

# GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



## The Fourth Sunday in Lent March 10, 2024 • 10:30 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate. Use the QR code to the right to access the online form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



## Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (\*).
- Donations may be placed in the offering, made through the Cathedral website: [kccathedral.org](http://kccathedral.org), by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



# HOLY EUCHARIST

VOLUNTARY: *Pange Lingua*

Nicolas de Grigny

Récit du Chant de l'hymne precedent

### \* OPENING HYMN: 448 "O love, how deep, how broad, how high"



1 O love, how deep, how broad, how high, how pass - ing  
2 For us bap - tized, for us he bore his ho - ly  
3 For us he prayed; for us he taught; for us his  
4 For us to wick - ed hands be - trayed, scourged, mocked, in  
5 For us he rose from death a - gain; for us he  
6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of  
2 fast and hun - gered sore; for us temp - ta - tions  
3 dai - ly works he wrought: by words and signs and  
4 pur - ple robe ar - rayed, he bore the shame - ful  
5 went on high to reign; for us he sent his  
6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.  
2 sharp he knew; for us the tempt - er ov - er - threw.  
3 ac - tions, thus still seek - ing not him - self, but us.  
4 cross and death; for us gave up his dy - ing breath.  
5 Spi - rit here to guide, to strength - en, and to cheer.  
6 we a - dore for ev - er and for ev - er - more.

Words: Latin, 15th cent.; tr. Benjamin Webb (1819-1885), alt. Music: *Deus tuorum militum*, from *Antiphoner*, 1753; adapt. *The English Hymnal*, 1906, alt.; harm. after Basil Harwood (1859-1949). All rights reserved. Reprinted under OneLicense.net #A-710278.

### \* PENITENTIAL ORDER

page 351

Presider Bless the Lord who forgives all our sins;

People His mercy endures for ever.

*The Celebrant will add one of the sentences from page 351-352.*

**All** Most merciful God,  
 we confess that we have sinned against you  
 in thought, word, and deed,  
 by what we have done,  
 and by what we have left undone.  
 We have not loved you with our whole heart;  
 we have not loved our neighbors as ourselves.  
 We are truly sorry and we humbly repent.  
 For the sake of your Son Jesus Christ,  
 have mercy on us and forgive us;  
 that we may delight in your will,  
 and walk in your ways,  
 to the glory of your Name. Amen.

**Presider** Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

**People** Amen.

S86 “Kyrie eleison”

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e  
 e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -  
 le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.  
 Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright: Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

## The Word of God

\* COLLECT OF THE DAY

**Presider** The Lord be with you.

**People** And also with you.

**Presider** Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## THE LESSONS

### First Lesson: Numbers 21:4-9

**Lector** From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

The Word of the Lord.

**People** **Thanks be to God.**

Psalm 107:1-3, 17-22 *sung by the choir; chant by John Goss*

page 746

Give thanks to the Lord, for he is good, \*  
and his mercy endures for ever.  
Let all those whom the Lord has redeemed proclaim \*  
that he redeemed them from the hand of the foe.  
He gathered them out of the lands; \*  
from the east and from the west, from the north and from the south.  
Some were fools and took to rebellious ways; \*  
they were afflicted because of their sins.  
They abhorred all manner of food \*  
and drew near to death's door.  
Then they cried to the Lord in their trouble, \*  
and he delivered them from their distress.  
He sent forth his word and healed them \*  
and saved them from the grave.  
Let them give thanks to the Lord for his mercy \*  
and the wonders he does for his children.  
Let them offer a sacrifice of thanksgiving \*  
and tell of his acts with shouts of joy.

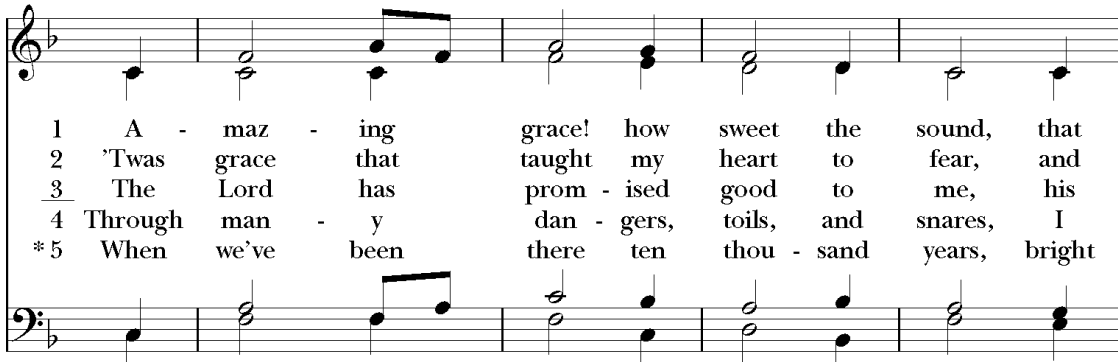
## Second Lesson: Ephesians 2:1-10

Lector You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

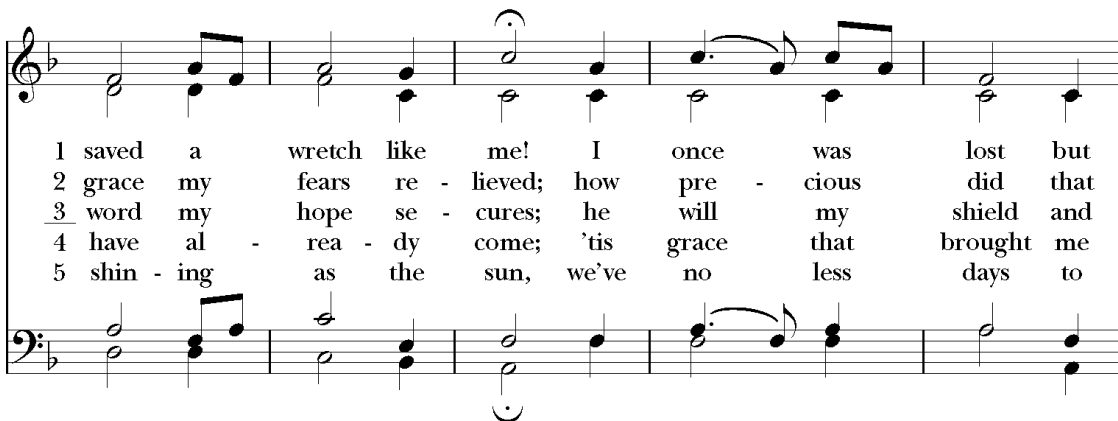
The Word of the Lord.

People Thanks be to God.

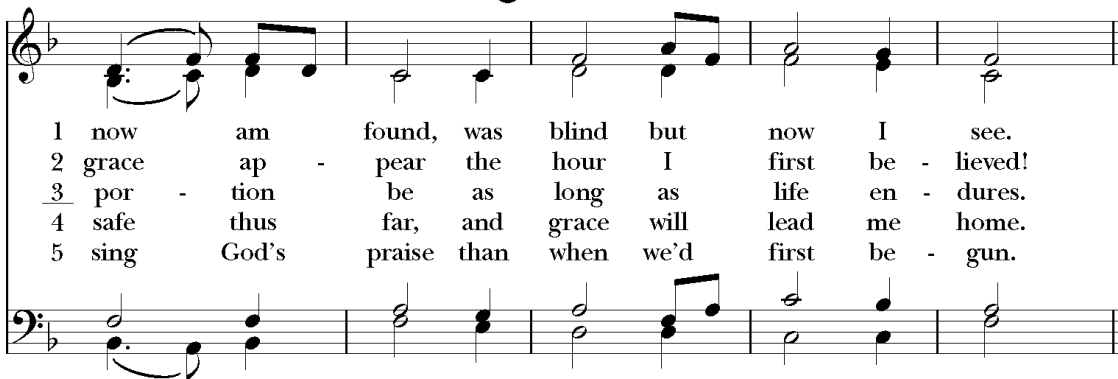
### \* GOSPEL HYMN: 671 "Amazing grace! how sweet the sound"



1 A - maz - ing grace! how sweet the sound, that  
2 'Twas grace that taught my heart to fear, and  
3 The Lord has prom - ised good to me, his  
4 Through man - y dan - gers, toils, and snares, I  
\* 5 When we've been there ten thou - sand years, bright



1 saved a wretch like me! I once was lost but  
2 grace my fears re - lieved; how pre - cious did that  
3 word my hope se - cures; he will my shield and  
4 have al - rea - dy come; 'tis grace that brought me  
5 shin - ing as the sun, we've no less days to



1 now am found, was blind but now I see.  
2 grace ap - pear the hour I first be - lieved!  
3 por - tion be as long as life en - dures.  
4 safe thus far, and grace will lead me home.  
5 sing God's praise than when we'd first be - gun.

Words: John Newton (1725-1807), alt.; st. 5, from *A Collection of Sacred Ballads*, 1790; compiled by Richard Broaddus and Andrew Broaddus. Music: *New Britain*, from *Virginia Harmony* 1831; adapt. att. Edwin Othello Excell (1851-1921); harm. Austin Cole Lovelace (b. 1919). Copyright: Music: Harmonization copyright © 1974 by Abingdon Press. Used by permission. All rights reserved. Reprinted under OneLicense.net #A-710278.

\* THE HOLY GOSPEL: John 3:14-21

Gospeller      The Holy Gospel of our Lord Jesus Christ according to John.

People          **Glory to you, Lord Christ.**

Gospeller      Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of the Lord.

People          **Praise to you, Lord Christ.**

SERMON

\* THE NICENE CREED

page 358

All              We believe in one God,  
                    the Father, the Almighty,  
                    maker of heaven and earth,  
                    of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.

Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
 who proceeds from the Father and the Son.  
 With the Father and the Son he is worshiped and glorified.  
 He has spoken through the Prophets.  
 We believe in one holy catholic and apostolic Church.  
 We acknowledge one baptism for the forgiveness of sins.  
 We look for the resurrection of the dead,  
 and the life of the world to come. Amen.

\* PRAYERS OF THE PEOPLE, FORM I

page 383

- |                              |   |
|------------------------------|---|
| Intercessor                  | With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."  |
|                              | For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.   |
| <b>People</b>                | <b>Lord, have mercy.</b>  |
| Intercessor                  | For Michael, our Presiding Bishop; Diane, our Bishop; for the Search Committee, Transition Committee, and Consecration Committee working toward the election of a new bishop; and for all the clergy and people, let us pray to the Lord. |
| <b>People</b>                | <b>Lord, have mercy.</b>  |
| Intercessor<br><b>People</b> | For Joe, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.<br><b>Lord, have mercy.</b>  |
| Intercessor<br><b>People</b> | For this city for every city and community, and for those who live in them, let us pray to the Lord.<br><b>Lord, have mercy.</b>  |
| Intercessor<br><b>People</b> | For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.<br><b>Lord, have mercy.</b>   |
| Intercessor<br><b>People</b> | For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.<br><b>Lord, have mercy.</b>  |
| Intercessor<br><b>People</b> | For those on our Cathedral prayer list, and for any others you wish to name either silently or aloud, let us pray to the Lord.<br><b>Lord, have mercy.</b>  |
| Intercessor<br><b>People</b> | For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.<br><b>Lord, have mercy.</b>  |
| Intercessor<br><b>People</b> | For all who have died in the hope of the resurrection, and for all the departed, especially those we now name, let us pray to the Lord.<br><b>Lord, have mercy.</b>   |
| Intercessor<br><b>People</b> | For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.<br><b>Lord, have mercy.</b>  |

Intercessor That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

People Lord, have mercy.

Intercessor In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

People To thee, O Lord our God.

*Silence.*

Presider Gracious God, because of your great love for the world, you gave us your son; grant us the strength and wisdom to believe in him that we would not perish but have eternal life. Amen.

\* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

BISHOP SEARCH PRAYER

All O Creator God, giver of every good gift, look graciously on us in the Diocese of West Missouri and guide us as we discern our call of a new bishop. O Jesus, be present in our discernment, and lead us to a shepherd who will invite us to live out the Gospel every day. O Holy Spirit, inspire us with your wisdom, and kindle our hearts with the fire of your love, that we may be renewed as we prepare to welcome the ministry of our next bishop. This we ask trusting in You. Amen.

## The Holy Communion

OFFERTORY SENTENCE

page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.  
*Ephesians 5:2*

\* OFFERTORY ANTHEM: "Sicut Moses serpentem in deserto exaltabit"

Heinrich Schütz  
Text: John 3:14-15

*Sicut Moses serpentem in deserto exaltavit, ita filium hominis  
oportet exaltavit,  
Ut omnis qui credit in eum, non pereat sed habeat vitam aeternam.*

As Moses lifted up the serpent in the wilderness, even so  
must the Son of man be lifted up  
So that whosoever believeth in him should not perish but  
have eternal life.



\* PRESENTATION HYMN: 142 “Lord, who throughout these forty days”

1 Lord, who through-out these for - ty days for us didst fast and pray,  
 2 As thou with Sa - tan didst con-tend, and didst the vic-tory win,  
 3 As thou didst hun-ger bear and thirst, so teach us, gra-cious Lord,  
 4 And through these days of pen - i - tence, and through thy Pas-sion - tide,  
 5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.  
 2 O give us strength in thee to fight, in thee to con-quer sin.  
 3 to die to self, and chief - ly live by thy most ho - ly word.  
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.  
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898). Music: St. Flavian, melody from Day's Psalter, 1562; adapt. and harm. Richard Redhead (1820-1901). All rights reserved. Reprinted under OneLicense.net #A-710278.

\* THE GREAT THANKSGIVING, Eucharistic Prayer D

page 372

S120: The Holy Eucharist II, Lift up your hearts: *Sursum corda*

*Celebrant* *People*  
 The Lord be with you. And al - so with you.

*Celebrant* *People*  
 Lift up your hearts. We lift them to the Lord.

*Celebrant*  
 Let us give thanks to the Lord our God.

*People*  
 It is right to give our thanks and praise.

Presider

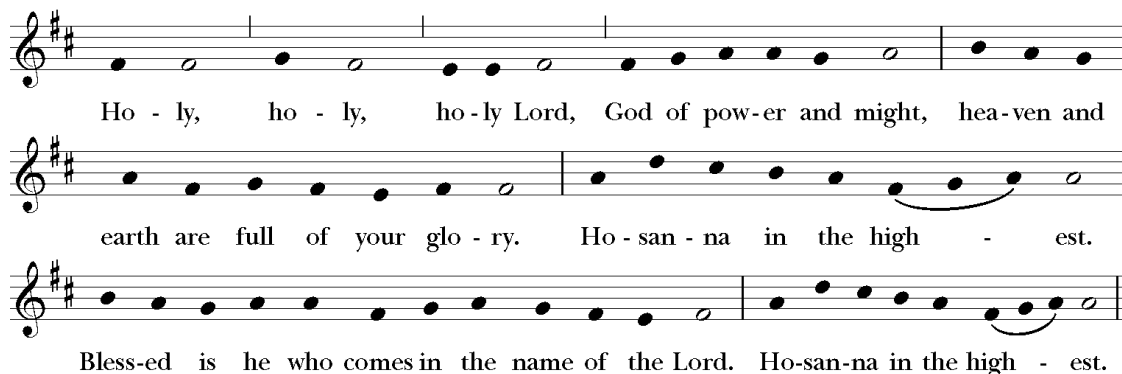
It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

All

S124: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

*The people stand or kneel.*

Presider

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All

**We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.**

Celebrant

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with [the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, (with \_\_\_\_\_) and] all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

All AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom, and the power,  
and the glory, for ever and ever. Amen.

\* BREAKING OF THE BREAD

Presider Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

S161: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to receive communion or a blessing.  
 For gluten-free bread, cross your hands palms down.  
 For a blessing, cross your hands over your chest.

On the first Sunday of each month, prayer for healing is offered at the prayer desk until the close of worship.

### Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

— From *The Prayer Book for the Armed Services*

### COMMUNION ANTHEM: “God so loved the world”

Bob Chilcott  
 text: John 3:16

God so loved the world that he gave his only begotten son that whoso believeth in him should not perish but have ever lasting life.

### COMMUNION HYMN: 685 “Rock of ages cleft for me”

1 Rock of a - ges, cleft for me, let me hide my - self in thee;  
 2 Should my tears for ev - er flow, should my zeal no lan - guor know,  
 3 While I draw this fleet - ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,  
 all for sin could not a - tone: thou must save, and thou a - lone,  
 when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou - ble cure, cleanse me from its guilt and power.  
 in my hand no price I bring, sim - ply to thy cross I cling.  
 Rock of a - ges, cleft for me, let me hide my - self in thee.

Words: Augustus Montague Toplady (1740-1778), alt. Music: Toplady, Thomas Hastings (1784-1872). All rights reserved. Reprinted under OneLicense.net #A-710278.

Presider Let us pray.

All Eternal God, heavenly Father,  
 you have graciously accepted us as living members  
 of your Son our Savior Jesus Christ,  
 and you have fed us with spiritual food  
 in the Sacrament of his Body and Blood.  
 Send us now into the world in peace,  
 and grant us strength and courage  
 to love and serve you  
 with gladness and singleness of heart;  
 through Christ our Lord. Amen.

\* PRAYER OVER THE PEOPLE

Presider Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have  
 nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ  
 our Lord. Amen.

\* DISMISSAL

*Following the dismissal,*

People Thanks be to God.

\* SENDING HYMN: 530 "Spread, O spread, thou mighty word"

1 Spread, O spread, thou might - y word, spread the king - dom of the Lord,  
 2 word of how the Fa - ther's will made the world, and keeps it, still;  
 3 word of how the Sa - vior's love earth's sore bur - den doth re - move;  
 4 word of how the Spi - rit came bring - ing peace in Je - sus' name;  
 5 Word of life, most pure and strong, word for which the na - tions long,

1 that to earth's re - mot - est bound all may heed the joy - ful sound;  
 2 how his on - ly Son he gave, earth from sin and death to save;  
 3 how for - ev - er, in its need, through his death the world is freed;  
 4 how his nev - er - fail - ing love guides us on to heaven a - bove.  
 5 spread a - broad, un - til from night all the world a - wakes to light.

Words: Jonathan Friedrich Bahnmaier (1774–1841); tr. Arthur William Farlander (1898–1952) and Charles Winfred Douglas (1867–1944), alt. St. 4, F. Bland Tucker (1895–1984). Music: *Gott sei Dank*, melody from *Geistreiches Gesangbuch*, 1704; adapt. and harm. William Henry Havergel (1793–1870). All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: *Pange Lingua*

Nicolas de Grigny

En taille à 4  
 Fugue à 5

## Serving Today

---

Presider & Preacher	The Rev. W. James Yazell
Deacon	The Rev. Barbara Wegener
Musicians	The Trinity Choir, Dr. Lucas Fletcher, Dr. Paul Meier
Lector	Donna Knoell
Intercessor	Julie Brogno
Eucharistic Ministers	Christine Morrison, Charles Shipley
Acolytes	Margo Galus, Nora Elisabeth, Brenda Colburn
Ushers	Richard Fanolio, Steve Moore, Richard Morse, John Braum
Greeters	Gary Bressman, Sandy Bressman
Altar Guild	Paula Livingston-Lewis, Sara Copeland, Candy McDowell
Sound/Livestreaming	Kristy Moore, Leticia Porter
Holy Hands Hospitality	Tara Bennett, David Kraemer, Colin Chambers, Pat Decker, Maryvec Hemingway
Cathedral Kids	Clare Stern-Burbano, Dani Valencia Mortensen

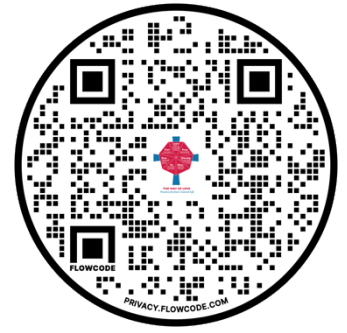


## BULLETIN INSERTS

**March 10, 2024 – Lent 4 (B)**

**Week 4: Life Transformed – The Way of Love in Lent**

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) or by scanning the QR code to the right.



**Week 4**

**Sunday, March 10**

*Today's Practice:* Watch the Rev. Dr. Hillary Raining's video at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) for Week 4. The topic is based on the practice "Bless" and is titled, "A New Heart and a New Spirit".

*Read:* Ezekiel 36:24-28

**Monday, March 11**

*Today's Prompt:* What challenges are you facing today?

*Read:* "And you will have confidence, because there is hope; you will be protected and take your rest in safety." - Job 11:18

**Tuesday, March 12**

*Today's Prompt:* How is the Jesus who walked the earth beckoning you to meet him?

*Read:* "They came to Jericho. As he and his disciples and a large crowd were leaving Jericho, Bartimaeus son of Timaeus, a blind beggar, was sitting by the roadside. When he heard that it was Jesus of Nazareth, he began to shout out and say, 'Jesus, Son of David, have mercy on me!' Many sternly ordered him to be quiet, but he cried out even more loudly, 'Son of David, have mercy on me!' Jesus stood still and said, 'Call him here.' And they called the blind man, saying to him, 'Take heart; get up, he is calling you.' So throwing off his cloak, he sprang up and came to Jesus. Then Jesus said to him, 'What do you want me to do for you?' The blind man said to him, 'My teacher, let me see again.' Jesus said to him, 'Go; your faith has made you well.' Immediately he regained his sight and followed him on the way." – Mark 10:46-52

**Wednesday, March 13**

*Today's Prompt:* Try praying with Anglican prayer beads.

*Read:* "Then Jesus told them a parable about their need to pray always and not to lose heart." – Luke 18:1

**Thursday, March 14**

*Today's Prompt:* Where do you find joy and passion?

*Read:* "They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'" – Luke 24:32

**Friday, March 15**

*Today's Prompt:* Where might God be asking you to take your great love into the world?

*Read:* "From this time forward I tell you new things, hidden things that you have not known." – Isaiah 48:6

**Saturday, March 16**

*Today's Prompt:* How do you want to prepare people to remember you?

*Read:* "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God." – 2 Corinthians 1:3-4

*Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission. Quotations from the New Revised Standard Version Bible, copyright © 1989 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.*

# Cathedral Prayer List

**Pray for:** Mary Jane Thomas; Bill Crain; Willard Welch; Gordon Hansen; Phineas & LaGreta Gitta; Joe & Joan Bacchus; Cathy Davis; Kenny Cabean; the With family; all those suffering from injuries from the shooting at the Chiefs Rally; Annie Benitez ; Aiden; Mark Bontrager; Bethany; Ann Ryder; David Hayes; Nelda Leon; the Biellier Family; Brend and Lili Eichman; the Dollar family; Joyce Morrow; Charles and Nancy Riley; Kevin Oetting; Randal Loy; Doyle White; Anna Marie; Charlotte Colburn; Pat Lieve; Mike Barzee & Family; Bonita White; Jim Royer; Thaddeus Samuel Withers; Jinny McCoy; Phyllis & James Shaffer; Larry McMullen; Gloria Stocks; First Responders

**Comfort and Peace:** the family of Margaret Brogdon; the family of Robert Van Gorp; the Rich family; the Hatteberg family; the Lopez-Galvan family; the Morrison family; the Sailer family and the friends, families and staff of Operation Breakthrough; Davina and the Reed family; Ellen and the Spake family; the East family; the Richards family; the England family; Jane Van Gorp & family; Nigel Jones & the Willcock family; all families affected by gun violence

**Pray for the Departed:** Cody Allen; Drexel Mack; Margaret Brogdon; Robert Van Gorp; Arthur Ernest Rich III ; Brent Spake; for all those lost in war; for all who have died from gun violence ; Grayson O'Connor; Jeri Hatteberg; John Willcock; Julia Nucci Kelly; Karen Danna; Linda England; Lisa Lopez-Galvan; Miss Kitty Robker; Mtr. Emily Richards; Mtr. Emily Richards; Peggy Morgan; Robert F. East; Sgt. Breonna Moffett; Sgt. Kennedy Sanders; Sgt. William Rivers; Sister Berta Sailer; Terry Van Gorp

**Diocesan Prayer Cycle:** The Episcopal Diocese of Kansas, Topeka, KS—The Rt. Rev. Cathleen Chittenden Bascom, Bishop; St. Luke's Health System

For the complete prayer list: [kccathedral.org/prayers](http://kccathedral.org/prayers)

To place a person on this prayer list, please contact Deacon Barbara Wegener, [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

Requests are held in prayer for 90 days.

## Birthdays & Anniversaries

### March 10

Cecil Neal  
Jane Pfeffer  
Janet Sweeting

### March 11

Richard Moore

### March 12

Larry McMullen  
Cathy Thomas

### March 13

Christopher Kirby  
Sandy & Gary Bressman

### March 14

Doris Biellier  
Austin Graham

### March 16

John Richards

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).

## Easter Flowers



Your generous gifts, in memory of or in thanksgiving for a loved one, help provide flowers for our Easter celebrations. Gifts will be recognized in *The Angelus*.

Mail your check to the Cathedral, text "GIVETOGHTC flowers" to 73256 to give using your mobile device or use the "Give" button on our website (top right side of the main menu).

**Cathedral Staff:** The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; Dr. Paul Meier, *Director of Music*; Dr. Lucas Fletcher, *Associate Organist*; Clare Stern-Burbano, *College, Youth & Children's Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

**The Vestry:** Steve Moore, *Senior Warden*, [smoore@rdm.law](mailto:smoore@rdm.law); Valerie Johnson, *Junior Warden*, [johnson\\_jb@hotmail.com](mailto:johnson_jb@hotmail.com); Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Julie Brogno; Sharon Cheers; Sara Copeland; Pat Decker; Nigel Jones; Paula Livingston-Lewis; Mathias Nichols; Charles Shipley; Michael Thomas



# Youth & College

Come join us for regular youth programs.

**Youth Formation—9:15 a.m. with light breakfast options**

**Worship—10:30 a.m.**

**Youth Group at 6 p.m. Dinner is provided!**

Questions? Contact Clare, [cstern@kccathedral.org](mailto:cstern@kccathedral.org).

# Children

## Formation Class • 9:15 a.m.

Join us for formation hour and wonder about God with your friends and teachers and hear sacred stories as told with the help of Godly Play resources!

## Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum! Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, [childrensformation@kccathedral.org](mailto:childrensformation@kccathedral.org) for more information.



*Family worship weekend!*

Jan 21  
Feb 18  
March 17  
April 21  
May 5 (Youth Sunday, which will include children)  
May 12

In an effort to getting children more comfortable and involved in worship services, we are starting what we call Family Worship Weekends. This means that rather than having Cathedral Kids, after the formation hour at 9:15, parents/guardians/caregivers will come pick their child up from Haden at 10:15 am and worship together as a family.

We have added items (Pew Boxes) that will be placed in the back of the Nave for these Family Worship Weekends. Some of the item's children can take home, some we will ask that you leave in the box.

If you have any questions, please contact Clare ([cstern@kccathedral.org](mailto:cstern@kccathedral.org))

# Adult Formation

## Sunday

### Anglican Spiritual Practices

#### Sundays in Lent • 9:15 a.m. • Common Room

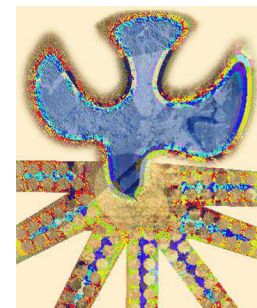
Lent is an especially opportune time to reconnect with God, to remove distractions, and to take on new spiritual practices. We will have several opportunities for this work together. On Sundays during Lent, we will have workshops on Anglican Spiritual Practices. This will be a time to learn about the foundational practices of our faith tradition, to try them out for yourself, and to then reflect on and discuss the experience with one another.



### Adult Confirmation/Inquirers Class

#### Sundays • 9:15 a.m. • Multipurpose Room

This class is for any adult seeking confirmation, reaffirmation, reception, or simply wanting to know more about the Episcopal Church. Bishop Diane will be with us to Confirm/Reaffirm/Receive at the Easter Vigil on March 30. I look forward to seeing you there.



## Tuesday

### GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit [kccathedral.org/other-activities](http://kccathedral.org/other-activities).

### Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, [kccathedral.org/adultformation/wbs](http://kccathedral.org/adultformation/wbs) for more information.

### Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, [kccathedral.org/adultformation/lbs](http://kccathedral.org/adultformation/lbs) for more details.

# Easter Vigil Reception: Help Needed!

Last year GHTC brought back the beautiful tradition of hosting a celebratory reception complete with delicious food, drink and desserts following the Easter Vigil service.

We need your help!

If you can help in any of these capacities:

- Prepare and bring food (we request that food be dropped off by 6:45 p.m., service begins at 7 p.m.)
- Set up (be present by 6:30 p.m. to receive food, label and put food and drink on tables, etc.)
- Clean up after the reception

Please contact Beth Keyse ([bethkeyse@gmail.com](mailto:bethkeyse@gmail.com)) or Diane Barker ([dianedavidbarker@gmail.com](mailto:dianedavidbarker@gmail.com)), if you are able to help.

It is a fun way to get to know people, and volunteers sometimes get to sample goodies before the event!

Thank you!

**EXPECT THE**  
*unexpected*

*All things work together for good for those who love God*



You may make your financial commitment by mailing your pledge card to the Cathedral, putting it into the offering or by making your pledge online using the QR code.

**Questions about pledging?**  
Use the QR code to see our Pledging FAQ.

What do we want for Grace and Holy Trinity in 2024? We want to work together for the good of all and go beyond our expectations for something better. We want to **Expect the Unexpected!** If we ask for what is expected, that's what we'll get; but, when we ask for the unexpected, we'll get so much more.

When you pledge to the work and ministry of the Cathedral, you are putting your faith and trust in all of us to expect the unexpected, so that what we get/give/share/learn is so much more than we could have ever imagined. Thank you for that trust.

# Holy Week Schedule

**Sunday, March 24, 8 & 10:30 a.m., 5 p.m.**

**Palm Sunday**—We recall Jesus' entry into Jerusalem with the blessing of palms and a procession, followed by the story of Christ's Passion and death. The 10:30 service begins with a procession through the courtyard.

**Monday, March 25, 12:05 p.m.**

**Monday in Holy Week**—Holy Eucharist

**Tuesday, March 26, 11 a.m.**

**Tuesday in Holy Week**—Holy Eucharist & Chrism Mass with Bishop Diane Bruce.

**Wednesday, March 27, 12:05 p.m.**

**Wednesday in Holy Week**—Holy Eucharist

**Thursday, March 28, 7 p.m.**

**Maundy Thursday**—We remember Jesus' last meal with his disciples by listening to the gospel, participating in hymns and choral music, washing feet as a sign of servant ministry, and sharing the bread and wine of Eucharist. We witness the stripping of the altar.

**Friday, March 29, 9 a.m. & 12:05 p.m.**

**Good Friday**—**9 a.m.:** We remember Jesus' death with the Good Friday Liturgy and communion from the Reserved Sacrament on the Altar of Repose. **12:05 p.m.:** This service includes the chanting of the Passion, choral and instrumental music, customary prayers and veneration of the cross of Christ.

**Saturday, March 30, 9 a.m.**

**Holy Saturday**—A brief and simple liturgy recalls the mournful desolation of the lifeless Christ in the tomb. After the service, stay to help decorate the Cathedral for Easter.

**Saturday, March 30, 7 p.m.**

**Easter Vigil**—Bishop Diane will be with us as we light the new fire, listen to the story of salvation in the Scripture and witness the confirmation, reception and reaffirmation of persons in the Cathedral congregation. We then proclaim with joy "Alleluia. Christ is risen" and celebrate the first Eucharist of Easter. We will continue the celebration at a reception following the service.

**Sunday, March 31, 8 & 10:30 a.m.**

**Easter Day**—We celebrate the Resurrection of Jesus. All services include hymns, choral music, brass and a Cathedral resplendent with flowers. Children will flower the resurrected Savior's cross.

*An Easter egg hunt for children (through fifth grade) takes place on the north lawn following the 10:30 service. Invite your friends and neighbors!*

# Announcements



## Food Drive during March

During the Lenten Season, Outreach will be collecting food for JFSKC Pantry in Brookside. The

schedule for food donations are as follows: **March 10—Canned Fruit or Vegetables, March 17—Macaroni & Cheese and Packaged Mashed Potatoes, March 24—Packaged Dessert Mixes.**

## Family Bag Packing

**Sunday, March 17 • between morning services**

The congregation will be assisting with family bags for BackSnack students to take home over spring break on March 17. Please join us!



## Palm Cross Day

**Sunday, March 17 • 9 & 11:45 a.m.**

We will make crosses out of Palm Leaves for distribution on Palm Sunday. Please bring your scissors. Someone will help if you've never done it before.



**Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by March 24.**

## EVENSONG.

SUNDAY, MARCH 17 • 5 P.M.

A service of Choral Evensong is offered by the Trinity Choir. This contemplative service includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. With its origins in Archbishop Thomas Cranmer's Book of Common Prayer (1549), Evensong is one of the most uniquely Anglican liturgies and is sung in cathedrals and parishes throughout the world.

## Lenten Social Outreach

**Sunday, March 17, between services**—Packing family bags for backsnack students to take home over spring break.

**Palm Sunday, March 24, between services**—Easter bags will be assembled for the children at Crittenton, Camber Children's Center (KCK) and Sheffield Place.

**Each week in March**—Collecting food for Jewish Family Services Pantry in Brookside. The schedule is as follows:

- **March 10—Canned Fruit or Vegetables**
- **March 17—Macaroni & Cheese and Packaged Mashed Potatoes**
- **March 24—Packaged Dessert Mixes**