

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Take Up Your Cross" by Day Williams

The Thirteenth Sunday after Pentecost
September 7, 2025 • 5 p.m.

Welcome! We are glad you are here.

- Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Tap to give using the display in the Tower entrance. Instructions for use are next to the machine. *Thank you for your generosity.*



ORDER FOR EVENING AND HOLY EUCHARIST

VOLUNTARY: Intrada No. 2

Herbert Howells (1892-1983)

The Order for Evening

* OPENING ACCLAMATION AND PRAYER FOR LIGHT

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Cantor  *People* 

Light and peace, in Je - sus Christ our Lord. Thanks be to God.

The presider adds a prayer for light.

* O GRACIOUS LIGHT *Phos hilaron*: 25



1 O gra - cious Light, Lord Je - sus Christ, in
2 Now sun - set comes, but light shines forth, the
3 Wor - thy are you of end - less praise, O



you the Fa - ther's glo - ry shone. Im - mor - tal, ho - ly,
lamps are lit to pierce the night. Praise Fa - ther, Son, and
Son of God, Life - giv - ing Lord; where - fore you are through



blest is he, and blest are you, his ho - ly Son.
Spi - rit: God who dwells in the e - ter - nal light.
all the earth and in the high - est heaven a - dored.

Words: Greek, 3rd cent.; tr. F. Bland Tucker (1895-1984); para. of *O Gracious Light*. Music: *The Eighth Tune*, Thomas Tallis (1505?-1585). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

The Word of God

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

First Lesson: Deuteronomy 30:15-20

Lector Moses said to all Israel the words which the Lord commanded him, "See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob."

The Word of the Lord.

People **Thanks be to God.**

Psalm 1



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Cantor Happy are they who have not walked in the counsel of the | wicked, *
nor lingered in the way of sinners, nor sat in the | seats of the scornful!

All Their delight is in the law of | the Lord, *
and they meditate on his | law day and night.

They are like trees planted by streams of water,
bearing fruit in due season, with leaves that do not | wither; *
everything they | do shall prosper.

It is not so with the | wicked; *
they are like chaff which the | wind blows away.

Therefore the wicked shall not stand upright when | judgment comes, *
nor the sinner in the council | of the righteous.

For the Lord knows the way of the | righteous, *
but the way of the | wicked is doomed.

Second Lesson: Philemon 1-21

Lector Paul, a prisoner of Christ Jesus, and Timothy our brother,
To Philemon our dear friend and co-worker, to Apphia our sister, to Archippus our fellow soldier, and
to the church in your house:

Grace to you and peace from God our Father and the Lord Jesus Christ.

When I remember you in my prayers, I always thank my God because I hear of your love for all the saints and your faith toward the Lord Jesus. I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. I have indeed received much joy and encouragement from your love, because the hearts of the saints have been refreshed through you, my brother.

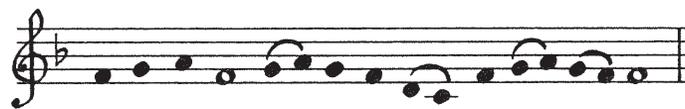
For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather appeal to you on the basis of love-- and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. Perhaps this is the reason he was separated from you for a while, so that you might have him back forever, no longer as a slave but more than a slave, a beloved brother-- especially to me but how much more to you, both in the flesh and in the Lord.

So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to you, knowing that you will do even more than I say.

The Word of the Lord.

People Thanks be to God.

* ALLELUIA VERSE *Cantor; then People*



Al-le-lu-ia, al - le-lu-ia, al-le - lu - ia.

Cantor



Open my eyes, ▲ O Lord,* that I may see the wonders / of your law.

All repeat the three alleluias.

* THE HOLY GOSPEL: Luke 14:25-33

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Gospeller Now large crowds were traveling with Jesus; and he turned and said to them, "Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, 'This fellow began to build and was not able to finish.' Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

* THE NICENE CREED

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All **We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

- Intercessor Most loving and glorious God, hear us we implore you and act speedily to answer our prayers as we say,
Lord in your mercy, hear our prayer.
- You have blessed your church across time with leaders of true faith, grant your church today wisdom
and discernment that we might effectively share the good news of Jesus.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor Give us wisdom to choose leaders of integrity, and also the courage and resolve to hold them
accountable to their responsibility to build a nation where all people might thrive and know their
dignity as God's created children.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor All our truest needs are provided by you. Open our minds and hearts to see the abundance of your
creation and to boldly embrace policies that ensure no basic human needs go unmet.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor Fill our hearts with the love of one another as siblings in Christ and to see and be inspired by the Christ
which dwells in each of us, so that together we might boldly be Christ's loving body in a hurting world.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor We ask healing for all who suffer, and we ask that we might be people of healing and reconciliation
to those in need in our lives. We pray especially for those on the Cathedral's Prayer List, and for those
whom we now name silently or aloud.
- Lord in your mercy,
- People hear our prayer.**
- Intercessor We are surrounded by the great cloud of witnesses who have been the lights of the world in their time.
Grant us to follow in their example and welcome us into your eternal loving presence when it is our
time to leave this earth. We pray especially for those we now name, either silently or aloud.
- Lord in your mercy,
- People hear our prayer.**
- Presider Most gracious Father, from the beginning you have sought to lead us into the joy possible to us through
life in You. Aid us and be present with us that we might walk in the path of Jesus and live into his
example. All these we offer through Christ, our Lord and highest allegiance, who with You and the
Holy Spirit lives and reigns always and forever. **Amen.**

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

* THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 512 "Come gracious Spirit, heavenly Dove"

1 Come, gra - cious Spi - rit, heav - en - ly Dove, with light and
 2 The light of truth to us dis - play, and make us
 3 Lead us to Christ, the liv - ing Way, nor let us
 4 Lead us to heaven, that we may share full - ness of

com - fort from a - bove; be thou our guard - ian,
 know and choose thy way; plant ho - ly fear in
 from his pre - cepts stray; lead us to ho - li -
 joy for ev - er there; lead us to God, our

thou our guide; o'er ev - ery thought and step pre - side.
 ev - ery heart, that we from thee may ne'er de - part.
 ness, the road that we must take to dwell with God.
 fin - al rest, to be with him for ev - er blest.

Words: Simon Browne (1680-1732), alt. Music: Mendon, melody from *Methodist Harmonist*, 1981; adapt. and harm. Lowell Mason (1792-1872). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE GREAT THANKSGIVING, Eucharistic Prayer A

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Celebrant *People*
 The Lord be with you. And al - so with you.

Celebrant *People*
 Lift up your hearts. We lift them to the Lord.

Celebrant
 Let us give thanks to the Lord our God.

People
 It is right to give our thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All

S125: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (1937-2010). Copyright © 1971, 1977 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All

Christ has died.

Christ is risen.

Christ will come again.

Presider

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All

AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to say,
 All Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

S154: The Holy Eucharist, Fraction Anthem: *Christ our Passover*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
 Christ our Pass - o - ver is sac - ri - ficed for us;
 there - fore let us keep the feast.
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.
 For gluten-free bread, cross your hands palms down.
 For a blessing, cross your hands over your chest.*

Presider Let us pray.

All Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

DISMISSAL

Presider The grace of our Lord Jesus Christ, and the love of God, in the fellowship of the Holy Spirit, be with us
 all evermore. Amen.

Following the dismissal,

People Thanks be to God.

* CLOSING HYMN: 675 "Take up your cross, the Savior said"



1 Take up your cross, the Sa - vior said, if
 2 Take up your cross, let not its weight fill
 3 Take up your cross, heed Take not the shame, and
 4 Take up your cross, then, in his strength, and
 5 Take up your cross, and fol - low Christ, nor



1 you would my dis - ci - ple be; take up your cross with
 2 your weak spi - rit with a - larm; his strength shall bear your
 3 let your fool - ish heart be still; the Lord for you ac -
 4 calm - ly ev - ery dan - ger brave: it guides you to a -
 5 think till death to lay it down; for on - ly those who



1 will - ing heart, and hum - bly fol - low af - ter me.
 2 spi - rit up, and brace your heart, and nerve your arm.
 3 cept - ed death up - on a cross, on Cal - vary's hill.
 4 bun - dant life and leads to vic - tory o'er the grave.
 5 bear the cross may hope to wear the glo - rious crown.

Words: Charles William Everest (1814-1877), alt. Music: Bourbon, melody att. Freeman Lewis (1780-1859); harm. John Leon Hooker (b. 1944). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Voluntary on a theme of Orlando Gibbons (Song 22), Op. 105

C.V. Stanford (1852-1924)

Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse	Cantor	Dr. Kelli Van Meter
Lector & Healing Minister	Patti Ryder	Organist	Dr. Lucas Fletcher

This Week at GHTC

Learn more about our weekly services & opportunities for study and fellowship: kccathedral.org

Sunday, September 7

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour/Ministry Fair
- 9:50 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist*
- 11:30 a.m. Coffee Hour/Ministry Fair
- 1 p.m. Meeting: Social Outreach Committee
- 5 p.m. Order for Evening and Holy Eucharist

Tuesday, September 9

- 7:30 a.m. GHTC's Virtual Cafe+
- 12:30 p.m. Women's Bible Study+
- 4:30 p.m. Meeting: Buildings & Grounds Committee
- 6:45 p.m. Lectionary Bible Study+

Wednesday, September 10

- 10 a.m. Staff Gathering
- 12 p.m. Noonday Prayer*
- 12 p.m. AA Meeting in Multipurpose Room
- 12:05 p.m. Holy Eucharist
- 6:30 p.m. Rehearsal: Trinity Bell Choir

Thursday, September 11

- 7 p.m. Rehearsal: Trinity Choir

Friday, September 12

- 7 p.m. Concert: Lyric Duo

Saturday, September 13

- 12 p.m. Croquet Tournament

Sunday, September 14

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Formation: Episcopal Beliefs and Practices
- 9:50 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist*
- 10:30 a.m. Cathedral Kids
- 11:30 a.m. Coffee Hour
- 11:45 a.m. Newcomer Gathering
- 5 p.m. Order for Evening and Holy Eucharist

+On Zoom *In person and streamed on YouTube @kccathedral

Today's flowers

Today's flowers are dedicated to the glory of God &

in loving memory of in loving memory of Ron McLeroy
by Carolyn McLeroy

in memory of my parents, Robin & Ann on their wedding
anniversary, September 3, 1951, by Nigel Jones.

Cathedral Prayer List

To place a person on this prayer list, text PRAYER to (816) 310-1888 or email Deacon Barbara Wegener, bwegener@kccathedral.org.

View the prayer list anytime: kccathedral.org/prayers

Pray for: Jody Beck; George Nodler; George Helmkamp; Benjamin Jones Family; Judith Poitier; Holly; Tom Taylor; Phyllis Biddle; Betty Buck and Family; Cathy Hager; Daylin and Capt Aryk Bingham; Sandie Sorbo; Emma Ruth Morestatter; Peg Brown; Keri Kirby; Juliana Johnson; John and Yvette Hoffman; Donna Knoell; Ron Letson; Jeremy Oliver; Phineas Gitta; Mike Barzee & Family; Iris Parsons; Larry McMullen; Joyce Morrow; Gloria Stocks; Jim Royer; Thaddeus Samuel Withers; Yvonne Kehoe Meier; Jeffrey and family; Charlotte Colburn; Trish Lambert; All those fighting chronic illness; All families affected by gun violence; First Responders; all Immigrants

Comfort and Peace for the families of the departed.

Pray for the Departed: Hunter Simoncic; Rev. Cindy Carter; Margaret Hall; Rev. Elizabeth Phillips; Dr. Robert Toth; Ralph Wegener; Pat Bridgforth; Deputy Elijah Ming; Anupama Vaidya; Warren Sheldon; Scott Johnson; Benjamin Jones; Victoria Meredith; Patrick Gaboriau; Melissa and Mark Hortman; Cecil Neal; those lost in war; those who have died from gun violence

Diocesan Prayer Cycle: St. John's Episcopal Church, Springfield — The Rev. Ron Keel

Fall House of Bishops Meeting

Birthdays & Anniversaries

Please contact the Cathedral office if we have omitted your birthday or anniversary.

September 7

Beth Gentry-Epley
Jonah Fahnstock

September 9

Larry Martin
Nathan Mattson

September 8

Lill Weekes
Melisa Burns
Victoria Janky
Bud & Candy
McDowell
Patty & Tom Wood

September 10

Paul Schooling

September 11

Lisa Spoonhour

September 13

John Callison

Donations for our Outreach Partners



Diaper Drive
for **happyBottoms**
diapers for families in need

Donate packages of diapers
Sizes 4, 5, 6 needed most

1 in 2 families in KC can't afford diapers

During the month of September, we invite you to bring diapers to the barrel in the cross hall or to the basket in the Tower.

WHAT IS HUNGER ACTION MONTH?

Every September, Hunger Action Month calls on people across the country to take a stand against food insecurity. Here, in Kansas City, that call hits closer to home.

Right now:

- 1 in 7 people in KC don't know where their next meal is coming from.
- Many of our neighbors are working full time and still can't afford groceries.
- Food waste continues while families go without fresh, nourishing meals.

At The Prospect KC, we believe food should be more than filling, it should be fuel for change. That's why this month, we're turning action into impact one meal, one volunteer shift, one donation at a time.

Donate to help fight hunger: theprospectkc.org/donate

The Prospect KC (EIN: 84-4576270)

11 E. 40th Street

Kansas City, MO 64111

Outreach Volunteer Opportunities

The Emergency Food Assistance Program

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). We meet from about 9:30 a.m. to noon on the third Saturday of each month.

St. Paul's receives delivery of several pallets of shelf-stable and frozen food from Harvesters each month. Friendly volunteers are needed to break down the pallets and repackage the food into family-sized boxes and bags. Then we open the doors to those in need and start handing out the food.

To volunteer or for more information, contact Deacon Barbara 816.739.8032 or bwegener@kccathedral.org.

Pete's Garden

In the lower level of Founders' Hall, Pete's Garden is a food rescue committed to less food waste and more family meals. They collect unserved prepared food from caterers, restaurants and food service operations each day. Pete's Garden meals are then distributed through social service agencies that serve children and their families. Most of the families who receive Pete's Garden meals are headed by single women in low paying jobs, living below federal poverty guidelines.

Volunteers work together to portion and package donated food so it can be redirected to social service agencies who get meals to families.

Sign up for a shift at petesgarden.org/volunteer.

Nourish KC

Volunteers are the heart and soul of NourishKC. Every meal served, every pantry stocked, and every food item redistributed is made possible because of the time, energy, and dedication of our volunteers. Your support ensures that they can continue providing nutritious meals, offering essential pantry staples, and building a hunger-free community. By volunteering with Nourish KC, you become part of a compassionate movement that transforms lives—one meal at a time. Whether it's lending a hand in our Community Kitchen, assisting with pantry distribution, or helping with events, your contribution makes a lasting impact.

Sign up for a shift at theprospectkc.org/nourish-kc.

Today's Focal St. John's Bible Illumination

Thirteenth Sunday After Pentecost – Love, Forgiveness & Living Out Faith The Good Samaritan Portion of “Luke Anthology” Illumination (Luke 10:29-37)

Today's lectionary texts emphasize the practices of compassion, neighborly love, and living out faith through service and generosity.

Our visio divina focus is drawn from a section of the “Luke Anthology” illumination highlighting Luke 10:29-37 -- the Parable of the Good Samaritan. This visual depiction consists of four text portions selected from the parable to highlight Jesus' message concerning what living the life of God is like.

The priest and the Levite mentioned in the first of these selections both held high status in first-century Judaism. The Samaritan, however, was at the opposite end of this religious community's hierarchy. His position was lower even than that of tax collectors. Considered ethnically inferior, he was judged to possess no privileged relationship with God. Yet, as the center text portion demonstrates, when a fellow Jew fell victim to violent thieves, it was the Samaritan and

not the priest or Levite who bandaged the man's wounds. The final text portion drives home the point of the parable: “which one of these was a neighbor to the man in need”?

Jesus tells this parable in the context of a question posed by a religious expert attempting to trap Jesus in some culpable heresy for which he might be discredited. In the course of their conversation, the expert sought to limit his own responsibility by having Jesus define who is and who is not his neighbor. Jesus, however, shifts the focus of the question from “who is my neighbor” to “who acted like a neighbor.” The point of the parable is to make clear that it is not by knowing what is right but by doing what is right that we become what God intends us to be as his followers.

Note the image of the Twin Towers from the September 11, 2001, New York City attack that protrudes up into this section of the illumination. What message does that image convey in the context of this parable? Why do you think these towers are depicted in gold? How do Jesus' words, “Go and do likewise” impact you in response to Jesus' teaching in this parable?



Formation for All Ages

Adults: Sundays

9:15 a.m. • Common Room

Starting September 14

Episcopal Beliefs & Practices: A Study of the Prayer Book

Through a weekly study of the 1979 Book of Common Prayer we will explore the beliefs and practices of the Episcopal Church. If you are curious about the Anglican way of Christianity, want to better understand familiar prayers and liturgies, or are seeking to engage more deeply in Christian practice and theology then this course is for you! No preparation needed, prayer books will be provided in class.

Children: Sundays

10:30 a.m. • Haden Hall

Cathedral Kids

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in cabinet in the back cross aisle.

Upcoming Family Worship Dates: September 7

Youth: Sundays

Youth meetings are on summer break. Stay tuned for updates on when they will resume.

Adults: Tuesdays

GHTC's Virtual Cafe • 7:30 a.m. • Zoom

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30-9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m. • Zoom

WBS will begin their next study based on the book, *Forgiveness: Finding Peace by Letting Go* by Adam Hamilton, August 26.

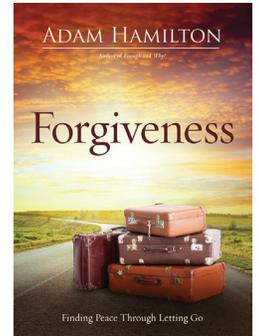
"There is nothing more crippling than holding on to anger. Anger, more than any other emotion, has the power to consume all aspects of our lives, distort our sense of purpose, and destroy our relationship with God.

In the passionate and life-changing book Forgiveness: Finding Peace Through Letting Go, bestselling author Adam Hamilton brings... insight...to the challenge of forgiveness. Hamilton argues that revelation comes when we realize that forgiveness is a gift we give ourselves rather than to someone else. He also contends that only when we learn to forgive others and ourselves can we truly receive forgiveness from God."

Visit our website, kccathedral.org/adultformation, for more information.

Lectionary Bible Study • 6:45 p.m. • Zoom

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or on our website, kccathedral.org/adultformation, for more details.



Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; Dr. Lucas Fletcher, *Director of Music*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@skeltonmoore.com; Nigel Jones, *Junior Warden*, redbox712@gmail.com, (405) 747-6550; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Bill Boyd; Julie Brogno; Colin Chambers; Pat Decker; Paget Higgins; Steve King; Christine Morrison; Mathias Nichols; Charles Shipley

Upcoming Events & Announcements

For more info and signup links: kccathedral.org/events

Friday, September 12 • 7 p.m.

An Evening of French Music

Vocalist Eva Peng and pianist Dr. Anthony Olson will explore the themes of Love and the Sea through the music of French composers. The program will feature Ernest Chausson's *Poème de l'amour et de la mer*, along with a selection of art songs and piano works by Ravel and Debussy. Free admission; donations welcomed.

Saturday, September 13 • 12-5 p.m.

Croquet Tournament: A Wicket Wonderland

Join us for an adventurous afternoon on the Cathedral lawn. Register to play croquet or simply come to enjoy the dreamy day. Sandwiches, sweets and drinks served. Sign up today for this year's Cathedral Cup Croquet Tournament at coffee hour or on our website.

Sunday, September 14 • 11: 45 a.m.

Newcomer Gathering

A special gathering just for those who are new to Grace and Holy Trinity Cathedral to learn more about our community and how to get involved. Join us after the 10:30 service in the Common Room for coffee, snacks and fellowship! No matter where you are on your spiritual journey, you are welcome here. We look forward to getting to know you and sharing the joy of our community together! If you have any questions, contact Fr. James Yazell at jjazell@kccathedral.org. Register at kccathedral.org/newcomers.

September 21 | 9:15 a.m. & 12:15 p.m.

Help at Pete's Garden

Volunteer with fellow parishioners at Pete's Garden to put labels on the containers that will be used to package meals for families in need. Meet Deacon Barbara and Colin Chambers in Founders' Hall and head downstairs to Pete's Garden. This is a great opportunity to help at Pete's Garden. All ages are welcome; younger children should have a parent present.

Sunday, September 21 • 5 p.m.

Choral Evensong

Choral Evensong is a centuries-old Anglican musical service of sung Evening Prayer that features our own Trinity Choir singing composed settings of the psalms, responses, and canticles, providing a peaceful and reflective pause as the day closes. Following the service, all are welcome to take communion in the Chapel.

Friday, October 3 • 6:30 p.m.

Music Fundraiser: How You Can Help

On Friday, October 3, GHTC hosts a fundraiser for our Messiah Singalong. The evening will include a raffle, a wine & whiskey pull, and performances by the KC Jazz Orchestra. Doors open at 6 p.m. in Founders' Hall and admission is \$20 per person.

How YOU can help: Donate raffle items, Donate an "experience," Donate bottle of wine (over \$40) or whiskey (over \$50), Bring an appetizer, Attend this event and share with others!! Contact Director of Music, Dr. Lucas Fletcher to donate items: lfletcher@kccathedral.org.

Sign up
deadline
is TODAY!

Food & Friends Groups are for members of the Cathedral to get to know each other better in a casual way. Groups meet about once a month at a time and place that is convenient for the members. You will be matched with other parishioners in a group of 6-8 people.

Suggestions for meetings:

- Meet at a group member's home for a potluck meal
- Meet before church for coffee
- Meet at a park for a picnic
- Meet at a restaurant

Everyone is invited to sign up to be in a group!



Sign up TODAY:

- kccathedral.org/events
- scan the QR code to sign up
- at the Ministry Fair in Founders' Hall

