

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Jesus drives out the merchants" by Jesus Mafu by a Christian community in Cameroon, Africa

The Third Sunday in Lent

March 3, 2024 • 10:30 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate. Use the QR code to the right to access the online form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: *Dies sind die heiligen zehn Gebot*, BWV 679, 635

Johann Sebastian Bach

* OPENING HYMN: 495 "Hail, thou once despised Jesus!"



1 Hail, thou once de - spis - ed Je - sus! Hail, thou Gal - i -
 2 Pas - chal Lamb, by God ap - point - ed, all our sins on
 3 Je - sus, hail! en - throned in glo - ry, there for ev - er
 *4 Wor - ship, hon - or, power, and bless - ing thou art wor - thy



le - an King! Thou didst suf - fer to re - lease us;
 thee were laid: by al - might - y love a - noint - ed,
 to a - bide; all the heaven - ly hosts a - dore thee,
 to re - ceive; high - est prais - es, with - out ceas - ing,



thou didst free sal - va - tion bring. Hail, thou u - ni - ver - sal
 thou hast full a - tone - ment made. All thy peo - ple are for -
 seat - ed at thy Fa - ther's side. There for sin - ners thou art
 right it is for us to give. Help, ye bright an - gel - ic



Sa - vior, bear - er of our sin and shame! By thy mer - it
 giv - en through the vir - tue of thy blood: o - pened is the
 plead - ing: there thou dost our place pre - pare; ev - er for us
 spi - rits, all your no - blest an - thems raise; help to sing our



we find fa - vor: life is giv - en through thy Name
 gate of hea - ven, re - con - ciled are we with God.
 in - ter - ced - ing, till in glo - ry we ap - pear.
 Sa - vior's mer - its, help to chant Em - man - uel's praise!

Words: John Bakewell (1721-1819) and Martin Madan (1726-1790), alt. Music: *In Babilone*, melody from *Oude en Nieuwe Hollandse Boerenlities en Contradansse*, 1710; harm. Roy. F. Kehl (b. 1935). All rights reserved. Reprinted under OneLicense.net #A-710278.

* PENITENTIAL ORDER

Presider Bless the Lord who forgives all our sins;

People His mercy endures for ever.

The Celebrant will add one of the sentences from page 351-352.

page 351

All Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

S86 “Kyrie eleison”

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e
 e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -
 le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright: Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

The Word of God

* COLLECT OF THE DAY

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Exodus 20:1-17

Lector Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

The Word of the Lord.

People

Thanks be to God.

The heavens declare the glory of God, *
and the firmament shows his handiwork.
One day tells its tale to another, *
and one night imparts knowledge to another.
Although they have no words or language, *
and their voices are not heard,
Their sound has gone out into all lands, *
and their message to the ends of the world.
In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course.
It goes forth from the uttermost edge of the heavens and runs about to the end of it again; *
nothing is hidden from its burning heat.
The law of the Lord is perfect and revives the soul; *
the testimony of the Lord is sure and gives wisdom to the innocent.
The statutes of the Lord are just and rejoice the heart; *
the commandment of the Lord is clear and gives light to the eyes.
The fear of the Lord is clean and endures for ever; *
the judgments of the Lord are true and righteous altogether.
More to be desired are they than gold, more than much fine gold, *
sweeter far than honey, than honey in the comb.
By them also is your servant enlightened, *
and in keeping them there is great reward.
Who can tell how often he offends? *
cleanse me from my secret faults.
Above all, keep your servant from presumptuous sins; let them not get dominion over me; *
then shall I be whole and sound, and innocent of a great offense.
Let the words of my mouth and the meditation of my heart be acceptable in your sight, *
O Lord, my strength and my redeemer.

Second Lesson: 1 Corinthians 1:18-25

Lector The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

The Word of the Lord.

People **Thanks be to God.**

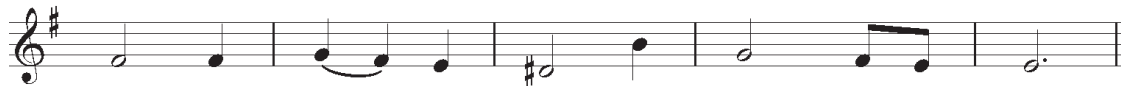
* GOSPEL HYMN: 148 "Creator of the earth and skies"



1 Cre - a - tor of the earth and skies, to whom the
 2 We have not known you: to the skies our mon - u -
 3 We have not loved you: far and wide the wreck - age
 4 For this, our fool - ish con - fi - dence, our pride of
 5 Teach us to know and love you, Lord, and hum - bly



1 words of life be - long, grant us your truth to make us
 2 ments of fol - ly soar, and all our self - wrought mis - er -
 3 of our ha - tred spreads, and e - vils wrought by hu - man
 4 know-ledge and our sin, we come to you in pen - i -
 5 fol - low in your way. Speak to our souls the quick - ening



1 wise; grant us your power to make us strong.
 2 ies have made us trust our - selves the more.
 3 pride re - coil on un - re - pent - ant heads.
 4 tence; in us the work of grace be - gin.
 5 word, and turn our dark - ness in - to day.

Words: David W. Hughes (1911-1967), alt. Music: *Uffington*, melody and bass Jeremiah Clarke (1670-1707), alt.; harm. *Songs for Liturgy and More Hymns and Spiritual Songs*, 1971. Copyright: Words: By permission of J. Donald P. Hughes. All rights reserved. Reprinted under OneLicense.net #A-710278.

* THE HOLY GOSPEL: John 2:13-22

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Gospeller The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

The Gospel of the Lord.

People Praise to you, Lord Christ.

SERMON

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Intercessor With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."
For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples,
let us pray to the Lord.

People Lord, have mercy.

Intercessor For Michael, our Presiding Bishop; Diane, our Bishop; for the Search Committee, Transition
Committee, and Consecration Committee working toward the election of a new bishop; and for all the
clergy and people, let us pray to the Lord.

People Lord, have mercy.

Intercessor For Joe, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.
People Lord, have mercy.

Intercessor People For this city for every city and community, and for those who live in them, let us pray to the Lord.
Lord, have mercy.

Intercessor People For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.
Lord, have mercy.

Intercessor People For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.
Lord, have mercy.

Intercessor People For those on our Cathedral prayer list, and for any others you wish to name either silently or aloud, let us pray to the Lord.
Lord, have mercy.

Intercessor People For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.
Lord, have mercy.

Intercessor People For all who have died in the hope of the resurrection, and for all the departed, especially those we now name, let us pray to the Lord.
Lord, have mercy.

Intercessor People For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.
Lord, have mercy.

Intercessor People That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.
Lord, have mercy.

Intercessor People In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.
To thee, O Lord our God.

Silence.

Presider Lord Jesus, it was your will that your Father's House would be a place of prayer for all people; grant us the strength and wisdom to be a people consumed with prayer and zeal for you, this day and always. **Amen.**

* THE PEACE

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Presider The peace of the Lord be always with you.
People **And also with you.**

ANNOUNCEMENTS

CELEBRATION PRAYER

All **O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

BISHOP SEARCH PRAYER

All O Creator God, giver of every good gift, look graciously on us in the Diocese of West Missouri and guide us as we discern our call of a new bishop. O Jesus, be present in our discernment, and lead us to a shepherd who will invite us to live out the Gospel every day. O Holy Spirit, inspire us with your wisdom, and kindle our hearts with the fire of your love, that we may be renewed as we prepare to welcome the ministry of our next bishop. This we ask trusting in You. Amen.

The Holy Communion

OFFERTORY SENTENCE

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Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY ANTHEM: "The heavens are telling"

Franz Josef Haydn

Text: paraphrase of Psalm 19:1-4 by Gottfried van Swieten

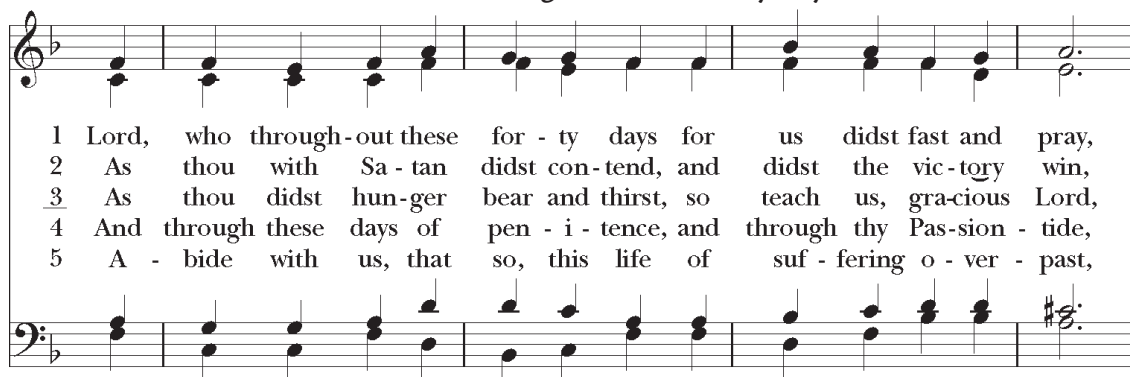
The Heavens are telling the glory of God,
The wonder of his work displays the firmament.

In all the lands resounds the word,
Never unperceived, ever understood.

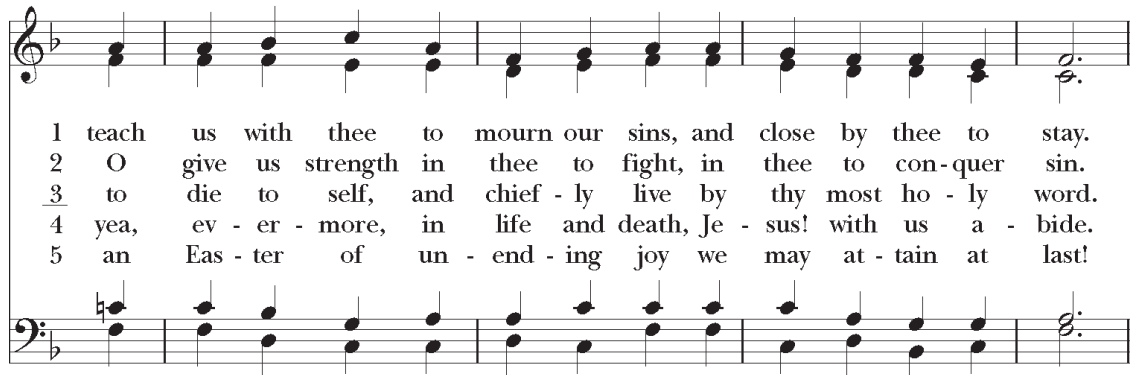
Today that is coming speaks it the day,
The night that is gone to following night.
The Heavens are telling the glory of God,
The wonder of his work displays the firmament.

The Heavens are telling the glory of God,
The wonder of his work displays the firmament.

* PRESENTATION HYMN: 142 "Lord, who throughout these forty days"



1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bide with us, that so, this life of suf - fering o - ver - past,



1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898). Music: *St. Flavian*, melody from *Day's Psalter*, 1562; adapt. and harm. Richard Redhead (1820-1901). All rights reserved. Reprinted under OneLicense.net #A-710278.

Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give our thanks and praise.

Presider

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

All

S124: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and

earth are full of your glo - ry. Ho - san - na in the high - est.

Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

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The people stand or kneel.

Presider

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All **We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.**

Celebrant Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with [the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, (with _____) and] all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

All **AMEN.**

Presider And now, as our Savior Christ has taught us, we are bold to say,

All **Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.**

* BREAKING OF THE BREAD

Presider Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

S161: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*

Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

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Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.
 For gluten-free bread, cross your hands palms down.
 For a blessing, cross your hands over your chest.*

On the first Sunday of each month, prayer for healing is offered at the prayer desk until the close of worship.

Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

— From *The Prayer Book for the Armed Services*

COMMUNION ANTHEM: “Cantique de Jean Racine”

Gabriel Fauré
 Text: Jean Racine

*Verbe, égal au Très-Haut, notre unique espérance,
 Jour éternel de la terre et des cieux;
 De la paisible nuit nous rompons le silence,
 Divin Sauveur, jette sur nous les yeux!*

Word of the Highest, our only hope,
 Eternal day of earth and the heavens,
 We break the silence of the peaceful night;
 Savior Divine, cast your eyes upon us!

*Répands sur nous le feu de ta grâce puissante,
 Que tout l'enfer fuie au son de ta voix;
 Dissipe le sommeil d'une âme languissante,
 Qui la conduit à l'oubli de tes lois!*

Pour on us the fire of your powerful grace,
 That all hell may flee at the sound of your voice;
 Banish the slumber of a weary soul,
 That brings forgetfulness of your laws!

*O Christ, sois favorable à ce peuple fidèle
 Pour te bénir maintenant rassemblé.
 Reçois les chants qu'il offre à ta gloire immortelle,
 Et de tes dons qu'il retourne comblé!*

O Christ, look with favor upon your faithful people
 Now gathered here to praise you;
 Receive their hymns offered to your immortal glory;
 May they go forth filled with your gifts.

COMMUNION HYMN: *Wonder, Love, and Praise* 746 "God the sculptor of the mountains"



1. God the sculp-tor of the moun-tains, God the mil-ler of the sand,
 2. God the nui-sance to the Pha-raoh, God the cleav-er of the sea,
 3. God the un-ex-pect-ed in-fant, God the calm, de-ter-mined youth,
 4. God the dress-er of the vine-yard, God the plant-er of the wheat,



God the jewel-er of the heav-ens, God the pot-ter of the land:
 God the pil-lar of the dark-ness, God the bea-con of the free:
 God the ta-ble turn-ing pro-phet, God the res-ur-rect-ed Truth:
 God the reap-er of the har-vest, God the source of all we eat:



you are womb of all cre-a-tion, we are form-less; shape us now.
 you are gate of all de-liv'-rance, we are sight-less; lead us now.
 you are pres-ent ev-ery mo-ment, we are search-ing; meet us now.
 you are host at ev-ery ta-ble, we are hun-gry; feed us now.

Words: John Thornburg (b. 1954). Music: *Sandra*, Gerre Hancock (b. 1934). Copyright: Words: © 1994 John Thornburg. Music: © Oxford University Press. All rights reserved. Reprinted under OneLicense.net #A-710278.

* POSTCOMMUNION PRAYER

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Presider Let us pray.

All **Eternal God, heavenly Father,**
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

* PRAYER OVER THE PEOPLE

Presider Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

* DISMISSAL

Following the dismissal,

People **Thanks be to God.**

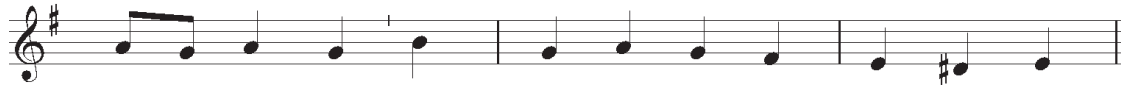
* SENDING HYMN: 143 "The glory of these forty days"



1 The glo - ry of these for - ty days we
 2 A - lone and fast - ing Mo - ses saw the
 3 So Dan - iel trained his mys - tic sight, de -
 4 Then grant us, Lord, like them to be full
 *5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all
 2 lov - ing God who gave the law; and to E - li - jah,
 3 liv - ered from the li - ons' might; and John, the Bride - groom's
 4 oft in fast and prayer with thee; our spi - rits strength - en
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.
 2 fast - ing, came the steeds and char - i - ots of flame.
 3 friend, be - came the her - ald of Mes - si - ah's name.
 4 with thy grace, and give us joy to see thy face.
 5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. Music: *Erhalt uns, Herr*, melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750). Copyright: Words: By permission of Oxford University Press. All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: *Dies sind die heiligen zehn Gebot*, BWV 678

Johann Sebastian Bach

Serving Today

Presider	The Rev. W. James Yazell
Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara Wegener
Musicians	The Trinity Choir, Dr. Lucas Fletcher, Dr. Paul Meier
Lector	Ken Stewart
Intercessor	Henry Galus
Eucharistic Ministers	Bob Johnson, Charles Shipley
Acolytes	Jonah Fahnstock, Brenda Colburn, Harrison Mattson
Ushers	Richard Fanolio, Steve Moore, Bob Bennett, John Braum
Greeter	Becky Johnson
Altar Guild	Phaedra Fahnstock, Paget Higgins, Claudia Risebig, Sharon Hudson
Sound/Livestreaming	Christine Morrison, Curtis Hamilton
Holy Hands Hospitality	Marcellie McCandless, Betsy Chase, Don Chase, Joyce Gillespie, Mark Colburn
Cathedral Kids	Bethany Zaiger, Dani Valencia Mortensen
Healing Minister	Janet Sweeting

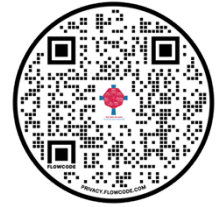


BULLETIN INSERTS

March 3, 2024 – Lent 3 (B)

Week 3: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 3

Sunday, March 3

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 3. The topic is based on the practice "Learn" and is titled, "Learn Wisdom and Live".

Read: Proverbs 8:1-8, 19-21; 9:4b-6

Monday, March 4

Today's Prompt: Intentionally smile at least ten times today.

Read: "Rejoice in the Lord always; again I will say, Rejoice." – Philippians 4:4

Tuesday, March 5

Today's Prompt: How might you connect with others in the spirit of renewal?

Read: "He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind, and after the wind an earthquake, but the Lord was not in the earthquake, and after the earthquake a fire, but the Lord was not in the fire, and after the fire a sound of sheer silence." - 1 Kings 19:11-12

Wednesday, March 6

Today's Prompt: How can you build pauses into the day to reflect on the work of the Spirit?

Read: "I am the vine; you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing." – John 15:5

Thursday, March 7

Today's Prompt: What relationships do you need to mend?

Read: "Seek the Lord while he may be found; call upon him while he is near; let the wicked forsake their way and the unrighteous their thoughts; let them return to the Lord, that he may have mercy on them, and to our God, for he will abundantly pardon. For my thoughts are not your thoughts, nor are your ways my ways, says the Lord." – Isaiah 55:6-8

Friday, March 8

Today's Prompt: Create a prayer representing how you seek to serve God and follow Jesus.

Read: "People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house." – Matthew 5:15

Saturday, March 9

Today's Prompt: What seminal moments have informed a need to return to Christ?

Read: "Hide your face from my sins and blot out all my iniquities." – Psalm 51:10

Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission. Quotations from the New Revised Standard Version Bible, copyright © 1989 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

Cathedral Prayer List

Pray for: Cathy Davis; Joe & Joan Bacchus; Kenny Cabean; the With family; all those suffering from injuries from the shooting at the Chiefs Rally; Annie Benitez ; Aiden; Mark Bontrager; Ann Ryder; Brend and Lili Eichman; David Hayes; Nelda Leon; the Biellier Family; the Dollar family; Charles and Nancy Riley; Joyce Morrow; Kevin Oetting; Randal Loy; Anna Marie; Bonita White; Charlotte Colburn; Doyle White; First Responders; Gloria Stocks; Jim Royer; Jinny McCoy; Mike Barzee & Family; Phyllis & James Shaffer; Thaddeus Samuel Withers

Comfort and Peace: the family of Robert Van Gorp; the Rich family; the Hatteberg family; the Lopez-Galvan family; the Morrison family; the Sailer family and the friends, families and staff of Operation Breakthrough; Davina and the Reed family; Ellen and the Spake family; the East family; the Richards family; the England family; Jane Van Gorp & family; Nigel Jones & the Willcock family; all families affected by gun violence

Pray for the Departed: Robert Van Gorp; Arthur Ernest Rich III ; Brent Spake; for all those lost in war; for all who have died from gun violence ; Grayson O'Connor; Jeri Hatteberg; John Willcock; Julia Kelly Rucci; Karen Danna; Linda England; Lisa Lopez-Galvan; Miss Kitty Robker; Mtr. Emily Richards; Mtr. Emily Richards; Peggy Morgan; Robert F. East; Sgt. Breonna Moffett; Sgt. Kennedy Sanders; Sgt. William Rivers; Sister Berta Sailer; Terry Van Gorp

Diocesan Prayer Cycle: Central States Synod of the Evangelical Lutheran Church, Kansas City—The Rev. Susan Candea, Bishop; Spring House of Bishops Meeting

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

March 1 Robert Herschede Sophia Marrs Augusta Wilbon	John & Kay Callison
March 2 Zoë Jones Hayden McNeil Chris Morgan	March 5 Matthias Nichols
March 3 Phyllis Biddle James Norris	March 6 Jim Clark Cliff Dubroc
March 4 Mia McKeown Bob Richmond	March 7 Byron McNeil
	March 8 Paul Morel
	March 9 Ron Michka

Weekly Flower Donations

Donations toward the weekly flowers can be given by anyone who wants to acknowledge special events or people in their lives. Gifts are accepted in any amount. You can mail a check to the Cathedral office, put your donation in a flower envelope and place in the offering or make a payment through our online payment site.

See kccathedral.org/flowers for more information or contact Julie Toma, jtoma@kccathedral.org.



Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; Dr. Paul Meier, *Director of Music*; Dr. Lucas Fletcher, *Associate Organist*; Clare Stern-Burbano, *College, Youth & Children's Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@rdm.law; Valerie Johnson, *Junior Warden*, johnson_jb@hotmail.com; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Julie Brogno; Sharon Cheers; Sara Copeland; Pat Decker; Nigel Jones; Paula Livingston-Lewis; Mathias Nichols; Charles Shipley; Michael Thomas

Youth & College

Come join us for regular youth programs.

Youth Formation—9:15 a.m. with light breakfast options

Worship—10:30 a.m.

Youth Group at 6 p.m. Dinner is provided!

Questions? Contact Clare, cstern@kccathedral.org.

Children

Formation Class • 9:15 a.m.

Join us for formation hour and wonder about God with your friends and teachers and hear sacred stories as told with the help of Godly Play resources!

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum! Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, childrensformation@kccathedral.org for more information.



Family worship weekend!

Jan 21
Feb 18
March 17
April 21
May 5 (Youth Sunday, which will include children)
May 12

In an effort to getting children more comfortable and involved in worship services, we are starting what we call Family Worship Weekends. This means that rather than having Cathedral Kids, after the formation hour at 9:15, parents/guardians/caregivers will come pick their child up from Haden at 10:15 am and worship together as a family.

We have added items (Pew Boxes) that will be placed in the back of the Nave for these Family Worship Weekends. Some of the item's children can take home, some we will ask that you leave in the box.

If you have any questions, please contact Clare (cstern@kccathedral.org)

Adult Formation

Sunday

Anglican Spiritual Practices

Sundays in Lent • 9:15 a.m. • Common Room

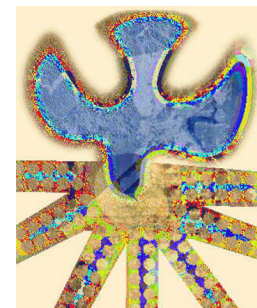
Lent is an especially opportune time to reconnect with God, to remove distractions, and to take on new spiritual practices. We will have several opportunities for this work together. On Sundays during Lent, we will have workshops on Anglican Spiritual Practices. This will be a time to learn about the foundational practices of our faith tradition, to try them out for yourself, and to then reflect on and discuss the experience with one another.



Adult Confirmation/Inquirers Class

Sundays • 9:15 a.m. • Multipurpose Room

This class is for any adult seeking confirmation, reaffirmation, reception, or simply wanting to know more about the Episcopal Church. Bishop Diane will be with us to Confirm/Reaffirm/Receive at the Easter Vigil on March 30. I look forward to seeing you there.



Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Wednesday Lenten Classes

A Lenten Journey with the St. John's Bible

Wednesdays, through March 20

6:30–7:45 p.m., followed by Compline

Join fellow travelers on a Lenten journey guided by the texts and illuminations of the *St. John's Bible* (Heritage Edition).

Each week we will share insights, experiences and interpretations designed to inspire, encourage and improve individual and communal faith living.

March 6—Cultivating Lives of Virtue: *St. John's Bible* as a guide for spiritual development.



Crucifixion, Donald Jackson, Copyright 2002, *The Saint John's Bible*, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

March 13—Divine Guidance in Daily Living: *St. John's Bible* as a guide for recognizing God's abiding presence.

March 20—Arriving at the Destination: *St. John's Bible* as a vision for transformed living.

The Book of Jonah

Wednesdays, through March 20

6:30–7:45 p.m., followed by Compline

We will be offering classes on Wednesday evenings in Lent, including a study of the Book of Jonah. Jonah is a short book and a familiar story but hidden within those pages are some very deep themes on the spiritual life! It will be an opportunity to see this story with fresh eyes, learn about the importance of the Old Testament, and discover what Jonah and the Whale can teach us about our own relationship with God.



Calling All Ringers!



The Trinity Handbell Ensemble will be meeting for three to four rehearsals before ringing at a service in Eastertide. If you have ever wanted to ring handbells, this is a great time to try it out!

For more information, please contact Paul Meier at pmeier@kccathedral.org or 816.214.9928.

Bishop Search

Here are a few of the results gathered from the Bishop Search Survey. From mid-December to early February, the committee hosted a total of 14 listening sessions receiving feedback from many, many members of the diocese. Additionally, 248 survey responses were collected. The full survey results are available at bishopsearch.diowestmo.org/bishop-search-survey-results.

Thank you for sharing in this discernment!

Bishop Search Prayer

O Creator God, giver of every good gift, look graciously on us in the Diocese of West Missouri and guide us as we discern our call of a new bishop. O Jesus, be present in our discernment, and lead us to a shepherd who will invite us to live out the Gospel every day. O Holy Spirit, inspire us with your wisdom, and kindle our hearts with the fire of your love, that we may be renewed as we prepare to welcome the ministry of our next bishop. This we ask trusting in You.

Amen.

Important Church Missions (Top 5)

Respondents were asked to rank missions on a scale of 1-5 based on their importance.

1. Support of existing congregations
2. Ministries to youth
3. Issues of social justice and peace (racism, hunger, poverty, violence, environmental issues)
4. Conflict resolution between groups/clergy/diocese
5. Development of clergy and lay ministers

What skills or interests should our next bishop have?

Respondents could select up to 5 skills/interests.



Announcements



Food Drive during March

During the Lenten Season, Outreach will be collecting food for JFSKC Pantry in Brookside. The

schedule for food donations are as follows: **March 3—Canned Meat, March 10—Canned Fruit or Vegetables, March 17—Macaroni & Cheese and Packaged Mashed Potatoes, March 24—Packaged Dessert Mixes.**

Family Bag Packing

Sunday, March 17 • between morning services

The congregation will be assisting with family bags for BackSnack students to take home over spring break on March 17. Please join us!



Palm Cross Day

Sunday, March 17 • 9 & 11:45 a.m.

We will make crosses out of Palm Leaves for distribution on Palm Sunday. Please bring your scissors. Someone will help if you've never done it before.



Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by March 24.

EVENSONG.

SUNDAY, MARCH 17 • 5 P.M.

A service of Choral Evensong is offered by the Trinity Choir. This contemplative service includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. With its origins in Archbishop Thomas Cranmer's Book of Common Prayer (1549), Evensong is one of the most uniquely Anglican liturgies and is sung in cathedrals and parishes throughout the world.

Lenten Social Outreach

Sunday, March 17, between services—Packing family bags for backsnack students to take home over spring break.

Palm Sunday, March 24, between services—Easter bags will be assembled for the children at Crittenton, Camber Children's Center (KCK) and Sheffield Place.

Each week in March—Collecting food for Jewish Family Services Pantry in Brookside. The schedule is as follows:

- **March 3—Canned Meat**
- **March 10—Canned Fruit or Vegetables**
- **March 17—Macaroni & Cheese and Packaged Mashed Potatoes**
- **March 24—Packaged Dessert Mixes**