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Intercessor  Lord, in your mercy 

People  Hear our prayer.
We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The Presider adds a concluding Collect.

CONFESSION AND ABSOLUTION

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

The peace of the Lord be always with you.

And also with you.

ANNOUNCEMENTS

Celebration Prayer

O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.
Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.

* Offertory Hymn: 693 “Just as I am, without one plea”

1. Just as I am, without one plea, but that thy
2. Just as I am, though tossed about with many
3. Just as I am, poor, wretched, blind, sight, riches,
4. Just as I am: thou wilt receive; wilt welcome,
5. Just as I am, thy love unknown has broken

1. Blood was shed for me, and that thou bidd’st me
2. Conflict, many a doubt; fightings and fears with
3. Healing of the mind, yea, all I need, in
4. Pardon, cleanse, relieve, because thy promise
5. Every barrier down; now to be thine, yea,

2. In, without, O Lamb of God, I come, I come.
3. Thee to find, O Lamb of God, I come, I come.

6. Just as I am, of thy great love
the breadth, length, depth, and height to prove,
here for a season, then above:
O Lamb of God, I come, I come.

Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who lives and reigns for ever and ever.

Amen.

*THE LORD’S PRAYER*

Presider And now, as our Savior Christ has taught us, we are bold to sing,

S119: The Lord’s Prayer

All

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.


Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.
Communion

All are welcome to receive communion or a blessing.

Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.
For a blessing, cross your hands over your chest.

* Postcommunion Prayer

Presider  Let us pray.
People

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

Blessing

Dismissal

Following the dismissal,

People  Thanks be to God.
* Closing Hymn: 544 “Jesus shall reign where’er the sun”

Voluntary: Allegro assai vivace, op 65 no. 1

Serving Today

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<thead>
<tr>
<th>Role</th>
<th>Name</th>
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<tbody>
<tr>
<td>Presider &amp; Preacher</td>
<td>The Rev. Barbara Wegener</td>
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<tr>
<td>Lector</td>
<td>Janel Mosley</td>
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<tr>
<td>Eucharistic Minister</td>
<td>Janel Mosley</td>
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<tr>
<td>Organist</td>
<td>Dr. Paul Meier</td>
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<tr>
<td>Cantor</td>
<td>Dr. Stephanie Meyer</td>
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Cathedral Prayer List

**Pray for:** Kathy and Jim; Jan Wray and Family; Scott Weir; Jim and Phyllis Shaffer; Kate; Abbey Mattson; Christine Stebbins and Paula Commodore; Tom Brous; Sally Chapple; Ann Morrison; Robin Harris; Diego Ivan Garcia; Loretta Stotts; Marion Clare Shaw; Joanne Repass Jones; Deborah Cook; Charlotte Messbarger; Joan Brancato; Harley Miller; Brad Kilpatrick; Jim Royer; Tammy Harvin; Pat Miller; Ann Ryder; Patrick Bennett; Judy Schrom; Cooper Smith; Mary Jane Thomas; Bonita White; Doyle White; Mike B.; Philipp Wallace Bain; Greg & Nova; Linda Dealey England; Sandra Fuhrman; Thaddeaus Withers; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence; First Responders

**Comfort and Peace:** the Hawley family; the Helzberg family; the Dyson/Smith Families; the Sloan family; the Binford/Creech families; the Mattson family

**Youth Prayers:** To have a happy, healthy and safe summer

**Pray for the Departed:** Geraldine Hawley; Bush Helzberg; Juliana Dyson Smith; Kay Sloan; Twila Rosalynn Creech Binford; Ian Mattson; for all who have died from gun violence

**Diocesan Prayer Cycle:** St. Michael’s Episcopal Church, Independence, Mindy Swayne, Bishop’s Warden; Clergy Spouses & Surviving Spouses

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**For the complete prayer list:** kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

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**Birthdays & Anniversaries**

**July 9**  
Michael Guarente  
Brent Harbaugh

**July 10**  
David Herschede  
Jill & Richard Fanolio

**July 11**  
Pat Decker  
LeeAnne Hays  
Porter Munsell

**July 12**  
Steve Johnson  
Doug Jones  
Andy Mosley  
Erik Radcliff

**July 13**  
Daniel John

**July 14**  
Claire Blake  
Donna Knoll  
Jeannette Nichols

**July 15**  
Peter Fortner  
Ed Matheny  
Riley McLean  
Ann Tootle

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jtoma@kccathedral.org.

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**Today’s Flowers**

are given to the Glory of God and ...

- in thanksgiving for my daughter and son-in-law, Betsy & Beattie Leonard—Carolyn McLeroy
- in celebration of the life of Alan Ryder—the Ryder family

To help provide flowers for upcoming services, contact Julie Toma, jtoma@kccathedral.org.

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**Cathedral Staff:** The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. Barbara Wegener, Deacon; Dr. Paul Meier, Director of Music; Clare Stern-Burbano, Youth & College Minister and Interim Children’s Ministry Coordinator; Julie Toma, Cathedral Administrator; Melissa Kilpatrick, Communications Coordinator; Holly Campbell, Events Coordinator; Steve Berman, Finance Coordinator; Joan Bergstrom, Sacristan & Volunteer Coordinator; Angie Graham, Property Manager; Mike Guidry, Assistant Property Manager; The Very Rev. Peter J. DeVeau, Dean Emeritus; Canon John Schaefer, Canon Musician Emeritus

**The Vestry** (with committee assignments): Candace McDowell, Senior Warden; candyleemc@att.net (Finance, Budget); Michael Thomas, Junior Warden; madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, Treasurer; Valerie Johnson, Clerk (Social Outreach); Steve Moore, Chancellor; Julie Bogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagesgren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathai Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)
Adults

Sunday

Adult Formation • 9:15 a.m.
July 9, 16, 23, 30 • Common Room
We refer to the Gospel of Matthew as the Gospel of the Church, or assembly, because it deals with the gathering of God’s people to worship as the Church. In this short course we’ll take a look at the structure of the Gospel, when and by whom it was written, and what it means to us today.

GHTC’s Virtual Cafe • 7:30 a.m.
Please join us for our weekly conversation in GHTC’s Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women’s Bible Study • 12:30 p.m.
Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.
We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Tuesday

GHTC’s Virtual Cafe • 7:30 a.m.
Please join us for our weekly conversation in GHTC’s Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Youth & College

Wednesday

Learning to Pray: A Guide for Everyone
June 7–August 30 • 6:30-8 p.m.
Please join us in the study of Fr. James Martin’s New York Times bestselling book, Learning to Pray: A Guide for Everyone. This insightful book offers many new concepts and activities that will empower us to grow in our prayer life and our personal relationship with Christ.

We will meet in the Multipurpose Room in Founders’ Hall.
Please contact Dan Welch at welchdanno@aol.com if you are planning to attend the class or if you are unable to prefer to not drive at night, so that arrangements can be made.

Zoom information is available at our website.

Formation Class • 9:15 a.m.
Children’s Formation will take a break over the summer. Watch for details about fall programming in August.

Cathedral Kids • 10:30 a.m.
Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, childrensformation@kccathedral.org.
Members of the Campus Ministry Commission have begun reaching out to college students and young adults in a new way with a weekly podcast which launched April 13. The purpose of All Things Episcopal is to create a platform to talk about our faith and to introduce some basics about the Episcopal Church, including why we do some of the things we do that may sometimes be a mystery (or even an obstacle) to those new to our denomination. The intended audience for this podcast is college students and young adults, especially those who may be coming from outside our faith tradition. Sessions include conversations, interviews and even an occasional sermon.

Our Hosts

The Rev. David Kendrick  
St John’s Episcopal Church, Springfield

The Rev. Collin Larimore  
Grace Episcopal Church, Carthage

Clare Stern-Burbano  
Grace & Holy Trinity Cathedral, Kansas City

We want to introduce the Episcopal Church from multiple perspectives and with different voices, utilizing social media to find out what questions students may have about who we are and what we do. Guest speakers, including college students from around our diocese, are already being scheduled for future sessions.

We do not currently have a physical presence on college campuses in our diocese, but we think podcasting offers a great opportunity to meet young adults where they are and share our faith in a way that is personal, comfortable and always accessible. We hope that these sessions will be a bridge to connect college students with local parishes and with other young adults.

Look for All Things Episcopal wherever you listen to your favorite podcasts!

allthingsepiscopal.transistor.fm
The Diocese of West Missouri Spiritual Formation Commission presents a 3-part series

A Journey with the Desert Mystics

featuring the Rev. Brad Karelius

Part 1: The Desert Mothers
Mary of Egypt and Amma Syncletica
Friday, August 11
6:30 p.m.–8:30 p.m.
Grace and Holy Trinity Cathedral, Kansas City

Part 2: The Desert Fathers
Moses the Black and Anthony the Great
Saturday, August 12
9 a.m.–11 a.m.
St. Augustine’s Episcopal Church, Kansas City

Part 3: A Desert Journey in the 21st Century
Sunday, August 13
12:30 p.m.–2:30 p.m.
Church of the Good Shepherd, Kansas City

Register
Outreach: July School Supply Drive
Help support the kids at Crittenton by donating school supplies. You will find a list of needed supplies at kccathedral.org/outreach. You can drop the school supplies in the box in the tower during the month of July.

Summer Hospitality Hosts Needed!
Help us continue the hospitality offered at the Cathedral coffee hours during the summer. We invite you to sign up to bring something simple to go with a cup of coffee, like donuts/donut holes, fruit, brownies or cookies (homemade or from the store) or veggies. Sign up online at tinyurl.com/summercoffee. Contact Julie Toma at jtoma@kccathedral.org with questions. Your help is appreciated.

Ordination of Brittany Sparrow Savage, David Wilcox, Ryan Williams and Ryan Zavacky into the Sacred Order of Priests
Saturday, July 15 • 10 a.m.
On Saturday, July 15, at 10 a.m., the Rev. Brittany Sparrow Savage, the Rev. David Wilcox, the Rev. Ryan Williams and the Rev. Ryan Zavacky will be ordained into the Sacred Order of Priests at the Cathedral. There will be a reception following. If you would like to sign up to contribute to the reception, you may do so here, signupgenius.com/go/2of0c4aa8a82eaf85-july#.

Northwest-Metro Deanery Picnic
Saturday, July 29 • Noon
There are shaded areas and plenty of shade trees to enjoy outside. Founders’ Hall will be open for anyone who wants to enjoy fellowship in the comfort of its air-conditioned spaces.

We have added three additional handicap parking spaces in the south parking lot (by 14th Street/the Diocesan center). People parking there may enter through the Diocesan Close and use the tunnel to enter at the back of the Nave (follow signs for Cathedral South Entrance). The tunnel will be open from 9:30–10:45 a.m. Sundays and for large special services only.

Northwest-Metro Deanery Picnic
Saturday, July 29 • Noon
Please join us for the Northwest-Metro picnic at Grace and Holy Trinity Cathedral at noon on Saturday, July 29. The Deanery will provide hotdogs, hamburgers, and condiments, and asks that those attending bring sides and desserts, as each is able. One hope for this event is that as many Episcopalians as possible from across the deanery might gather to connect, so please plan to join us. To help us ensure we have enough food and refreshments for everyone please RSVP by Wednesday, July 26. Visit spirit.diowestmo.org/2023/06/northwest-metro-deanery-picnic-2023 for more details and to register.