

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Mary and Martha" by He Qi

The Sixth Sunday after Pentecost
July 20, 2025 • 8 a.m.

Welcome! We are glad you are here.

- Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Tap to give using the display in the Tower entrance. Instructions for use are next to the machine.
- *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: Fuga in G

attr. Johann Adam Reincken (bap. 1643-1722)

The Word of God

* OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

* GLORIA

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All
Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.
Amen.

THE LESSONS

First Lesson: Genesis 18:1-10a

Lector The Lord appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, "My lord, if I find favor with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on-- since you have come to your servant." So they said, "Do as you have said." And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

They said to him, "Where is your wife Sarah?" And he said, "There, in the tent." Then one said, "I will surely return to you in due season, and your wife Sarah shall have a son."

The Word of the Lord.

People **Thanks be to God.**

Psalm 15 *read by alternating half verse*

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Lord, who may dwell in your tabernacle? *

who may abide upon your holy hill?

Whoever leads a blameless life and does what is right, *

who speaks the truth from his heart.

There is no guile upon his tongue; he does no evil to his friend; *

he does not heap contempt upon his neighbor.

In his sight the wicked is rejected, *

but he honors those who fear the Lord.

He has sworn to do no wrong *

and does not take back his word.

He does not give his money in hope of gain, *

nor does he take a bribe against the innocent.

Whoever does these things *

shall never be overthrown.

Second Lesson: Colossians 1:15-28

Lector Christ Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him—provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

The Word of the Lord.

People Thanks be to God.

* THE HOLY GOSPEL: Luke 10:38-42

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

Gospeller As Jesus and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

The Gospel of the Lord.

People Praise to you, Lord Christ.

SERMON

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

Intercessor Let us pray to the Most High God saying, Lord in your mercy, hear our prayer.

Grant your church such love for you that others are led into relationship with you by our faith and actions.

Lord in your mercy,

People Hear our prayer.

Intercessor Open hearts of each person here to feel your presence and do your will this day and always.

Lord in your mercy,

People Hear our prayer.

Intercessor Bless this nation, state, and local community. Bless all nations and people. Give us leaders who seek to serve all people with justice, compassion, and care.

Lord in your mercy,

People Hear our prayer.

Intercessor Restore all things in your creation and heal the wounds we have inflicted on your earth and creatures.
Lord in your mercy,

People Hear our prayer.

Intercessor End the cycle of violence and poverty through your grace and our efforts on behalf of victims and the vulnerable.
Lord in your mercy,

People Hear our prayer.

Intercessor Heal all those who are sick in body, mind, or spirit. Bless us with good care through doctors, nurses, staff, medicines, and prayer. We pray especially for those on the Cathedral Prayer List, those who have sought our prayers, and those we now name silently or aloud.
Lord in your mercy,

People Hear our prayer.

Intercessor Surround the dying with your love and give strength to those who mourn. Bring all souls into the light of your perpetual love. We pray especially for those we now name, either silently or aloud.
Lord in your mercy,

People Hear our prayer.

Presider All these we ask in the name of your son, our savior Jesus Christ, who lives and reigns with you and the Holy Spirit now and forever. **Amen.**

CONFESSON AND ABSOLUTION

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Deacon Let us confess our sins against God and our neighbor.

**All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 440 "Blessed Jesus, at thy word"

1 Bless - ed Je - sus, at thy word we are gath - ered all to
2 All our know - ledge, sense, and sight lie in deep - est dark - ness
3 Gra - cious Lord, thy - self im - part! Light of Light, from God pro -

hear thee; let our hearts and souls be stirred
shroud - ed, till thy Spi - rit breaks our night
ceed - ing, o - pen thou our ears and heart,

now to seek and love and fear thee; by thy teach - ings
with the beams of truth un - cloud - ed; thou a - lone to
help us by thy Spi - rit's plead - ing. Hear the cry thy

pure and ho - ly, drawn from earth to love thee sole - ly.
God canst win us; thou must work all good with - in us.
Church up - rais - es; hear, and bless our prayers and prais - es.

Words: Tobias Clausnitzer (1619-1684); tr. Catherine Winkworth (1829-1878); alt. Music: *Liebster Jesu*, melody Johann Rudolph Ahle (1625-1673); alt. *Das grosse Cantional: oder Kirchen-Gesangbuch*, 1687; harm. George Herbert Palmer (1846-1926). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All **We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All **AMEN.**

Presider And now, as our Savior Christ has taught us, we are bold to say,
All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

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Presider Alleluia. Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia.
Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.
For gluten-free bread, cross your hands palms down.
For a blessing, cross your hands over your chest.*

On the first Sunday of each month, prayer for healing is offered at the prayer desk until the close of worship.

* POSTCOMMUNION PRAYER

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Presider Let us pray.
All Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

* THE BLESSING

* DISMISSAL

Following the dismissal,

People Thanks be to God.

* CLOSING HYMN: 344 "Lord, dismiss us with thy blessing"

1 Lord, dis - miss us with thy bless - ing; fill our hearts with
 2 Thanks we give and a - dor - a - tion for thy Gos - pel's
 3 so that when thy love shall call us, Sa - vior, from the

joy and peace; let us each, thy love pos - sess - ing,
 joy - ful sound: may the fruits of thy sal - va - tion
 world a - way, fear of death shall not ap - pall us,

tri - umph in re - deem - ing grace: O re - fresh us,
 in our hearts and lives a - bound: ev - er faith - ful,
 glad thy sum - mons to o - bey. May we ev - er,

O re - fresh us trav - eling through this wil - der - ness.
 ev - er faith - ful to thy truth may we be found;
 may we ev - er reign with thee in end - less day.

Words: Att. to John Fawcett (1739/40-1817). Music: Sicilian Mariners, Sicilian melody; first published *The European Magazine and London Review*, 1792, alt. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Fanfare

C.S. Lang (1891-1971)

Serving Today

Presider	The Rev. W. James Yazell	Organist	Dr. Lucas Fletcher
Preacher	The Rev. Barbara Wegener	Lector	Joan Bergstrom
Assisting	The Very Rev. Dr. Andrew C. Keyse	Eucharistic Minister	Kelsey Leftwich-Yazell
Deacon of the Word	The Rev. Barbara Wegener	Usher	Jim Crum
Deacon of the Table	The Rev. CJ Duffie	Altar Guild	Jennifer Mason

CELEBRATING 155 YEARS

1870–2025



GRACE CHURCH

On July 20, 1870, a new Episcopal parish for the west side of Kansas City, Missouri, was founded in the basement of Coates Opera House, located on the southeast corner of the intersection of Tenth Street and Broadway Boulevard. Those present at the formation meeting chose the name “Saint Paul’s Church” for the new parish. The parish name was changed to “Grace Church” on April 14, 1873.

Plans for a building were unanimously approved on May 12, 1874, and the congregation began preparations for construction of a small brick building. However, in July of that year, the foundation had just been laid when the Kansas City area was devastated by a huge swarm of locusts that swept into the state from the west. The resulting economic conditions caused the plans for the church to be modified. The new building was constructed of wood. The Grace Church building was finished by Christmas Day 1874.

In 1887, the Vestry of Grace Church purchased land at Thirteenth Street near Broadway Boulevard on which to build the first structures in stone, the buildings that stand today at that location. Construction began first on Guild Hall, called “Guild House” in its early years and “Parish House” today, in May 1888 and was completed in March 1890. Guild Hall served as the venue for the primary, or organizations, convention of the Diocese of West Missouri in June 1890.

The foundations for the new Nave of Grace Church was also poured in 1888. Construction began in June 1893 and the interior was completed in 1894 and the exterior was completed in late fall 1895. The first service in the current Nave was December 16, 1894, and the Nave was consecrated on May 15, 1898.

An Episcopal parish, known as “Trinity Church,” was established in 1883 on the east side of downtown Kansas City. Trinity Church flourished until about 1900 when its membership declined with the population migration to the suburbs south of downtown and the church’s considerable mortgage debt. In early May 1917, the rector of Trinity Church, Robert Nelson Horatio Spencer, met with the bishop, Sidney Catlin Partridge, about merging Trinity Church and Grace Church. The Vestries of both churches agreed to the merger and the new parish of Grace and Holy Trinity Church was completed on November 2, 1917.

Excerpted from *The Glorious Masterworks of Grace and Holy Trinity Cathedral, Kansas City, Missouri* by Randal J. Loy

Complimentary copies of *The Glorious Masterworks* are available in Founders’ Hall.

Author Randal J. Loy will be present to answer your questions about the history of Grace and Holy Trinity Cathedral.

Birthdays & Anniversaries

Please contact the Cathedral office if we have omitted your birthday or anniversary.

July 20

Jonathan & Meredith Sternberg

July 21

John Rich

July 22

Mary Boomer

July 23

Susan Ahn

Jonathan Kemper

Grace Sparks-Towner

Isaac Pasley

Heather Shore

July 24

Al Schneider

Elin Johnson

July 26

Alex Cornwell

Arianne & Ron Fortune

Cathedral Prayer List

To place a person on this prayer list, text PRAYER to (816) 310-1888 or email Deacon Barbara Wegener, bwegener@kccathedral.org.

View the prayer list anytime: kccathedral.org/prayers

Pray for: Sandie Sorbo; Emma Ruth Morestatter; Keri Kirby; Juliana Johnson; John and Yvette Hoffman; Donna Knoell; Ron Letson; Tom Taylor; Jeremy Oliver; Jim Holstein; Peg Brown; Jody Beck; Cliff Mosley; Janet; Sally Livengood; Sandra Fuhrman; Cathy Hager; Alan Greer; Phineas Gitta; Ralph; Mike Barzee & Family; Iris Parsons; Larry McMullen; Joyce Morrow; Gloria Stocks; Jim Royer; Thaddeus Samuel Withers; Yvonne Kehoe Meier; Jeffrey and family; Charlotte Colburn All those fighting chronic illness; All families affected by gun violence; First Responders; Legal immigrants who are being separated from family and friends

Comfort and Peace for the families of the departed.

Pray for the Departed: Warren Sheldon; Scott Johnson; Benjamin Jones; Victoria Meredith; Patrick Gaboriau; Melissa and Mark Hortman; Cecil Neal; Fran Brunner; Yaron Lischinsky; Sarah Milgrim; those lost in war; those who have died from gun violence

Diocesan Prayer Cycle: St. Peter & All Saints Episcopal Church, Kansas City—The Rev. Jonathan Frazier; The Rev. Dcn. Donna Stanford

The Communications Committee

Weekly Calendar

Learn more about our weekly services & opportunities for study and fellowship: kccathedral.org

Sunday

8 a.m. Holy Eucharist
9 a.m. Coffee Hour/Hospitality Time
9:15 a.m. Formation for Adults & Youth
10:30 a.m. Holy Eucharist*
10:30 a.m. Cathedral Kids
11:30 a.m. Coffee Hour/Hospitality Time
5 p.m. Order for Evening and Holy Eucharist
6 p.m. Youth Group

Tuesday

7:30 a.m. GHTC's Virtual Cafe+
12:30 p.m. Women's Bible Study+
6:45 p.m. Lectionary Bible Study+

Wednesday

12:00 p.m. Noonday Prayer*
12:00 p.m. AA Meeting in Multipurpose Room
12:05 p.m. Holy Eucharist

*In person and streamed on YouTube @kccathedral
+On Zoom

Note: Morning Prayer is on summer break. But you can still pray! Morning Prayer starts on page 75 in the Book of Common Prayer, or online at prayer.forwardmovement.org/pray.

Today's flowers

Today's flowers are dedicated to the glory of God and

- in memory of Rev. Cecil Neal by Augusta Wilbon

Altar flowers are a great way to commemorate an event near a specific date, or honor/remember someone close to your heart. Donations of any amount toward the weekly flowers can be given by anyone who wants to acknowledge special events or people in their lives.

See kccathedral.org/flowers for more information or contact Julie Toma.

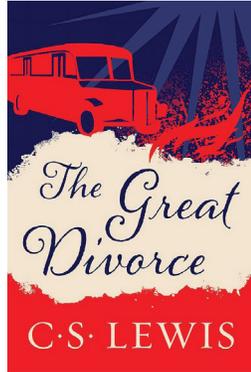


Formation for All Ages

Adults: Sundays

Summer Book Study: *The Great Divorce* by C.S. Lewis • 9:15 a.m. • Common Room

In this fable from the imagination of C.S. Lewis readers are invited to reflect on the nature of heaven and hell, grace and judgment, and on the choices that shape our souls. All are welcome to join us, no prior experience with Lewis required!



Schedule

Today – Introduction & Chapters 1-3
July 27 – Chapters 4-6
August 3 – Chapters 7-9
August 17 – Chapters 10-12
August 24 – Chapters 13-14 & Epilogue

Copies of the book are available.

Children: Sundays

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in the back cross aisle.

Upcoming Family Worship Dates: July 27, August 24

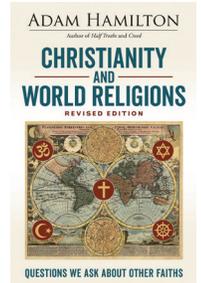
Adults: Tuesdays

GHTC's Virtual Cafe • 7:30 a.m. • Zoom

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30-9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m. • Zoom

WBS is currently study *Christianity and World Religions*. We'll be focusing on Hinduism, Buddhism, Islam and Judaism and how their beliefs compare to Christianity. This study by Adam Hamilton is designed to help us build bridges with others to "grow in faith, seek peace in our world, love our neighbors, and find positive ways to share the gospel." Visit our website, kccathedral.org/adultformation, for more information.



Lectionary Bible Study • 6:45 p.m. • Zoom

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or on our website, kccathedral.org/adultformation, for more details.

Youth: Sundays

Youth meetings are on summer break. Stay tuned for updates on when they will resume.

Sunday Formation • 9:15 a.m.

Formation study with light breakfast options.

Youth Group • 6 p.m.

Study, fun and dinner.

Today's Focal St. John's Bible Illumination

Sixth Sunday After Pentecost – The Power of God's Word

Jesus' Visit to Mary and Martha Portion of "Luke Anthology" Illumination (Luke 10:38-42)

Today's lectionary readings address the theme of the power of God's word to dwell within us, shape us, and produce fruit. Our visio divina application comes from a section of the "Luke Anthology" illumination highlighting Luke 9:38-42 – Jesus' visit to the home of Martha and Mary.

On the right side of this illumination in the lower portion Martha and Mary are found listening to Jesus. Martha stands in her apron with her hands on her hips looking exasperated. Mary is seated beside her listening intently to Jesus (who is the gold figure in the upper right corner). Jesus' words to Martha appear in gold lettering between them: "There is need of only one thing" (v. 42).

It is important for us to note that Jesus does not admonish Martha for her hospitality. Rather, in verse 41 he articulates the actual problem as "you are worried and distracted by many things." At its root, to be distracted means to fragment something that should be whole. This suggests a state of heart and mind that makes us divided, conflicted, and "un-whole." Jesus encounters Martha in a condition of fragmentation that is robbing her of joy and genuine purpose. It is leaving her unable to receive the peace and undiminished life he wishes to offer her.

In this narrative Mary and Martha reflect two sides of love and care – listening (Mary) and doing (Martha). However, if busyness or worry creates barriers of resentment, anger, onerous self-sacrifice, and exasperation, then our hospitality (whether that of listening or doing) can become an affront to those we intend to serve. Under such conditions our packed schedules serve to thwart intimacy with God and others. In this case one thing is needed – to find ways to surrender our heavy burdens of worry and distraction and listen to Jesus' words of God's love and acceptance.

If we are able to comprehend Jesus' diagnosis of the actual problem in this story, then we might perceive Jesus' admonition to Martha (and ourselves) not as a criticism, but as an invitation. Jesus knows our need for wholeness of mind, body and spirit. He also knows how we tend to place devastating expectations on ourselves and consequently on others. God's word has the power to indwell us bringing peace and wholeness that shapes us in ways which produce the fruit of genuine hospitality, love, and caring. There is need of only one thing. If we choose it, then the power of God's word becomes a transforming force within us.



Donations for our Outreach Partners

SCHOOL SUPPLY DRIVE

for Saint Luke's Hospital Crittenton Children's Center

DUE BY JULY 31

Supply List:

kccathedral.org/outreach



Backpacks
Expo dry erase markers (4 count)
Highlighters (yellow, pink, green, blue)
Spiral notebooks
Composition notebooks (fun colors & designs appreciated)
5-tab dividers (for 3-ring notebooks)

1 inch 3-ring binders
Pocket folders w/brads
Pens (black, blue and/or red ink)
Colored pencils
Crayola markers (10 pack)
Crayola washable markers (fine line)
Crayons
Pink erasers

Black sharpies
Rulers
Elmer's glue bottles and sticks
Scissors - blunt and point
Wood Pencils
Mechanical pencils
Pencil pouches
Index cards w/lines

Help Us Keep Cooking: The Future of the Nourish KC Community Kitchen Depends on You

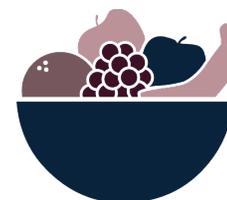
According to Feeding America's Map the Meal Gap 2024 report:

- 1 in 7 neighbors in our region are food insecure
- 1 in 6 children don't know where their next meal will come from

Meanwhile, recent cuts to TEFAP (The Emergency Food Assistance Program) have wiped out 15,000 pounds of food per month a critical loss to our community kitchen and the neighbors we serve.

Donate now and help fight hunger: www.theprospectkc.org/donate

*The Prospect KC (EIN: 84-4576270)
11 E. 40th Street
Kansas City, MO 64111*



NOURISHKC

Upcoming Events & Announcements

For more info and signup links: kccathedral.org/events

Diocesan Ordinations

July 26, 10 a.m.

Come join us as Christopher J. "CJ" Duffie, Keith Johnson Jr., and Mark Bowers are ordained to the Sacred Order of Priests. A reception follows in Founders' Hall. CJ will preside at both morning services the next day.

Farewell Coffee Hour for The Rev. CJ Duffie

July 27, 11:45 a.m.

We bid CJ farewell following the 10:30 a.m. service and wish him luck as he transitions to his next call to be the Priest-in-Charge at Church of the Holy Family in Park Forest, Illinois, Diocese of Chicago.

Summer Hospitality Hosts Needed!

Help us continue the hospitality offered at the Cathedral coffee hours during the summer. We invite you to sign up to bring something simple to go with a cup of coffee, like donuts/donut holes, fruit, brownies or cookies (homemade or from the store) or veggies. Sign up online at kccathedral.org/events. Your help is appreciated.

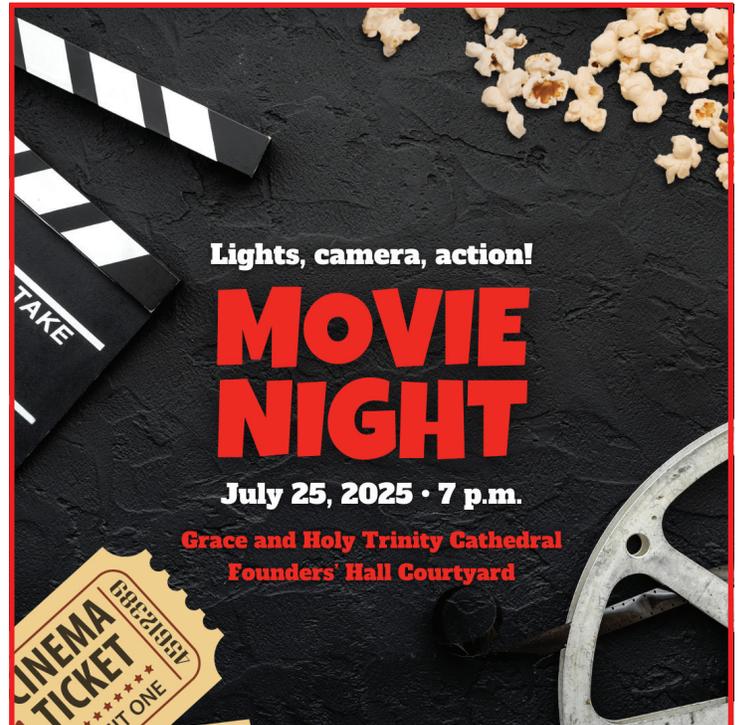
Save the Date

July 27 | Family Worship Sunday

August 10 | All Parish Breakfast, 9 a.m.

August 22 | Game Night: Trivia, 6 p.m.

August 24 | Family Worship Sunday



Lights, camera, action! Join us for movie night on Friday, July 25! We'll be transforming the Founders' Hall courtyard into a cinema under the stars.

The Cathedral's got your munchies covered with popcorn and soda. Bring your chairs, blankets, and (if you want) your favorite movie candy to share with the group!

RSVP using the link at kccathedral.org/events.

Join Us in Making a Difference! Volunteer at Our Church

You are invited to use your skills and spirit to make a real impact. Whether you have a few hours or want to dive into regularly serving, there are many ways to help: serving in worship services, teaching/helping with children & youth programs, assisting with the Cathedral gardens, singing in the choir and more.

Volunteering lets you give back, connect with others, and grow in faith. For more information, visit kccathedral.org/volunteer or contact Volunteer Coordinator Joan Bergstrom at volunteers@kccathedral.org.

FIND YOUR PLACE TO SERVE
AT GRACE AND HOLY TRINITY CATHEDRAL

