# GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



The Third Sunday of Easter

May 4, 2025 • 5 p.m.

#### Welcome! We are glad you are here.

- Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.

#### Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (\*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Tap to give using the display in the Tower entrance. Instructions for use are next to the machine. Thank you for your generosity.



#### HOLY EUCHARIST

VOLUNTARY: Élévation René Vierne (1878-1918)

#### The Word of God

\* Opening Acclamation and Collect for Purity

page 355

Presider Alleluia. Christ is risen.

People The Lord is risen indeed. Alleluia.

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:

Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love

you, and worthily magnify your holy Name; through Christ our Lord. Amen.

\* GLORIA page 356

All Glory to God in the highest,

and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks,

we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father. Amen.

#### \* COLLECT OF THE DAY

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.** 

#### THE LESSONS

First Lesson: Acts 9:1-20

Lector

Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest and asked him for letters to the synagogues at Damascus, so that if he found any who belonged to the Way, men or women, he might bring them bound to Jerusalem. Now as he was going along and approaching Damascus, suddenly a light from heaven flashed around him. He fell to the ground and heard a voice saying to him, "Saul, Saul, why do you persecute me?" He asked, "Who are you, Lord?" The reply came, "I am Jesus, whom you are persecuting. But get up and enter the city, and you will be told what you are to do." The men who were traveling with him stood speechless because they heard the voice but saw no one. Saul got up from the ground, and though his eyes were open, he could see nothing; so they led him by the hand and brought him into Damascus. For three days he was without sight, and neither ate nor drank.

Now there was a disciple in Damascus named Ananias. The Lord said to him in a vision, "Ananias." He answered, "Here I am, Lord." The Lord said to him, "Get up and go to the street called Straight, and at the house of Judas look for a man of Tarsus named Saul. At this moment he is praying, and he has seen in a vision a man named Ananias come in and lay his hands on him so that he might regain his sight." But Ananias answered, "Lord, I have heard from many about this man, how much evil he has done to your saints in Jerusalem; and here he has authority from the chief priests to bind all who invoke your name." But the Lord said to him, "Go, for he is an instrument whom I have chosen to bring my name before Gentiles and kings and before the people of Israel; I myself will show him how much he must suffer for the sake of my name." So Ananias went and entered the house. He laid his hands on Saul and said, "Brother Saul, the Lord Jesus, who appeared to you on your way here, has sent me so that you may regain your sight and be filled with the Holy Spirit." And immediately something like scales fell from his eyes, and his sight was restored. Then he got up and was baptized, and after taking some food, he regained his strength.

For several days he was with the disciples in Damascus, and immediately he began to proclaim Jesus in the synagogues, saying, "He is the Son of God."

The Word of the Lord.

People Thanks be to God.

I will exalt you, O Lord, because you have lifted me up \*

and have not let my enemies triumph over me.

O Lord my God, I cried out to you, \*

and you restored me to health.

You brought me up, O Lord, from the dead; \*

you restored my life as I was going down to the grave.

Sing to the Lord, you servants of his; \*

give thanks for the remembrance of his holiness.

For his wrath endures but the twinkling of an eye, \*

his favor for a lifetime.

Weeping may spend the night, \*

but joy comes in the morning.

While I felt secure, I said, "I shall never be disturbed. \*

You, Lord, with your favor, made me as strong as the mountains."

Then you hid your face, \*

and I was filled with fear.

I cried to you, O Lord; \*

I pleaded with the Lord, saying,

"What profit is there in my blood, if I go down to the Pit? "

will the dust praise you or declare your faithfulness?

Hear, O Lord, and have mercy upon me; \*

O Lord, be my helper."

You have turned my wailing into dancing; \*

you have put off my sack-cloth and clothed me with joy.

Therefore my heart sings to you without ceasing; \*

O Lord my God, I will give you thanks for ever.

Second Lesson: Revelation 5:11-14

Lector

I looked, and I heard the voice of many angels surrounding the throne and the living creatures and the elders; they numbered myriads of myriads and thousands of thousands, singing with full voice,

"Worthy is the Lamb that was slaughtered

to receive power and wealth and wisdom and might

and honor and glory and blessing!"

Then I heard every creature in heaven and on earth and under the earth and in the sea, and all that is in them, singing,

"To the one seated on the throne and to the Lamb

be blessing and honor and glory and might forever and ever!"

And the four living creatures said, "Amen!" And the elders fell down and worshiped.

The Word of the Lord.

People

Thanks be to God.

\* THE HOLY GOSPEL: John 21:1-19

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Gospeller

Jesus showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way. Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing.

Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, "Children, you have no fish, have you?" They answered him, "No." He said to them, "Cast the net to the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in because there were so many fish. That disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the sea. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, only about a hundred yards off.

When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred fifty-three of them; and though there were so many, the net was not torn. Jesus said to them, "Come and have breakfast." Now none of the disciples dared to ask him, "Who are you?" because they knew it was the Lord. Jesus came and took the bread and gave it to them, and did the same with the fish. This was now the third time that Jesus appeared to the disciples after he was raised from the dead.

When they had finished breakfast, Jesus said to Simon Peter, "Simon son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Feed my lambs." A second time he said to him, "Simon son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Tend my sheep." He said to him the third time, "Simon son of John, do you love me?" Peter felt hurt because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep. Very truly, I tell you, when you were younger, you used to fasten your own belt and to go wherever you wished. But when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go." (He said this to indicate the kind of death by which he would glorify God.) After this he said to him, "Follow me."

The Gospel of the Lord.

People Praise to you, Lord Christ.

SERMON

\* The Nicene Creed page 358

All We believe in one God,

the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God, eternally begotten of the Father,

God from God, Light from Light,

true God from true God,

begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

#### \* Prayers of the People

adapted from Hear Our Prayer: Prayers of the People for the Revised Common Lectionary

Intercessor

We come to you Lord as your people, raised for abundant life and as heralds of your Good News. Hear

now the prayers of your people as we say, Lord in your mercy, hear our prayer.

You were present with the first disciples, be present to us now and lead your church, that we might

more fully embrace your mission.

Lord in your mercy,

People

Hear our prayer.

Intercessor

You opened Paul's eyes to the possibilities of Christ's love and sacrifice. Open the eyes of our leaders

and of all in positions of authority that they too might zealously pursue Christ's path.

Lord in your mercy,

People

Hear our prayer.

Intercessor

Strengthen our faith and encourage us in our doubts, that we might cling to you and never lose hope.

Lord in your mercy,

People

Hear our prayer.

Intercessor We have been placed in an abundant creation. Grant us wisdom to use it sustainably and equitably so

that people everywhere may share in its bounty.

Lord in your mercy,

People Hear our prayer.

Intercessor You healed and brought comfort to those in pain and illness. Bring healing to our brokenness and to all

who suffer in any way. We pray especially for those on the Cathedral's Prayer List, and for those whom

we now name silently or aloud.

Lord in your mercy,

People Hear our prayer.

Intercessor You came to live and die just as we do. Fill our lives with your blessings and be with us in death that we

might rise again with Christ in the new age. We pray especially for those we now name, either silently

or aloud.

Lord in your mercy,

People Hear our prayer.

Presider Loving creator and sustainer, we are your renewed people, eager to live in your life and to reflect your

mercy into the world around us. Hear our prayers and respond so that we may more fully live the life you created us for. All this we ask through our Lord, Christ Jesus, who reigns with you and the Holy

Spirit now and always. Amen.

\* The Peace page 360

Presider The peace of the Lord be always with you.

People And also with you.

Announcements

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin

another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your

goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

Offertory Sentence page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.

Ephesians 5:2

#### \* Offertory Hymn: 182 "Christ is alive!"



Words: Brian A. Wren (b. 1936), rev. Music: Truro, melody from Psalmodia Evangelica, Part II, 1789; harm. Lowell Mason (1792–1872), alt. Words: Copyright © 1975 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

#### \* The Great Thanksgiving, Eucharistic Prayer A

page 361

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

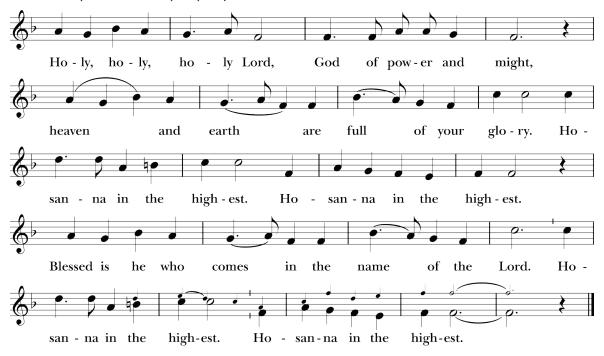
People It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty,

Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Music: From A Community Mass; Richard Proulx (1937-2010). Copyright © 1971, 1977 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

#### Presider

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

#### All

Christ has died.

Christ is risen.

Christ will come again.

Presider

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

#### All

AMEN.

Presider

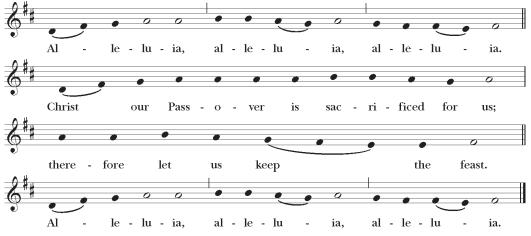
And now, as our Savior Christ has taught us, we are bold to say,

All

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.

#### \* Breaking of the Bread

S154: The Holy Eucharist, Fraction Anthem: Christ our Passover



Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

#### Communion

All are welcome to receive communion or a blessing. For gluten-free bread, cross your hands palms down. For a blessing, cross your hands over your chest.

#### \* Postcommunion Prayer

page 365

Presider Let us pray.

All Eternal God, heavenly Father,

you have graciously accepted us as living members of your Son our Savior Jesus Christ,

and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace,

and grant us strength and courage

to love and serve you

with gladness and singleness of heart;

through Christ our Lord. Amen.

- \* The Blessing
- \* DISMISSAL

Following the dismissal,

People Thanks be to God.

\* Closing Hymn: 535 "Ye servants of God, your Master proclaim" Ye of God, claim, ser - vants your Mas - ter pro God - eth high, al might - y to save; on3 Sal God who sits throne! tion onthe va to 4 Then him right: dore, and give his and pub - lish broad his won - der - ful Name: and still he isnigh: his pres - ence we have. Let all loud, and Son. cry a hon - or the All all glo - ry power, wis - dom and might, and the Name all of tol: rious vic The tion his great con gre ga tri umph shall sing, The prais - es of Je sus the gels pro claim, gels and hon - or and bless - ing, with an bove, his king all. domisglo - rious; he crib va - tion King. ing to Je - sus our as sal fall wor - ship down fa Lamb. their - ces, and the thanks in - fi - nite love. and nev - er ceas - ing and

Words: Charles Wesley (1707–1788), alt. Music: Paderborn, melody from Catolisch-Paderbornisches Gesang-buch, 1765; harm. Sydney Hugo Nicholson (1875–1947). All rights reserved. Reprinted under OneLicense.net #A-710278.

Voluntary: Tuba Tune in D Major, Op. 15

C.S. Lang (1891-1971)

### Cathedral Prayer List

**Pray for:** Cliff Mosley; Cpt. Charles Lewis, Jr.; Cathy Hager; Alan Greer; Janet; John Luce; Joyce Bellinghausen; Phineas Gitta; Sally Livengood; Jeffrey and family; Diane Barker; Legal immigrants who are being separated from family and friends; Jonathan; Christine Copeland; Sheri Packett; Carl; Meribeth Risebig; Rebecca Rezaei; Charlotte Colburn; Mike Barzee & Family; Larry McMullen; Joyce Morrow; Gloria Stocks; Jim Royer; Thaddeus Samuel Withers; Yvonne Kehoe Meier; First Responders; All those fighting cancer; All families affected by gun violence

**Comfort and Peace:** the family and friends of Bob Richmond; the family and friends of Gabriella Ann Collins; the family and friends of Congressman Wes Watkins; the family and friends of Isaiah Russell III; the family and friends of Jack Whitacre; the family and friends of Doyle White; the family and friends of Ann Spicer; all families affected by gun violence

Pray for the Departed: Bob Richmond; Gabriella Ann Collins; Congressman Wes Watkins; Isaiah Russell III; Jack Whitacre; Doyle White; Ann Spicer; those lost in war; those who have died from gun violence

Diocesan Prayer Cycle: The Episcopal Church of the Good Shepherd, Kansas City—The Rev. Canon Galen Snodgrass, The Rev. Lynda Hurt

The Diocesan Consecration Committee

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org, or text PRAYER at (816) 310-1888.

View the prayer list anytime: kccathedral.org/prayers

#### Today's flowers are dedicated to the glory of God

Today's flowers are dedicated to the glory of God and in thanksgiving for the Rt. Rev. Amy Daffler Meaux, IX Bishop of West Missouri.

#### **Sponsor the Altar Flowers**

Altar flowers are a great way to beautify the sanctuary and remind your fellow worshipers of the new life that Jesus brings. They are also a great way to commemorate an event near a specific date, or honor/remember someone close to your heart.

Donations toward the weekly flowers can be given by anyone and are accepted in any amount. You can mail a check to the Cathedral office, put your donation in the offering or make a payment through our online payment site. For more information: kccathedral.org/flowers or contact Julie Toma, jtoma@ kccathedral.org.

### Birthdays & Anniversaries

Please contact the Cathedral office if we have omitted your birthday or anniversary.

May 4 May 9

Scott Claassen Steve Moore

> Burma Cenovich Lena McCaffree

Bill Boyd Sophia Atwell

Isabelle Morrison Bill & Claudia Brown

#### **May 10**

Michael Thomas Donna Canfield **Bud McDowell** 

# Weekly Calendar

Learn more about our weekly services & opportunities for study and fellowship: kccathedral.org

#### Sunday

May 6

Holy Eucharist 8 a.m.

Coffee Hour/Hospitality Time 9 a.m. Formation for Adults & Youth 9:15 a.m.

10:30 a.m. Holy Eucharist\* 10:30 a.m. Cathedral Kids

Coffee Hour/Hospitality Time 11:30 a.m. Order for Evening and Holy Eucharist 5 p.m.

[Choral Evensong, 3rd Sundays]

Youth Group 6 p.m.

#### Monday

Morning Prayer^ 9 a.m.

#### Tuesday

7:30 a.m. GHTC's Virtual Cafe+ Morning Prayer^ 9 a.m. Women's Bible Study+ 12:30 p.m. Lectionary Bible Study+ 6:45 p.m.

#### Wednesday

Morning Prayer^ 9 a.m. 12:00 p.m. Noonday Prayer\*

AA Meeting in Multipurpose Room 12:00 p.m.

12:05 p.m. Holy Eucharist

Rehearsal: Bell Choir 6:30 p.m.

\*In person and streamed on YouTube @kccathedral

**Thursday** 

+On Zoom ^In Person and streamed on Facebook @kccathedral

Morning Prayer^ 9 a.m. Rehearsal: Trinity Choir 7 p.m.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. W. James Yazell, Associate Priest; The Rev. Barbara Wegener, Deacon; The Rev. CJ Duffie, Deacon; Dr. Lucas Fletcher, Director of Music; Clare Stern-Burbano, College, Youth & Children's Minister; Julie Toma, Cathedral Administrator; Holly Campbell, Events Coordinator; Steve Berman, Finance Coordinator; Dr. Joan Bergstrom, Sacristan & Volunteer Coordinator; Angie Graham, Facility Manager; Bianca Jackson, Assistant Facility Manager; The Very Rev. Peter J. DeVeau, Dean Emeritus; Canon John Schaefer, Canon Musician Emeritus

The Vestry: Steve Moore, Senior Warden, smoore@skeltonmoore.com; Nigel Jones, Junior Warden, redbox712@gmail.com, (405) 747-6550; Chip Buckner, Treasurer; Blain Lagergren, Clerk; Bill Boyd; Julie Brogno; Colin Chambers; Pat Decker; Paget Higgins; Steve King; Christine Morrison; Mathias Nichols; Charles Shipley

### Today's Focal St. John's Bible Illumination

### Third Sunday of Easter – Forgiveness, Restoration and Mission

"Letters to the Seven Churches with Heavenly Choir" Illumination (Revelation 5:11-14)

The theme uniting today's lectionary readings is restoration, forgiveness, and mission. This theme is clear and straightforward in the John 21 and Acts 9 texts where Peter and Paul are each forgiven, restored, and given a mission. However, the Revelation text's connection to this theme may seem less obvious. In chapters 2, 3, and 4, seven churches in Asia Minor are called to repent of various misdeeds, they are restored, and their missions are renewed provided they take heed of the cited grievances. In chapter 5, the risen and ascended Christ is declared worthy to open the scroll and break its seals, revealing God's restoration of the creation to its intended order and purpose.

The focal illumination employs elements intended to recognize the first-century context as well as the apocalyptic and eschatological nature of Revelation. To avoid interpreting the content too literally or applying it randomly to our own contexts, the illumination

the modern and ancient settings with imagery and color. The churches are depicted with a broad spectrum of colors to preserve their symbolic nature. They display crosses representative of a variety of cultural traditions. The seven lampstands symbolize the seven churches of Asia Minor addressed in chapters 2 through 4. Protruding from the bottom of the illumination is a golden calf portraying the purging of idol worship by these churches which live within a culture dominated by pagan cultic practices.

Note also the golden archway from the Cathedral of Santiago de Compostela, an image found repeatedly throughout the Saint John's Bible. This image has been employed as a device for unifying God's redeeming and restoring activity by means of the Ark of the Covenant, the temple, and the church, a work brought to completion in the book of Revelation.

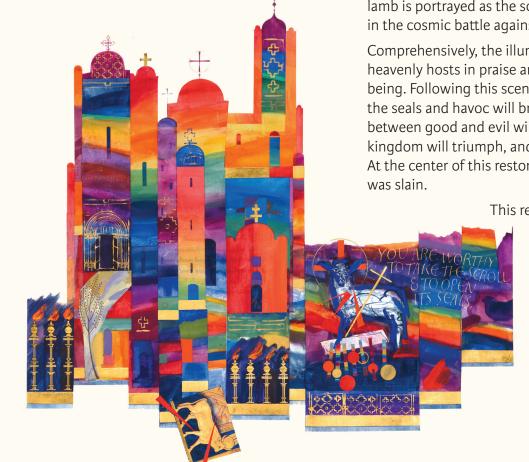
The illumination's central panel depicts the slain lamb standing on the scroll with the seven seals. Here the lamb is portrayed as the source of hope for the churches in the cosmic battle against evil.

Comprehensively, the illumination invites us to join the heavenly hosts in praise and worship of God with all our being. Following this scene, the lamb will begin opening the seals and havoc will break out. The final battle between good and evil will begin. In the end, God's kingdom will triumph, and divine rule will be restored. At the center of this restoration stands the lamb that was slain.

This revelation lives on as a

promise of God's power and everlasting reign. Its message encourages the church to remain faithful to its mission amid history's hardships and challenges.

When do you think collective forgiveness and restoration might be needed today?
How might a process of collective forgiveness and restoration work?



balances

# Formation for All Ages

### Children: Sundays

#### Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in the back cross aisle. Upcoming Family Worship Sundays: April 27, May 11.

### Youth: Sundays

#### Youth Confirmation • 9:15 a.m.

Youth meet in the Haden Hall Youth Room for confirmation preparation with a light breakfast.

#### 10:30 a.m. • Worship

#### 6 p.m. • Youth Group

Join us for dinner and fellowship in the Youth Room.

### **Adults: Sundays**

#### The Path • 9:15 a.m. • Common Room

April 6: Chapter 21 April 13: Chapter 22

In our Adult Formation this year we are taking a journey using Forward Movement's *The Path*, an excerpted version of the Bible that covers most of the major stories chronologically. Through *The Path*, we will become familiar with the grand overarching narrative of the entire Bible.

### Adults: Tuesdays

#### GHTC's Virtual Cafe • 7:30 a.m. • Zoom

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30-9 a.m. For details, visit **kccathedral.org/other-activities**.

#### Women's Bible Study • 12:30 p.m. • Zoom

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, **kccathedral. org/adultformation/wbs** for more information.

#### Lectionary Bible Study • 6:45 p.m. • Zoom

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, **kccathedral.org/adultformation/lbs** for more details.



## Join us June 1-7, 2025 for Episcopal Summer Mega Camp!

Mega Camp is a 1-week overnight summer camp experience for young people who have finished grades 3-12. There's boating, horseback riding, archery, climbing tower, hiking, arts & crafts, plus Episcopal worship and formation. The camp community is like nothing else: campers will feel accepted and loved for who they are and be able to build their faith with others their age.

Camp is not restricted to Episcopalians or regular churchgoers. All are welcome, so feel free to invite friends and family.

Contact Clare (cstern@kccathedral.org) for details about registration, cost and scholarship availability.

### Donations for our Outreach Partner

## Donate Onesies for Maison de Naissance



During May, we collect Onesies for Maison de Naissance, a modern maternal health center supporting healthy mothers and healthy babies in Haiti.

• The best sizes are Newborn to 6 months. • Short sleeves only PLEASE. It gets HOT in Haiti. •

Bring your donations of Onesies to the Tower entrance. Thank you for your kind and generous giving.

# Outreach Volunteer Opportunities

# The Emergency Food Assistance Program

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). We meet from about 9:30 a.m. to noon.

St. Paul's receives delivery of several pallets of shelf-stable and frozen food from Harvesters each month. Friendly volunteers are needed to break down the pallets and repackage the food into family-sized boxes and bags. Then we open the doors to those in need and start handing out the food.

**Upcoming TEFAP dates:** May 17

To volunteer or for more information, contact Deacon Barbara 816.739.8032 or **bwegener@kccathedral.org**.

#### Pete's Garden

In the lower level of Founders' Hall, Pete's Garden is a food rescue committed to less food waste and more family meals. They collect unserved prepared food from caterers, restaurants and food service operations each day. Pete's Garden meals are then distributed through social service agencies that serve children and their families. Most of the families who receive Pete's Garden meals are headed by single women in low paying jobs, living below federal poverty guidelines.

Volunteers work together to portion and package donated food so it can be redirected to social service agencies who get meals to families.

Sign up for a shift at **petesgarden.org/volunteer**.

#### **Nourish KC**

Volunteers are the heart and soul of NourishKC. Every meal served, every pantry stocked, and every food item redistributed is made possible because of the time, energy, and dedication of our volunteers. Your support ensures that they can continue providing nutritious meals, offering essential pantry staples, and building a hungerfree community. By volunteering with Nourish KC, you become part of a compassionate movement that transforms lives—one meal at a time. Whether it's lending a hand in our Community Kitchen, assisting with pantry distribution, or helping with events, your contribution makes a lasting impact.

Sign up for a shift at theprospectkc.org/nourish-kc.

### **Upcoming Events & Announcements**

#### All Things ... Episcopal Podcast

The Campus and Young Ministry Commission will be hosting a podcast with Bishop Amy shortly following her consecration! The commission is asking YOU for questions you have for Bishop Amy. All questions must be received by May 5. The submission form is at kccathedral.org/upcoming-events.

# Game Night: Bunco, Friday, May 16, 6 p.m. Common Room

Gather your family, friends, and fellow game enthusiasts for an evening of thrilling games, fabulous fellowship, and unforgettable memories. Bring a snack and/or drink to share and join in the fun. Sign up on our website: kccathedral.org/upcoming-events

#### **AED Training**

#### May 18 • 9 a.m. & 11:45 a.m.

GHTC member and medical professional Troy Sorbo is conducting training for Automated External Defibrillators. This training will be brief but thorough. Contact Troy at tsorbo@aol.com or John Braum at johnwayne66@ sbcglobal.net to let them know you plan to attend. You only need to attend one session.

# **Eucharistic Practices, May 18 at 9:15 a.m.**Cathedral Nave

Walking through several elements of the Eucharist, in this session we will experiment with devotional practices for deeper engagement in the liturgy. Any who desire to feel more proficient and at ease in worship are invited to join us, both newcomers and long-term members alike.

#### Graduate Recognition, May 18 at all services

We celebrate all graduates as part of our Youth Sunday celebration. If you or a family member is graduating this year, let us know by Monday, May 12. Graduates will be recognized during the 10:30 a.m. service. Submit names at kccathedral.org/upcoming-events.

#### Youth Sunday, May 18 at 10:30 a.m.

Our young people take key leadership roles in the service and the Cathedral's youth leadership will preach.

#### Evensong, May 18 at 5 p.m.

A service of Choral Evensong is offered by the Trinity Choir. This contemplative service includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. With its origins in Archbishop Thomas Cranmer's Book of Common Prayer (1549), Evensong is one of the most uniquely Anglican liturgies and is sung in cathedrals and parishes throughout the world.

#### Parish Picnic, June 8 at 11:45 a.m.

Join us for our annual Parish Picnic. The Cathedral serves up the main feast, and you're invited to dazzle us with your finest sides and sweetest desserts.

We'll have fun activities for kids of all ages. Dress casually and enjoy this time of fun and fellowship!

This is a great Sunday to invite a friend or neighbor to worship with you.

#### **Church Texting Service**

#### Text us at (816) 310-1888

- Text LOOP to stay in the loop about Cathedral updates (weather closures, reminders).
- Text GUEST if you are new with us & want to know more.
- Text PRAYER to submit prayer requests.

You'll then receive a return text with a link to a form requesting your name and email. Once you've completed the form for the first time, the system will recognize you when you text again. *Note: this number is for texts only, not voice calls.* 

# Take Home an Easter Lily Today

You are invited to take home one of the Easter Lily plants today.

