

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Take Up Your Cross" by Day Williams

The Second Sunday in Lent
February 25, 2024 • 8 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: Ciacona

Georg Muffat

* PENITENTIAL ORDER

page 351

Presider Bless the Lord who forgives all our sins;
People His mercy endures for ever.

The Celebrant will add one of the sentences from page 351-352.

CONFESSION OF SIN *please kneel, as able*

page 352

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

Presider Kyrie eleison. (*Lord, have mercy.*)

People Christe eleison. (*Christ, have mercy.*)

Presider Kyrie eleison. (*Lord, have mercy.*)

The Word of God

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Genesis 17:1-7, 15-16

Lector When Abram was ninety-nine years old, the Lord appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.

God said to Abraham, "As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

The Word of the Lord.

People **Thanks be to God.**

Psalm 22:22-30 *read by alternating half verse*

page 611

Praise the Lord, you that fear him; *

stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory.

For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them; *

but when they cry to him he hears them.

My praise is of him in the great assembly; *

I will perform my vows in the presence of those who worship him.

The poor shall eat and be satisfied, and those who seek the Lord shall praise him: *

"May your heart live for ever!"

All the ends of the earth shall remember and turn to the Lord, *

and all the families of the nations shall bow before him.

For kingship belongs to the Lord; *

he rules over the nations.

To him alone all who sleep in the earth bow down in worship; *

all who go down to the dust fall before him.

My soul shall live for him; my descendants shall serve him; *

they shall be known as the Lord's for ever.

They shall come and make known to a people yet unborn *

the saving deeds that he has done.

Second Lesson: Romans 4:13–25

Lector For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become “the father of many nations,” according to what was said, “So numerous shall your descendants be.” He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah’s womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith “was reckoned to him as righteousness.” Now the words, “it was reckoned to him,” were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.
The Word of the Lord.

People **Thanks be to God.**

* THE HOLY GOSPEL: Mark 8:31–38

Gospeller The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

Gospeller Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are setting your mind not on divine things but on human things.”

He called the crowd with his disciples, and said to them, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE, FORM I

Intercessor	With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."
	For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For Michael, our Presiding Bishop; Diane, our Bishop; for the Search Committee, Transition Committee, and Consecration Committee working toward the election of a new bishop; and for all the clergy and people, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For Joe, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For this city for every city and community, and for those who live in them, let us pray to the Lord.
People	Lord, have mercy.

Intercessor	For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For those on our Cathedral prayer list, and for any others you wish to name either silently or aloud, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For all who have died in the hope of the resurrection, and for all the departed, especially those we now name, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.
People	To thee, O Lord our God.
<i>Silence.</i>	
Presider	Lord Jesus, you taught your disciples that you must undergo great suffering and be killed before rising again; grant us the strength and wisdom to be your followers and to take up our cross to follow you, this day and always. Amen.

* THE PEACE

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Presider	The peace of the Lord be always with you.
People	And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All	O God, our times are in your hand: Look with favor, we pray, on your servant(s) as <i>they</i> begin another year. Grant that <i>they</i> may grow in wisdom and grace, and strengthen <i>their</i> trust in your goodness all the days of <i>their</i> lives; through Jesus Christ our Lord. Amen.
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BISHOP SEARCH PRAYER

All O Creator God, giver of every good gift, look graciously on us in the Diocese of West Missouri and guide us as we discern our call of a new bishop. O Jesus, be present in our discernment, and lead us to a shepherd who will invite us to live out the Gospel every day. O Holy Spirit, inspire us with your wisdom, and kindle our hearts with the fire of your love, that we may be renewed as we prepare to welcome the ministry of our next bishop. This we ask trusting in You. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 675 "Take up your cross, the Savior said"



1 Take up your cross, the Sa - vior said, if
2 Take up your cross, let not its weight fill
3 Take up your cross, heed not the shame, and
4 Take up your cross, then, in his strength, and
5 Take up your cross, and fol - low Christ, nor



1 you would my dis - ci - ple be; take up your cross with
2 your weak spi - rit with a - larm; his strength shall bear your
3 let your fool - ish heart be still; the Lord for you ac -
4 calm - ly ev - ery dan - ger brave: it guides you to a -
5 think till death to lay it down; for on - ly those who



1 will - ing heart, and hum - bly fol - low af - ter me.
2 spi - rit up, and brace your heart, and nerve your arm.
3 cept - ed death up - on a cross, on Cal - vary's hill.
4 bun - dant life and leads to vic - tory o'er the grave.
5 bear the cross may hope to wear the glo - rious crown.

Words: Charles William Everest (1814-1877), alt. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. John Leon Hooker (b. 1944). All rights reserved. Reprinted under OneLicense.net #A-710278.

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Presider It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we say,

All **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel.

Presider We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.

Celebrant Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with [the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, (with _____) and] all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

All AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

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Presider Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are welcome to receive communion or a blessing.

For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

On the first Sunday of each month, prayer for healing is offered at the prayer desk until the close of worship.

* POSTCOMMUNION PRAYER

Presider Let us pray.

All Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

* PRAYER OVER THE PEOPLE

Presider Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. **Amen.**

* DISMISSAL

Following the dismissal,

People Thanks be to God.

* CLOSING HYMN: *Wonder, Love, and Praise* 734 "You laid aside your rightful reputation"

1. You laid a - side your right - ful rep - u - ta - tion
 2. You touched the lep - er, ate with those re - ject - ed,
 3. Help us to fol - low, Je - sus, where you lead us
 4. Draw us to you and with your love trans - form us:

and gave no heed to what the world might say;
 re - ceived the wor - ship of a wo - man's tears:
 to love, to serve, our own lives lay - ing down;
 the love we've seen, the love we've touched and known;

served as a slave and laid a - side your gar - ments
 You shed the pride that keeps us from the free - dom
 to walk your way of hum - ble, cost - ly ser - vice,
 en - large our hearts and with com - pas - sion fill us

to wash the feet of those who walked your way.
 to love our neigh - bor, lay - ing down our fears.
 a cross its end, a ring of thorns its crown.
 to love, to serve, to fol - low you a - lone.

Words: Rosalind Brown (b. 1953). Music: *Intercessor*, Charles Hubert Hastings Farry (1848-1918). Copyright: Words: © 1992 *Celebration* (Administered by The Copyright Company, Nashville, TN). International copyright secured. Used by permission. All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Prelude and Fugue in A minor, BWV 543

Johann Sebastian Bach

Serving Today

Presider	The Very Rev. Dr. Andrew C. Keyse	Lector	Joan Bergstrom
Preacher	The Rev. W. James Yazell	Usher	Jim Crum
Deacon	The Rev. Barbara Wegener	Altar Guild	Candy McDowell
Organists	Dr. Paul Meier, Dr. Lucas Fletcher		

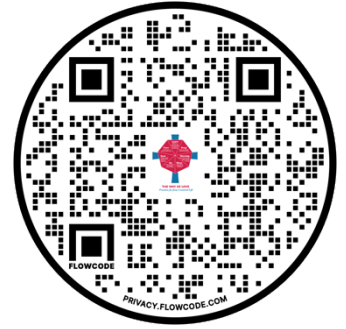


BULLETIN INSERTS

February 25, 2024 – Lent 2 (B)

Week 2: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 2

Sunday, February 25

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 2. The topic is based on the practice "Pray" and is titled, "Israel's Deliverance at the Red Sea".

Read: Exodus 14:10-15:1

Monday, February 26

Today's Prompt: Notice the pattern of your breathing. Pray for awareness of blessings.

Read: "Then the Lord God formed man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being." – Genesis 2:7

Tuesday, February 27

Today's Prompt: What passage of scripture is important to you? Why?

Read: "The grass withers; the flower fades, but the word of our God will stand forever." – Isaiah 40:8

Wednesday, February 28

Today's Prompt: Listen to the Daily Office today at missionstclare.com.

Read: "But I will call upon God, and the LORD will deliver me." – Psalm 55:17

Thursday, February 29

Today's Prompt: How did you turn back toward God's love when you made a big mistake?

Read: "I will get up and go to my father, and I will say to him, "Father, I have sinned against heaven and before you." – Luke 15:18

Friday, March 1

Today's Prompt: Where can you seek and serve Christ in someone unlike you?

Read: "And you shall be my people, and I will be your God. Again I will build you, and you shall be built, O virgin Israel! Again you shall adorn yourself with your tambourines and go forth in the dance of the merrymakers. Again you shall plant vineyards on the mountains of Samaria; the planters shall plant and shall enjoy the fruit." – Jeremiah 30:22, 31:4-5

Saturday, March 2

Today's Prompt: In your prayers today, what new words or thoughts touch you?

Read: "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God." – Philippians 4:6

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Cathedral Prayer List

Pray for: All those suffering from injuries from the shooting at the Chief's Rally; Annie Benitez ; Mark Bontrager; Aiden; the Biellier Family; Nelda Leon; David Hayes; Brend and Lili Eichman; Ann Ryder; the Dollar family; Joyce Morrow; Charles and Nancy Riley; Kevin Oetting; Cathy Davis; Randal Loy; Lynn Schneider; Loretta Paskor; Dana and Allen Kronas; Barbara; Ashley Guy; Terry Van Gorp; Tammy Harvin; Sammy Sutton; Margaret Brogdon; Betty Loy; Thaddeus Samuel Withers; Mike Barzee & Family; Jim Royer; Jeri Hatteberg; Gloria Stocks; First Responders; Doyle White; Charlotte Colburn; Bonita White; Anna Marie; Jinny McCoy; Phyllis & James Shaffery

Comfort and Peace: the Lopez-Galvan family; the Morrison family; the Sailer family and the friends, families and staff of Operation Breakthrough; Davina and the Reed family; Ellen and the Spake family; the East family; the Richards family; the England family; Jane Van Gorp & family; Nigel Jones & the Willcock family; the Crum family; all families affected by gun violence

Pray for the Departed: Lisa Lopez-Galvan; Julia Kelly Rucci; Sgt. Breonna Moffett; Sgt. Kennedy Sanders; Sgt. William Rivers; Karen Danna; Grayson O'Connor; Sister Berta Sailer; Brent Spake; Mtr. Emily Richards; John Willcock; Linda England; Lou Harwell; Miss Kitty Robker; Mtr. Emily Richards; Perry Gethner; Robert F. East; Terry Van Gorp; Zan Crum; for all those lost in war; for all who have died from gun violence

Diocesan Prayer Cycle: The Anglican Communion—The Most Rev. Justin Welby, Archbishop of Canterbury; Spiritual Formation Commission

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

February 27

LaGreta Gitta
Mark Jeske

Please contact the Cathedral office if we have omitted your birthday or anniversary:

816.474.8260 or jtoma@kccathedral.org.

February 28

Jeffrey Bennett

- in thanksgiving for the birthday of Gerran Thomas—Paula Livingston-Lewis

Today's Flowers

are given to the Glory of God and ...

Donations of any amount toward the weekly flowers can be given by anyone who wants to acknowledge special events or people in their lives.

See kccathedral.org/flowers for more information or contact Julie Toma, jtoma@kccathedral.org.



FIND YOUR PLACE TO SERVE
AT GRACE AND HOLY TRINITY CATHEDRAL

kccathedral.org/volunteer

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; Dr. Paul Meier, *Director of Music*; Dr. Lucas Fletcher, *Associate Organist*; Clare Stern-Burbano, *College, Youth & Children's Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@rdm.law; Valerie Johnson, *Junior Warden*, johnson_jb@hotmail.com; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Julie Brogno; Sharon Cheers; Sara Copeland; Pat Decker; Nigel Jones; Paula Livingston-Lewis; Mathias Nichols; Charles Shipley; Michael Thomas

Youth & College

Come join us for regular youth programs.

Youth Formation—9:15 a.m. with light breakfast options

Worship—10:30 a.m.

Youth Group at 6 p.m. Dinner is provided!

Questions? Contact Clare, cstern@kccathedral.org.

Children

Formation Class • 9:15 a.m.

Join us for formation hour and wonder about God with your friends and teachers and hear sacred stories as told with the help of Godly Play resources!

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum! Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, childrensformation@kccathedral.org for more information.

Family worship weekend!

- Jan 21
- Feb 18
- March 17
- April 21
- May 5 (Youth Sunday, which will include children)
- May 12

In an effort to getting children more comfortable and involved in worship services, we are starting what we call Family Worship Weekends. This means that rather than having Cathedral Kids, after the formation hour at 9:15, parents/guardians/caregivers will come pick their child up from Haden at 10:15 am and worship together as a family.

We have added items (Pew Boxes) that will be placed in the back of the Nave for these Family Worship Weekends. Some of the item's children can take home, some we will ask that you leave in the box.

If you have any questions, please contact Clare (cstern@kccathedral.org)

Adult Formation

Sunday

Anglican Spiritual Practices

Sundays in Lent • 9:15 a.m. • Common Room

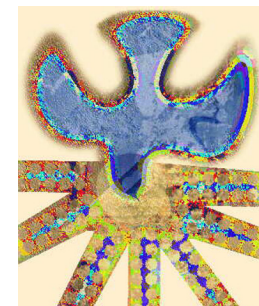
Lent is an especially opportune time to reconnect with God, to remove distractions, and to take on new spiritual practices. We will have several opportunities for this work together. On Sundays during Lent, we will have workshops on Anglican Spiritual Practices. This will be a time to learn about the foundational practices of our faith tradition, to try them out for yourself, and to then reflect on and discuss the experience with one another.



Adult Confirmation/Inquirers Class

Sundays • 9:15 a.m. • Multipurpose Room

This class is for any adult seeking confirmation, reaffirmation, reception, or simply wanting to know more about the Episcopal Church. Bishop Diane will be with us to Confirm/Reaffirm/Receive at the Easter Vigil on March 30. I look forward to seeing you there.



Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Wednesday Lenten Classes

A Lenten Journey with the St. John's Bible

Wednesdays, through March 20

6:30–7:45 p.m., followed by Compline

Join fellow travelers on a Lenten journey guided by the texts and illuminations of the *St. John's Bible* (Heritage Edition). Each week we will share insights, experiences and interpretations designed to inspire, encourage and improve individual and communal faith living.

February 28—Confronting Life's Challenges: *St. John's Bible* as a guide in self-discovery and communal awareness.

March 6—Cultivating Lives of Virtue: *St. John's Bible* as a guide for spiritual development.



Crucifixion, Donald Jackson, Copyright 2002, *The Saint John's Bible*, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

March 13—Divine Guidance in Daily Living: *St. John's Bible* as a guide for recognizing God's abiding presence.

March 20—Arriving at the Destination: *St. John's Bible* as a vision for transformed living.

The Book of Jonah

Wednesdays, through March 20

6:30–7:45 p.m., followed by Compline

We will be offering classes on Wednesday evenings in Lent, including a study of the Book of Jonah. Jonah is a short book and a familiar story but hidden within those pages are some very deep themes on the spiritual life! It will be an opportunity to see this story with fresh eyes, learn about the importance of the Old Testament, and discover what Jonah and the Whale can teach us about our own relationship with God.



Calling All Ringers!



The Trinity Handbell Ensemble will be meeting for three to four rehearsals before ringing at a service in Eastertide. If you have ever wanted to ring handbells, this is a great time to try it out!

For more information, please contact Paul Meier at pmeier@kccathedral.org or 816.214.9928.

Announcements



Paper Items Drive during February

During the month of February, Outreach will be sponsoring a paper items drive for the residents of Sheffield

Place. You may leave tissues, paper towels and toilet paper in the basket in the Tower.

The Friends of Chamber Music presents *Le Consort*

Friday, March 1 • 7:30 p.m.

Theotime Langlois de Swarte & Sophie de Bardonneche, violins
Hanna Salzenstein, cello
Justin Taylor, harpsichord



Le Consort, a one-of-a-kind chamber music ensemble, brings together four young musicians who interpret the trio sonata repertoire with enthusiasm, sincerity and modernity. For more information and to purchase tickets, please visit chambermusic.org/2023-2024/le-consort.



EVENSONG

SUNDAY, MARCH 17 • 5 P.M.

A service of Choral Evensong is offered by the Trinity Choir. This contemplative service includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. With its origins in Archbishop Thomas Cranmer's Book of Common Prayer (1549), Evensong is one of the most uniquely Anglican liturgies and is sung in cathedrals and parishes throughout the world.



Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by March 24.



Lenten Social Outreach

February—Paper Items Drive

Sunday, March 17, between services—Packing family bags for backsnack students to take home over spring break.

Palm Sunday, March 24, between services—Easter bags will be assembled for the children at Crittenton, Camber Children's Center (KCK) and Sheffield Place.

Each week in March—Collecting food for Jewish Family Services Pantry in Brookside. The schedule is as follows:

- March 3—Canned Meat
- March 10—Canned Fruit or Vegetables
- March 17—Macaroni & Cheese and Packaged Mashed Potatoes
- March 24—Packaged Dessert Mixes