

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



The Eighth Sunday after Pentecost
July 23, 2023 • 8 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: *Jesus, bleibet meine Freude*, BWV 147 no. 10

Johann Sebastian Bach

The Word of God

* OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

* GLORIA

page 356

All **Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.
Amen.

THE LESSONS

First Lesson: Isaiah 44:6-8

Lector Thus says the Lord, the King of Israel,
and his Redeemer, the Lord of hosts:

I am the first and I am the last;
besides me there is no god.

Who is like me? Let them proclaim it,
let them declare and set it forth before me.

Who has announced from of old the things to come?
Let them tell us what is yet to be.

Do not fear, or be afraid;
have I not told you from of old and declared it?
You are my witnesses!

Is there any god besides me?
There is no other rock; I know not one.

The Word of the Lord.

People **Thanks be to God.**

Psalm 86:11-17 *read alternating by half verse*

page 710

Teach me your way, O Lord, and I will walk in your truth; *

knit my heart to you that I may fear your Name.

I will thank you, O Lord my God, with all my heart, *

and glorify your Name for evermore.

For great is your love toward me; *

you have delivered me from the nethermost Pit.

The arrogant rise up against me, O God, and a band of violent men seeks my life; *

they have not set you before their eyes.

But you, O Lord, are gracious and full of compassion, *

slow to anger, and full of kindness and truth.

Turn to me and have mercy upon me; *

give your strength to your servant; and save the child of your handmaid.

Show me a sign of your favor, so that those who hate me may see it and be ashamed; *

because you, O Lord, have helped me and comforted me.

Second Lesson: Romans 8:12–25

Lector Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

The Word of the Lord

People **Thanks be to God.**

* THE HOLY GOSPEL: Matthew 13:24–30, 36–43

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Deacon Jesus put before the crowd another parable: "The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, 'Master, did you not sow good seed in your field? Where, then, did these weeds come from?' He answered, 'An enemy has done this.' The slaves said to him, 'Then do you want us to go and gather them?' But he replied, 'No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'"

Then he left the crowds and went into the house. And his disciples approached him, saying, "Explain to us the parable of the weeds of the field." He answered, "The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!"

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

All We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.

Intercessor Let us pray for the Church and for the world.

 Grant, Almighty God, that all who confess your Name may be united in your truth, live together in
 your love, and reveal your glory in the world.

Silence

Intercessor Lord, in your mercy
People Hear our prayer.

Intercessor Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may
 honor one another and serve the common good.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

The Presider adds a concluding Collect.

CONFESSON AND ABSOLUTION

page 360

Deacon Let us confess our sins against God and our neighbor.

All **Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;**

that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

page 830

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 589 "Almighty God, your word is cast"



1 Al - might - y God, your word is cast like seed up - on the ground,
2 Let not our self - ish - ness and hate this ho - ly seed re - move,
3 Let not the world's de - ceit - ful cares the ris - ing plant des - troy,



now let the dew of heaven de - scend and right - eous fruits a - bound.
but give it root in ev - ery heart to bring forth fruits of love.
but let it yield a hun - dred - fold the fruits of peace and joy.

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* THE GREAT THANKSGIVING, Eucharistic Prayer B

page 367

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
 Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
 Hosanna in the highest.**

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All **We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All **AMEN.**

Presider And now, as our Savior Christ has taught us, we are bold to say,

All **Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.**

* BREAKING OF THE BREAD

page 364

Presider Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

page 365

All are welcome to receive communion or a blessing.

Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

* POSTCOMMUNION PRAYER

page 365

Presider Let us pray.

People **Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

* THE BLESSING

* DISMISSAL

Following the dismissal,

People **Thanks be to God.**

* CLOSING HYMN: 336 "Come with us, O blessed Jesus"

1 Come with us, O bless - ed Je - sus, with us ev - er -
 *2 Come with us, O might - y Sa - vior, God from God, and
 *3 Come with us, O King of glo - ry, by an - gel - ic

more to be; and though leav - ing now thine
 Light from Light; thou art God, thy glo - ry
 voic - es praised; in our hearts as in thy

al - tar, let us nev - er - more leave thee.
 veil - ing, so that we may bear the sight.
 hea - ven, be en - rap - tured an - thems raised.

Be thou one with us for ev - er, in our life thy
 Now we go to seek and serve thee, through our work as
 Let the might - y cho - rus ev - er sing its glad ex -

love di - vine our own flesh and blood has
 through our prayer; grant us light to see and
 ul - tant songs; let its hymn be heard for

tak - en, and to us thou giv - est thine.
 know thee, in thy peo - ple ev - ery - where.
 ev - er - peace for which cre - a - tion longs.

Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara Wegener
Lector	Joan Bergstrom
Eucharistic Minister	Terri Curran
Usher	Deborah Carr
Altar Guild	Sharon Hudson, Candy McDowell
Organist	Dr. Paul Meier

Cathedral Prayer List

Pray for: Wendy Graae; Sammy Sutton; Mary and Pat Martin; Kathy and Jim; Jan Wray and Family; Scott Weir; Jim and Phyllis Shaffer; Kate; Abbey Mattson; Christine Stebbins and Paula Commodore; Sally Chapple; Ann Morrison; Robin Harris; Diego Ivan Garcia; Loretta Stotts; Marion Clare Shaw; Joanne Repass Jones; Deborah Cook; Charlotte Messbarger; Harley Miller; Brad Kilpatrick; Jim Royer; Tammy Harvin; Pat Miller; Ann Ryder; Patrick Bennett; Judy Schrocm; Cooper Smith; Mary Jane Thomas; Thaddeus Gillespie; Bonita White; Doyle White; Andrew Rowland; all families affected by gun violence; First Responders

Comfort and Peace: the Thigpen family; the Brous family; the Hawley family; the Helzberg family; the Dyson/Smith Families; the Sloan family

Youth Prayers: To have a happy, healthy and safe summer

Pray for the Departed: Joan Brancato; Jenny Thigpen; Tom Brous; Geraldine Hawley; Bush Helzberg; Juliana Dyson Smith; Kay Sloan; for all who have died from gun violence

Diocesan Prayer Cycle: St. Philip's Episcopal Church, Joplin, The Rev. Ted Estes, Interim Rector; Communications Committee

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

July 23

Susan Ahn
Jonathan Kemper
Isaac Pasley
Heather Shore
Grace Sparks-Towner

July 24

Elin Johnson
Al Schneider

July 26

Alex Cornwell
Arianne & Ron Fortune

July 27

John Goheen
Richard Gooch
Susan Sifers

July 28

Sharon Chinnery
Mike Maiden

July 29

Sally Chapple
William Verschelden

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jtoma@kccathedral.org.

Altar Flowers



To help provide flowers for upcoming services, contact Julie Toma, jtoma@kccathedral.org.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister and Interim Children's Ministry Coordinator*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry (with committee assignments): Candace McDowell, *Senior Warden*, candylemc@att.net (Finance, Budget); Michael Thomas, *Junior Warden*, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)

Adults

Sunday

Adult Formation • 9:15 a.m.

July 16, 23, 30, August 6 • Common Room

We refer to the Gospel of Matthew as the Gospel of the Church, or assembly, because it deals with the gathering of God's people to worship as the Church. In this short course we'll take a look at the structure of the Gospel, when and by whom it was written, and what it means to us today.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Wednesday

Learning to Pray: A Guide for Everyone

June 7–August 30 • 6:30–8 p.m.

Please join us in the study of Fr. James Martin's New York Times bestselling book, *Learning to Pray: A Guide for Everyone*. This insightful book offers many new concepts and activities that will empower us to grow in our prayer life and our personal relationship with Christ.

We will meet in the Multipurpose Room in Founders' Hall. Please contact Dan Welch at welchdanno@aol.com if you are planning to attend the class or if you are unable or prefer to not drive at night, so that arrangements can be made.

Zoom information is available at our website.

Children

Formation Class • 9:15 a.m.

Children's Formation will take a break over the summer. Watch for details about fall programming in August.

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, childrensformation@kccathedral.org.

Youth & College



Questions? Contact Clare, cstern@kccathedral.org.

Summer Music Series—Save the Date!

August 6, 13, 20, 27 • 2 p.m.

August 6: Music for Soprano, Harpsichord, and Organ

August 13: The Saint Joseph Woodwind Quintet

August 20: Haydn: The Creation

August 27: French Organ Music Festival (CIC)



All things...Episcopal Podcast

Members of the Campus Ministry Commission have begun reaching out to college students and young adults in a new way with a weekly podcast which launched April 13. The purpose of All Things Episcopal is to create a platform to talk about our faith and to introduce some basics about the Episcopal Church, including why we do some of the things we do that may sometimes be a mystery (or even an obstacle) to those new to our denomination. The intended audience for this podcast is college students and young adults, especially those who may be coming from outside our faith tradition. Sessions include conversations, interviews and even an occasional sermon.

Our Hosts



The Rev. David Kendrick
St John's Episcopal Church, Springfield



The Rev. Collin Larimore
Grace Episcopal Church, Carthage



Clare Stern-Burbano
Grace & Holy Trinity Cathedral, Kansas City

We want to introduce the Episcopal Church from multiple perspectives and with different voices, utilizing social media to find out what questions students may have about who we are and what we do. Guest speakers, including college students from around our diocese, are already being scheduled for future sessions.

We do not currently have a physical presence on college campuses in our diocese, but we think podcasting offers a great opportunity to meet young adults where they are and share our faith in a way that is personal, comfortable and always accessible. We hope that these sessions will be a bridge to connect college students with local parishes and with other young adults.

Look for All Things Episcopal wherever you listen to your favorite podcasts!

allthingsepiscopal.transistor.fm



The Diocese of West Missouri Spiritual Formation Commission

presents a 3-part series

A Journey with the Desert Mystics

featuring the Rev. Brad Karelius

Part 1: The Desert Mothers
Mary of Egypt and
Amma Syncletica

Friday, August 11
6:30 p.m.–8:30 p.m.
Grace and Holy Trinity
Cathedral, Kansas City

Part 2: The Desert Fathers
Moses the Black and
Anthony the Great

Saturday, August 12
9 a.m.–11 a.m.
St. Augustine's Episcopal
Church, Kansas City

Part 3: A Desert Journey in
the 21st Century

Sunday, August 13
12:30 p.m.–2:30 p.m.
Church of the Good
Shepherd, Kansas City

Register



Announcements



Outreach: July School Supply Drive

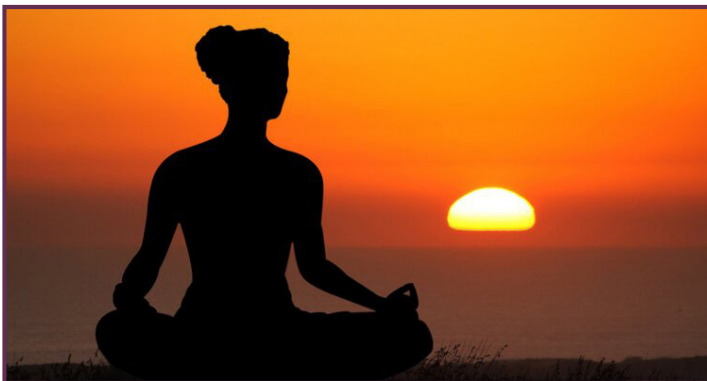
Help support the kids at Crittenton by donating school supplies. You will find a list of needed supplies at [kccathedral.org/outreach](https://www.kccathedral.org/outreach). You can drop the school supplies in the box in the tower by Sunday, July 30.



Northwest-Metro Deanery Picnic

Saturday, July 29 • Noon

Please join us for the Northwest-Metro picnic at Grace and Holy Trinity Cathedral at noon on Saturday, July 29. The Deanery will provide hotdogs, hamburgers, and condiments, and asks that those attending bring sides and desserts, as each is able. One hope for this event is that as many Episcopalians as possible from across the deanery might gather to connect, so please plan to join us. To help us ensure we have enough food and refreshments for everyone please RSVP by Wednesday, July 26. Visit spirit.diowestmo.org/2023/06/northwest-metro-deanery-picnic-2023 for more details and to register.



The Doctrine of Discovery

Presented by Bradley Hauff

August 5, 2023
11 a.m. - 4 p.m.

Grace and Holy Trinity Cathedral
415 W. 13th St. Kansas City, Missouri, 64105

Lunch will be provided



The Doctrine of Discovery

Saturday, August 5 • 11 a.m.–4 p.m.

The Rev. Bradley Hauff, the Indigenous Missioner for the Episcopal Church, comes to Kansas City to discuss the connection between Indigenous people, Christianity and the Episcopal church. Lunch will be provided. Register on the Diocesan Facebook event page, facebook.com/events/586344833649644.



Raja Yoga Prayer Practice

Wednesday, August 2 • 6 p.m.

Raja Yoga is a practice of contemplation and experience which helps engage our being with the holy presence. This prayer practice seeks to integrate Raja Yoga philosophy and Christian theology in a way that honors both. This will be a breathwork and seated practice, not a pose (Hatha) practice. Dress comfortably, no equipment needed. All are welcome. Questions? Contact Clare, cstern@kccathedral.org.