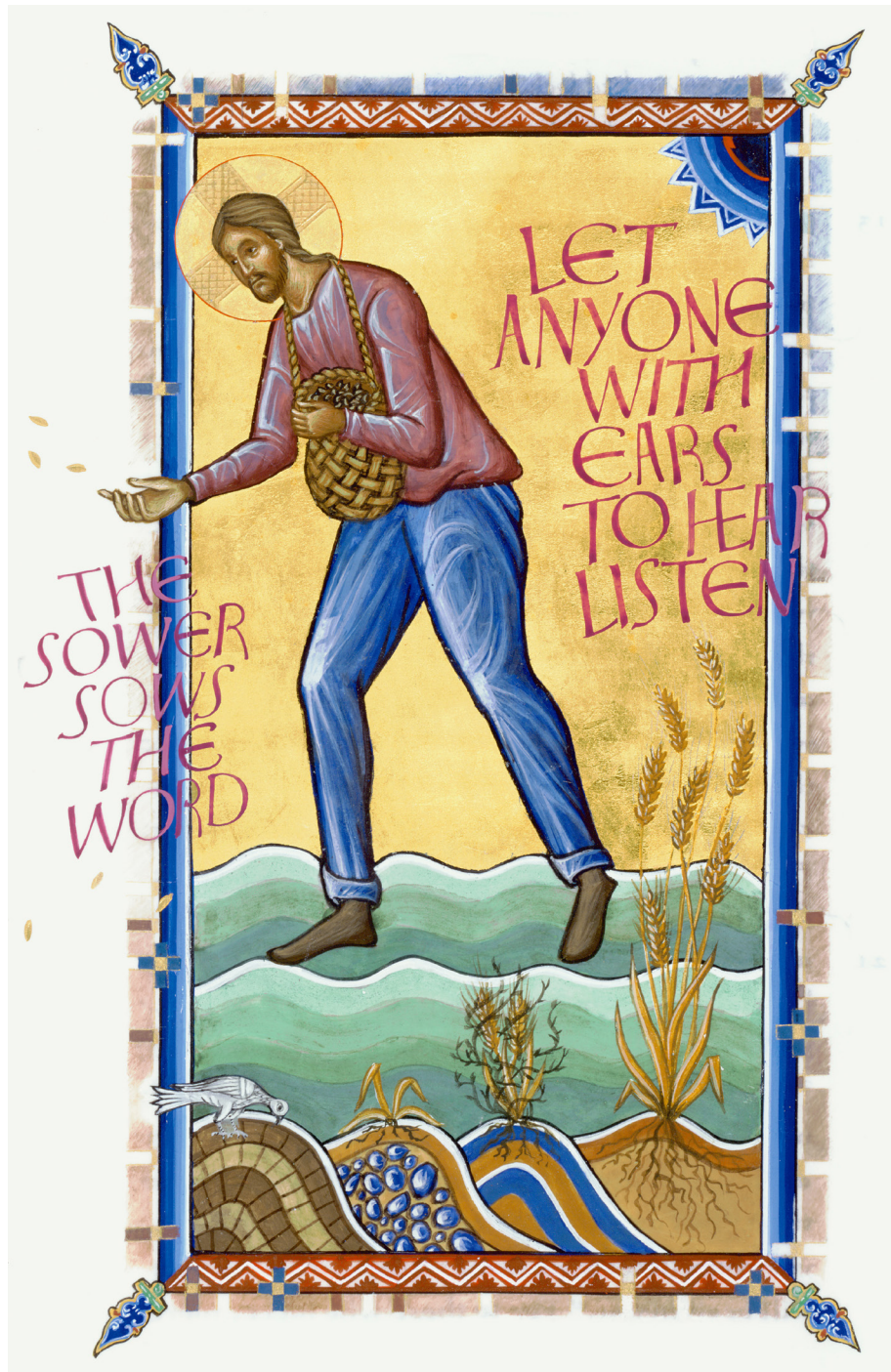


GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



The Seventh Sunday after Pentecost July 16, 2023 • 10:30 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate. Use the QR code to the right to access the online form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Thank you for your generosity.



HOLY EUCHARIST

VOLUNTARY: *Liebster Jesu, wir sind hier*, BWV 730, 731

Johann Sebastian Bach

The Word of God

* OPENING HYMN: 440 "Blessed Jesus, at thy word"

1 Bless - ed Je - sus, at thy word we are gath - ered all to
2 All our know - ledge, sense, and sight lie in deep - est dark - ness
3 Gra - cious Lord, thy - self im - part! Light of Light, from God pro -

hear thee; let our hearts and souls be stirred
shroud - ed, till thy Spi - rit breaks our night
ceed - ing, o - pen thou our ears and heart,

now to seek and love and fear thee; by thy teach - ings
with the beams of truth un - cloud - ed; thou a - lone to
help us by thy Spi - rit's plead - ing. Hear the cry thy

pure and ho - ly, drawn from earth to love thee sole - ly.
God canst win us; thou must work all good with - in us.
Church up - rais - es; hear, and bless our prayers and prais - es.

Words: Tobias Clausnitzer (1619-1684); tr. Catherine Winkworth (1829-1878); alt. Music: *Liebster Jesu*, melody Johann Rudolph Ahle (1625-1673); alt. *Das grosse Cantional: oder Kirchen-Gesangbuch*, 1687; harm. George Herbert Palmer (1846-1926). All rights reserved. Reprinted under OneLicense.net #A-710278.

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

* SONG OF PRAISE: S280 "Glory to God" *Gloria in excelsis*

1. Glo - ry to God in the high - est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly
 King, al - mighty God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

Music: Robert Powell (b. 1932), rev. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

First Lesson: Isaiah 55:10-13

Lector As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65:9-14 *sung by the choir; chant by Henry Smart*

page 672

You visit the earth and water it abundantly; you make it very plenteous; *
the river of God is full of water.

You prepare the grain, *
for so you provide for the earth.

You drench the furrows and smooth out the ridges; *
with heavy rain you soften the ground and bless its increase.

You crown the year with your goodness, *
and your paths overflow with plenty.

May the fields of the wilderness be rich for grazing, *
and the hills be clothed with joy.

May the meadows cover themselves with flocks, and the valleys cloak themselves with grain; *
let them shout for joy and sing.

Second Lesson: Romans 8:1-11

Lector There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord

People Thanks be to God.

* GOSPEL HYMN: 698 "Eternal Spirit of the living Christ"



1 E - ter - nal Spi - rit of the liv - ing Christ,
2 Come, pray in me the prayer I need this day;
3 Come with the vi - sion and the strength I need



I know not how to ask or what to say;
help me to see your pur - pose and your will—
to serve my God, and all hu - man - i - ty;



I on - ly know my need, as deep as life,
where I have failed, what I have done a - miss;
ful - fill - ment of my life in love out - poured—



and on - ly you can teach me how to pray.
held in for - giv - ing love, let me be still.
my life in you, O Christ, your love in me.

Words: Frank von Christierson (1900-1996), rev. Music: Flentge, Carl Flentge Schalk (b. 1929). Words: Copyright © 1976, by The Hymn Society of America, Texas Christian University, Fort Worth, TX 76129. All Rights Reserved. Used by permission. Music: © 1979, Carl Schalk. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE HOLY GOSPEL: Matthew 13:1-9,18-23

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Deacon Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

* THE NICENE CREED

page 358

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.**

**For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;**

he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE, FORM IV

page 388

Intercessor Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in
your love, and reveal your glory in the world.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may
honor one another and serve the common good.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the
service of others and to your honor and glory.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love
one another as he loves us.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

The Presider adds a concluding Collect.

CONFESSION AND ABSOLUTION

page 360

Deacon Let us confess our sins against God and our neighbor.

All **Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People **And also with you.**

ANNOUNCEMENTS

CELEBRATION PRAYER

page 830

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

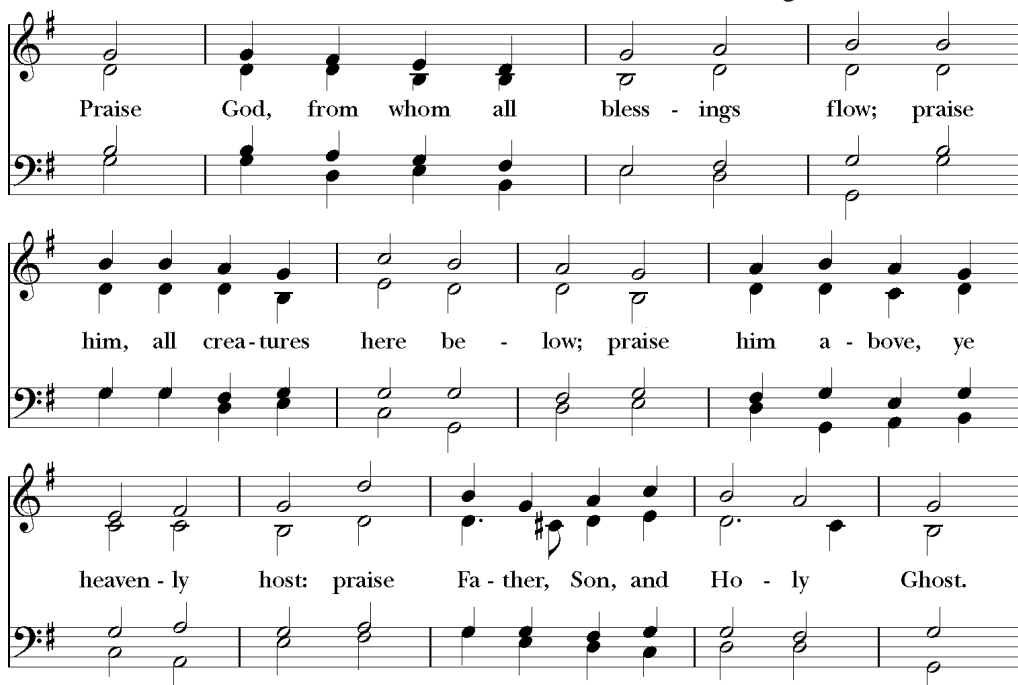
OFFERTORY ANTHEM: "The best of rooms"

Gerald Near

Christ, He requires still, wheresoe'er He comes,
To feed or lodge, to have the best of rooms:
Give Him the choice; grant Him the nobler part
Of all the house: the best of all's the heart.

—text by Robert Herrick

* PRESENTATION HYMN: 380 "Praise God, from whom all blessings flow" *verse 3*



Praise God, from whom all bless - ings flow; praise
him, all crea - tures here be - low; praise him a - bove, ye
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Thomas Ken (1637-1711). Music: *Old 100th*, melody from Pseaumes octante trois de David, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE GREAT THANKSGIVING, Eucharistic Prayer B

page 367



Celebrant The Lord be with you. *People* And al - so with you.
Celebrant Lift up your hearts. *People* We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All

S125: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (1937-2010). Copyright © 1971, 1977 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Presider

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All

AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to say,
 All Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.

Breaking of the Bread

S154: The Holy Eucharist, Fraction Anthem: Christ our Passover

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
 Christ our Pass - o - ver is sac - ri - ficed for us;
 there - fore let us keep the feast.
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are welcome to receive communion or a blessing.

Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

— From *The Prayer Book for the Armed Services*

COMMUNION HYMN: *Evangelical Lutheran Worship* "O Spirit of life, O Spirit of God"

1 O Spir - it of life, O Spir - it of God,
 2 O Spir - it of life, O Spir - it of God,
 3 O Spir - it of life, O Spir - it of God,
 4 O Spir - it of life, O Spir - it of God,

in ev - 'ry need you bring us aid,
 in - crease our faith in our dear Lord;
 make us to love your sa - cred word;
 en - light - en us by that same word;

pro - ceed - ing forth from heav - en's throne,
 un - less your grace the pow'r should give,
 the ho - ly flame of love im - part,
 teach us to know God's ra - diant love,

from God, the Fa - ther and the Son;
 none can be - lieve in Christ and live;
 that char - i - ty may warm each heart;
 lead us to Christ who reigns a - bove;

O Spir - it of life, O Spir - it of God.
 O Spir - it of life, O Spir - it of God.
 O Spir - it of life, O Spir - it of God.
 O Spir - it of life, O Spir - it of God.

Words: Johann Niedling, 1602-1668, trans. John C. Mattes, 1876-1948 (alt.). Music: *O Heiliger Geist*, arr. by Johann Sebastian Bach, 1685-1750, from *Geistliche Kirchengesänge Köln*, 1623. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider Let us pray.
 People Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

* THE BLESSING

* DISMISSAL

Following the dismissal,

People Thanks be to God.

* SENDING HYMN: 530 "Spread, O spread, thou mighty word"

1 Spread, O spread, thou might - y word, spread the king - dom of the Lord,
 2 word of how the Fa - ther's will made the world, and keeps it, still;
 3 word of how the Sa - vior's love earth's sore bur - den doth re - move;
 4 word of how the Spi - rit came bring - ing peace in Je - sus' name;
 5 Word of life, most pure and strong, word for which the na - tions long,

1 that to earth's re - mot - est bound all may heed the joy - ful sound;
 2 how his on - ly Son he gave, earth from sin and death to save;
 3 how for - ev - er, in its need, through his death the world is freed;
 4 how his nev - er - fail - ing love guides us on to heaven a - bove.
 5 spread a - broad, un - til from night all the world a - wakes to light.

Words: Jonathan Friedrich Bahmaier (1774–1841); tr. Arthur William Farlander (1898–1952) and Charles Winfred Douglas (1867–1944), alt. St. 4, F. Bland Tucker (1895–1984). Music: *Gott sei Dank*, melody from *Geistreiches Gesangbuch*, 1704; adapt. and harm. William Henry Havergel (1793–1870). All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Präludium in C Major

Vincent Lübeck

Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara Wegener
Musicians	The Trinity Choir; Dr. Paul Meier
Lector	Sarah Lagergren
Intercessor	David Barker
Eucharistic Ministers	Bob Johnson, Curtis Hamilton
Acolytes	Patrick (Nick) Bennett, Harrison Mattson, Ric Sweeting
Ushers	Mary-Mullis Keyse, Mark Colburn, David Barker, Beth Keyse
Greeter	Jeri Gore, Beth Keyse
Altar Guild	Peg Brown, Debbie Marrs, Leticia Porter
Livestreaming	Christine Morrison, Chris Morrison
Children's Ministry	Bethany Zaiger, Clare Stern-Burbano

Cover Art: *Sower and the Seed*, Aidan Hart with contributions from Donald Jackson and Sally Mae Joseph, Copyright 2002, *The Saint John's Bible*, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.



BULLETIN INSERTS

July 16, 2023 – Pentecost 7 (A) UTO Awards

More than \$1 million in United Thank Offering grants was designated for 22 projects related to the worldwide incarceration crisis within The Episcopal Church and Anglican Communion. The funds came from the United Thank Offering's 2022 Ingathering, where monies collected in UTO "blue boxes" at Episcopal churches throughout the year are gathered as thank offerings. This year's focus for grant applications was projects addressing the worldwide incarceration crisis, specifically preventative programs and intervention, prisoner support outreach, prison reform work, or post-prison reentry.

"The worldwide incarceration crisis affects us all, whether or not we know someone directly affected by incarceration," said UTO Board President Sherri Dietrich. "Jesus' words in Matthew 25 and the Way of Love encourage us to work for justice in the world and to respect the dignity of every human being, including prisoners and their families. The grants UTO funded this year will create that ministry in new places around the world."



**UNITED
THANK
OFFERING**
2023 Grant Awards



Below are some of the projects funded by the UTO in 2023. Find the whole list at iam.ec/uto2023en.

Well Time 2.0: Empowering Reentry

Des Moines, Iowa, \$22,048

Well Time 2.0: Empowering Reentry will recruit/prepare volunteers from churches to provide faith-based support to women recently released from prison through weekly group meetings at the Waterloo Women's Center for Change and through individual reentry teams for women to offer compassionate guidance to overcome personal, societal, and economic barriers.

Partner for Success

Elkridge, Maryland, \$31,408

Partner for Success is a faith-based mentoring program designed to help those who are incarcerated make a smooth transition back into society in the greater Baltimore, Maryland, area. Participants are matched with a mentor and a worship community to establish short- and long-term plans –of action for successful reentry back into society.

Sowing Love and Education

Eloy Alfaro, Canton Manta, Ecuador \$79,604.14

Construction of the Child Care Center, which provides comprehensive and integral care to children from 3 months to 5 years old of incarcerated persons. The center will promote integral development of minors and their abilities, guarantee a safe and caring environment, initial education, psychological care, and support for families who take care of them.

Compassionate Anglicans Youth Republic Project of Campo Verde

Missionary District, Brazil: \$55,000

This project is to create the Compassionate Anglicans Youth Republic Project, which will provide support, subsidized housing, and job training/work to a group of 10 young men who have aged out of shelters, are in vulnerable situations, have broken or extremely fragile family ties, and who do not have the means for self-sustenance.

Cathedral Prayer List

Pray for: Kathy and Jim; Jan Wray and Family; Scott Weir; Jim and Phyllis Shaffer; Kate; Abbey Mattson; Christine Stebbins and Paula Commodore; Sally Chapple; Ann Morrison; Robin Harris; Diego Ivan Garcia; Loretta Stotts; Marion Clare Shaw; Joanne Repass Jones; Deborah Cook; Charlotte Messbarger; Joan Brancato; Harley Miller; Brad Kilpatrick; Jim Royer; Tammy Harvin; Pat Miller; Ann Ryder; Patrick Bennett; Judy Schrocm; Cooper Smith; Mary Jane Thomas; Bonita White; Doyle White; Mike B.; Philipp Wallace Bain; Greg & Nova; Thaddeaus Withers; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence; First Responders

Comfort and Peace: the Thigpen family; the Brous family; the Hawley family; the Helzberg family; the Dyson/Smith Families; the Sloan family; the Binford/Crech families

Youth Prayers: To have a happy, healthy and safe summer

Pray for the Departed: Jenny Thigpen; Tom Brous; Geraldine Hawley; Bush Helzberg; Juliana Dyson Smith; Kay Sloan; Twila Rosalynn Creech Binford; for all who have died from gun violence

Diocesan Prayer Cycle: Trinity Episcopal Church, Independence, The Rev. Kary Mann, Rector, The Rev. Vicky Anderson, Deacon; Commission on Ministry

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

July 16

Kay Callison
Miguel Cornwell
Cassee Harbaugh

July 17

David Angus
Melissa Atwell
Steven Lewis
Doyle White
Andrew & Kristen Ellis
Johnson

July 18

Henry Ahn
Sandy Carter
Greg Coffey
Eliza Johnson

July 19

Jordan Buckner
Marcille McCandless
Joselyn Verschelden
Leonardo Zamora

July 20

Jonathan & Meredith
Sternberg

July 21

Vince Alagna
John Rich

July 22

Mary Boomer

Please contact the Cathedral office if we have omitted your birthday or anniversary:
816.474.8260 or jtoma@kccathedral.org.

Today's Flowers

are given to the Glory of God and ...

- in loving memory of my daughter, Lynn—
Carolyn McLeroy
- in loving memory of Joe Finnie—Jackye
Finnie
- in thanksgiving for the ordinations of
Brittany Renee Sparrow Savage, David
Sidney Wilcox, II, Jon Ryan Williams and
Ryan Anthony Zavacky

To help provide flowers for
upcoming services,
contact Julie Toma,
jtoma@kccathedral.org.



Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister and Interim Children's Ministry Coordinator*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry (with committee assignments): Candace McDowell, *Senior Warden*, candylemc@att.net (Finance, Budget); Michael Thomas, *Junior Warden*, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)

Adults

Sunday

Adult Formation • 9:15 a.m.

July 16, 23, August 6 • Common Room

We refer to the Gospel of Matthew as the Gospel of the Church, or assembly, because it deals with the gathering of God's people to worship as the Church. In this short course we'll take a look at the structure of the Gospel, when and by whom it was written, and what it means to us today.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Wednesday

Learning to Pray: A Guide for Everyone

June 7–August 30 • 6:30–8 p.m.

Please join us in the study of Fr. James Martin's New York Times bestselling book, *Learning to Pray: A Guide for Everyone*. This insightful book offers many new concepts and activities that will empower us to grow in our prayer life and our personal relationship with Christ.

We will meet in the Multipurpose Room in Founders' Hall. Please contact Dan Welch at welchdanno@aol.com if you are planning to attend the class or if you are unable or prefer to not drive at night, so that arrangements can be made.

Zoom information is available at our website.

Children

Formation Class • 9:15 a.m.

Children's Formation will take a break over the summer. Watch for details about fall programming in August.

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, childrensformation@kccathedral.org.

Youth & College



Questions? Contact Clare, cstern@kccathedral.org.



Additional Handicap Parking

We have added three additional handicap parking spaces in the south parking lot (by 14th Street/the Diocesan center). People parking there may enter through the Diocesan Close and use the tunnel to enter at the back of the Nave (follow signs for *Cathedral South Entrance*). The tunnel

will be open from 9:30–10:45 a.m. Sundays and for large special services only.



All things...Episcopal Podcast

Members of the Campus Ministry Commission have begun reaching out to college students and young adults in a new way with a weekly podcast which launched April 13. The purpose of All Things Episcopal is to create a platform to talk about our faith and to introduce some basics about the Episcopal Church, including why we do some of the things we do that may sometimes be a mystery (or even an obstacle) to those new to our denomination. The intended audience for this podcast is college students and young adults, especially those who may be coming from outside our faith tradition. Sessions include conversations, interviews and even an occasional sermon.

Our Hosts



The Rev. David Kendrick
St John's Episcopal Church, Springfield



The Rev. Collin Larimore
Grace Episcopal Church, Carthage



Clare Stern-Burbano
Grace & Holy Trinity Cathedral, Kansas City

We want to introduce the Episcopal Church from multiple perspectives and with different voices, utilizing social media to find out what questions students may have about who we are and what we do. Guest speakers, including college students from around our diocese, are already being scheduled for future sessions.

We do not currently have a physical presence on college campuses in our diocese, but we think podcasting offers a great opportunity to meet young adults where they are and share our faith in a way that is personal, comfortable and always accessible. We hope that these sessions will be a bridge to connect college students with local parishes and with other young adults.

Look for All Things Episcopal wherever you listen to your favorite podcasts!

allthingsepiscopal.transistor.fm



The Diocese of West Missouri Spiritual Formation Commission

presents a 3-part series

A Journey with the Desert Mystics

featuring the Rev. Brad Karelius

Part 1: The Desert Mothers
Mary of Egypt and
Amma Syncletica

Friday, August 11
6:30 p.m.–8:30 p.m.
Grace and Holy Trinity
Cathedral, Kansas City

Part 2: The Desert Fathers
Moses the Black and
Anthony the Great

Saturday, August 12
9 a.m.–11 a.m.
St. Augustine's Episcopal
Church, Kansas City

Part 3: A Desert Journey in
the 21st Century

Sunday, August 13
12:30 p.m.–2:30 p.m.
Church of the Good
Shepherd, Kansas City

Register



Announcements



Outreach: July School Supply Drive

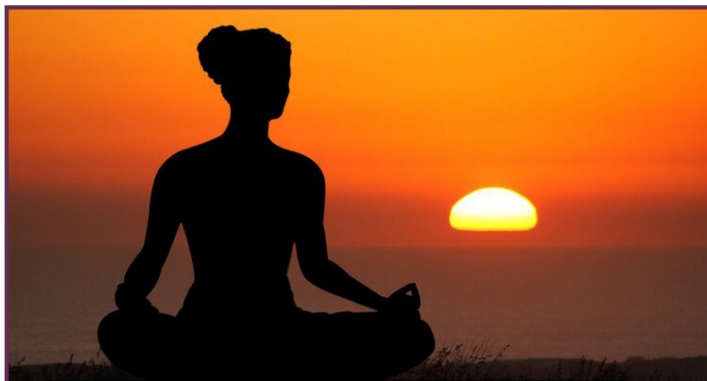
Help support the kids at Crittenton by donating school supplies. You will find a list of needed supplies at kccathedral.org/outreach. You can drop the school supplies in the box in the tower by Sunday, July 30.



Northwest-Metro Deanery Picnic

Saturday, July 29 • Noon

Please join us for the Northwest-Metro picnic at Grace and Holy Trinity Cathedral at noon on Saturday, July 29. The Deanery will provide hotdogs, hamburgers, and condiments, and asks that those attending bring sides and desserts, as each is able. One hope for this event is that as many Episcopalians as possible from across the deanery might gather to connect, so please plan to join us. To help us ensure we have enough food and refreshments for everyone please RSVP by Wednesday, July 26. Visit spirit.diowestmo.org/2023/06/northwest-metro-deanery-picnic-2023 for more details and to register.



The Doctrine of Discovery

Presented by Bradley Hauff

August 5, 2023
11 a.m. - 4 p.m.

Grace and Holy Trinity Cathedral
415 W. 13th St. Kansas City, Missouri, 64105

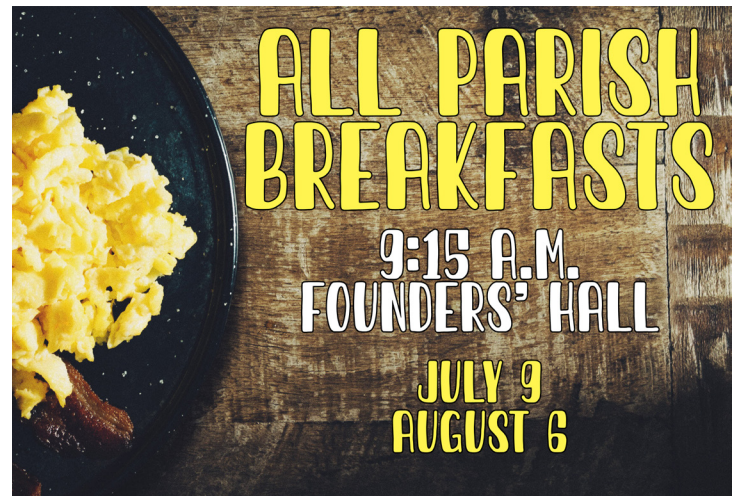
Lunch will be provided



The Doctrine of Discovery

Saturday, August 5 • 11 a.m.–4 p.m.

The Rev. Bradley Hauff, the Indigenous Missioner for the Episcopal Church, comes to Kansas City to discuss the connection between Indigenous people, Christianity and the Episcopal church. Lunch will be provided. Register on the Diocesan Facebook event page, facebook.com/events/586344833649644.



Raja Yoga Prayer Practice

Wednesday, August 2 • 6 p.m.

Raja Yoga is a practice of contemplation and experience which helps engage our being with the holy presence. This prayer practice seeks to integrate Raja Yoga philosophy and Christian theology in a way that honors both. This will be a breathwork and seated practice, not a pose (Hatha) practice. Dress comfortably, no equipment needed. All are welcome. Questions? Contact Clare, cstern@kccathedral.org.