

# GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Take Up Your Cross" by Day Williams

The Thirteenth Sunday after Pentecost  
September 7, 2025 • 10:30 a.m.

## Welcome!

Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.

## Subscribe to Our Newsletter

Sign up for email news about special events, worship and ways to connect with our community.

## Children

Children are welcome in all our services and activities for them are available on a shelf in the back aisle.

- Today is a Family Worship Sunday. Family Worship Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in the back cross aisle.
- On other Sundays, elementary age children gather for Cathedral Kids, which meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the *Weaving God's Promises* curriculum! Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

## Restrooms

Gendered and accessible restrooms are available in Founders' Hall. A non-gendered and accessible restroom is available at west end (rear) of the Cathedral.

## Hearing Assist Devices

Connect your Bluetooth enabled devices through the Listen Everywhere app. Detailed instructions are available on the table near the entrance. Other (not Bluetooth) hearing assist devices are also available on the table near the entrance.

## Ways to Give

- Give online with the QR code (or use the GIVE button on the Cathedral website).
- Tap to give using the display in the Tower entrance. Instructions for use are next to the machine.
- Text "GIVetoGHTC" to 73256.
- Place in the offering plate. Envelopes are available in the pew racks.

*Thank you for your generosity.*



Give Online

## Service Notes

Please rise, as able, for portions of the service marked with an asterisk (\*). Page numbers listed are from red The Book of Common Prayer and hymn numbers are from *The Hymnal 1982*.

## Following the Service

Please join us for a cup of coffee or tea and lively conversation in Founders' Hall.

## Our Mission

As the Episcopal Cathedral Church in the heart of Kansas City we seek and serve Christ in all people, loving our neighbors as ourselves while striving for justice, peace and respect for every human being. Our worship, prayer and formation support the restorative strength of our community, reconciling all people to God and one another through Christ.



@kccathedral

*Please be advised that our services are livestreamed to YouTube. Your participation in the service serves as your consent to the broadcast of your image and voice and to the broadcast of the image and voice of your participating minor children.*

# HOLY EUCHARIST

VOLUNTARY: Intrada No. 2

Herbert Howells (1892-1983)

## The Word of God

\* ENTRANCE HYMN: 10 "New every morning is the love"



1 New ev - ery morn - ing is the love  
2 New mer - cies, each re - turn - ing day,  
\*3 If on our dai - ly course our mind  
\*4 Old friends, old scenes, will love - lier be,  
\*5 The tri - vial round, the com - mon task,  
6 On - ly, O Lord, in thy dear love,



1 our wak - ening and up - ris - ing prove;  
2 a - round us ho - ver while we pray;  
3 be set to hal - low all we find,  
4 as more of heaven in each we see;  
5 will fur - nish all we ought to ask:  
6 fit us for per - fect rest a - bove;



1 through sleep and dark - ness safe - ly brought,  
2 new per - ils past, new sins for - given,  
3 new trea - sures still, of count - less price,  
4 some soft - ening gleam of love and prayer  
5 room to den - y our - selves; a road  
6 and help us, this and ev - ery day,



1 re - stored to life and power and thought.  
2 new thoughts of God, new hopes of heaven.  
3 God will pro - vide for sac - ri - fice.  
4 shall dawn on ev - ery cross and care.  
5 to bring us dai - ly near - er God.  
6 to live more near - ly as we pray.

Words: John Keble (1792-1866). Music: *Kedron*, melody att. Elkanah Kelsay Dare (1782-1826); harm. *The Southern Harmony*, 1835; adapt. *Hymnal 1982*. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* OPENING ACCLAMATION AND COLLECT FOR PURITY

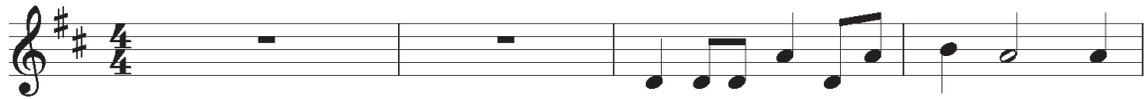
page 355

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

\* SONG OF PRAISE: *Lift Every Voice and Sing* II 241 "Glory to God" *Gloria in excelsis*



Glo-ry to God in the high-est, and



peace to His peo - ple on earth.



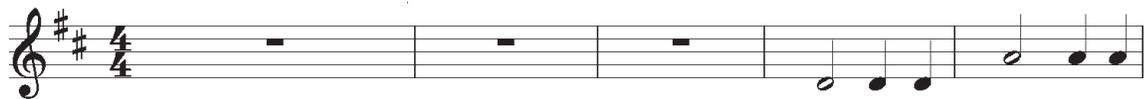
Lord God, heav-en-ly King, al - might - y God and Fa-ther,



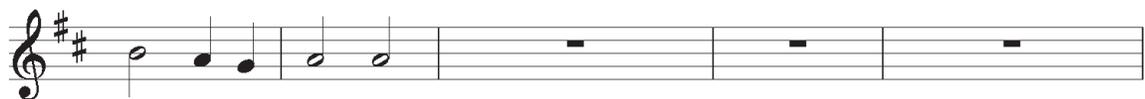
we wor - ship you, we give you thanks, we



praise you for your glo-ry.



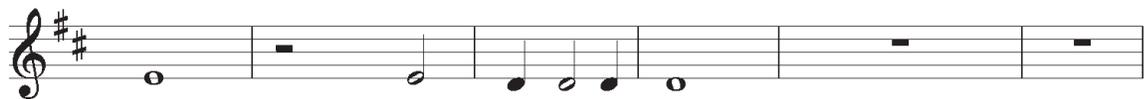
Lord Je-sus Christ, on-ly



Son of the Fa - ther,



Lord God, Lamb of God, you take a-way the sin of the



world: have mer-cy on us;



you are seat-ed at the right hand of the Fa - ther: re - ceive our

prayer. For

you a-lone are the Ho-ly One, you a-lone are the Lord,

you a-lone are the Most High,

Je-sus Christ with the Ho-ly Spir-it, in the

glo-ry of God the Fa-ther. A-men.

Music: David Hurd (b. 1950), *Intercession Mass*. Copyright: © 1979, 1983, G.L.A. Publications, Inc., Chicago, IL. All Rights Reserved. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

First Lesson: Deuteronomy 30:15-20

Lector Moses said to all Israel the words which the Lord commanded him, "See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob."

The Word of the Lord.

People **Thanks be to God.**

Happy are they who have not walked in the counsel of the wicked, \*  
 nor lingered in the way of sinners, nor sat in the seats of the scornful!  
 Their delight is in the law of the Lord, \*  
 and they meditate on his law day and night.  
 They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; \*  
 everything they do shall prosper.  
 It is not so with the wicked; \*  
 they are like chaff which the wind blows away.  
 Therefore the wicked shall not stand upright when judgment comes, \*  
 nor the sinner in the council of the righteous.  
 For the Lord knows the way of the righteous, \*  
 but the way of the wicked is doomed.

## Second Lesson: Philemon 1-21

**Lector** Paul, a prisoner of Christ Jesus, and Timothy our brother,  
 To Philemon our dear friend and co-worker, to Apphia our sister, to Archippus our fellow soldier, and  
 to the church in your house:  
 Grace to you and peace from God our Father and the Lord Jesus Christ.  
 When I remember you in my prayers, I always thank my God because I hear of your love for all the  
 saints and your faith toward the Lord Jesus. I pray that the sharing of your faith may become effective  
 when you perceive all the good that we may do for Christ. I have indeed received much joy and  
 encouragement from your love, because the hearts of the saints have been refreshed through you, my  
 brother.  
 For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather  
 appeal to you on the basis of love-- and I, Paul, do this as an old man, and now also as a prisoner of  
 Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my  
 imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I  
 am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might  
 be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing  
 without your consent, in order that your good deed might be voluntary and not something forced.  
 Perhaps this is the reason he was separated from you for a while, so that you might have him back  
 forever, no longer as a slave but more than a slave, a beloved brother-- especially to me but how much  
 more to you, both in the flesh and in the Lord.  
 So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in  
 any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand:  
 I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this  
 benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to  
 you, knowing that you will do even more than I say.  
 The Word of the Lord.

**People** Thanks be to God.

\* GOSPEL HYMN: 512 "Come gracious Spirit, heavenly Dove"

1 Come, gra - cious Spi - rit, heaven - ly Dove, with light and  
 2 The light of truth to us dis - play, and make us  
 3 Lead us to Christ, the liv - ing Way, nor let us  
 4 Lead us to heaven, that we may share full - ness of

com - fort from a - bove; be thou our guard - ian,  
 know and choose thy way; plant ho - ly fear in  
 from his pre - cepts stray; lead us to ho - li -  
 joy for ev - er there; lead us to God, our

thou our guide; o'er ev - ery thought and step pre - side.  
 ev - ery heart, that we from thee may ne'er de - part.  
 ness, the road that we must take to dwell with God.  
 fin - al rest, to be with him for ev - er blest.

Words: Simon Browne (1680-1732), alt. Music: Mendon, melody from *Methodist Harmonist*, 1981; adapt. and harm. Lowell Mason (1792-1872). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* THE HOLY GOSPEL: Luke 14:25-33

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

Gospeller Now large crowds were traveling with Jesus; and he turned and said to them, "Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, 'This fellow began to build and was not able to finish.' Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions."

The Gospel of the Lord.

People Praise to you, Lord Christ.

All

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

\* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

- Intercessor Most loving and glorious God, hear us we implore you and act speedily to answer our prayers as we say,  
Lord in your mercy, hear our prayer.
- You have blessed your church across time with leaders of true faith, grant your church today wisdom  
and discernment that we might effectively share the good news of Jesus.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor Give us wisdom to choose leaders of integrity, and also the courage and resolve to hold them  
accountable to their responsibility to build a nation where all people might thrive and know their  
dignity as God's created children.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor All our truest needs are provided by you. Open our minds and hearts to see the abundance of your  
creation and to boldly embrace policies that ensure no basic human needs go unmet.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor Fill our hearts with the love of one another as siblings in Christ and to see and be inspired by the Christ  
which dwells in each of us, so that together we might boldly be Christ's loving body in a hurting world.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor We ask healing for all who suffer, and we ask that we might be people of healing and reconciliation  
to those in need in our lives. We pray especially for those on the Cathedral's Prayer List, and for those  
whom we now name silently or aloud.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor We are surrounded by the great cloud of witnesses who have been the lights of the world in their time.  
Grant us to follow in their example and welcome us into your eternal loving presence when it is our  
time to leave this earth. We pray especially for those we now name, either silently or aloud.
- Lord in your mercy,
- People hear our prayer.**
- Presider Most gracious Father, from the beginning you have sought to lead us into the joy possible to us through  
life in You. Aid us and be present with us that we might walk in the path of Jesus and live into his  
example. All these we offer through Christ, our Lord and highest allegiance, who with You and the  
Holy Spirit lives and reigns always and forever. **Amen.**

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,  
 we confess that we have sinned against you  
 in thought, word, and deed,  
 by what we have done,  
 and by what we have left undone.  
 We have not loved you with our whole heart;  
 we have not loved our neighbors as ourselves.  
 We are truly sorry and we humbly repent.  
 For the sake of your Son Jesus Christ,  
 have mercy on us and forgive us;  
 that we may delight in your will,  
 and walk in your ways,  
 to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

\* THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

BACK TO SCHOOL BLESSING

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

## The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.  
*Ephesians 5:2*

OFFERTORY ANTHEM: "Dear Lord and Father of Mankind"

C.H.H. Parry (1848-1918); arr. H.A. Chambers  
text: John Greenleaf Whittier

Dear Lord and Father of mankind,  
forgive our foolish ways!  
Reclothe us in our rightful mind;  
in purer lives Thy service find,  
in deeper rev'ence, praise.

Drop Thy still dew's of quietness,  
till all our strivings cease;  
take from our souls the strain and stress,  
and let our ordered lives confess  
the beauty of Thy peace.

In simple trust like theirs who heard,  
beside the Syrian sea,  
the gracious calling of the Lord,  
let us, like them, without a word  
Rise up and follow Thee.

Breathe through the heats of our desire  
Thy coolness and Thy balm;  
let sense be dumb, let flesh retire;  
speak through the earthquake, wind and fire,  
O still small voice of calm!

PRESENTATION HYMN: 675 "Take up your cross, the Savior said"

1 Take up your cross, the Sa - vior said, if  
2 Take up your cross, let not its weight fill  
3 Take up your cross, heed not the shame, and  
4 Take up your cross, then, in his strength, and  
5 Take up your cross, and fol - low Christ, nor

1 you would my dis - ci - ple be; take up your cross with  
2 your weak spi - rit with a - larm; his strength shall bear your  
3 let your fool - ish heart be still; the Lord for you ac -  
4 calm - ly ev - ery dan - ger brave: it guides you to a -  
5 think till death to lay it down; for on - ly those who

1 will - ing heart, and hum - bly fol - low af - ter me.  
2 spi - rit up, and brace your heart, and nerve your arm.  
3 cept - ed death up - on a cross, on Cal - vary's hill.  
4 bun - dant life and leads to vic - tory o'er the grave.  
5 bear the cross may hope to wear the glo - rious crown.

Words: Charles William Everest (1814-1877), alt. Music: Bourbon, melody att. Freeman Lewis (1780-1859); harm. John Leon Hooker (b. 1944). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* THE GREAT THANKSGIVING, Eucharistic Prayer A

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*Celebrant* The Lord be with you. *People* And al - so with you.

*Celebrant* Lift up your hearts. *People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give our thanks and praise.

Presider

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. *Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.* Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All

S130: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, Ho - ly, ho - ly, ho - ly Lord,  
God of power and might, hea - ven and earth are  
full, full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes

The image shows a musical score for a hymn. It consists of two systems of music, each with a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature has two flats (B-flat and E-flat), and the time signature is 4/4. The lyrics are: "in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est." The music features a mix of chords and single notes, with some melodic lines in the vocal part.

Music: From *Deutsche Messe*, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Copyright: Adaptation copyright © 1985, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All

**Christ has died.**  
**Christ is risen.**  
**Christ will come again.**

Presider

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All

**AMEN.**

Presider And now, as our Savior Christ has taught us, we are bold to say,  
 All Our Father, who art in heaven,  
     hallowed be thy Name,  
     thy kingdom come, thy will be done, on earth as it is in heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses, as we forgive those who trespass against us.  
 And lead us not into temptation, but deliver us from evil.  
 For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### Breaking of the Bread

Presider Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

All S164: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

Music: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Copyright: Adaptation copyright © 1985, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to receive communion or a blessing. For gluten-free bread, cross your hands palms down. For a blessing, cross your hands over your chest. On the first Sunday of each month, prayer for healing is offered at the prayer desk until the close of worship.

### Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

— From *The Prayer Book for the Armed Services*

### COMMUNION HYMN: 703 “Lead us, O Father, in the paths of peace”

*Unison or harmony*

1 Lead us, O Fa - ther, in the paths of peace;  
 2 Lead us, O Fa - ther, in the paths of right;  
 3 Lead us, O Fa - ther, to thy heaven - ly rest,

with - out thy guid - ing hand we go a - stray,  
 blind - ly we stum - ble when we walk a - lone,  
 how - ev - er rough and steep thy path may be;

and doubts ap - pall, and sor - rows still in - crease;  
 in - volved in sha - dows of a dark - some night;  
 through joy or sor - row, as thou deem - est best,

lead us through Christ, the true and liv - ing Way.  
 on - ly with thee we jour - ney safe - ly on.  
 un - til our lives are per - fect - ed in thee.

COMMUNION HYMN: 577 "God is love, and where true love is"

*Refrain*

God is love, and where true love is God him - self is there.

1 Here in Christ we gath - er, love of Christ our call - ing.  
 2 When we Chris - tians gath - er, mem - bers of one Bo - dy,  
 3 Grant us love's ful - fill - ment, joy with all the bless - ed,

Christ, our love, is with us, glad - ness be his greet - ing.  
 let there be in us no dis - cord but one spi - rit.  
 when we see your face, O Sa - vior, in its glo - ry.

Let us fear and love him, ho - ly God e - ter - nal.  
 Ban - ished now be an - ger, strife and ev - ery quar - rel.  
 Shine on us, O pur - est Light of all cre - a - tion,

*Repeat Refrain*

Lov - ing him, let each love Christ in one an - oth - er.  
 Christ, our God, be al - ways pres - ent here a - mong us.  
 be our bliss while end - less a - ges sing your prais - es.

Words: Latin; tr. James Quinn (b. 1919), alt. Music: *Ubi caritas* (Murray), A. Gregory Murray (1905-1992). Copyright: Words: © 1969, James Quinn, SJ, printed by permission of Geoffrey Chapman, a division of Cassell Ltd. Music: By permission of A. Gregory Murray. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider Let us pray.

All Eternal God, heavenly Father,  
 you have graciously accepted us as living members  
 of your Son our Savior Jesus Christ,  
 and you have fed us with spiritual food  
 in the Sacrament of his Body and Blood.  
 Send us now into the world in peace,  
 and grant us strength and courage  
 to love and serve you  
 with gladness and singleness of heart;  
 through Christ our Lord. Amen.

\* THE BLESSING

\* DISMISSAL

*Following the dismissal,*

People Thanks be to God.

\* CLOSING HYMN: 472 "Hope of the world, thou Christ"



1 Hope of the world, thou Christ of great com - pas - sion,  
 2 Hope of the world, God's gift from high - est hea - ven,  
 3 Hope of the world, a - foot on dust - y high - ways,  
 4 Hope of the world, who by thy cross didst save us  
 5 Hope of the world, O Christ, o'er death vic - to - rious,



1 speak to our fear - ful hearts by con - flict rent.  
 2 bring - ing to hun - gry souls the bread of life,  
 3 show - ing to wan - dering souls the path of light,  
 4 from death and dark de - spair, from sin and guilt,  
 5 who by this sign didst con - quer grief and pain,



1 Save us, thy peo - ple, from con - sum - ing pas - sion,  
 2 still let thy Spi - rit un - to us be giv - en  
 3 walk thou be - side us lest the tempt - ing by - ways  
 4 we rend - er back the love thy mer - cy gave us;  
 5 we would be faith - ful to thy gos - pel glo - rious;



1 who by our own false hopes and aims are spent.  
 2 to heal earth's wounds and end her bit - ter strife.  
 3 lure us a - way from thee to end - less night.  
 4 take thou our lives, and use them as thou wilt.  
 5 thou art our Lord! Thou dost for ev - er reign!

Words: Georgia Harkness (1891-1974). Music: *Donne secours*, melody from *Trente quatre psaumes de David*, 1551, harm. Claude Goudimel (1514-1572), alt. Copyright: Words: Copyright © 1954. Renewal 1982 by The Hymn Society of America, Texas Christian University, Fort Worth, TX 76129. Used by permission. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

## Serving Today

Presider	The Rev. W. James Yazell
Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara Wegener
Musicians	The Trinity Choir, Dr. Lucas Fletcher
Lector	Charles Shipley
Intercessor	Scott Anthony
Eucharistic Ministers	Charles Shipley, Peter Fortner
Acolytes	Jonah Fahnestock, Brenda Colburn, Harrison Mattson, Athan Nichols
Ushers	Beth Keyse, Denny Brisley, John Braum
Greeters	Bob Packett, Sheri Packett
Altar Guild	Phaedra Fahnestock, Paget Higgins, Claudia Risebig, Sharon Cheers
Sound/Livestreaming	Julian Mattson, Chris Morrison
Healing Minister	Joan Bergstrom
Oblation Bearers	Bob Packett, Sheri Packett
Holy Hands Hospitality	Marcille McCandless, Joyce Gillespie, Mark Colburn

## Today's flowers

Today's flowers are dedicated to the glory of God & in loving memory of in loving memory of Ron McLeroy by Carolyn McLeroy in memory of my parents, Robin & Ann on their wedding anniversary, September 3, 1951, by Nigel Jones.

### Sponsor the Altar Flowers

Altar flowers are a great way to beautify the sanctuary and remind your fellow worshipers of the new life that Jesus brings. They are also a great way to commemorate an event near a specific date, or honor/remember someone close to your heart.

Donations toward the weekly flowers can be given by anyone and are accepted in any amount. You can mail a check to the Cathedral office, put your donation in the offering or make a payment through our online payment site.

For more information: [kccathedral.org/flowers](http://kccathedral.org/flowers) or contact Julie Toma, [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).



Sign up  
deadline  
is TODAY!

Food & Friends Groups are for members of the Cathedral to get to know each other better in a casual way. Groups meet about once a month at a time and place that is convenient for the members. You will be matched with other parishioners in a group of 6-8 people.

Suggestions for meetings:

- Meet at a group member's home for a potluck meal
- Meet before church for coffee
- Meet at a park for a picnic
- Meet at a restaurant

Everyone is invited to sign up to be in a group!



Sign up TODAY:

- [kccathedral.org/events](http://kccathedral.org/events)
- scan the QR code to sign up
- at the Ministry Fair in Founders' Hall



# This Week at GHTC

Learn more about our weekly services & opportunities for study and fellowship: [kccathedral.org](http://kccathedral.org)

## Sunday, September 7

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour/Ministry Fair
- 9:50 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist\*
- 11:30 a.m. Coffee Hour/Ministry Fair
- 1 p.m. Meeting: Social Outreach Committee
- 5 p.m. Order for Evening and Holy Eucharist

## Tuesday, September 9

- 7:30 a.m. GHTC's Virtual Cafe+
- 12:30 p.m. Women's Bible Study+
- 4:30 p.m. Meeting: Buildings & Grounds Committee
- 6:45 p.m. Lectionary Bible Study+

## Wednesday, September 10

- 10 a.m. Staff Gathering
- 12 p.m. Noonday Prayer\*
- 12 p.m. AA Meeting in Multipurpose Room
- 12:05 p.m. Holy Eucharist
- 6:30 p.m. Rehearsal: Trinity Bell Choir

## Thursday, September 11

- 7 p.m. Rehearsal: Trinity Choir

## Friday, September 12

- 7 p.m. Concert: Lyric Duo

## Saturday, September 13

- 12 p.m. Croquet Tournament

## Sunday, September 14

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Formation: Episcopal Beliefs and Practices
- 9:50 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist\*
- 10:30 a.m. Cathedral Kids
- 11:30 a.m. Coffee Hour
- 11:45 a.m. Newcomer Gathering
- 5 p.m. Order for Evening and Holy Eucharist

+On Zoom \*In person and streamed on YouTube @kccathedral

# Cathedral Prayer List

To place a person on this prayer list, text PRAYER to (816) 310-1888 or email Deacon Barbara Wegener, [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

View the prayer list anytime: [kccathedral.org/prayers](http://kccathedral.org/prayers)

**Pray for:** Jody Beck; George Nodler; George Helmkamp; Benjamin Jones Family; Judith Poitier; Holly; Tom Taylor; Phyllis Biddle; Betty Buck and Family; Cathy Hager; Daylin and Capt Aryk Bingham; Sandie Sorbo; Emma Ruth Morestatter; Peg Brown; Keri Kirby; Juliana Johnson; John and Yvette Hoffman; Donna Knoell; Ron Letson; Jeremy Oliver; Phineas Gitta; Mike Barzee & Family; Iris Parsons; Larry McMullen; Joyce Morrow; Gloria Stocks; Jim Royer; Thaddeus Samuel Withers; Yvonne Kehoe Meier; Jeffrey and family; Charlotte Colburn; Trish Lambert; All those fighting chronic illness; All families affected by gun violence; First Responders; all Immigrants

## Comfort and Peace for the families of the departed.

**Pray for the Departed:** Hunter Simoncic; Rev. Cindy Carter; Margaret Hall; Rev. Elizabeth Phillips; Dr. Robert Toth; Ralph Wegener; Pat Bridgforth; Deputy Elijah Ming; Anupama Vaidya; Warren Sheldon; Scott Johnson; Benjamin Jones; Victoria Meredith; Patrick Gaboriau; Melissa and Mark Hortman; Cecil Neal; those lost in war; those who have died from gun violence

**Diocesan Prayer Cycle:** St. John's Episcopal Church, Springfield — The Rev. Ron Keel

Fall House of Bishops Meeting

# Birthdays & Anniversaries

Please contact the Cathedral office if we have omitted your birthday or anniversary.

## September 7

Beth Gentry-Epley  
Jonah Fahnstock

## September 9

Larry Martin  
Nathan Mattson

## September 8

Lill Weekes  
Melisa Burns  
Victoria Janky  
Bud & Candy  
McDowell  
Patty & Tom Wood

## September 10

Paul Schooling

## September 11

Lisa Spoonhour

## September 13

John Callison

Donations for our Outreach Partners

# Diaper Drive

for **happybottoms**<sup>™</sup>

diapers for families in need

## not having a clean diaper can really stink

- Diapers are not covered by government safety net programs like food stamps, Medicaid, and WIC.
- An estimated 21,000 children in our metropolitan area need diaper assistance (US Census 2020)
- Families with young children experiencing diaper need report missing an average of 5.1 workdays per month because they did not have the required number of diapers for their child to attend daycare.



1 in 2 families in KC can't afford diapers!

Bring diapers to the barrel in the cross hall or to the basket in the Tower

OR

Donate diapers directly through the happybottoms.org site



Donate packages of diapers  
*Sizes 4, 5, 6 needed most*



Use group name:  
**GRACE & HOLY TRINITY CATHEDRAL**

# help babies in Kansas City!

# Donations for our Outreach Partners

## A Message from ProspectKC Executive Director Chef Shanita McAfee-Bryant

I've always believed that food has the power to do more than feed us, it can bring people together, restore dignity, and remind us that we belong to each other.

That's why this month matters so much to me. Hunger Action Month isn't just about acknowledging the problem, it's about choosing to be part of the solution. Whether you're a donor, a volunteer, a partner, or someone who just started following our journey, you are a part of this movement.

When I watch our students plating up dishes they helped design, when I see rescued food turned into something beautiful, when a guest at the community kitchen tells us they feel seen, it confirms what I already know: we are doing this right.

So, I'm inviting YOU to step into this work with us. Come serve a meal. Let's show Kansas City what it looks like when a community shows up with purpose.

Donate to help fight hunger: [theprospectkc.org/donate](http://theprospectkc.org/donate)

The Prospect KC (EIN: 84-4576270)

11 E. 40th Street

Kansas City, MO 64111

## WHAT IS HUNGER ACTION MONTH?

Every September, Hunger Action Month calls on people across the country to take a stand against food insecurity. Here, in Kansas City, that call hits closer to home.

Right now:

- 1 in 7 people in KC don't know where their next meal is coming from.
- Many of our neighbors are working full time and still can't afford groceries.
- Food waste continues while families go without fresh, nourishing meals.

At The Prospect KC, we believe food should be more than filling, it should be fuel for change. That's why this month, we're turning action into impact one meal, one volunteer shift, one donation at a time.

# Outreach Volunteer Opportunities

## The Emergency Food Assistance Program

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). We meet from about 9:30 a.m. to noon on the third Saturday of each month.

St. Paul's receives delivery of several pallets of shelf-stable and frozen food from Harvesters each month. Friendly volunteers are needed to break down the pallets and repackage the food into family-sized boxes and bags. Then we open the doors to those in need and start handing out the food.

To volunteer or for more information, contact Deacon Barbara 816.739.8032 or [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

## Pete's Garden

In the lower level of Founders' Hall, Pete's Garden is a food rescue committed to less food waste and more family meals. They collect unserved prepared food from caterers, restaurants and food service operations each day. Pete's Garden meals are then distributed through social service agencies that serve children and their families. Most of the families who receive Pete's Garden meals are headed by single women in low paying jobs, living below federal poverty guidelines.

Volunteers work together to portion and package donated food so it can be redirected to social service agencies who get meals to families.

Sign up for a shift at [petesgarden.org/volunteer](http://petesgarden.org/volunteer).

## Nourish KC

Volunteers are the heart and soul of NourishKC. Every meal served, every pantry stocked, and every food item redistributed is made possible because of the time, energy, and dedication of our volunteers. Your support ensures that they can continue providing nutritious meals, offering essential pantry staples, and building a hunger-free community. By volunteering with Nourish KC, you become part of a compassionate movement that transforms lives—one meal at a time. Whether it's lending a hand in our Community Kitchen, assisting with pantry distribution, or helping with events, your contribution makes a lasting impact.

Sign up for a shift at [theprospectkc.org/nourish-kc](http://theprospectkc.org/nourish-kc).

# Today's Focal St. John's Bible Illumination

## Thirteenth Sunday After Pentecost – Love, Forgiveness & Living Out Faith The Good Samaritan Portion of “Luke Anthology” Illumination (Luke 10:29-37)

Today's lectionary texts emphasize the practices of compassion, neighborly love, and living out faith through service and generosity.

Our visio divina focus is drawn from a section of the “Luke Anthology” illumination highlighting Luke 10:29-37 -- the Parable of the Good Samaritan. This visual depiction consists of four text portions selected from the parable to highlight Jesus' message concerning what living the life of God is like.

The priest and the Levite mentioned in the first of these selections both held high status in first-century Judaism. The Samaritan, however, was at the opposite end of this religious community's hierarchy. His position was lower even than that of tax collectors. Considered ethnically inferior, he was judged to possess no privileged relationship with God. Yet, as the center text portion demonstrates, when a fellow Jew fell victim to violent thieves, it was the Samaritan and

not the priest or Levite who bandaged the man's wounds. The final text portion drives home the point of the parable: “which one of these was a neighbor to the man in need”?

Jesus tells this parable in the context of a question posed by a religious expert attempting to trap Jesus in some culpable heresy for which he might be discredited. In the course of their conversation, the expert sought to limit his own responsibility by having Jesus define who is and who is not his neighbor. Jesus, however, shifts the focus of the question from “who is my neighbor” to “who acted like a neighbor.” The point of the parable is to make clear that it is not by knowing what is right but by doing what is right that we become what God intends us to be as his followers.

Note the image of the Twin Towers from the September 11, 2001, New York City attack that protrudes up into this section of the illumination. What message does that image convey in the context of this parable? Why do you think these towers are depicted in gold? How do Jesus' words, “Go and do likewise” impact you in response to Jesus' teaching in this parable?



# Formation for All Ages

## Adults: Sundays

9:15 a.m. • Common Room

Starting September 14

### Episcopal Beliefs & Practices: A Study of the Prayer Book

Through a weekly study of the 1979 Book of Common Prayer we will explore the beliefs and practices of the Episcopal Church. If you are curious about the Anglican way of Christianity, want to better understand familiar prayers and liturgies, or are seeking to engage more deeply in Christian practice and theology then this course is for you! No preparation needed, prayer books will be provided in class.

## Children: Sundays

10:30 a.m. • Haden Hall

### Cathedral Kids

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in cabinet in the back cross aisle.

*Upcoming Family Worship Dates:* September 7

## Youth: Sundays

*Youth meetings are on summer break. Stay tuned for updates on when they will resume.*

## Adults: Tuesdays

### GHTC's Virtual Cafe • 7:30 a.m. • Zoom

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30-9 a.m. For details, visit [kccathedral.org/other-activities](http://kccathedral.org/other-activities).

### Women's Bible Study • 12:30 p.m. • Zoom

WBS will begin their next study based on the book, *Forgiveness: Finding Peace by Letting Go* by Adam Hamilton, August 26.

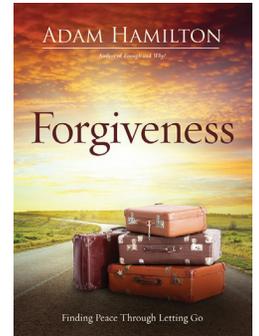
*"There is nothing more crippling than holding on to anger. Anger, more than any other emotion, has the power to consume all aspects of our lives, distort our sense of purpose, and destroy our relationship with God.*

*In the passionate and life-changing book Forgiveness: Finding Peace Through Letting Go, bestselling author Adam Hamilton brings... insight...to the challenge of forgiveness. Hamilton argues that revelation comes when we realize that forgiveness is a gift we give ourselves rather than to someone else. He also contends that only when we learn to forgive others and ourselves can we truly receive forgiveness from God."*

Visit our website, [kccathedral.org/adultformation](http://kccathedral.org/adultformation), for more information.

### Lectionary Bible Study • 6:45 p.m. • Zoom

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or on our website, [kccathedral.org/adultformation](http://kccathedral.org/adultformation), for more details.



**Cathedral Staff:** The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; Dr. Lucas Fletcher, *Director of Music*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

**The Vestry:** Steve Moore, *Senior Warden*, [smoore@skeltonmoore.com](mailto:smoore@skeltonmoore.com); Nigel Jones, *Junior Warden*, [redbox712@gmail.com](mailto:redbox712@gmail.com), (405) 747-6550; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Bill Boyd; Julie Brogno; Colin Chambers; Pat Decker; Paget Higgins; Steve King; Christine Morrison; Mathias Nichols; Charles Shipley

# Upcoming Events & Announcements

For more info and signup links: [kccathedral.org/events](http://kccathedral.org/events)

**Today • 9 & 11:30 a.m.**

## Ministry Fair

Gather with us in Founders' Hall following both morning services today for our annual Ministry Fair, our celebration for parishioners to gather information about the various ministries, organizations and educational opportunities that are available within the parish community.

**Friday, September 12 • 7 p.m.**

## An Evening of French Music

Vocalist Eva Peng and pianist Dr. Anthony Olson will explore the themes of Love and the Sea through the music of French composers. The program will feature Ernest Chausson's *Poème de l'amour et de la mer*, along with a selection of art songs and piano works by Ravel and Debussy. Free admission; donations welcomed.

**Saturday, September 13 • 12-5 p.m.**

## Croquet Tournament: A Wicket Wonderland

Join us for an adventurous afternoon on the Cathedral lawn. Register to play croquet or simply come to enjoy the dreamy day. Sandwiches, sweets and drinks served. Sign up today for this year's Cathedral Cup Croquet Tournament at coffee hour or on our website.

**Sunday, September 14 • 11: 45 a.m.**

## Newcomer Gathering

A special gathering just for those who are new to Grace and Holy Trinity Cathedral to learn more about our community and how to get involved. Join us after the 10:30 service in the Common Room for coffee, snacks and fellowship!

This casual event is a great chance to:

- Meet our clergy and fellow newcomers
- Ask questions about life at the Cathedral
- Discover ways to get involved
- Share your story and hear others'

No matter where you are on your spiritual journey, you are welcome here. We look forward to getting to know you and sharing the joy of our community together! If you have any questions, contact Fr. James Yazell at [jyazell@kccathedral.org](mailto:jyazell@kccathedral.org). Register at [kccathedral.org/newcomers](http://kccathedral.org/newcomers).

**September 21 | 9:15 a.m. & 12:15 p.m.**

## Help at Pete's Garden

Volunteer with fellow parishioners at Pete's Garden to put labels on the containers that will be used to package meals for families in need. Meet Deacon Barbara and Colin Chambers in Founders' Hall and head downstairs to Pete's Garden. This is a great opportunity to help at Pete's Garden. All ages are welcome; younger children should have a parent present.

**Sunday, September 21 • 5 p.m.**

## Choral Evensong

Choral Evensong is a centuries-old Anglican musical service of sung Evening Prayer that combines music, prayer, and scripture into a contemplative experience. It features our own Trinity Choir singing composed settings of the psalms, responses, and canticles, providing a peaceful and reflective pause as the day closes. Following the service, all are welcome to take communion in the Chapel.

**Friday, October 3 • 6:30 p.m.**

## Music Fundraiser: How You Can Help

On Friday, October 3, GHTC hosts a fundraiser for our Messiah Singalong. The evening will include a raffle, a wine & whiskey pull, and performances by the KC Jazz Orchestra. Doors open at 6 p.m. in Founders' Hall and admission is \$20 per person.

### How YOU can help:

- Donate raffle items
- Donate an "experience"
- Donate bottle of wine (over \$40) or whiskey (over \$50)
- Bring an appetizer
- Attend this event and share with others!!

Contact Director of Music, Dr. Lucas Fletcher to donate items: [lfletcher@kccathedral.org](mailto:lfletcher@kccathedral.org).

## Save the Date

September 25 | Meeting: Vestry | 5:30 p.m.

September 27 | Volunteer Appreciation Lunch | 11 a.m.

October 1 | Outreach Collection: Food Drive for Shelter KC

October 4 | Blessing of the Animals | 11 a.m.

October 5 | Hymn Sing | 3:30 p.m.