

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Transfiguration," JESUS MAFA, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN

The Last Sunday after the Epiphany
February 15, 2026 • 8 a.m.

Welcome! We are glad you are here.

- Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Tap to give using the display in the Tower entrance. Instructions for use are next to the machine.
- *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: Offertoire, Messe Nuptiale

Henri Dallier (1849-1934)

The Word of God

* OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

* CANTICLE 11, The Third Song of Isaiah *Surge, illuminare*

page 87

All Arise, shine, for your light has come, *
and the glory of the Lord has dawned upon you.
For behold, darkness covers the land; *
deep gloom enshrouds the peoples.
But over you the Lord will rise, *
and his glory will appear upon you.
Nations will stream to your light, *
and kings to the brightness of your dawning.
Your gates will always be open; *
by day or night they will never be shut.
They will call you, The City of the Lord, *
The Zion of the Holy One of Israel.
Violence will no more be heard in your land, *
ruin or destruction within your borders.
You will call your walls, Salvation, *
and all your portals, Praise.
The sun will no more be your light by day; *
by night you will not need the brightness of the moon.
The Lord will be your everlasting light, *
and your God will be your glory.

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O God, who before the passion of your only begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Exodus 24:12-18

Lector The Lord said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them."

Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

The Word of the Lord.

People **Thanks be to God.**

Psalm 99 *read by alternating half verse*

page 728

The Lord is King; let the people tremble; *
**he is enthroned upon the cherubim;
let the earth shake.**

The Lord is great in Zion; *
he is high above all peoples.

Let them confess his Name, which is great and awesome; *
he is the Holy One.

"O mighty King, lover of justice, you have established equity; *
you have executed justice and righteousness in Jacob."

Proclaim the greatness of the Lord our God and fall down before his footstool; *
he is the Holy One.

Moses and Aaron among his priests, and Samuel among those who call upon his Name, *
they called upon the Lord, and he answered them.

He spoke to them out of the pillar of cloud; *
they kept his testimonies and the decree that he gave them.

O Lord our God, you answered them indeed; *
you were a God who forgave them, yet punished them for their evil deeds.

Proclaim the greatness of the Lord our God and worship him upon his holy hill; *
for the Lord our God is the Holy One.

Second Lesson: 2 Peter 1:16-21

Lector We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain.

So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

The Word of the Lord.

People **Thanks be to God.**

* THE HOLY GOSPEL: Matthew 17:1-9

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Gospeller Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

All

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

- Intercessor Holy God, as we wait in expectation for your majesty, we offer you our heartfelt prayers as we say, Lord in your mercy, hear our prayer.
- Be present in your church, in the gathering of your people, and send your spirit to enliven and encourage us today.
- Lord in your mercy,
- People** **Hear our prayer.**
-
- Intercessor We pray for our nation, and for all nations, for those who lead, and for those who work for change, that they may labor to better the lives of their communities.
- Lord in your mercy,
- People** **Hear our prayer.**
-
- Intercessor We offer our concerns for the earth; for our natural resources and our failures to tend to them. Open our hearts that we might be part of the solution to the problems of the world around us.
- Lord in your mercy,
- People** **Hear our prayer.**
-
- Intercessor We pray for the people of the earth, for those who hunger, thirst, or yearn for freedom. We pray also for those who have all their needs met, but who are deaf to the cries of the imprisoned, the impoverished, and the persecuted, that their eyes may be opened.
- Lord in your mercy,
- People** **Hear our prayer.**
-
- Intercessor We long to end the suffering of those in trouble and we ask for your comfort and healing for those who are sick, anxious, hopeless, grieving or dying. Be powerfully present to all those in need. We pray especially for those on the Cathedral's Prayer List, and for those whom we now name silently or aloud.
- Lord in your mercy,
- People** **Hear our prayer.**
-
- Intercessor We pray for the dying and those who gather around them. We pray for a peaceful death and rise in glory in the coming age. We pray especially for those we now name, either silently or aloud.
- Lord in your mercy,
- People** **Hear our prayer.**
-
- Presider All this we ask in the certainty of your love, in our longing for your return and in the promise of your coming again. **Amen.**

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

* THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

OFFERTORY HYMN: 135 "Songs of thankfulness and praise"

1 Songs of thank-ful - ness and praise, Jes - us, Lord, to thee we raise,
 2 Man - i - fest at Jor - dan's stream, Pro-phet, Priest, and King su - preme;
 3 Man - i - fest in mak - ing whole pal - sied limbs and faint - ing soul;
 4 Man - i - fest on moun - tain height, shin - ing in re - splen - dent light,

man - i - fest - ed by the star to the sa - ges from a - far;
 and at Ca - na, wed - ding - guest, in thy God - head man - i - fest;
 man - i - fest in val - iant fight, quell - ing all the dev - il's might;
 where dis - ci - ples filled with awe thy trans - fi - gured glo - ry saw.

branch of roy - al Da - vid's stem in thy birth at Beth - le - hem;
 man - i - fest in power di - vine, chang - ing wa - ter in - to wine;
 man - i - fest in gra - cious will, ev - er bring - ing good from ill;
 When from there thou led - dest them stead - fast to Je - ru - sa - lem,

an - thems be to thee ad - dressed, God in man made man - i - fest.
 an - thems be to thee ad - dressed, God in man made man - i - fest.
 an - thems be to thee ad - dressed, God in man made man - i - fest.
 cross and Eas - ter Day at - test God in man made man - i - fest.

Words: Sts. 1-3, Christopher Wordsworth (1807-1885); st. 4, F. Bland Tucker (1895-1984). Music: *Salzburg*, melody Jakob Hintze (1622-1702); harm. Johann Sebastian Bach (1685-1750). Copyright: Words: St. 4, © The Church Pension Fund. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All **We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All **AMEN.**

Presider And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

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Presider Alleluia. Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia.
Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed
 on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.
For gluten-free bread, cross your hands palms down.
For a blessing, cross your hands over your chest.*

On the first Sunday of each month, prayer for healing is offered at the prayer desk until the close of worship.

* POSTCOMMUNION PRAYER

page 366

Presider Let us pray.
All Almighty and everliving God,
 we thank you for feeding us with the spiritual food
 of the most precious Body and Blood
 of your Son our Savior Jesus Christ;
 and for assuring us in these holy mysteries
 that we are living members of the Body of your Son,
 and heirs of your eternal kingdom.
 And now, Father, send us out
 to do the work you have given us to do,
 to love and serve you
 as faithful witnesses of Christ our Lord.
 To him, to you, and to the Holy Spirit,
 be honor and glory, now and for ever. Amen.

* THE BLESSING

* DISMISSAL

Following the dismissal,

People Thanks be to God.

* CLOSING HYMN: 137 "O wondrous type! O vision fair"

Descant

4 And faith - ful hearts are raised on high by this great

1 O won - drous type! O vi - sion fair of glo - ry
 2 With Mo - ses and E - li - jah nigh the in - car - nate
 3 With shin - ing face and bright ar - ray, Christ deigns to
 4 And faith - ful hearts are raised on high by this great
 5 O Fa - ther, with the e - ter - nal Son, and Ho - ly

vi - sion's mys - ter - y; for which in joy - ful

1 that the Church may share, which Christ up - on the
 2 Lord holds con - verse high; and from the cloud, the
 3 man - i - fest to - day what glo - ry shall be
 4 vi - sion's mys - ter - y; for which in joy - ful
 5 Spi - rit, ev - er One, vouch - safe to bring us

strains we raise the voice of prayer, the hymn of praise.

1 moun - tain shows, where bright - er than the sun he glows!
 2 Ho - ly One bears re - cord to the on - ly Son.
 3 theirs a - bove who joy in God with per - fect love.
 4 strains we raise the voice of prayer, the hymn of praise.
 5 by thy grace to see thy glo - ry face to face.

Words: Latin, 15th cent.; tr. *Hymns Ancient and Modern*, 1861, after John Mason Neale (1848-1866), alt. Music: *Wareham*, melody William Knapp (1698-1768); alt.; harm. *Hymns Ancient and Modern*, 1875, after James Turle (1802-1882); desc. Sydney Hugo Nicholson (1875-1947). Copyright: Music: Descant by permission of the Royal School of Church Music. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Intermezzo, *Symphony VI*, Op. 42 No.2

C.M.Widor (1844-1937)

Serving Today

Presider	The Rev. Clare Stern-Burbano
Preacher	The Very Rev. Dr. Andrew C. Keyse
Assisting	The Rev. Canon W. James Yazell
Organist	Zaheer Popo
Lector	Joan Bergstrom
Eucharistic Minister	Kelsey Leftwich-Yazell
Usher	Greg Coffey, Deborah Carr
Altar Guild	Jennifer Mason

Birthdays & Anniversaries

Please contact the Cathedral office (jtoma@kccathedral.org) if we have omitted your birthday or anniversary.

February 15

Jeff McNeil

February 16

Jennifer Mason
Pat Martin
Patty Wood
Chip Buckner
Carody Atherton
Joseph Lewandowski

February 17

Jon Royal

February 18

Penny Citro
Mattie Ransom

February 19

Phineas Gitta
Mark Galus
Jeri Gore

February 20

Bruce Reed

February 21

Michael Wells

Today's flowers are dedicated to the glory of God.

Sponsor the Altar Flowers

Altar flowers are a great way to commemorate an event near a specific date, or honor/remember someone close to your heart. Donations of any amount toward the weekly flowers can be given by anyone who wants to acknowledge special events or people in their lives. See kccathedral.org/flowers for more information.

Cathedral Prayer List

To place a person on this prayer list, text PRAYER to (816) 310-1888 or email Deacon Barbara Wegener, bwegener@kccathedral.org.

View the prayer list anytime: kccathedral.org/prayers

Pray for: Dan McGrath; Pat Miller; Kevin Sweeney; Nancy Guthrie; Patricia Easter; Joe Marvil; Ken, Pam and Carly Courson; Osha Badeau; Terry and Marie Clements; Dane Griffith; Shana; Ken McCandless; Marcille McCandless; Ella; Claudia Risebig; Farzana Farzad; Donna Knoell; Fawzia Ziayee and Mohammad Yunus; Jay; Janel Mosley; Charlotte Lipari; Osha; Carolyn McGlothen; Kimberly Bacchus; Ahmed al Ahmed; Gayle Webb; Konan; Zachary Pearce; Ann Ryder; Erin Kalkbrenner; All those injured in the Shooting in Stockton, CA; Katie Rose; Gene Easter; Phineas Gitta; Mike Barzee & Family; Iris Parsons; Larry McMullen; Gloria Stocks; Jim Royer; Joyce Morrow; Thaddeus Samuel Withers; Yvonne Kehoe Meier; Jeffrey and family; Charlotte Colburn; All those fighting chronic illness; All families affected by gun violence; First Responders; All Immigrants

Pray for the Departed: Bill Stancil; Alex Pretti; Richard Sklar; Renee Nicole Good; Larry, Marcia and Gary Wilson; Jonathan Everett Boley; Those souls lost in the Switzerland ski resort fire; Tatiana Celia Kennedy Schlossberg; Ella Cook; Those lost in the Silver Lake Nursing Home Explosion; Joe Bacchus; Mukhammadaziz Umurzokov; Ella Cook; Those lost in the Bondi Beach Shootings; Maliyah Brown; those lost in war; those who have died from gun violence

Diocesan Prayer Cycle: The Episcopal Diocese of Dallas—The Rt. Rev. George Sumner, Bishop

Episcopal Cursillo Ministry

MUSIC BY WOMEN COMPOSERS

I Hold My Soul

7 p.m. | Grace and Holy Trinity Cathedral

FRIDAY, FEBRUARY 27

Free admission. Reception to follow in the Common Room.



Featuring tenor Jacob Sentgeorge, mezzo-soprano Courtney Fletcher, and pianist Mia Kim

kccathedral.org/musicevents

Join Us in Making a Difference: Volunteer

You are invited to use your skills and spirit to make a real impact. Whether you have a few hours or want to dive into regularly serving, there are many ways to help: serving in worship services, teaching/helping with children & youth programs, assisting with the Cathedral gardens, singing in the choir and more. Volunteering lets you give back, connect with others, and grow in faith.

Immediate Ways to Get Involved

- **Holy Hands 1st Sunday:** We have no one on this team to provide coffee hour treats.
- **Ushers** for 10:30 & special services
- **Acolytes** for 10:30 & special services
- **Lectors** for 8 a.m. & 5 p.m. services
- **Oblation Bearers** at 10:30 services

For more information, visit kccathedral.org/volunteer or contact Volunteer Coordinator Joan Bergstrom at volunteers@kccathedral.org.

This Week at GHTC

Learn more about our weekly services & opportunities for study and fellowship: kccathedral.org

Sunday, February 15

- 8 a.m. Holy Eucharist
- 9 a.m. Shrove Sunday Pancakes
- 9:15 a.m. Youth Formation
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist* (Family Worship Sunday)
- 11:30 a.m. Shrove Sunday Pancakes
- 4 p.m. Absalom Jones Service at St. Augustine's
- 5 p.m. Choral Evensong
- 6 p.m. Youth Group

Monday, February 16 • Presidents Day • Office Closed

- 6 p.m. Alcoholics Anonymous Meeting

Tuesday, February 17

- 7:30 a.m. Finance Committee+
- 7:30 a.m. GHTC's Virtual Cafe+
- 12:30 p.m. Women's Bible Study+
- 6:00 p.m. Mardi Gras Jambalaya Dinner
- 6:45 p.m. Lectionary Bible Study+

Wednesday, February 18

- 7 a.m. Ash Wednesday Liturgy
- 10 a.m. Staff Gathering
- 12 p.m. Noonday Prayer*
- 12 p.m. Alcoholics Anonymous Meeting
- 12:05 p.m. Ash Wednesday Liturgy
- 5:30 p.m. Making a Spiritual Assessment & Developing a Rule of Life
- 7 p.m. Ash Wednesday Liturgy

Thursday, February 19

- 6 p.m. Food Addicts in Recovery Anonymous Meeting
- 7 p.m. Rehearsal: Trinity Choir

Friday, February 20

- 7 p.m. Concert: Allegro Choirs of Kansas City Friends & Family

Saturday, February 21

- 10 a.m. Diocesan Ordinations

Sunday, February 22

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Formation: Episcopal Beliefs and Practices
- 9:15 a.m. Youth Formation
- 9:15 a.m. Label Containers at Pete's Garden
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist* & Cathedral Kids
- 11:30 a.m. Coffee Hour
- 12:15 p.m. Label Containers at Pete's Garden
- 5 p.m. Order for Evening and Holy Eucharist

+On Zoom

*In person and streamed on YouTube @kccathedral

TEXT US!

TEXT US AT
(816) 310-1888

- Text **LOOP** to stay in the loop about Cathedral updates (weather closures, reminders).
- Text **GUEST** if you are new with us & want to know more.
- Text **PRAYER** to submit prayer requests.

Food & Friends Groups are for members of the Cathedral to get to know each other better in a casual way. Groups meet about once a month at a time and place that is convenient for the members. You will be matched with other parishioners in a group of 6-8 people.



Suggestions for meetings:

- Meet at a group member's home for a potluck meal
- Meet before church for coffee
- Meet at a park for a picnic
- Meet at a restaurant



Sign up by February 27:

- kccathedral.org/events
- scan the QR code to sign up

New Groups start in March

Everyone is invited to be in a group!



YOUNG ADULT

SPIRITUAL RETREAT

Young Adult Spiritual Retreat

Saturday, February 21, 1-8 p.m.

Upton Hall @ Grace Cathedral, Topeka

This is a spiritual retreat for young adults (age 18-30ish) who seek God amid a fragmented and at times frenzied experience of the demanding reality of being alive. Come and spend a day reflecting on the pathway to a more integrated life that fosters wholeness in body, mind and spirit. Explore Christian contemplative practices that assist finding the One who longs for you, calls you beloved, and whose desire is to bring you an abundant life of wonder and curiosity.

This retreat will include times for group and individual reflection, prayer and meditation, time in nature, mindful movement, and periods of silence. Come and see and simply be. All are welcome.

Fee: \$20 (includes supper), *optional \$40 to stay overnight (includes breakfast), scholarships available*

Use QR code to register or use link at kccathedral.org/young-adults.



Questions? Email Mtr. Clare cstern@kccathedral.org

FAITHFUL LIVING, FAITHFUL DYING

Preparing in the light of Christ

Learn about the theology of death and resurrection in the Anglican tradition and the importance of being prepared. Information will be provided on funeral planning, end of life care, and planned giving.

Schedule

- February 25: Theology of the Funeral Rite
- March 4: Music for the Funeral Rite
- March 11: Funeral Planning Workshop
- March 18: End of Life Care and Advanced Directives
- March 25: The Ultimate Gift: Christian Witness at Death

ALL ARE WELCOME

Wednesdays, February 25-March 25

6:30-7:45 p.m.

Common Room



Paper Drive for Sheffield Place



Sheffield Place assists homeless women and children in making the difficult journey from homelessness to self-sufficiency.

Bring donations of toilet paper, paper towels and tissues to the basket in the Tower during the month of February.

Love in Action: Growing in Faith & Community

Growth is vital to us as individuals and as a family of faith. Learning and growing is something we all do together as we hear the words and teachings of Jesus and are supported by the great cloud of witnesses who have come before to show us the way. In keeping with these teachings, we ask that we all continue our commitment to the work and ministry of our Cathedral in 2026.

You may make your financial commitment and support our continued growth by returning your pledge card to the Cathedral by mail or in the offering plate. You may also make your commitment online through the Cathedral's website: kccathedral.org/stewardship. Thank you for your continued care and support of Grace and Holy Trinity Cathedral.



Outreach Volunteer Opportunities

Volunteer at HappyBottoms

Saturday, February 28 • 9-11 a.m.

You are invited to learn how HappyBottoms is working to eliminate diaper need in the KC region, tour the warehouse then wrap diaper packages, fill monthly orders for agencies and hospitals, clean distribution bag tags, and complete other tasks as requested.

Sign up to volunteer at

kccathedral.org/outreach/#volunteer.

happybottoms™
diapers for families in need



Help at Pete's Garden

February 22 | 9:15 a.m. & 12:15 p.m.

Volunteer with fellow parishioners during coffee hour to put labels on the containers that will be used to package meals for families in need by Pete's Garden. We will label upstairs in Founders' Hall at both morning coffee hours. Please no food or drink at the labeling tables and wash your hands before helping. This is a great opportunity to help at Pete's Garden. All ages are welcome; younger children should have a parent present.

The Emergency Food Assistance Program

Saturdays, March 21 • 9:30 a.m.-noon

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). St. Paul's receives delivery of several pallets of shelf-stable and frozen food from Harvesters each month. Friendly volunteers are needed to break down the pallets and repackage the food into family-sized boxes and bags. Then we open the doors to those in need and start handing out the food. To volunteer or for more information, contact Deacon Barbara 816.739.8032 or bwegener@kccathedral.org.

kccathedral.org/outreach

MAKING A SPIRITUAL ASSESSMENT & DEVELOPING A RULE OF LIFE

Ash Wednesday | February 18

5:30–6:45 p.m. | Common Room

Lent is a time to check in on our spiritual life, to renew our commitment to life in Christ, and to take on new practices to deepen that life. In this workshop, you will be guided through a self-assessment of your current spiritual life and explore the use of a systematic approach to the spiritual life known as a Rule of Life.

This workshop is for anyone looking to develop a guide for their spiritual practice or to review and renew their current practice.

MARCH FOOD DRIVE

We are collecting non-perishable food for the food pantry at Saint Paul's Episcopal Church.

Suggested items to bring:

- ready meals (canned chili, spaghetti-o's, shelf-stable meals, soup)
- canned or dried fruit
- 100% fruit juice
- canned vegetables (not corn or green beans)
- canned meat (not tuna)
- gluten-free starches
- baking staples
- shelf-stable milk (quart-sized UHT boxes, dairy or plant-based)
- shelf-stable vegetarian meals.



BRING FOOD DONATIONS TO THE BASKET IN THE TOWER.

Formation for All Ages

Adults: Sundays 9:15 a.m. • Common Room

Episcopal Beliefs & Practices: A Study of the Prayer Book

Through a weekly study of the 1979 Book of Common Prayer we will explore the beliefs and practices of the Episcopal Church. If you are curious about the Anglican way of Christianity, want to better understand familiar prayers and liturgies, or are seeking to engage more deeply in Christian practice and theology then this course is for you! No preparation needed, prayer books will be provided in class.

Children: Sundays 10:30 a.m. • Haden Hall

Cathedral Kids

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in cabinet in the back cross aisle.

Upcoming Family Worship Dates: February 15, March 1, April 5, May 3

Youth

Youth in grades 6-12 meet Sundays at 9:15 a.m. for Formation.

Youth Group meetings are at 6 p.m. Sundays, February 8 & 15, March 1 & 15

Adults: Tuesdays

GHTC's Virtual Cafe • 7:30 a.m. • Zoom

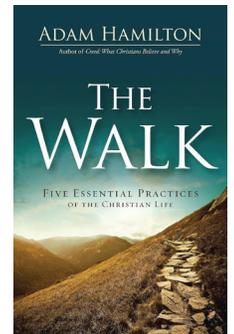
The Virtual Café is open every Tuesday morning for Cathedral members and friends to connect; discuss current topics and activities happening at the Cathedral and in our community; and share what's on your mind. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m. • Zoom

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit our website, kccathedral.org/adultformation, for the Zoom link.

This Lent, we will be using *The Walk* by Adam Hamilton to guide our discussions. How do we walk with Christ—daily follow him, grow in him, and faithfully serve him? In the Gospels, Jesus modeled for us the Christian spiritual life. The apostles taught it in their writings. And the Church has, through the last 2,000 years, sought to pursue this Christian spiritual life.

In *The Walk*, Adam Hamilton focuses on five essential spiritual practices that are rooted in Jesus' own walk with God and taught throughout the New Testament. Each of these practices is intended as part of our daily walk with Christ while also being an essential part of growing together in the church.



Lectionary Bible Study • 6:45 p.m. • Zoom

Join us for a discussion of context which will, with God's grace, lead us to a discussion of how an understanding of scripture can restore us to fullness with God and each other in Christ. Join the Lectionary Bible Study group in Realm or on our website, kccathedral.org/adultformation, for more details.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Canon W. James Yazell, *Canon for Adult Formation*; The Rev. Barbara Wegener, *Deacon*; The Rev. Clare Stern-Burbano, *College, Youth & Children's Minister*; Dr. Lucas Fletcher, *Director of Music*; Zaheer Popo, *Associate Organist*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVea, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@sheltonmoore.com; Nigel Jones, *Junior Warden*, redbox712@gmail.com, (405) 747-6550; Chip Buckner, *Treasurer*; Colin Chambers, *Clerk*; Bill Boyd; Julie Brogno; Pat Decker; Steve King; Blain Lagergren; Christine Morrison; Mathias Nichols; Charles Shipley; Janet Sweeting

Today's Focal St. John's Bible Illumination

Revelation of Christ's Divine Glory "The Transfiguration" Illumination (Matthew 17:1-9)

Today's lectionary texts center around themes related to the revelation of Christ's divine glory, marking the transition from the season of Epiphany to that of the Lenten journey. The Gospel reading narrates the story of Jesus' transfiguration, affirming his divine nature prior to undergoing the suffering of his Passion. The Epistle reading highlights Jesus' divine authority and the ultimate success of his earthly mission. The Old Testament and Psalm readings prepare the way for the transfiguration's affirmation of Jesus as the fulfillment of the Law (Moses) and the Prophets (Elijah). In response to these texts, we are invited to pray (aided by the collect of the day) that by beholding this light we might be strengthened to bear our cross during the coming season of Lent.

The narrative of Jesus' transfiguration (metamorphosis or complete change of form) depicts one of the greatest epiphanies (disclosures, unveilings, or manifestations) of the entire Bible. Its importance to the gospel tradition is indicated by the fact that all three synoptic writers include it in their accounts (Matthew 17:1-9, Mark 9:2-10, and Luke 9:28-36). As was the case with his baptism, Jesus' transfiguration confirms his sonship and authority at a critical juncture in his ministry.

Illuminator Aiden Hart connects several fundamental elements in this depiction, all of which have significance for Jesus' identity: the creation, the Exodus, the Mosaic Law codes, the prophetic tradition, the Incarnation, and the triune Godhead. In this illumination the brightness of Jesus' face and clothes symbolize the radiant glory of God in Jesus as well as his role as the bearer of God's glory to humanity. The crosses in Jesus' robe are the same as those in the John frontispiece ("The Word Made Flesh" illumination). Here the robe is dazzling. Gold shoots through the crosses manifesting all that is being revealed through this metamorphosis – Jesus' divine, cosmic, and transcendent nature and redemptive acts.

The presence of Moses (dressed in red indicative of the legal tradition and holding a book of the law) and Elijah (dressed in green indicative of the prophetic tradition) symbolizes the fulfillment of the old order through the work of Jesus. The cloud

is a reminder both of the cloud that guided the Israelites during the Exodus and of God's abiding presence with trusting followers throughout history. As at his baptism, we see God's words confirming Jesus' divine identity and authority at the bottom of the depiction: "THIS IS MY SON, THE BELOVED. LISTEN TO HIM." In addition, the blue of the sky and the purple of the earth point back to the Word's role (see John 1) in creation as well as to the significance of the transfiguration on the cosmic scale of God's actions.

Why is it significant that this illumination has no border? What does this suggest about God's nature and activity? In what ways do today's lectionary texts call us to live transformed lives? How are you being called to be "changed into his likeness"?



Image: ©2002, *The Saint John's Bible*, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

Upcoming Events & Announcements

For more info and signup links: kccathedral.org/events

TODAY

Shrove Sunday Pancake Breakfast after both morning services | Founders' Hall

Join us for breakfast following both morning services. Our annual Shrove Sunday Pancake Breakfast is the perfect way to indulge in some syrupy fun before Lent rolls in!

Choral Evensong | 5 p.m.

Sung by our own Trinity Choir, Choral Evensong is a centuries-old Anglican musical service of sung Evening Prayer that combines music, prayer, and scripture into a contemplative experience providing a peaceful and reflective pause as the day closes. Following the service, all are welcome to take communion in the Chapel.



SUNDAYS FEBRUARY 15 THROUGH MARCH 29 AT 9:15 A.M.
MULTIPURPOSE ROOM, LOWER LEVEL FOUNDERS' HALL

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for Episcopal 101, taught by Dean Andy. Even if you're not seeking confirmation, reaffirmation, or reception, it's a great way to gain a better understanding of our history and worship. Questions? Contact Dean Andy, akeyse@kccathedral.org.

THIS WEEK

Mardi Gras Dinner

Tuesday, February 17 | 6 p.m. | Founders' Hall

Join us for a festive Mardi Gras dinner featuring jambalaya, good company, lively music, and the joyous spirit of Fat Tuesday as we prepare for Lent. We look forward to celebrating with you! Jambalaya will be provided. Please bring cornbread/bread, a salad or a dessert.

Ash Wednesday Services

February 18 | 7 a.m. + 12:05 p.m. + 7 p.m.

Ash Wednesday is a solemn day in the Episcopal Church. We gather to reflect on our mortal nature, confess our sins, and receive God's grace. This day also marks the beginning of Lent, a time of preparation for the great festival of Easter.

- The 7 a.m. service is spoken.
- The 12:05 service includes hymns and organ music.
- The 7 p.m. service includes the Trinity Choir.

Noonday Prayer will be broadcast at noon and the 7 p.m. service will be livestreamed.

Making a Spiritual Assessment & Developing a Rule of Life

February 18 | 5:30-6:45 p.m. | Common Room

Lent is a time to check in on our spiritual life, to renew our commitment to life in Christ, and to take on new practices to deepen that life. In this workshop, you will be guided through a self-assessment of your current spiritual life and explore the use of a systematic approach to the spiritual life known as a Rule of Life. This workshop is for anyone looking to develop a guide for their spiritual practice or to review and renew their current practice.

Diocese of West Missouri Ordinations to the Diaconate

Saturday, February 21 | 10 a.m. | GHTC Nave

God willing, Christopher Ryan Dodson, Richard Michael Liantonio, Jory Mertens, Anita Ruth Scott-Philbrick, Barbara Janette Platter, and Brandon Mason Smee will be ordained into the Sacred Order of Deacons. A reception follows the service.