

# GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Thief at midnight" by James B. Janknegt

The Ninth Sunday after Pentecost  
August 10, 2025 • 5 p.m.

## Welcome! We are glad you are here.

- Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.

### Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (\*).
- Donations may be placed in the offering, made through the Cathedral website: [kccathedral.org](http://kccathedral.org), by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Tap to give using the display in the Tower entrance. Instructions for use are next to the machine. *Thank you for your generosity.*



# ORDER FOR EVENING AND HOLY EUCHARIST

VOLUNTARY: *Voluntary*

Johann Pepusch (1667-1752)

## The Order for Evening

### \* OPENING ACCLAMATION AND PRAYER FOR LIGHT

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*Cantor*  *People* 

Light and peace, in Je - sus Christ our Lord. Thanks be to God.

*The presider adds a prayer for light.*

### \* O GRACIOUS LIGHT *Phos hilaron*: 25



1 O gra - cious Light, Lord Je - sus Christ, in  
2 Now sun - set comes, but light shines forth, the  
3 Wor - thy are you of end - less praise, O



you the Fa - ther's glo - ry shone. Im - mor - tal, ho - ly,  
lamps are lit to pierce the night. Praise Fa - ther, Son, and  
Son of God, Life - giv - ing Lord; where - fore you are through



blest is he, and blest are you, his ho - ly Son.  
Spi - rit: God who dwells in the e - ter - nal light.  
all the earth and in the high - est heaven a - dored.

Words: Greek, 3rd cent.; tr. F. Bland Tucker (1895-1984); para. of *O Gracious Light*. Music: *The Eighth Tune*, Thomas Tallis (1505?-1585). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

# The Word of God

## \* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE LESSONS

### First Lesson: Genesis 15:1-6

Lector The word of the Lord came to Abram in a vision, "Do not be afraid, Abram, I am your shield; your reward shall be very great." But Abram said, "O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?" And Abram said, "You have given me no offspring, and so a slave born in my house is to be my heir." But the word of the Lord came to him, "This man shall not be your heir; no one but your very own issue shall be your heir." He brought him outside and said, "Look toward heaven and count the stars, if you are able to count them." Then he said to him, "So shall your descendants be." And he believed the Lord; and the Lord reckoned it to him as righteousness.

The Word of the Lord.

People **Thanks be to God.**

### Psalm 33:12-22



Cantor Happy is the nation whose God is | the Lord! \*  
happy the people he has chosen | to be his own!

All The Lord looks down from | heaven, \*  
and beholds all the peo|ple in the world.  
From where he sits enthroned he turns | his gaze \*  
on all who | dwell on the earth.  
He fashions all the | hearts of them \*  
and under|stands all their works.  
There is no king that can be saved by a mighty | army; \*  
a strong man is not delivered | by his great strength.  
The horse is a vain hope for de|liverance; \*  
for all its strength | it cannot save.  
Behold, the eye of the Lord is upon those who | fear him, \*  
on those who wait | upon his love,  
To pluck their lives | from death, \*  
and to feed them | in time of famine.  
Our soul waits for | the Lord; \*  
he is our | help and our shield.  
Indeed, our heart rejoices | in him, \*  
for in his holy Name | we put our trust.  
Let your loving-kindness, O Lord, be u|pon us, \*  
as we have put | our trust in you.



“But know this: if the owner of the house had known at what hour the thief was coming, he would not have let his house be broken into. You also must be ready, for the Son of Man is coming at an unexpected hour.”

The Gospel of the Lord.

**People** Praise to you, Lord Christ.

## SERMON

### \* THE NICENE CREED

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All We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary, and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### \* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

Intercessor O God Word comes to us, and our hearts our uplifted. Listen now, we beseech you, to the needs and thanksgiving of your people as we say, lord in your mercy, hear our prayer.

Fill your church with faith, that our hope might embolden us to be your agents of love in all the corners of our lives.

Lord in your mercy,

**People** Hear our prayer.

Intercessor Grant wisdom, compassion, and a love of justice to the leaders of our nation that they might work for the good of all.

Lord in your mercy,

**People Hear our prayer.**

Intercessor Open our eyes to the possibilities of tomorrow; lead us to focus not just on problems but to search for solutions that we might build a sustainable way of life that honors your abundant creation.

Lord in your mercy,

**People Hear our prayer.**

Intercessor We are committed to being your people in this community at this time. Grant us discerning hearts and burning desire to share your Good News that our community might be a place where all people may thrive.

Lord in your mercy,

**People Hear our prayer.**

Intercessor Let your healing love be present in the lives of all who suffer. We pray especially for those on the Cathedral's Prayer List, and for those whom we now name silently or aloud.

Lord in your mercy,

**People Hear our prayer.**

Intercessor Welcome the dead into your loving embrace, tend to the souls of those who grieve, and let us hold close the love of those whom we wait to see in your new age. We pray especially for those we now name, either silently or aloud.

Lord in your mercy,

**People Hear our prayer.**

Presider O Generous God, you desire that we should live in love and not fear; hear our prayers, be known in our lives, and respond to the needs and hopes of your people; all this we ask through Jesus, our Lord and Savior who with you and Holy spirit lives reigns, now and always. **Amen.**

## CONFESSON AND ABSOLUTION

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Deacon Let us confess our sins against God and our neighbor.

**All Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Presider Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

## The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.  
*Ephesians 5:2*

\* OFFERTORY HYMN: 393 "Praise our great and gracious Lord "



1 Praise our great and gra - cious Lord, call up - on his ho - ly Name;  
2 God has given the cloud by day, given the mov - ing fire by night;



raisi - ng hymns in glad ac - cord, all his might - y acts pro - claim:  
guides his Is - rael on their way from the dark - ness in - to light.



how he leads his cho - sen un - to Ca - naan's prom - ised land,  
God it is who grants us sure re - treat and re - fuge nigh;



how the word we have heard firm and change - less still shall stand.  
light of dawn leads us on: 'tis the Day - spring from on high.

Words: Harriet Auber (1773-1862), alt. Music: *Maaz Zur*, Hebrew melody; adapt. and arr. Eric Werner (b. 1901). Copyright: Music: From *Union Songster*, Copyright © 1960, Conference of American Rabbis. Used by permission. All Rights Reserved. Reprinted under OneLicense.net #A-710278.



After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [\_\_\_\_\_ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

\* THE LORD'S PRAYER

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Presider And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, for ever and ever. Amen.

\* BREAKING OF THE BREAD

S154: The Holy Eucharist, Fraction Anthem: *Christ our Passover*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plain songs*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider            The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## COMMUNION

*All are welcome to receive communion or a blessing.  
For gluten-free bread, cross your hands palms down.  
For a blessing, cross your hands over your chest.*

## \* POSTCOMMUNION PRAYER

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Presider            Let us pray.

**All                    Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

## DISMISSAL

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Presider            The grace of our Lord Jesus Christ, and the love of God, in the fellowship of the Holy Spirit, be with us all evermore. Amen.

*Following the dismissal,*

**People                Thanks be to God.**

\* CLOSING HYMN: 527 "Singing songs of expectation"



1 Sing - ing songs of ex - pec - ta - tion, on - ward  
 2 One the light of God's own pres - ence, o'er his  
 3 One the strain the lips of thou - sands lift as



goes the pil - grim band, through the night of  
 ran - somed peo - ple shed, chas - ing far the  
 from the heart of one; one the con - flict,



doubt and sor - row, march - ing to the prom - ised land.  
 gloom and ter - ror, bright - ening all the path we tread:  
 one the per - il, one the march in God be - gun:



Clear be - fore us through the dark - ness gleams and  
 one the ob - ject of our jour - ney, one the  
 one the glad - ness of re - joic - ing on the



burns the guid - ing light: trust - ing God we  
 faith which nev - er tires, one the ear - nest  
 far e - ter - nal shore, where the one al -



march to - geth - er step - ping fear - less through the night.  
 look - ing for - ward, one the hope our God in - spires.  
 might - y Fa - ther reigns in love for ev - er - more.

Words: Bernard Severin Ingemann (1789-1862) tr. Sabine Baring-Gould (1834-1924), alt. Music: *Ton-y Botel*, Thomas John Williams (1869-1944). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Trumpet Tune in E-Flat Major

David N. Johnson (1922-1987)

Serving Today

Presider & Preacher	The Rev. W. James Yazell
Lector & Eucharistic Minister	Patti Ryder
Cantor	Kelli Van Meter
Organist	Dr. Lucas Fletcher

# Birthdays & Anniversaries

Please contact the Cathedral office if we have omitted your birthday or anniversary.

## August 11

Donna Sumpter  
Troy Reed  
Sheri Packett  
Jim Royer & Donna Knoell

## August 12

Logan Jones

## August 13

Fred Decker  
Tom McLean  
Ellen & John Goheen

## August 14

Lenette Johnson  
Riley Thomas  
Braven Waters

## August 15

Ken Stewart  
Tim Brown & Cecilia  
Bakker-Brown

## August 16

Mary Howe  
Premkumar John  
Mark McCaffree

# This Week at GHTC

Learn more about our weekly services & opportunities for study and fellowship: [kccathedral.org](http://kccathedral.org)

## Sunday, August 10

8 a.m. Holy Eucharist  
9 a.m. All Parish Breakfast  
9:50 a.m. Rehearsal: Trinity Choir  
10:30 a.m. Holy Eucharist\*  
11:30 a.m. Coffee Hour/Hospitality Time  
5 p.m. Order for Evening and Holy Eucharist

## Tuesday, August 12

7:30 a.m. GHTC's Virtual Cafe+  
12:30 p.m. Women's Bible Study+  
6:45 p.m. Lectionary Bible Study+

## Wednesday, August 6

10:00 a.m. Staff Gathering  
12:00 p.m. Noonday Prayer\*  
12:00 p.m. AA Meeting in Multipurpose Room  
12:05 p.m. Holy Eucharist

## Sunday, August 17

8 a.m. Holy Eucharist  
9 a.m. Coffee Hour/Hospitality Time  
9:15 a.m. Formation for Adults  
10:30 a.m. Holy Eucharist\*  
10:30 a.m. Cathedral Kids  
11:30 a.m. Coffee Hour/Hospitality Time  
2 p.m. Concert: Summers Singers of Kansas City  
5 p.m. Order for Evening and Holy Eucharist  
6 p.m. Youth Group

\*In person and streamed on YouTube @kccathedral  
+On Zoom

# Cathedral Prayer List

To place a person on this prayer list, text PRAYER to (816) 310-1888 or email Deacon Barbara Wegener, [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

View the prayer list anytime: [kccathedral.org/prayers](http://kccathedral.org/prayers)

**Pray for:** Phyllis Biddle; Betty Buck and Family; Dr. Robert Toth; Daylin and Capt Aryk Bingham; Sandie Sorbo; Emma Ruth Morestatter; Keri Kirby; Juliana Johnson; John and Yvette Hoffman; Donna Knoell; Ron Letson; Tom Taylor; Jeremy Oliver; Jim Holstein; Peg Brown; Jody Beck; Cathy Hager; Phineas Gitta; Ralph; Mike Barzee & Family; Iris Parsons; Larry McMullen; Joyce Morrow; Gloria Stocks; Jim Royer; Thaddeus Samuel Withers; Yvonne Kehoe Meier; Jeffrey and family; Charlotte Colburn; All those fighting chronic illness; All families affected by gun violence; First Responders; Legal immigrants who are being separated from family and friends

**Comfort and Peace for the families of the departed.**

**Pray for the Departed:** Deputy Elijah Ming, Anupama Vaidya, Warren Sheldon, Scott Johnson, Benjamin Jones, Victoria Meredith, Patrick Gaboriau, Melissa and Mark Hortman, Cecil Neal, Fran Brunner, Yaron Lischinsky, Sarah Milgrim, those lost in war, those who have died from gun violence

**Diocesan Prayer Cycle:** St. Alban's Episcopal Church, Bolivar — Mrs. Paula Shepard

Crosslines & NourishKC

Today's flowers are dedicated  
to the glory of God.

## Sponsor the Altar Flowers

Altar flowers are a great way to beautify the sanctuary and remind your fellow worshipers of the new life that Jesus brings. They are also a great way to commemorate an event near a specific date, or honor/remember someone close to your heart.

Donations toward the weekly flowers can be given by anyone and are accepted in any amount. You can mail a check to the Cathedral office, put your donation in the offering or make a payment through our online payment site.

For more information: [kccathedral.org/flowers](http://kccathedral.org/flowers)  
or contact Julie Toma, [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).

# Today's Focal St. John's Bible Illumination

## Ninth Sunday After Pentecost – Faith, God's Promises & Heavenly Orientation The “Abraham and Sarah” Illumination (Genesis 15:1-6)

Today's lectionary texts focus on living by faith, trusting God's promises, and being guided by a heavenly perspective. The Hebrews chapter 11 text defines faith as “the assurance of things hoped for, the conviction of things not seen.” Abraham is cited as an example of a person who lived by faith, looking forward to a heavenly city rather than an earthy one. Genesis 15:1–6, the source for the Hebrews text, narrates God's promise to Abram (later Abraham) that he would have descendants as plentiful as the stars even though at the time of the promise he had no heir at all. This pivotal covenant is central to both the Jewish and Christian traditions. It also furnishes the theme of the “Abraham and Sarah” illumination – today's visio divina focus.

The menorah (a seven-branched candlestick or oil lamp used since Mosaic times in Jewish worship) is the dominant image in this illumination. Here it is portrayed as a family tree – a version of the tree of life from the Garden of Eden. The delicate gold filigree images are also used in other illuminations (e.g., Jesus' birth in Luke's frontispiece, the loaves and fishes in Mark 6, and “to the ends of the earth” in Acts 28) to show the interconnectedness of God's redemptive plans and actions which are revealed in numerous places throughout the Bible.

The “Abraham and Sarah” illumination is grounded upon their two names and, by means of the image of the menorah, rises into the sky where the names of the twelve sons of Jacob (Israel's twelve tribes) are featured. This artistic device draws attention to God's promise to Abraham, a promise highlighted in the left margin of the illumination: “look to the heavens & count the stars, so shall your descendants be.” Genesis 15:6 adds that Abram believed the Lord.

Note also that the names of these family members are written in Hebrew. Furthermore, the title of the book, “Genesis” is given in English on the lefthand page and in Hebrew on the righthand page. This is done to acknowledge that the book was originally a Hebrew text and is a core part of the Jewish scriptures. Later in the Old Testament, books are found that originated in Greek and eventually were included in the Christian biblical canon. This is indicated by including the Greek names of those books in the margins (e.g., Wisdom of Solomon, Sirach, and Maccabees).

How do you see faith portrayed in this illumination? How does the depiction encourage the observer to trust in God's promises? How does this foster a focus upon heavenly treasures rather than earthly ones? In what ways does this illumination prompt you to reflect on what it means to be ready for the kingdom of God?

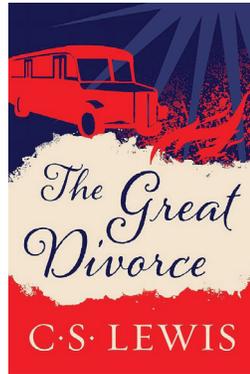


# Formation for All Ages

## Adults: Sundays

### Summer Book Study: *The Great Divorce* by C.S. Lewis • 9:15 a.m. • Common Room

In this fable from the imagination of C.S. Lewis readers are invited to reflect on the nature of heaven and hell, grace and judgment, and on the choices that shape our souls. All are welcome to join us, no prior experience with Lewis required!



#### Schedule

Today – Chapters 7-9

August 10 – Parish Breakfast, no class

August 17 – Chapters 10-12

August 24 – Chapters 13-14 & Epilogue

Copies of the book are available.

## Children: Sundays

### Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in the back cross aisle.

*Upcoming Family Worship Dates:* August 10, 17, 24, 31

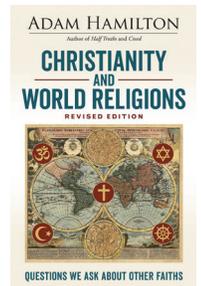
## Adults: Tuesdays

### GHTC's Virtual Cafe • 7:30 a.m. • Zoom

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30-9 a.m. For details, visit [kccathedral.org/other-activities](http://kccathedral.org/other-activities).

### Women's Bible Study • 12:30 p.m. • Zoom

WBS is currently study *Christianity and World Religions*. We'll be focusing on Hinduism, Buddhism, Islam and Judaism and how their beliefs compare to Christianity. This study by Adam Hamilton is designed to help us build bridges with others to "grow in faith, seek peace in our world, love our neighbors, and find positive ways to share the gospel." Visit our website, [kccathedral.org/adultformation](http://kccathedral.org/adultformation), for more information.



### Lectionary Bible Study • 6:45 p.m. • Zoom

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or on our website, [kccathedral.org/adultformation](http://kccathedral.org/adultformation), for more details.

## Youth: Sundays

*Youth meetings are on summer break. Stay tuned for updates on when they will resume.*

### Sunday Formation • 9:15 a.m.

Formation study with light breakfast options.

### Youth Group • 6 p.m.

Study, fun and dinner.

**Cathedral Staff:** The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; Dr. Lucas Fletcher, *Director of Music*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

**The Vestry:** Steve Moore, *Senior Warden*, [smoore@skeltonmoore.com](mailto:smoore@skeltonmoore.com); Nigel Jones, *Junior Warden*, [redbox712@gmail.com](mailto:redbox712@gmail.com), (405) 747-6550; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Bill Boyd; Julie Brogno; Colin Chambers; Pat Decker; Paget Higgins; Steve King; Christine Morrison; Mathias Nichols; Charles Shipley

# Donations for our Outreach Partners

## EVERYDAY NECESSITIES DRIVE

Bring donations of full-size basic everyday necessities for Shelter KC to the basket in the Cathedral entrance during the month of August.



Shampoo and Conditioner  
Razors and Shaving Cream  
Deodorant  
Lotion



Shelter KC is helping Kansas City's homeless men and women experience freedom from the past and hope for the future. Shelter KC provides a place for families to cook, eat, sleep and raise their children protecting them from extreme temperatures and storms.



## Help Us Keep Cooking The Future of the Nourish KC Community Kitchen Depends on You

According to Feeding America's Map the Meal Gap 2024 report:

- 1 in 7 neighbors in our region are food insecure
- 1 in 6 children don't know where their next meal will come from

Meanwhile, recent cuts to TEFAP (The Emergency Food Assistance Program) have wiped out 15,000 pounds of food per month a critical loss to our community kitchen and the neighbors we serve.



Donate now  
and help  
fight hunger:

**NOURISHKC**

[theprospectkc.org/donate](https://theprospectkc.org/donate)

*The Prospect KC (EIN: 84-4576270)  
11 E. 40th Street  
Kansas City, MO 64111*

# Outreach Volunteer Opportunities

## The Emergency Food Assistance Program

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). We meet from about 9:30 a.m. to noon on the third Saturday of each month. To volunteer or for more information, contact Deacon Barbara 816.739.8032 or [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

## Pete's Garden

In the lower level of Founders' Hall, Pete's Garden is a food rescue committed to less food waste and more family meals. They collect unserved prepared food from caterers, restaurants and food service operations each day. Volunteers work together to portion and package donated food so it can be redirected to social service agencies who get meals to families. Sign up for a shift at [petesgarden.org/volunteer](https://petesgarden.org/volunteer).

## Nourish KC

Volunteers are the heart and soul of NourishKC. Every meal served, every pantry stocked, and every food item redistributed is made possible because of the time, energy, and dedication of our volunteers. Whether it's lending a hand in our Community Kitchen, assisting with pantry distribution, or helping with events, your contribution makes a lasting impact. Sign up for a shift at [theprospectkc.org/nourish-kc](https://theprospectkc.org/nourish-kc).

# Upcoming Events & Announcements

For more info and signup links: [kccathedral.org/events](http://kccathedral.org/events)

## All Parish Breakfast

**TODAY, 9 a.m.**

Please join us in Founders' Hall at 9 a.m. for breakfast and fellowship. Hope to see you there!

## Help at Pete's Garden

**August 17 | 9:15 a.m. & 12:15 p.m.**

Volunteer with fellow parishioners at Pete's Garden to put labels on the containers that will be used to package meals for families in need. Meet Deacon Barbara and Colin Chambers in Founders' Hall and head downstairs to Pete's Garden. This is a great opportunity to help at Pete's Garden. All ages are welcome; younger children should have a parent present.

## Game Night: Trivia Edition

**Friday, August 22 • 6-9 p.m. • Common Room**

Dive into the excitement of trivia night, where teaming up with your fellow GHTCers could score you the ultimate prize! Bring your favorite snacks and drinks—anything that'll keep your brain buzzing and ready for victory! Sign up at [kccathedral.org/events](http://kccathedral.org/events).

## Summer Hospitality Hosts Needed!

Help us continue the hospitality offered at the Cathedral coffee hours during the summer. We invite you to sign up to bring something simple to go with a cup of coffee, like donuts/donut holes, fruit, brownies or cookies (homemade or from the store) or veggies. Sign up online at [kccathedral.org/events](http://kccathedral.org/events). Your help is appreciated.

## August Family Worship Sundays

Family Worship Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in the back cross aisle. We will have Family Worship Sunday throughout the month of August.



Food & Friends Groups are a great way to better get to know the people in the pews around you in a casual way. Groups meet about once a month at a time and place that is convenient for

the members. You will be matched with other parishioners in a group of 6-8 people.

*Everyone is invited to sign up to be in a group!*

Signup online at [kccathedral.org/events](http://kccathedral.org/events).

## Save the Date

August 24 | Family Worship Sunday

August 28 | Meeting: Vestry | 5:30 p.m.

September 7 | Back-to-School Blessing | During 10:30 service

September 7 | Ministry Fair | Morning coffee hours

September 12 | Concert: Olson/Peng Duo, 7 p.m.

September 13 | Croquet Tournament

September 14 | Formation year start for all ages

September 14 | Newcomer Gathering | 11:45 a.m.

September 21 | Evensong | 5 p.m.

September 25 | Meeting: Vestry | 5:30 p.m.

September 27 | Volunteer Appreciation Lunch | 11 a.m.