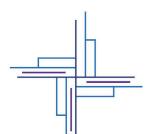
Grace and Holy Trinity EPISCOPAL CATHEDRAL



CHORAL EVENSONG The First Sunday in Lent February 18, 2024 • 5 p.m.



Episcopal Relief & Development Sunday A Day to Remember Those in Need

Congregations are invited to observe Episcopal Relief & Development Sunday on the first Sunday in Lent or another convenient Sunday. This year Episcopal Relief & Development Sunday officially falls on February 18, 2024.

At the 2009 General Convention, Lent was officially designated as a time to encourage dioceses, congregations and individuals to remember and support the life-saving work of Episcopal Relief & Development. We invite all Episcopalians to join together on Episcopal Relief & Development Sunday, and throughout the Lenten season, to pray for those living in need.

Each year, Episcopal Relief & Development facilitates healthier, more fulfilling lives for more than 3 million people around the world struggling with hunger, poverty, disaster and disease. The organization works with Anglican partners to create long-term development strategies focused on delivering results in three signature program areas: **Women**, **Children** and **Climate**.

- Our work with **Women** focuses on helping communities promote the rights of women and children and move toward the vision that everyone deserves a life free from violence.
- Our work with **Children** supports and protects kids under six so they reach appropriate health and developmental milestones.
- Our **Climate**-related work focuses on how families and communities can work together to adapt to the effects of rapidly changing weather patterns.

In addition, our **US Disaster Program** offers critical resources and training to help people prepare for disasters and provide emergency support so vulnerable communities can make a full and sustained recovery.

Visit www.episcopalrelief.org to learn more about our programs for women, children and climate.

Sow Seeds of Lasting Change

Your generous contribution will strengthen communities and make a lasting difference in fighting poverty, hunger, disease and disasters around the world.

Please make checks payable to Episcopal Relief & Development

Mail to: P.O. Box 7058

Merrifield, VA 22116-7058

Donate online: www.episcopalrelief.org/donate



Welcome! We are glad you are here.

• If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.



- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.

Service Notes

- Page numbers listed are from The Book of Common Prayer.
- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Thank you for your generosity.



Voluntary: Prélude funèbre

PRECES

Louis Vierne

Richard Ayleward

Officiant O Lord, open thou our lips.

Choir And our mouth shall show forth thy praise.

Officiant O God, make speed to save us. Choir O Lord, make haste to help us.

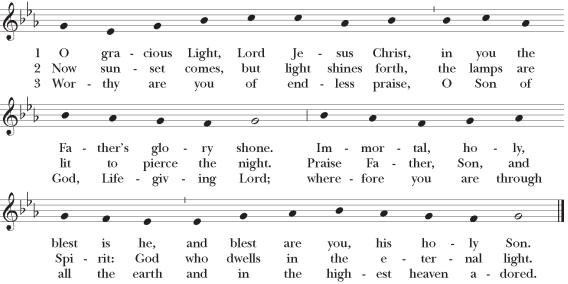
Officiant Glory be to the Father, and to the Son, and to the Holy Ghost.

Choir As it was in the beginning, is now, and ever shall be, world without end. Amen.

Officiant Praise ye the Lord.

Choir The Lord's Name be praised.

* Нуми: 26 "O gracious Light, Lord Jesus Christ"



Words: Greek, 3rd cent.; tr. F. Bland Tucker (1895–1984); para. of O Gracious Light. Music: Conditor alms siderum, plainsong, Mode 4. All Rights Reserved. Reprinted under One License.net #A-710278.

Psalm 63 sung by the choir; chant by Ivor Algernon Atkins

O God, thou art my God; *

early will I seek thee.

My soul thirsteth for thee, my flesh also longeth after thee, *

in a barren and dry land where no water is.

Thus have I looked for thee in the sanctuary, *

that I might behold thy power and glory.

For thy loving-kindness is better than the life itself: *

my lips shall praise thee.

As long as I live will I magnify thee in this manner, *

and lift up my hands in thy Name.

My soul shall be satisfied, even as it were with marrow and fatness, *

when my mouth praiseth thee with joyful lips.

Have I not remembered thee in my bed, *

and thought upon thee when I was waking?

Because thou hast been my helper; *

therefore under the shadow of thy wings will I rejoice.

My soul hangeth upon thee; *

thy right hand hath upholden me.

These also that seek the hurt of my soul, *

they shall go under the earth.

Let them fall upon the edge of the sword, *

that they may be a portion for foxes.

But the King shall rejoice in God; all they also that swear by him shall be commended; *

for the mouth of them that speak lies shall be stopped.

Lesson: Hebrews 2:10-18 (KJV)

Lector

For it became him, for whom are all things, and by whom are all things, in bringing many sons unto glory, to make the captain of their salvation perfect through sufferings.

For both he that sanctifieth and they who are sanctified are all of one: for which cause he is not ashamed to call them brethren,

Saying, I will declare thy name unto my brethren, in the midst of the church will I sing praise unto thee.

And again, I will put my trust in him. And again, Behold I and the children which God hath given me.

Forasmuch then as the children are partakers of flesh and blood, he also himself likewise took part of the same; that through death he might destroy him that had the power of death, that is, the devil;

And deliver them who through fear of death were all their lifetime subject to bondage.

For verily he took not on him the nature of angels; but he took on him the seed of Abraham.

Wherefore in all things it behoved him to be made like unto his brethren, that he might be a merciful and faithful high priest in things pertaining to God, to make reconciliation for the sins of the people.

For in that he himself hath suffered being tempted, he is able to succour them that are tempted.

The Word of the Lord.

People Thanks be to God.

* Magnificat

Third Service

Philip Moore

My soul doth magnify the Lord,

and my spirit hath rejoiced in God my Savior.

For he hath regarded

the lowliness of his handmaiden.

For behold from henceforth

all generations shall call me blessed.

For he that is mighty hath magnified me,

and holy is his Name.

And his mercy is on them that fear him

throughout all generations.

He hath showed strength with his arm;

he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat,

and hath exalted the humble and meek.

He hath filled the hungry with good things,

and the rich he hath sent empty away.

He remembering his mercy hath holpen his servant Israel,

as he promised to our forefathers, Abraham and his seed for ever.

Glory be to the Father and to the Son and to the Holy Ghost; *

as it was in the beginning, is now, and ever shall be, world without end. Amen.

LESSON: John 12:44-50 (KJV)

Lector

Jesus cried and said, He that believeth on me, believeth not on me, but on him that sent me.

And he that seeth me seeth him that sent me.

I am come a light into the world, that whosoever believeth on me should not abide in darkness.

And if any man hear my words, and believe not, I judge him not: for I came not to judge the world, but to save the world.

He that rejecteth me, and receiveth not my words, hath one that judgeth him: the word that I have spoken, the same shall judge him in the last day.

For I have not spoken of myself; but the Father which sent me, he gave me a commandment, what I should say, and what I should speak.

And I know that his commandment is life everlasting: whatsoever I speak therefore, even as the Father said unto me, so I speak.

The Word of the Lord.

People Thanks be to God.

* Nunc Dimittis

Third Service

Philip Moore

Lord, now lettest thou thy servant depart in peace,

according to thy word;

For mine eyes have seen thy salvation,

which thou hast prepared before the face of all people,

To be a light to lighten the Gentiles,

and to be the glory of thy people Israel.

Glory be to the Father and to the Son and to the Holy Ghost; *

as it was in the beginning, is now, and ever shall be, world without end. Amen.

* APOSTLES' CREED chanted on a monotone

All I believe in God, the Father almighty, maker of heaven and earth;

And in Jesus Christ his only Son our Lord;

who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried.

He descended into hell.

The third day he rose again from the dead.

He ascended into heaven, and sitteth on the right hand of God the Father almighty.

From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost,

the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

* PRAYERS

Officiant The Lord be with you; Choir And with thy spirit.

Officiant Let us pray.

Lord, have mercy upon us.

Choir Christ, have mercy upon us. Lord, have mercy upon us.

* LORD'S PRAYER chanted on a monotone

All Our Father, which art in heaven,

Hallowed be thy Name,

thy kingdom come, thy will be done,

in earth as it is in heaven.

Give us this day our daily bread, and

forgive us our trespasses,

as we forgive them that trespass against us.

And lead us not into temptation, but deliver us from evil. Amen.

* Responses

Officiant O Lord, show thy mercy upon us.

Choir And grant us thy salvation.

Officiant O Lord, save the state.

Choir And mercifully hear us when we call upon thee.

Officiant Endue thy ministers with righteousness.

Choir And make thy chosen people joyful.

Officiant O Lord, save thy people.

Choir And bless thine inheritance.

Officiant Give peace in our time, O Lord.

Choir Because there is none other that fighteth for us, but only thou, O God.

Officiant O God, make clean our hearts within us.

Choir And take not thy Holy Spirit from us.

* Collect of the Day

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. Amen.

* COLLECT FOR PEACE

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give, that our hearts may be set to obey thy commandments, and also that by thee, we, being defended from the fear of all enemies, may pass our time in rest and quietness; through the merits of Jesus Christ our Savior. Amen.

* Collect for Aid against Perils

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Savior Jesus Christ. Amen.

Anтнем: "Beautiful Savior"

Text: Münster Gesangbuch (1677); translator: Joseph A. Seiss

arr. David Angerman

Beautiful Savior, King of creation, Son of God and Son of Man! Truly I'd love Thee, truly I'd serve Thee, Light of my soul, my joy, my crown.

Fair is the sunshine, Fair is the moonlight, Bright the sparkling stars on high; Jesus shines brighter, Jesus shines purer Than all the angels in the sky.

Beautiful Savior, Lord of all nations, Son of God and Son of Man! Glory and honor, praise, adoration, Now and forevermore be Thine!

* THE PRAYERS

All

* Prayer of St. Chrysostom

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee, and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. Amen.

* Нуми: 672 "O very God of very God"



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* THE GRACE

Voluntary: Postlude pour l'Office de Complies, JA 29

Jehan Alain

Holy Eucharist will be offered in the chapel for those who would like to partake.

Serving Today	
Officiant	The Very Rev. Dr. Andrew C. Keyse
Lector	Clare Stern-Burbano
Usher	Nigel Jones
Musicians	The Trinity Choir Dr. Paul Meier Dr. Lucas Fletcher

Cathedral Prayer List

Pray for: Phyllis & James Shaffer; Mark Bontrager; Aiden; the Biellier Family; Nelda Leon; David Hayes; Brend and Lili Eichman; Ann Ryder; the Dollar family; Joyce Morrow; Charles and Nancy Riley; Kevin Oetting; Cathy Davis; Randal Loy; Lynn Schneider; Loretta Paskor; Dana and Allen Kronas; Barbara; Ashley Guy; Terry Van Gorp; Tammy Harvin; Sammy Sutton; Margaret Brogdon; Betty Loy; Thaddeus Samuel Withers; Mike Barzee & Family; Jim Royer; Jeri Hatteberg; Gloria Stocks; First Responders; Doyle White; Charlotte Colburn; Bonita White; Anna Marie; Jinny McCoy

Comfort and Peace: the Morrision family; the Sailer family and the friends, families and staff of Operation Breakthrough; Davina and the Reed family; Ellen and the Spake family; the East family; the Richards family; the England family; Jane Van Gorp & family; Nigel Jones & the Willcock family; the Crum family; all families affected by qun violence

Pray for the Departed: Julia Kelly Rucci; Sgt. Breonna Moffett; Sgt.Kennedy Sanders; Sgt. William Rivers; Karen Danna; Grayson O'Connor; Sister Berta Sailer; Brent Spake; Mtr. Emily Richards; John Willcock; Linda England; Lou Harwell; Miss Kitty Robker; Mtr. Emily Richards; Perry Gethner; Robert F. East; Terry Van Gorp; Zan Crum; for all those lost in war; for all who have died from gun violence

Diocesan Prayer Cycle: All Saints Episcopal Church, West Plains—The Rev. Dr. James Harris, Jr., Priest in Charge; Property Committee

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, **bwegener@kccathedral.org.**Requests are held in prayer for 90 days.

Birthdays & Anniversaries

February 18

Penny Citro Mattie Ransom

February 19

Mark Galus Phineas Gitta Jeri Gore

February 20

Bruce Reed

February 21

Michael Wells

February 22

Brad Carter Abby Moore Julie Proffitt Marie Whitacre

February 23

Maryvec Hemingway Larry & Pat Martin

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or **jtoma@kccathedral.org**.

Weekly Flower Donations

Donations toward the weekly flowers can be given by anyone who wants to acknowledge special events or people in their lives. Gifts are accepted in any amount. You can mail a check to the Cathedral office, put your

donation in a flower envelope and place in the offering or make a payment through our online payment site.

See kccathedral.
org/flowers for more
information or contact
Julie Toma, jtoma@
kccathedral.org.



Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. W. James Yazell, Associate Priest; The Rev. Barbara Wegener, Deacon; Dr. Paul Meier, Director of Music; Dr. Lucas Fletcher, Associate Organist; Clare Stern-Burbano, College, Youth & Children's Minister; Julie Toma, Cathedral Administrator; Melissa Kilpatrick, Communications Coordinator; Holly Campbell, Events Coordinator; Steve Berman, Finance Coordinator; Dr. Joan Bergstrom, Sacristan & Volunteer Coordinator; Angie Graham, Facility Manager; Bianca Jackson, Assistant Facility Manager; The Very Rev. Peter J. DeVeau, Dean Emeritus; Canon John Schaefer, Canon Musician Emeritus

The Vestry: Steve Moore, Senior Warden, smoore@rdm.law; Valerie Johnson, Junior Warden, johnson_jb@hotmail.com; Chip Buckner, Treasurer; Blain Lagergren, Clerk; Julie Brogno; Sharon Cheers; Sara Copeland; Pat Decker; Nigel Jones; Paula Livingston-Lewis; Mathias Nichols; Charles Shipley; Michael Thomas

Adult Formation

Sunday

Anglican Spiritual Practices

Sundays in Lent • 9:15 a.m. • Common Room

Lent is an especially opportune time to reconnect with God, to remove distractions, and to take on new spiritual practices. We will have several opportunities for this work together. On Sundays during Lent, we will have workshops on Anglican Spiritual



Practices. This will be a time to learn about the foundational practices of our faith tradition, to try them out for yourself, and to then reflect on and discuss the experience with one another.

Adult Confirmation/Inquirers Class

Sundays • 9:15 a.m. • Multipurpose Room

This class is for any adult seeking confirmation, reaffirmation, reception, or simply wanting to know more about the Episcopal Church. Bishop Diane will be with us to Confirm/Reaffirm/Receive at the Easter Vigil on March 30. I look forward to seeing you there.



Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit **kccathedral.org/other-activities**.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, **kccathedral. org/adultformation/wbs** for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, **kccathedral.org/adultformation/lbs** for more details.

Youth & College

Come join us for regular youth programs.

Youth Formation—9:15 a.m. with light breakfast options Worship—10:30 a.m.

Youth Group at 6 p.m. Dinner is provided!

Questions? Contact Clare, cstern@kccathedral.org.

Children

Formation Class • 9:15 a.m.

Join us for formation hour and wonder about God with your friends and teachers and hear sacred stores as told with the help of Godly Play resources!

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum! Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare.

childrensformation@kccathedral.org for more information.



In an effort to getting children more comfortable and involved in worship services, we are starting what we call Family Worship Weekends. This means that rather than having Cathedral Kids, after the formation hour at 9:15, parents/guardians/caregivers will come pick their child up from Haden at 10:15 am and worship together as a family.

We have added items (Pew Boxes) that will be placed in the back of the Nave for these Family Worship Weekends. Some of the item's children can take home, some we will ask that you leave in the box.

If you have any questions, please contact Clare (cstern@kccathedral.org)

COLLEGE AND YOUNG ADULT COMMISSION

College and Young Adult Retreat

FEBRUARY 24, 2024

On February 24, the College and Young Adult Commission is hosting a retreat at St. Augustine's Episcopal Church from 10 a.m. to 4:30 p.m.

Come take some time to rest, rejuvenate, and renew your spiritual life with other college and young adults in the diocese. There will be time for individual and corporate prayer, fellowship, and workshops. Lunch, coffee/tea, and snacks and SWAG provided.

Anyone 40 and under is encouraged to join. Register at diowestmo.org/college-and-young-adult-retreat.

Calling All Ringers!



The Trinity Handbell Ensemble will be meeting for three to four rehearsals before ringing at a service in Eastertide. If you have ever wanted to ring handbells, this is a great time to try it out!

For more information, please contact Paul Meier at pmeier@kccathedral.org or 816.214.9928.

Announcements



Paper Items Drive during February

During the month of February, Outreach will be sponsoring a paper items drive for the residents of Sheffield Place.

You may leave tissues, paper towels and toilet paper in the basket in the Tower.



Office Closed Monday, February 19 in observance of Presidents' Day.

If you have a pastoral emergency, contact Dean Andy at 256.762.5889, Father James at 816.739.2930 or Deacon Barbara at 816.739.8032.

Wednesday Lenten Classes

A Lenten Journey with the St. John's Bible

Wednesdays, February 21–March 20 6:30–7:45 p.m., followed by Compline

Join fellow travelers on a Lenten journey guided by the texts and illuminations of the *St. John's Bible* (Heritage Edition). Each week we will share insights, experiences and interpretations designed to inspire, encourage and



Crucifixion, Donald Jackson, Copyright 2002, The Saint John's Bible, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

improve individual and communal faith living.

February 21—The Journey Begins: orientation to the vision, tools, artistic teams, illuminations and texts of *St. John's Bible* and their uses for this Lenten pilgrimage.

February 28—Confronting Life's Challenges: *St. John's Bible* as a guide in self-discovery and communal awareness.

March 6—Cultivating Lives of Virtue: *St. John's Bible* as a guide for spiritual development.

March 13—Divine Guidance in Daily Living: *St. John's Bible* as a quide for recognizing God's abiding presence.

March 20—Arriving at the Destination: *St John's Bible* as a vision for transformed living.



The Book of Jonah Wednesdays, February 21—March 20 6:30—7:45 p.m., followed by Compline

We will be offering classes on Wednesday evenings in Lent, including a study of the Book of Jonah. Jonah is a short book and a familiar story but hidden within those pages are some very deep themes on the spiritual life! It will be an opportunity to see this story with fresh eyes, learn about the importance of the Old Testament, and discover what Jonah and the Whale can teach us about our own relationship with God.



Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by March 24.