

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Jesus drives out the merchants" by *Jesus Mafa* by a Christian community in Cameroon, Africa

The Third Sunday in Lent
March 3, 2024 • 5 p.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



Service Notes

- Page numbers listed are from The Book of Common Prayer.
- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: "Erbarme dich mein, O Herre Gott," BWV 721

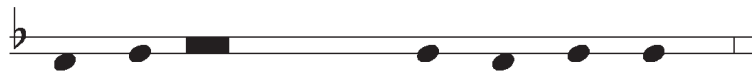
Johann Sebastian Bach

The Order for Evening

* OPENING ACCLAMATION AND PRAYER FOR LIGHT

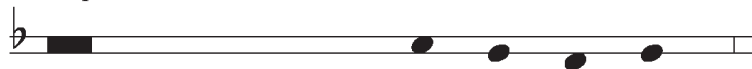
page 109

Celebrant



Bless - ed be the God of our sal - va - tion:

People



Who bears our burdens and for - gives our sins.

The presider adds a prayer for light.

* O GRACIOUS LIGHT *Phos hilaron*: 25



1 O gra - cious Light, Lord Je - sus Christ, in
2 Now sun - set comes, but light shines forth, the
3 Wor - thy are you of end - less praise, O



you the Fa - ther's glo - ry shone. Im - mor - tal, ho - ly,
lamps are lit to pierce the night. Praise Fa - ther, Son, and
Son of God, Life - giv - ing Lord; where - fore you are through



blest is he, and blest are you, his ho - ly Son.
Spi - rit: God who dwells in the e - ter - nal light.
all the earth and in the high - est heaven a - dored.

The Word of God

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Exodus 20:1-17

Lector Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

The Word of the Lord.

People **Thanks be to God.**



Cantor

The heavens declare the glory | of God, *
and the firma|ment shows his handiwork.

All

One day tells its tale to a|nother, *
and one night imparts | knowledge to another.
Although they have no words or | language, *
and their | voices are not heard,
Their sound has gone out into | all lands, *
and their message to the | ends of the world.
In the deep has he set a pavilion for | the sun; *
it comes forth like a bridegroom out of his chamber; it rejoices like a champion | to run its course.
It goes forth from the uttermost edge of the heavens and runs about to the end of it | again; *
nothing is hidden | from its burning heat.
The law of the LORD is perfect and revives | the soul; *
the testimony of the LORD is sure and gives wis|dom to the innocent.
The statutes of the LORD are just and rejoice | the heart; *
the commandment of the LORD is clear and gives | light to the eyes.
The fear of the LORD is clean and endures for | ever; *
the judgments of the LORD are true and | righteous altogether.
More to be desired are they than gold, more than much | fine gold, *
sweeter far than honey, than | honey in the comb.
By them also is your servant en|lightened, *
and in keeping them | there is great reward.
Who can tell how often he | offends? *
cleanse me | from my secret faults.
Above all, keep your servant from presumptuous sins; let them not get dominion | over me; *
then shall I be whole and sound, and innocent | of a great offense.
Let the words of my mouth and the meditation of my heart be acceptable in | your sight, *
O LORD, my strength | and my redeemer.

Second Lesson: 1 Corinthians 1:18–25

Lector

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

The Word of the Lord.

People

Thanks be to God.

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE, FORM I

Intercessor With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."
For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples,
let us pray to the Lord.

People **Lord, have mercy.**

Intercessor For Michael, our Presiding Bishop; Diane, our Bishop; for the Search Committee, Transition
Committee, and Consecration Committee working toward the election of a new bishop; and for all the
clergy and people, let us pray to the Lord.

People **Lord, have mercy.**

Intercessor For Joe, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.
People Lord, have mercy.

Intercessor For this city for every city and community, and for those who live in them, let us pray to the Lord.
People Lord, have mercy.

Intercessor For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the
Lord.

People Lord, have mercy.

Intercessor For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

People Lord, have mercy.

Intercessor For those on our Cathedral prayer list, and for any others you wish to name either silently or aloud, let us pray to the Lord.

People Lord, have mercy.

Intercessor For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

People Lord, have mercy.

Intercessor For all who have died in the hope of the resurrection, and for all the departed, especially those we now name, let us pray to the Lord.

People Lord, have mercy.

Intercessor For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

People Lord, have mercy.

Intercessor That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

People Lord, have mercy.

Intercessor In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

People To thee, O Lord our God.

Silence.

Presider Lord Jesus, it was your will that your Father's House would be a place of prayer for all people; grant us the strength and wisdom to be a people consumed with prayer and zeal for you, this day and always. **Amen.**

* THE PEACE

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Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

BISHOP SEARCH PRAYER

All O Creator God, giver of every good gift, look graciously on us in the Diocese of West Missouri and guide us as we discern our call of a new bishop. O Jesus, be present in our discernment, and lead us to a shepherd who will invite us to live out the Gospel every day. O Holy Spirit, inspire us with your wisdom, and kindle our hearts with the fire of your love, that we may be renewed as we prepare to welcome the ministry of our next bishop. This we ask trusting in You. Amen.


The Holy Communion

OFFERTORY SENTENCE


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Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 148 "Creator of the earth and skies"



1 Cre - a - tor of the earth and skies, to whom the
2 We have not known you: to the skies our mon - u -
3 We have not loved you: far and wide the wreck - age
4 For this, our fool - ish con - fi - dence, our pride of
5 Teach us to know and love you, Lord, and hum - bly



1 words of life be - long, grant us your truth to make us
2 ments of fol - ly soar, and all our self - wrought mis - er -
3 of our ha - tred spreads, and e - vils wrought by hu - man
4 know-ledge and our sin, we come to you in pen - i -
5 fol - low in your way. Speak to our souls the quick - ening



1 wise; grant us your power to make us strong.
2 ies have made us trust our - selves the more.
3 pride re - coil on un - re - pent - ant heads.
4 tence; in us the work of grace be - gin.
5 word, and turn our dark - ness in - to day.

Words: David W. Hughes (1911-1967), alt. Music: *Uffingham*, melody and bass Jeremiah Clarke (1670-1707), alt.; harm. *Songs for Liturgy and More Hymns and Spiritual Songs*, 1971. Copyright: Words: By permission of J. Donald P. Hughes. All rights reserved. Reprinted under OneLicense.net #A-710278.

* THE GREAT THANKSGIVING, Eucharistic Prayer D

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Celebrant The Lord be with you. *People* And al - so with you.
Celebrant Lift up your hearts. *People* We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

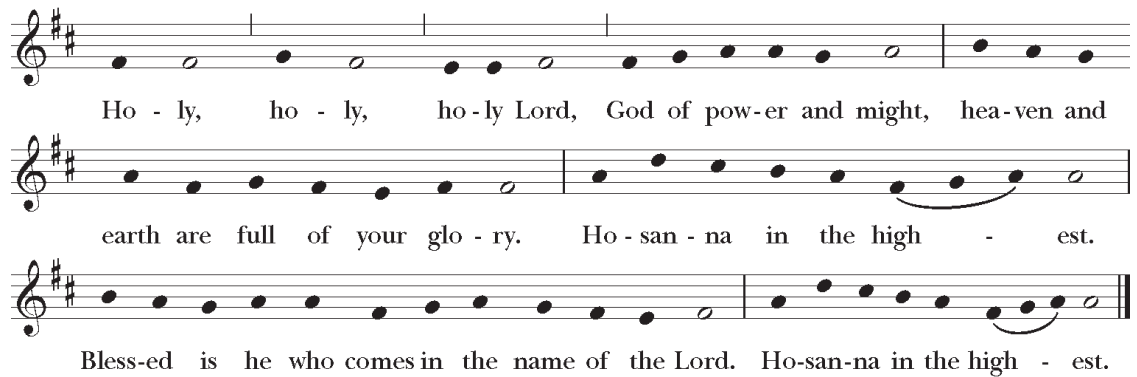
Presider It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

All

S124: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

The people stand or kneel.

Presider

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All

**We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.**

Celebrant

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with [the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, (with _____) and] all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

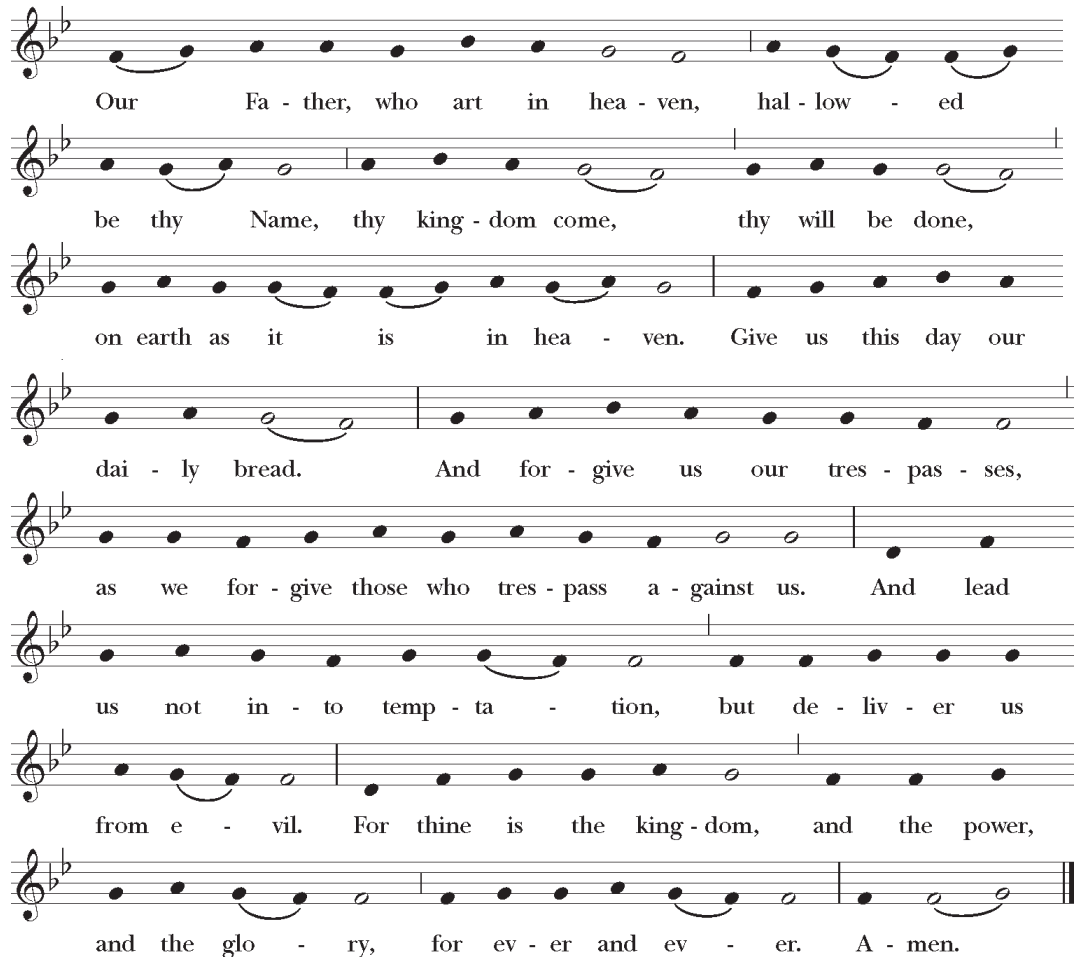
Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

All AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to sing,

S119: The Lord's Prayer

All



Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,
on earth as it is in hea - ven. Give us this day our
dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead
us not in - to temp - ta - tion, but de - liv - er us
from e - vil. For thine is the king - dom, and the power,
and the glo - ry, for ev - er and ev - er. A - men.

Music: *Plainsong*; adapt. Charles Winfred Douglas (1867-1944). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* BREAKING OF THE BREAD

Presider Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

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Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.
 Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.
 For a blessing, cross your hands over your chest.*

* POSTCOMMUNION PRAYER

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Presider Let us pray.

All **Almighty and everliving God,
 we thank you for feeding us with the spiritual food
 of the most precious Body and Blood
 of your Son our Savior Jesus Christ;
 and for assuring us in these holy mysteries
 that we are living members of the Body of your Son,
 and heirs of your eternal kingdom.
 And now, Father, send us out
 to do the work you have given us to do,
 to love and serve you
 as faithful witnesses of Christ our Lord.
 To him, to you, and to the Holy Spirit,
 be honor and glory, now and for ever. Amen.**

* PRAYER OVER THE PEOPLE

Presider Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

DISMISSAL *Following the dismissal,*

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People **Thanks be to God.**

* CLOSING HYMN: 143 “The glory of these forty days”



1 The glo - ry of these for - ty days we
 2 A - lone and fast - ing Mo - ses saw the
 3 So Dan - iel trained his mys - tic sight, de -
 4 Then grant us, Lord, like them to be full
 * 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all
 2 lov - ing God who gave the law; and to E - li - jah,
 3 liv - ered from the li - ons' might; and John, the Bride - groom's
 4 oft in fast and prayer with thee; our spi - rits strength - en
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.
 2 fast - ing, came the steeds and char - i - ots of flame.
 3 friend, be - came the her - ald of Mes - si - ah's name.
 4 with thy grace, and give us joy to see thy face.
 5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. Music: *Erhalt uns, Herr*, melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750). Copyright: Words: By permission of Oxford University Press. All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: *Dies sind die heiligen zehn Gebot*, BWV 678

Johann Sebastian Bach

Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Lector & EM	Trish Lambert
Cantor	Katie Crawford
Organist	Dr. Paul Meier

Cathedral Prayer List

Pray for: Cathy Davis; Joe & Joan Bacchus; Kenny Cabean; the With family; all those suffering from injuries from the shooting at the Chiefs Rally; Annie Benitez ; Aiden; Mark Bontrager; Ann Ryder; Brend and Lili Eichman; David Hayes; Nelda Leon; the Biellier Family; the Dollar family; Charles and Nancy Riley; Joyce Morrow; Kevin Oetting; Randal Loy; Anna Marie; Bonita White; Charlotte Colburn; Doyle White; First Responders; Gloria Stocks; Jim Royer; Jinny McCoy; Mike Barzee & Family; Phyllis & James Shaffer; Thaddeus Samuel Withers

Comfort and Peace: the family of Robert Van Gorp; the Rich family; the Hatteberg family; the Lopez-Galvan family; the Morrison family; the Sailer family and the friends, families and staff of Operation Breakthrough; Davina and the Reed family; Ellen and the Spake family; the East family; the Richards family; the England family; Jane Van Gorp & family; Nigel Jones & the Willcock family; all families affected by gun violence

Pray for the Departed: Robert Van Gorp; Arthur Ernest Rich III ; Brent Spake; for all those lost in war; for all who have died from gun violence ; Grayson O'Connor; Jeri Hatteberg; John Willcock; Julia Kelly Rucci; Karen Danna; Linda England; Lisa Lopez-Galvan; Miss Kitty Robker; Mtr. Emily Richards; Mtr. Emily Richards; Peggy Morgan; Robert F. East; Sgt. Breonna Moffett; Sgt. Kennedy Sanders; Sgt. William Rivers; Sister Berta Sailer; Terry Van Gorp

Diocesan Prayer Cycle: Central States Synod of the Evangelical Lutheran Church, Kansas City—The Rev. Susan Candea, Bishop; Spring House of Bishops Meeting

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

March 1 Robert Herschede Sophia Marrs Augusta Wilbon	John & Kay Callison
March 2 Zoë Jones Hayden McNeil Chris Morgan	March 5 Matthias Nichols
March 3 Phyllis Biddle James Norris	March 6 Jim Clark Cliff Dubroc
March 4 Mia McKeown Bob Richmond	March 7 Byron McNeil
	March 8 Paul Morel
	March 9 Ron Michka

Weekly Flower Donations

Donations toward the weekly flowers can be given by anyone who wants to acknowledge special events or people in their lives. Gifts are accepted in any amount. You can mail a check to the Cathedral office, put your donation in a flower envelope and place in the offering or make a payment through our online payment site.

See kccathedral.org/flowers for more information or contact Julie Toma, jtoma@kccathedral.org.



Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; Dr. Paul Meier, *Director of Music*; Dr. Lucas Fletcher, *Associate Organist*; Clare Stern-Burbano, *College, Youth & Children's Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@rdm.law; Valerie Johnson, *Junior Warden*, johnson_jb@hotmail.com; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Julie Brogno; Sharon Cheers; Sara Copeland; Pat Decker; Nigel Jones; Paula Livingston-Lewis; Mathias Nichols; Charles Shipley; Michael Thomas

Youth & College

Come join us for regular youth programs.

Youth Formation—9:15 a.m. with light breakfast options

Worship—10:30 a.m.

Youth Group at 6 p.m. Dinner is provided!

Questions? Contact Clare, cstern@kccathedral.org.

Children

Formation Class • 9:15 a.m.

Join us for formation hour and wonder about God with your friends and teachers and hear sacred stories as told with the help of Godly Play resources!

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum! Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, childrensformation@kccathedral.org for more information.



Family worship weekend!

Jan 21
Feb 18
March 17
April 21
May 5 (Youth Sunday, which will include children)
May 12

In an effort to getting children more comfortable and involved in worship services, we are starting what we call Family Worship Weekends. This means that rather than having Cathedral Kids, after the formation hour at 9:15, parents/guardians/caregivers will come pick their child up from Haden at 10:15 am and worship together as a family.

We have added items (Pew Boxes) that will be placed in the back of the Nave for these Family Worship Weekends. Some of the item's children can take home, some we will ask that you leave in the box.

If you have any questions, please contact Clare (cstern@kccathedral.org)

Adult Formation

Sunday

Anglican Spiritual Practices

Sundays in Lent • 9:15 a.m. • Common Room

Lent is an especially opportune time to reconnect with God, to remove distractions, and to take on new spiritual practices. We will have several opportunities for this work together.

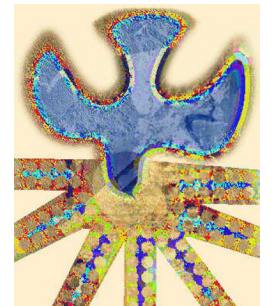
On Sundays during Lent, we will have workshops on Anglican Spiritual Practices. This will be a time to learn about the foundational practices of our faith tradition, to try them out for yourself, and to then reflect on and discuss the experience with one another.



Adult Confirmation/Inquirers Class

Sundays • 9:15 a.m. • Multipurpose Room

This class is for any adult seeking confirmation, reaffirmation, reception, or simply wanting to know more about the Episcopal Church. Bishop Diane will be with us to Confirm/Reaffirm/Receive at the Easter Vigil on March 30. I look forward to seeing you there.



Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Wednesday Lenten Classes

A Lenten Journey with the St. John's Bible

Wednesdays, through March 20

6:30–7:45 p.m., followed by Compline

Join fellow travelers on a Lenten journey guided by the texts and illuminations of the *St. John's Bible* (Heritage Edition).

Each week we will share insights, experiences and interpretations designed to inspire, encourage and improve individual and communal faith living.

March 6—Cultivating Lives of Virtue: *St. John's Bible* as a guide for spiritual development.



Crucifixion, Donald Jackson, Copyright 2002, *The Saint John's Bible*, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

March 13—Divine Guidance in Daily Living: *St. John's Bible* as a guide for recognizing God's abiding presence.

March 20—Arriving at the Destination: *St. John's Bible* as a vision for transformed living.

The Book of Jonah

Wednesdays, through March 20

6:30–7:45 p.m., followed by Compline

We will be offering classes on Wednesday evenings in Lent, including a study of the Book of Jonah. Jonah is a short book and a familiar story but hidden within those pages are some very deep themes on the spiritual life! It will be an opportunity to see this story with fresh eyes, learn about the importance of the Old Testament, and discover what Jonah and the Whale can teach us about our own relationship with God.



Calling All Ringers!



The Trinity Handbell Ensemble will be meeting for three to four rehearsals before ringing at a service in Eastertide. If you have ever wanted to ring handbells, this is a great time to try it out!

For more information, please contact Paul Meier at pmeier@kccathedral.org or 816.214.9928.

Announcements



Food Drive during March

During the Lenten Season, Outreach will be collecting food for JFSKC Pantry in Brookside. The

schedule for food donations are as follows: **March 3—Canned Meat, March 10—Canned Fruit or Vegetables, March 17—Macaroni & Cheese and Packaged Mashed Potatoes, March 24—Packaged Dessert Mixes.**

Family Bag Packing

Sunday, March 17 • between morning services

The congregation will be assisting with family bags for BackSnack students to take home over spring break on March 17. Please join us!



Palm Cross Day

Sunday, March 17 • 9 & 11:45 a.m.

We will make crosses out of Palm Leaves for distribution on Palm Sunday. Please bring your scissors. Someone will help if you've never done it before.



Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by March 24.

EVENSONG

SUNDAY, MARCH 17 • 5 P.M.

A service of Choral Evensong is offered by the Trinity Choir. This contemplative service includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. With its origins in Archbishop Thomas Cranmer's Book of Common Prayer (1549), Evensong is one of the most uniquely Anglican liturgies and is sung in cathedrals and parishes throughout the world.

Lenten Social Outreach

Sunday, March 17, between services—Packing family bags for backsnack students to take home over spring break.

Palm Sunday, March 24, between services—Easter bags will be assembled for the children at Crittenton, Camber Children's Center (KCK) and Sheffield Place.

Each week in March—Collecting food for Jewish Family Services Pantry in Brookside. The schedule is as follows:

- **March 3—Canned Meat**
- **March 10—Canned Fruit or Vegetables**
- **March 17—Macaroni & Cheese and Packaged Mashed Potatoes**
- **March 24—Packaged Dessert Mixes**