GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



The Eighteenth Sunday after Pentecost October 1, 2023 • 8 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Thank you for your generosity.



HOLY EUCHARIST

Voluntary: Offertoire César Franck

The Word of God

OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

Presider Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse

the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and

worthily magnify your holy Name; through Christ our Lord. Amen.

* GLORIA page 356

All Glory to God in the highest,

and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks,

we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father. Amen.

* Collect of the Day

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Ezekiel 18:1-4,25-32

Lector

The word of the Lord came to me: What do you mean by repeating this proverb concerning the land of Israel, "The parents have eaten sour grapes, and the children's teeth are set on edge"? As I live, says the Lord God, this proverb shall no more be used by you in Israel. Know that all lives are mine; the life of the parent as well as the life of the child is mine: it is only the person who sins that shall die.

Yet you say, "The way of the Lord is unfair." Hear now, O house of Israel: Is my way unfair? Is it not your ways that are unfair? When the righteous turn away from their righteousness and commit iniquity, they shall die for it; for the iniquity that they have committed they shall die. Again, when the wicked turn away from the wickedness they have committed and do what is lawful and right, they shall save their life. Because they considered and turned away from all the transgressions that they had committed, they shall surely live; they shall not die. Yet the house of Israel says, "The way of the Lord is unfair." O house of Israel, are my ways unfair? Is it not your ways that are unfair?

Therefore I will judge you, O house of Israel, all of you according to your ways, says the Lord God. Repent and turn from all your transgressions; otherwise iniquity will be your ruin. Cast away from you all the transgressions that you have committed against me, and get yourselves a new heart and a new spirit! Why will you die, O house of Israel? For I have no pleasure in the death of anyone, says the Lord God. Turn, then, and live.

The Word of the Lord.

People

Thanks be to God.

Psalm 25:1–8 read alternating by **half** verse

page 614

To you, O Lord, I lift up my soul; my God, I put my trust in you; *

let me not be humiliated, nor let my enemies triumph over me.

Let none who look to you be put to shame; *

let the treacherous be disappointed in their schemes.

Show me your ways, O Lord, *

and teach me your paths.

Lead me in your truth and teach me, *

for you are the God of my salvation; in you have I trusted all the day long.

Remember, O Lord, your compassion and love, *

for they are from everlasting.

Remember not the sins of my youth and my transgressions; *

remember me according to your love and for the sake of your goodness, O Lord.

Gracious and upright is the Lord; *

therefore he teaches sinners in his way.

He guides the humble in doing right *

and teaches his way to the lowly.

Second Lesson: Philippians 2:1-13

Lector

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus,

who, though he was in the form of God, did not regard equality with God as something to be exploited,

but emptied himself, taking the form of a slave, being born in human likeness.

And being found in human form, he humbled himself and became obedient to the point of death-even death on a cross.

Therefore God also highly exalted him and gave him the name that is above every name,

so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth,

and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Therefore, my beloved, just as you have always obeyed me, not only in my presence, but much more now in my absence, work out your own salvation with fear and trembling; for it is God who is at work in you, enabling you both to will and to work for his good pleasure.

The Word of the Lord

People Thanks be to God.

* The Holy Gospel: Matthew 21:23–32

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Deacon

When Jesus entered the temple, the chief priests and the elders of the people came to him as he was teaching, and said, "By what authority are you doing these things, and who gave you this authority?" Jesus said to them, "I will also ask you one question; if you tell me the answer, then I will also tell you by what authority I do these things. Did the baptism of John come from heaven, or was it of human origin?" And they argued with one another, "If we say, 'From heaven,' he will say to us, 'Why then did you not believe him?' But if we say, 'Of human origin,' we are afraid of the crowd; for all regard John as a prophet." So they answered Jesus, "We do not know." And he said to them, "Neither will I tell you by what authority I am doing these things.

"What do you think? A man had two sons; he went to the first and said, 'Son, go and work in the vineyard today.' He answered, 'I will not'; but later he changed his mind and went. The father went to the second and said the same; and he answered, 'I go, sir'; but he did not go. Which of the two did the will of his father?" They said, "The first." Jesus said to them, "Truly I tell you, the tax collectors and the prostitutes are going into the kingdom of God ahead of you. For John came to you in the way of righteousness and you did not believe him, but the tax collectors and the prostitutes believed him; and even after you saw it, you did not change your minds and believe him.

The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon

* The Nicene Creed page 358

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven:

by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

* Prayers of the People, Form I

page 383

Intercessor With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

Intercessor For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray

to the Lord.

People Lord, have mercy.

Intercessor For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples,

let us pray to the Lord.

People Lord, have mercy.

Intercessor For Diane, our Bishop, and for all the clergy and people, let us pray to the Lord.

People Lord, have mercy.

Intercessor For Joe, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

People Lord, have mercy.

Intercessor For this city for every city and community, and for those who live in them, let us pray to the Lord.

People Lord, have mercy.

Intercessor For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to

the Lord.

People Lord, have mercy.

Intercessor For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to

the Lord.

People Lord, have mercy.

Intercessor For those on our Cathedral prayer list, and for any others,

Silence.

let us pray to the Lord.

People Lord, have mercy.

Intercessor For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and

for all who remember and care for them, let us pray to the Lord.

People Lord, have mercy.

Intercessor For all who have died in the hope of the resurrection, and for all the departed,

Silence.

let us pray to the Lord.

People Lord, have mercy.

Intercessor For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

People Lord, have mercy.

Intercessor That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the

Lord.

People Lord, have mercy.

In the communion of all the saints, let us commend ourselves, and one another, and all our life, to

Christ our God.

People To thee, O Lord our God.

Silence.

The Presider adds a concluding Collect.

Confession and Absolution

page 360

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,

we confess that we have sinned against you

in thought, word, and deed, by what we have done,

and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen

you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

* The Peace page 360

Presider The peace of the Lord be always with you.

People And also with you.

Announcements

CELEBRATION PRAYER page 830

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin

another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

Offertory Sentence page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God. Ephesians 5:2

* Offertory Hymn: Wonder, Love, and Praise 734 "You laid aside your rightful reputation"



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Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty,

Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of

heaven, who for ever sing this hymn to proclaim the glory of your Name:

All Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Presider Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into

sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father

of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect

sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body,

which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for

the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All Christ has died.

Christ is risen.

Christ will come again.

Presider We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving.

Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your

saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the

Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,

hallowed be thy Name, thy kingdom come, thy will be done,

on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

* Breaking of the Bread page 364

Presider Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed

on him in your hearts by faith, with thanksgiving.

Communion page 365

All are welcome to receive communion or a blessing.

Intinction of wafers and the common cup are both available at the altar rail.

For gluten-free bread, cross your hands palms down. For a blessing, cross your hands over your chest.

* Postcommunion Prayer

page 365

Presider Let us pray.

People Eternal God, heavenly Father,

you have graciously accepted us as living members

of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage

to love and serve you

with gladness and singleness of heart; through Christ our Lord. Amen.

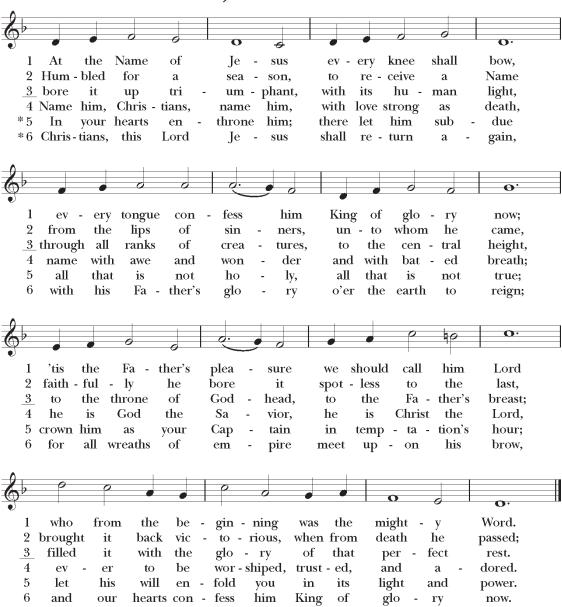
* THE BLESSING

* DISMISSAL

Following the dismissal,

People Thanks be to God.

* Closing Hymn: 435 "At the Name of Jesus"



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Voluntary: Fantasia in G major, op. 188

Charles Hubert Hastings Parry

Serving Today

Presider & Preacher The Very Rev. Dr. Andrew C. Keyse

Deacon The Rev. Barbara Wegener

Eucharistic Minister Nick Smith
Usher Kim Smith
Altar Guild Vangie Rich

Organists Dr. Paul Meier, Dr. Lucas Fletcher

Welcome!

Today we welcome Dr. Lucas Fletcher as he joins the Cathedral staff as the Associate Organist. You are invited to greet Lucas after the 10:30 a.m. service at coffee hour in Founders' Hall.

Lucas was previously the Director of Music Ministry at St. George's Episcopal Church in Germantown, Tennessee. Lucas is a native of Alton, Illinois, and holds Organ Performance degrees from Illinois Wesleyan University (B.M.) and Indiana University Jacobs School of Music (M.M. and D.M.). His doctoral project dealt with the restoration and conservation of historic pipe organs. In addition to his work stateside, Lucas has studied and performed on historic organs across Europe. As a fourth-generation church musician, Lucas is passionate about sacred music and sacred art. When not focusing on these areas, Lucas enjoys a number of cultural interests including art, architecture (especially religious architecture), history, cuisine and a variety of scientific interests. His wife, Courtney, was recently appointed Assistant Professor of Voice at the University of Kansas, and she and Lucas will be living in Lawrence. When time permits, Lucas and Courtney enjoy spending time outdoors and sharing good food.



Cathedral Prayer List

Pray for: Bob Myhren; Joyce Liming; David Myers; Diane and Dave Barker; Sally Chapple; Pete Fortner; Margaret Brogdon; Archer Wegener; Ann Ryder; Mike Barzee & Family; Peggy & Dennis and family; Lili Eichman; the Anthony Family; Ellen Spake; Charlotte Colburn; Robert Verburg; Denny E; Mike Guidry; Chase Sutton; Tammy Harvin; Richard Linton; Jim Royer; Lisa Loe; Pat Miller; Wendy Graae; Sammy Sutton; Larry and Pat Martin; Kathy and Jim; Jan Wray and Family; Scott Weir; Jim and Phyllis Shaffer; Gloria Stocks; Thaddeus Samuel Withers; Bonita White; Doyle White; all families affected by gun violence; First Responders

Comfort and Peace: the Web family; the Frizzle family; Melissa Kilpatrick and family; the Gonzalez family; the Smith family; the Crumrine family; the Miller family; the Self family; Janet Sweeting & family; Ruth Rhinehart & family; the Brancato family; the Brous family; the Thigpen family

Children & Youth Prayers: For my loved one that has cancer; For my cousins that they come to Church next week/time when I am here.; Excitement and gratitude for water parks; For my fantasy football team to win.; The safe arrival of my future mother-in-law/mom (x2); Chelsea wins; Final wedding details come together; My brother; For anyone that feels alone and/or suffering in body, mind, and/or spirit.

Pray for the Departed: Don Webb; Jan Frizzle; Brad Kilpatrick; Juan Manuel Gonzalez; Pastor Mark E. Smith; Robert Crumrine; Harley Miller; Hank Self; Joanne Repass Jones; Joan Brancato; Tom Brous; Jenny Thigpen; for all who have died from gun violence

Diocesan Prayer Cycle: Trinity Episcopal Church, Lebanon, The Rev. Jerry Miller, Priest in Charge; Diocesan Secretary - The Rev. Donna Stanford

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, **bwegener@kccathedral.org**.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

October 2

Nova Kretsinger Rebecca Rezaei

October 3

Janet & Ric Sweeting

October 4

Gibralter Hemingway

October 5

Zach Janky

Bryant Johnson Karen Meek Jimmie Sparks

Chris & Stephanie Newton

October 6

Charlotte Kemper

October 7

Kris Kemper Tyler Schmidt

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or **jtoma@kccathedral.org**.

Today's Flowers

are given to the Glory of God and ...

in thanksgiving for our anniversary — Ric & Janet Sweeting

in celebration of our wedding — Sophie Wetzler and Dante Pennipede

Donations of any amount toward the weekly flowers can be given by anyone who wants to acknowledge special events or people in their lives.

See kccathedral.org/flowers for more information or contact Julie Toma, jtoma@kccathedral.org.



Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. Barbara Wegener, Deacon; Dr. Paul Meier, Director of Music; Clare Stern-Burbano, Youth & College Minister and Interim Children's Ministry Coordinator; Julie Toma, Cathedral Administrator; Melissa Kilpatrick, Communications Coordinator; Holly Campbell, Events Coordinator; Steve Berman, Finance Coordinator; Joan Bergstrom, Sacristan & Volunteer Coordinator; Angie Graham, Property Manager; Mike Guidry, Assistant Property Manager; The Very Rev. Peter J. DeVeau, Dean Emeritus; Canon John Schaefer, Canon Musician Emeritus

The Vestry (with committee assignments): Candace McDowell, Senior Warden, candyleemc@att.net (Finance, Budget); Michael Thomas, Junior Warden, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, Treasurer; Valerie Johnson, Clerk (Social Outreach); Steve Moore, Chancellor. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)

Adults

Sunday

Adult Formation: Discussions with the Dean 9:15 a.m. • Common Room

Please come join with Dean Andy as we develop topics for deeper discussion and conversation. Who knows where the Spirit will lead us?

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit **kccathedral.org/other-activities**.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, **kccathedral. org/adultformation/wbs** for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, **kccathedral.org/adultformation/lbs** for more details.

Wednesday

Speaking the Truth In Love: Understanding and Acceptance of Transgender Children

Wednesdays, September 27, October 4, 11, 18 6:30–7:45 p.m. • Founders' Hall Presented by the Very Rev. Dr. Andrew C. Keyse and Beth Keyse

Beth and Andy Keyse will share their ongoing journey of walking with their transgender child and what they learned along the way. We'll discuss learning a new vocabulary, challenging our own mindsets, finding the truth, and responding in a Christ-like way. All are welcome.

You may register through the link on at **kccathedral.org/** william-jewell-partnership. Cathedral members may use the coupon code **GRACE** to register free-of-charge.

Children

Formation Class • 9:15 a.m.

Join us for formation hour and wonder about God with your friends and teachers and hear sacred stores as told with the help of Godly Play resources!

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's promises curriculum! Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Come join the fun!

Questions? Contact Clare, **childrensformation@kccathedral.org** for more information.

Youth & College

Come join us for regular youth programs.

Youth Formation—9:15 a.m. with light breakfast options

Worship—10:30 a.m.

Youth Group at 6 p.m. Dinner is provided!

Questions? Contact Clare, cstern@kccathedral.org.



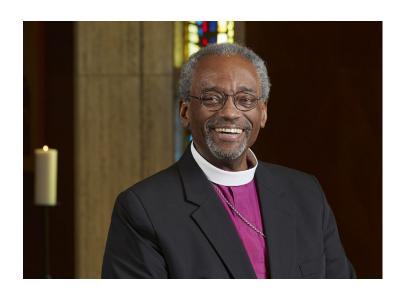
Presiding Bishop out of ICU

Presiding Bishop Michael Curry underwent a scheduled surgery Wednesday, September 20 to remove his right adrenal gland and an attached mass, which was identified as the source of two prior instances of internal bleeding.

Bishop Curry spent a few days in the intensive care unit of the hospital and was moved from the ICU to a standard hospital room Sunday, September 24. He will continue his recovery there.

Updates will be provided as more information becomes available.

Please continue to uphold Bishop Curry, his family, and his whole medical team in your prayers.





Members of the Campus Ministry Commission have begun reaching out to college students and young adults in a new way with a podcast, All Things Episcopal. The purpose of All Things Episcopal is to create a platform to talk about our faith and to introduce some basics about the Episcopal Church, including why we do some of the things we do that may sometimes be a mystery (or even an obstacle) to those new to our denomination. We want to introduce the Episcopal Church from multiple perspectives and with different voices, utilizing social media to find out what questions students may have about who we are and what we do. We think podcasting offers a great opportunity to meet young adults where they are and share our faith in a way that is personal, comfortable and always accessible. We hope that these sessions will be a bridge to connect college students with local parishes and with other young adults.

Look for All Things Episcopal wherever you listen to your favorite podcasts!

allthingsepiscopal.transistor.fm



Community Conversations

Sing Most Anything

Saturday, October 21 • 10 a.m.-12 p.m. Founders' Hall

Community Conversations uses opera to discover our shared humanity, on and off the stage. The Lyric Opera of Kansas City invites the culturally curious to explore the "here and now" implications of productions in a series of free events featuring live music and stimulating conversation. No prior opera knowledge needed!

The von Trapp family's real-life story extends beyond what we see in *The Sound of Music*. After touring the United States, they settled in Vermont where they led Austrian-inspired sing weeks, uniting families through choral repertoire. In this spirit, lend your singing voice and join us in learning one of these sacred pieces. All musical levels and observers are welcome. There's no pressure here, and we'll even provide resources in advance! This free event includes coffee, snacks, and a concluding sing-along of favorites from *The Sound of Music*.

Registration link at kccathedral.org/musicevents.

Announcements

Food & Friends Groups

Food & Friends Groups are for members of the Cathedral to get to know each other better in a casual way. Groups meet about once a month at a time and place that is convenient for the members. The group meeting period is November-March.



You will be matched with other parishioners in a group of 6-8 people. Everyone is welcome to sign up to be in a group! Sign up sheets are in the back of the Nave or signup online: kccathedral.org/upcoming-events.

Outreach: Trick-or-Treat so Others Can Eat Food Drive

During the month of October we will be collecting shelf stable food that will be donated to local food pantries.



Raja Yoga Prayer Practice Wednesday, October 4 • 6 p.m.

Raja Yoga is a practice of contemplation and experience which helps engage our being with the holy presence. This prayer practice seeks to integrate Raja Yoga philosophy and Christian theology in a way that honors both. This will be a



breathwork and seated practice, not a pose (Hatha) practice. Dress comfortably, no equipment needed. All are welcome. Questions? Contact Clare, cstern@kccathedral.org.

Blessing of the Animals Saturday, October 7 • 11 a.m.

Bring your dog, cat, rabbit, turtle or any other pet to our Blessing of the Animals! We gather on the north lawn for a short service, blessing of each animal, and some pet and people treats. Please make sure your pet is appropriately leashed/ restrained.



Blessing of the Stuffed Animals

Sunday, October 8 • 10:30 a.m. (during Cathedral Kids)

All animals should be blessed since they bring comfort and joy. Bring your favorite stuffed animals to Church and Fr. David Wilcox, Youth Missoner for the Diocese of West Missouri will bless it during Cathedral Kids.



Rite of Healing

Sunday, October 15 • 8 & 10:15 a.m.

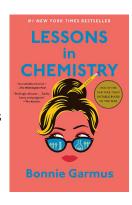
During both morning services, the layingon-of-hands and anointing for healing will be offered for those desiring it. We observe this sacramental rite annually on the Sunday closest to the feast of St. Luke the Physician, October 18.



Readers Book Club

Sunday, October 15 • 11:30 a.m. Founders' Hall Multipurpose Room

The Readers Book Club focuses on reading and discussing current books in a relaxed setting at the Cathedral. At this first meeting, bring book titles/authors vou would like to recommend for the group. Lessons in Chemistry by Bonnie Garmus.



Evensong

Sunday, October 15 • 5 p.m.

Please come prayerfully listen as the choir offers this wonderful service of sung Evening Prayer from the 1662 Book of Common Prayer. Following the service, you are welcome to receive communion in the chapel.





If you weren't able to make it to the Ministry Fair, it's not too late to learn more about Cathedral ministries and how you can be involved. Visit kccathedral.org/volunteer for ministry descriptions or to indicate your interest in serving.