

# The Last Sunday after the Epiphany

February 15, 2026 • 5 p.m.



"Take Up Your Cross" by Day Williams

## CHORAL EVENSONG

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL

# Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.



## Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (\*).
- Donations may be placed in the offering, made through the Cathedral website: [kccathedral.org](http://kccathedral.org), by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



### VOLUNTARY: Cantilene

Malcolm Archer (b. 1952)

#### \* PRECES

Philip Radcliffe (1905-1986)

- Officiant      O Lord, open thou our lips.  
Choir          *And our mouth shall show forth thy praise.*
- Officiant      O God, make speed to save us.  
Choir          *O Lord, make haste to help us.*
- Choir          *Glory be to the Father, and to the Son, and to the Holy Ghost.  
As it was in the beginning, is now, and ever shall be, world without end. Amen.*
- Officiant      Praise ye the Lord.  
Choir          *The Lord's name be praised.*

#### \* HYMN: 254 "You are the Christ, O Lord"

1 You are the Christ, O Lord, the  
2 Oh! Pe - ter was most blest with

3 Son of God most high! For ev - er be a - dored that  
4 bless - ed - ness un - priced, who, taught of God, con-fessed the

Name in earth and sky, in which, though mor - tal  
God - head in the Christ! For of your Church, Lord,

strength may fail, the saints of God at last pre - vail! \_\_\_\_  
you made known this saint a true foun - da - tion - stone. \_\_\_\_

Words: William Walsham How (1823-1897), alt. Music: *Wyngate Canon*, Richard Wayne Dirksen (b. 1921). Copyright: Music: © 1984, Richard W. Dirksen. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

When Israel came out of Egypt \*  
and the house of Jacob from among the strange people,  
Judah was his sanctuary \*  
and Israel his dominion.  
The sea saw that, and fled \*  
Jordan was driven back.  
The mountains skipped like rams \*  
and the little hills like young sheep.  
What aileth thee, O thou sea, that thou fleddest \*  
and thou Jordan, that thou wast driven back?  
Ye mountains, that ye skipped like rams \*  
and ye little hills, like young sheep?  
Tremble, thou earth, at the presence of the Lord \*  
at the presence of the God of Jacob;  
Who turned the hard rock into a standing water \*  
and the flint-stone into a springing well.

LESSON: 2 Corinthians 3:7-18 (KJV)

Lector But if the ministration of death, written and engraven in stones, was glorious, so that the children of Israel could not stedfastly behold the face of Moses for the glory of his countenance; which glory was to be done away: How shall not the ministration of the spirit be rather glorious? For if the ministration of condemnation be glory, much more doth the ministration of righteousness exceed in glory.

For even that which was made glorious had no glory in this respect, by reason of the glory that excelleth. For if that which is done away was glorious, much more that which remaineth is glorious. Seeing then that we have such hope, we use great plainness of speech: And not as Moses, which put a veil over his face, that the children of Israel could not stedfastly look to the end of that which is abolished: But their minds were blinded: for until this day remaineth the same vail untaken away in the reading of the old testament; which vail is done away in Christ. But even unto this day, when Moses is read, the vail is upon their heart. Nevertheless when it shall turn to the Lord, the vail shall be taken away. Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty. But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

The Word of the Lord.

People **Thanks be to God.**

\* MAGNIFICAT

New College Service

Herbert Howells (1892-1983)

My soul doth magnify the Lord,  
and my spirit hath rejoiced in God my Savior.  
For he hath regarded  
the lowliness of his handmaiden.  
For behold from henceforth  
all generations shall call me blessed.  
For he that is mighty hath magnified me,  
and holy is his Name.  
And his mercy is on them that fear him  
throughout all generations.  
He hath showed strength with his arm;  
he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat,  
and hath exalted the humble and meek.  
He hath filled the hungry with good things,  
and the rich he hath sent empty away.  
He remembering his mercy hath holpen his servant Israel,  
as he promised to our forefathers, Abraham and his seed for ever.  
Glory be to the Father and to the Son and to the Holy Ghost; \*  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

LESSON: Luke 9:18-27 (KJV)

Lector And it came to pass, as he was alone praying, his disciples were with him: and he asked them, saying, Whom say the people that I am? They answering said, John the Baptist; but some say, Elias; and others say, that one of the old prophets is risen again. He said unto them, But whom say ye that I am? Peter answering said, The Christ of God.

And he straitly charged them, and commanded them to tell no man that thing; Saying, The Son of man must suffer many things, and be rejected of the elders and chief priests and scribes, and be slain, and be raised the third day.

And he said to them all, If any man will come after me, let him deny himself, and take up his cross daily, and follow me. For whosoever will save his life shall lose it: but whosoever will lose his life for my sake, the same shall save it. For what is a man advantaged, if he gain the whole world, and lose himself, or be cast away? For whosoever shall be ashamed of me and of my words, of him shall the Son of man be ashamed, when he shall come in his own glory, and in his Father's, and of the holy angels. But I tell you of a truth, there be some standing here, which shall not taste of death, till they see the kingdom of God.

The Word of the Lord.

People Thanks be to God.

\* NUNC DIMITTIS New College Service Herbert Howells (1892-1983)

Lord, now lettest thou thy servant depart in peace,  
according to thy word;

For mine eyes have seen thy salvation,  
which thou hast prepared before the face of all people,

To be a light to lighten the Gentiles,  
and to be the glory of thy people Israel.

Glory be to the Father and to the Son and to the Holy Ghost; \*  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

\* APOSTLES' CREED *chanted on a monotone*

All            I believe in God, the Father almighty, maker of heaven and earth;  
And in Jesus Christ his only Son our Lord;  
              who was conceived by the Holy Ghost, born of the Virgin Mary,  
              suffered under Pontius Pilate, was crucified, dead, and buried.  
              He descended into hell.  
              The third day he rose again from the dead.  
              He ascended into heaven, and sitteth on the right hand of God the Father almighty.  
              From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost,  
              the holy catholic Church,  
              the communion of saints,  
              the forgiveness of sins,  
              the resurrection of the body,  
              and the life everlasting. Amen.

\* PRAYERS

Philip Radcliffe (1905-1986)

Officiant     The Lord be with you;  
Choir         *And with thy spirit.*  
Officiant     Let us pray.  
Choir         *Lord, have mercy upon us.*  
              *Christ, have mercy upon us.*  
              *Lord, have mercy upon us.*

\* LORD'S PRAYER *sung by choir*

Choir         *Our Father, which art in heaven,*  
              *Hallowed be thy Name,*  
*thy kingdom come, thy will be done,*  
              *in earth as it is in heaven.*  
*Give us this day our daily bread, and*  
              *forgive us our trespasses,*  
              *as we forgive them that trespass against us.*  
*And lead us not into temptation,*  
              *but deliver us from evil. Amen.*

\* RESPONSES

Officiant     O Lord, show thy mercy upon us.  
Choir         *And grant us thy salvation.*  
Officiant     O Lord, save the state.  
Choir         *And mercifully hear us when we call upon thee.*  
Officiant     Endue thy ministers with righteousness.  
Choir         *And make thy chosen people joyful.*  
Officiant     O Lord, save thy people.  
Choir         *And bless thine inheritance.*  
Officiant     Give peace in our time, O Lord.  
Choir         *Because there is none other that fighteth for us, but only thou, O God.*  
Officiant     O God, make clean our hearts within us.  
Choir         *And take not thy Holy Spirit from us.*

\* COLLECT OF THE DAY

O God, who before the passion of thy only-begotten Son  
didst reveal his glory upon the holy mount:  
Grant unto us that we, beholding by faith the light of his countenance,  
may be strengthened to bear our cross,  
and be changed into his likeness from glory to glory;  
through the same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit,  
one God, for ever and ever. Amen.

\* COLLECT FOR PEACE

O God, from whom all holy desires, all good counsels, and all just works do proceed:  
Give unto thy servants that peace which the world cannot give,  
that our hearts may be set to obey thy commandments, and also that by thee,  
we, being defended from the fear of all enemies, may pass our time in rest and quietness;  
through the merits of Jesus Christ our Savior. Amen.

\* COLLECT FOR AID AGAINST PERILS

Lighten our darkness, we beseech thee, O Lord;  
and by thy great mercy defend us from all perils and dangers of this night;  
for the love of thy only Son, our Savior Jesus Christ. Amen.

ANTHEM: "I believe this is Jesus"

Undine Smith Moore (1904-1989)  
text: Spiritual

I believe this is Jesus;  
Come and see, oh, come and see.  
The light of God shines in his face,  
He offers all his pard'ning grace;  
Come and see, oh, come and see.  
Yes, yes, yes Lord!  
Oh, I believe this is Jesus;  
Come and see, come and see.

\* THE PRAYERS

\* THE GENERAL THANKSGIVING

All            Almighty God, Father of all mercies,  
                 we thine unworthy servants  
                 do give thee most humble and hearty thanks  
                 for all thy goodness and loving-kindness  
                 to us and to all men.  
                 We bless thee for our creation, preservation,  
                 and all the blessings of this life;  
                 but above all for thine inestimable love  
                 in the redemption of the world by our Lord Jesus Christ;  
                 for the means of grace, and for the hope of glory.  
                 And, we beseech thee,  
                 give us that due sense of all thy mercies,  
                 that our hearts may be unfeignedly thankful;

and that we show forth thy praise,  
 not only with our lips, but in our lives,  
 by giving up our selves to thy service,  
 and by walking before thee  
 in holiness and righteousness all our days;  
 through Jesus Christ our Lord,  
 to whom, with thee and the Holy Ghost,  
 be all honor and glory, world without end. Amen.

\* HYMN: 675 "Take up your cross, the Savior said"

1 Take up your cross, the Sa - vior said, if  
 2 Take up your cross, let not its weight fill  
 3 Take up your cross, heed not the shame, and  
 4 Take up your cross, then, in his strength, and  
 5 Take up your cross, and fol - low Christ, nor

1 you would my dis - ci - ple be; take up your cross with  
 2 your weak spi - rit with a - larm; his strength shall bear your  
 3 let your fool - ish heart be still; the Lord for you ac -  
 4 calm - ly ev - ery dan - ger brave; it guides you to a -  
 5 think till death to lay it down; for on - ly those who

1 will - ing heart, and hum - bly fol - low af - ter me.  
 2 spi - rit up, and brace your heart, and nerve your arm.  
 3 cept - ed death up - on a cross, on Cal - vary's hill.  
 4 bun - dant life and leads to vic - tory o'er the grave.  
 5 bear the cross may hope to wear the glo - rious crown.

Words: Charles William Everest (1814-1877), alt. Music: Bourbon, melody att. Freeman Lewis (1780-1859); harm. John Leon Hooker (b. 1944). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* THE GRACE

VOLUNTARY: Sarabande (In Modo Elegiaco), *Six Pieces for Organ*

Herbert Howells (1892-1983)

*Holy Eucharist will be offered in the chapel for those who would like to partake.*

## Serving Today

Officiant	The Very Rev. Dr. Andrew C. Keyse
Lector	Charles Shipley
Greeter	Nigel Jones
Musicians	The Trinity Choir, Dr. Lucas Fletcher, Zaheer Popo

# Birthdays & Anniversaries

Please contact the Cathedral office ([jtoma@kccathedral.org](mailto:jtoma@kccathedral.org)) if we have omitted your birthday or anniversary.

## February 15

Jeff McNeil

## February 16

Jennifer Mason

Pat Martin

Patty Wood

Chip Buckner

Carody Atherton

Joseph Lewandowski

## February 17

Jon Royal

## February 18

Penny Citro

Mattie Ransom

## February 19

Phineas Gitta

Mark Galus

Jeri Gore

## February 20

Bruce Reed

## February 21

Michael Wells

# Cathedral Prayer List

To place a person on this prayer list, text PRAYER to (816) 310-1888 or email Deacon Barbara Wegener, [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

View the prayer list anytime: [kccathedral.org/prayers](http://kccathedral.org/prayers)

**Pray for:** Dan McGrath; Pat Miller; Kevin Sweeney; Nancy Guthrie; Patricia Easter; Joe Marvil; Ken, Pam and Carly Courson; Osha Badeau; Terry and Marie Clements; Dane Griffith; Shana; Ken McCandless; Marcille McCandless; Ella; Claudia Risebig; Farzana Farzad; Donna Knoell; Fawzia Ziayee and Mohammad Yunus; Jay; Janel Mosley; Charlotte Lipari; Osha; Carolyn McGlothen; Kimberly Bacchus; Ahmed al Ahmed; Gayle Webb; Konan; Zachary Pearce; Ann Ryder; Erin Kalkbrenner; All those injured in the Shooting in Stockton, CA; Katie Rose; Gene Easter; Phineas Gitta; Mike Barzee & Family; Iris Parsons; Larry McMullen; Gloria Stocks; Jim Royer; Joyce Morrow; Thaddeus Samuel Withers; Yvonne Kehoe Meier; Jeffrey and family; Charlotte Colburn; All those fighting chronic illness; All families affected by gun violence; First Responders; All Immigrants

**Pray for the Departed:** Bill Stancil; Alex Pretti; Richard Sklar; Renee Nicole Good; Larry, Marcia and Gary Wilson; Jonathan Everett Boley; Those souls lost in the Switzerland ski resort fire; Tatiana Celia Kennedy Schlossberg; Ella Cook; Those lost in the Silver Lake Nursing Home Explosion; Joe Bacchus; Mukhammadaziz Umurzokov; Ella Cook; Those lost in the Bondi Beach Shootings; Maliyah Brown; those lost in war; those who have died from gun violence

**Diocesan Prayer Cycle:** The Episcopal Diocese of Dallas—The Rt. Rev. George Sumner, Bishop

Episcopal Cursillo Ministry

## Today's flowers are dedicated to the glory of God.

### Sponsor the Altar Flowers

Altar flowers are a great way to commemorate an event near a specific date, or honor/remember someone close to your heart. Donations of any amount toward the weekly flowers can be given by anyone who wants to acknowledge special events or people in their lives. See [kccathedral.org/flowers](http://kccathedral.org/flowers) for more information.

# Volunteer at HappyBottoms Saturday, February 28 • 9-11 a.m.



You are invited to learn how HappyBottoms is working to eliminate diaper need in the KC region, tour the warehouse then wrap diaper packages, fill monthly orders for agencies and hospitals, clean distribution bag tags, and complete other tasks as requested.



Sign up to volunteer at  
[kccathedral.org/outreach](http://kccathedral.org/outreach)



## Join Us in Making a Difference: Volunteer

You are invited to use your skills and spirit to make a real impact. Whether you have a few hours or want to dive into regularly serving, there are many ways to help: serving in worship services, teaching/helping with children & youth programs, assisting with the Cathedral gardens, singing in the choir and more. Volunteering lets you give back, connect with others, and grow in faith.

### Immediate Ways to Get Involved

- **Holy Hands 1st Sunday:** We have no one on this team to provide coffee hour treats.
- **Ushers** for 10:30 & special services
- **Acolytes** for 10:30 & special services
- **Lectors** for 8 a.m. & 5 p.m. services
- **Oblation Bearers** at 10:30 services

For more information, visit [kccathedral.org/volunteer](http://kccathedral.org/volunteer) or contact Volunteer Coordinator Joan Bergstrom at [volunteers@kccathedral.org](mailto:volunteers@kccathedral.org).

## This Week at GHTC

Learn more about our weekly services & opportunities for study and fellowship: [kccathedral.org](http://kccathedral.org)

### Sunday, February 15

- 8 a.m. Holy Eucharist
- 9 a.m. Shrove Sunday Pancakes
- 9:15 a.m. Youth Formation
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist\* (Family Worship Sunday)
- 11:30 a.m. Shrove Sunday Pancakes
- 4 p.m. Absalom Jones Service at St. Augustine's
- 5 p.m. Choral Evensong
- 6 p.m. Youth Group

### Monday, February 16 • Presidents Day • Office Closed

- 6 p.m. Alcoholics Anonymous Meeting

### Tuesday, February 17

- 7:30 a.m. Finance Committee+
- 7:30 a.m. GHTC's Virtual Cafe+
- 12:30 p.m. Women's Bible Study+
- 6:00 p.m. Mardi Gras Jambalaya Dinner
- 6:45 p.m. Lectionary Bible Study+

### Wednesday, February 18

- 7 a.m. Ash Wednesday Liturgy
- 10 a.m. Staff Gathering
- 12 p.m. Noonday Prayer\*
- 12 p.m. Alcoholics Anonymous Meeting
- 12:05 p.m. Ash Wednesday Liturgy
- 5:30 p.m. Making a Spiritual Assessment & Developing a Rule of Life
- 7 p.m. Ash Wednesday Liturgy

### Thursday, February 19

- 6 p.m. Food Addicts in Recovery Anonymous Meeting
- 7 p.m. Rehearsal: Trinity Choir

### Friday, February 20

- 7 p.m. Concert: Allegro Choirs of Kansas City Friends & Family

### Saturday, February 21

- 10 a.m. Diocesan Ordinations

### Sunday, February 22

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Formation: Episcopal Beliefs and Practices
- 9:15 a.m. Youth Formation
- 9:15 a.m. Label Containers at Pete's Garden
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist\* & Cathedral Kids
- 11:30 a.m. Coffee Hour
- 12:15 p.m. Label Containers at Pete's Garden
- 5 p.m. Order for Evening and Holy Eucharist

+On Zoom

\*In person and streamed on YouTube @kccathedral

# TEXT US!

TEXT US AT  
(816) 310-1888

- Text **LOOP** to stay in the loop about Cathedral updates (weather closures, reminders).
- Text **GUEST** if you are new with us & want to know more.
- Text **PRAYER** to submit prayer requests.

# ASH WEDNESDAY

FEBRUARY 18

7 a.m. + 12:05 p.m. + 7 p.m.



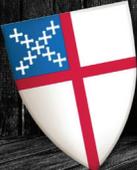
“Remember that you are dust, and to dust you shall return.”

## MAKING A SPIRITUAL ASSESSMENT & DEVELOPING A RULE OF LIFE

Ash Wednesday | February 18  
5:30-6:45 p.m. | Common Room

Lent is a time to check in on our spiritual life, to renew our commitment to life in Christ, and to take on new practices to deepen that life. In this workshop, you will be guided through a self-assessment of your current spiritual life and explore the use of a systematic approach to the spiritual life known as a Rule of Life.

This workshop is for anyone looking to develop a guide for their spiritual practice or to review and renew their current practice.



**EPISCOPAL 101**  
SUNDAYS THROUGH MARCH 29 AT 9:15 A.M.  
MULTIPURPOSE ROOM, LOWER LEVEL FOUNDERS' HALL

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? Please join us for Episcopal 101, taught by Dean Andy. Even if you're not seeking confirmation, reaffirmation, or reception, it's a great way to gain a better understanding of our history and worship. Questions? Contact Dean Andy, [akeyse@kccathedral.org](mailto:akeyse@kccathedral.org).

## Love in Action: Growing in Faith and Community

Growth is vital to us as individuals and as a family of faith. Learning and growing is something we all do together as we hear the words and teachings of Jesus and are supported by the great cloud of witnesses who have come before to show us the way.

Love never ends. Growth never ends. Our faith remains strong as long as we are actively loving one another. The writer of Hebrews tells us to “let mutual love continue. Do not neglect to do good and to share what you have...” Paul writes to Timothy and says that the people “are to do good, to be rich in good works, generous, and ready to share...”

In keeping with these teachings, we ask that we all continue our commitment to the work and ministry of our Cathedral in 2026. Please remember that the amount you pledge is not as important as the commitment you are making to support the work and ministry of this parish.



You may make your financial commitment and support our continued growth by returning your pledge card to the Cathedral by mail or in the offering plate. You may also make your commitment online through the Cathedral's website: [kccathedral.org/stewardship](http://kccathedral.org/stewardship).

Thank you for your continued care and support of Grace and Holy Trinity Cathedral.

Food & Friends Groups are for members of the Cathedral to get to know each other better in a casual way. Groups meet about once a month at a time and place that is convenient for the members. You will be matched with other parishioners in a group of 6-8 people.



Suggestions for meetings:

- Meet at a group member's home for a potluck meal
- Meet before church for coffee
- Meet at a park for a picnic
- Meet at a restaurant



Sign up by February 27:

- [kccathedral.org/events](http://kccathedral.org/events)
- scan the QR code to sign up

New Groups start in March

Everyone is invited to be in a group!



YOUNG ADULT

## SPIRITUAL RETREAT

### Young Adult Spiritual Retreat

Saturday, February 21, 1-8 p.m.

Upton Hall @ Grace Cathedral, Topeka

This is a spiritual retreat for young adults (age 18-30ish) who seek God amid a fragmented and at times frenzied experience of the demanding reality of being alive. Come and spend a day reflecting on the pathway to a more integrated life that fosters wholeness in body, mind and spirit. Explore Christian contemplative practices that assist finding the One who longs for you, calls you beloved, and whose desire is to bring you an abundant life of wonder and curiosity.

This retreat will include times for group and individual reflection, prayer and meditation, time in nature, mindful movement, and periods of silence. Come and see and simply be. All are welcome.

Fee: \$20 (includes supper), *optional \$40 to stay overnight (includes breakfast), scholarships available*

Use QR code to register or use link at [kccathedral.org/young-adults](http://kccathedral.org/young-adults).



Questions? Email Mtr. Clare [cstern@kccathedral.org](mailto:cstern@kccathedral.org)

You're Invited!

# Dinner & Book Discussion

An Evening of Fun Dining & Good Company

Friday, March 20 • 6 p.m.

The book *Being Dead Is No Excuse: The Official Southern Ladies Guide to Hosting the Perfect Funeral* by Gayden Metcalfe and Charlotte Hays will be our guide for the night.



# Paper Drive for Sheffield Place



Sheffield Place assists homeless women and children in making the difficult journey from homelessness to self-sufficiency.

**Bring donations of toilet paper, paper towels and tissues to the basket in the Tower during the month of February.**

# MARCH FOOD DRIVE

We are collecting non-perishable food for the food pantry at Saint Paul's Episcopal Church.

## Suggested items to bring:

- ready meals (canned chili, spaghetti-o's, shelf-stable meals, soup)
- canned or dried fruit
- 100% fruit juice
- canned vegetables (not corn or green beans)
- canned meat (not tuna)
- gluten-free starches
- baking staples
- shelf-stable milk (quart-sized UHT boxes, dairy or plant-based)
- shelf-stable vegetarian meals.



**BRING FOOD DONATIONS TO THE BASKET IN THE TOWER.**

# Outreach Volunteer Opportunities

## Volunteer at HappyBottoms

**Saturday, February 28 • 9-11 a.m.**

You are invited to learn how HappyBottoms is working to eliminate diaper need in the KC region, tour the warehouse then wrap diaper packages, fill monthly orders for agencies and hospitals, clean distribution bag tags, and complete other tasks as requested.

Sign up to volunteer at

[kccathedral.org/outreach/#volunteer](http://kccathedral.org/outreach/#volunteer).

**happybottoms™**  
diapers for families in need



## Help at Pete's Garden

**March 15 | 9:15 a.m. & 12:15 p.m.**

Volunteer with fellow parishioners during coffee hour to put labels on the containers that will be used to package meals for families in need by Pete's Garden. We will label upstairs in Founders' Hall at both morning coffee hours. Please no food or drink at the labeling tables and wash your hands before helping. This is a great opportunity to help at Pete's Garden. All ages are welcome; younger children should have a parent present.

## The Emergency Food Assistance Program

**Saturday, March 21 • 9:30 a.m.-noon**

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). St. Paul's receives delivery of several pallets of shelf-stable and frozen food from Harvesters each month. Friendly volunteers are needed to break down the pallets and repackage the food into family-sized boxes and bags. Then we open the doors to those in need and start handing out the food. To volunteer or for more information, contact Deacon Barbara 816.739.8032 or [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

[kccathedral.org/outreach](http://kccathedral.org/outreach)

# Formation for All Ages

## Adults: Sundays

9:15 a.m. • Common Room

### Episcopal Beliefs & Practices: A Study of the Prayer Book

Through a weekly study of the 1979 Book of Common Prayer we will explore the beliefs and practices of the Episcopal Church. If you are curious about the Anglican way of Christianity, want to better understand familiar prayers and liturgies, or are seeking to engage more deeply in Christian practice and theology then this course is for you! No preparation needed, prayer books will be provided in class.

## Children: Sundays

10:30 a.m. • Haden Hall

### Cathedral Kids

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in cabinet in the back cross aisle.

*Upcoming Family Worship Dates: February 15, March 1, April 5, May 3*

## Youth

Youth in grades 6-12 meet Sundays at 9:15 a.m. for Formation.

Youth Group meetings are at 6 p.m. Sundays, February 8 & 15, March 1 & 15

## Adults: Tuesdays

### GHTC's Virtual Cafe • 7:30 a.m. • Zoom

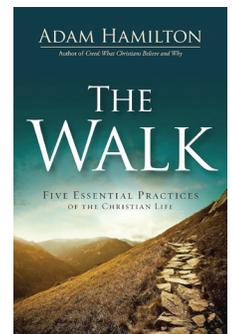
The Virtual Café is open every Tuesday morning for Cathedral members and friends to connect; discuss current topics and activities happening at the Cathedral and in our community; and share what's on your mind. For details, visit [kccathedral.org/other-activities](http://kccathedral.org/other-activities).

### Women's Bible Study • 12:30 p.m. • Zoom

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit our website, [kccathedral.org/adultformation](http://kccathedral.org/adultformation), for the Zoom link.

This Lent, we will be using *The Walk* by Adam Hamilton to guide our discussions. How do we walk with Christ—daily follow him, grow in him, and faithfully serve him? In the Gospels, Jesus modeled for us the Christian spiritual life. The apostles taught it in their writings. And the Church has, through the last 2,000 years, sought to pursue this Christian spiritual life.

In *The Walk*, Adam Hamilton focuses on five essential spiritual practices that are rooted in Jesus' own walk with God and taught throughout the New Testament. Each of these practices is intended as part of our daily walk with Christ while also being an essential part of growing together in the church.



### Lectionary Bible Study • 6:45 p.m. • Zoom

Join us for a discussion of context which will, with God's grace, lead us to a discussion of how an understanding of scripture can restore us to fullness with God and each other in Christ. Join the Lectionary Bible Study group in Realm or on our website, [kccathedral.org/adultformation](http://kccathedral.org/adultformation), for more details.

**Cathedral Staff:** The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Canon W. James Yazell, *Canon for Adult Formation*; The Rev. Barbara Wegener, *Deacon*; The Rev. Clare Stern-Burbano, *College, Youth & Children's Minister*; Dr. Lucas Fletcher, *Director of Music*; Zaheer Popo, *Associate Organist*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVea, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

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# Today's Focal St. John's Bible Illumination

## Revelation of Christ's Divine Glory "The Transfiguration" Illumination (Matthew 17:1-9)

Today's lectionary texts center around themes related to the revelation of Christ's divine glory, marking the transition from the season of Epiphany to that of the Lenten journey. The Gospel reading narrates the story of Jesus' transfiguration, affirming his divine nature prior to undergoing the suffering of his Passion. The Epistle reading highlights Jesus' divine authority and the ultimate success of his earthly mission. The Old Testament and Psalm readings prepare the way for the transfiguration's affirmation of Jesus as the fulfillment of the Law (Moses) and the Prophets (Elijah). In response to these texts, we are invited to pray (aided by the collect of the day) that by beholding this light we might be strengthened to bear our cross during the coming season of Lent.

The narrative of Jesus' transfiguration (metamorphosis or complete change of form) depicts one of the greatest epiphanies (disclosures, unveilings, or manifestations) of the entire Bible. Its importance to the gospel tradition is indicated by the fact that all three synoptic writers include it in their accounts (Matthew 17:1-9, Mark 9:2-10, and Luke 9:28-36). As was the case with his baptism, Jesus' transfiguration confirms his sonship and authority at a critical juncture in his ministry.

Illuminator Aiden Hart connects several fundamental elements in this depiction, all of which have significance for Jesus' identity: the creation, the Exodus, the Mosaic Law codes, the prophetic tradition, the Incarnation, and the triune Godhead. In this illumination the brightness of Jesus' face and clothes symbolize the radiant glory of God in Jesus as well as his role as the bearer of God's glory to humanity. The crosses in Jesus' robe are the same as those in the John frontispiece ("The Word Made Flesh" illumination). Here the robe is dazzling. Gold shoots through the crosses manifesting all that is being revealed through this metamorphosis – Jesus' divine, cosmic, and transcendent nature and redemptive acts.

The presence of Moses (dressed in red indicative of the legal tradition and holding a book of the law) and Elijah (dressed in green indicative of the prophetic tradition) symbolizes the fulfillment of the old order through the work of Jesus. The cloud

is a reminder both of the cloud that guided the Israelites during the Exodus and of God's abiding presence with trusting followers throughout history. As at his baptism, we see God's words confirming Jesus' divine identity and authority at the bottom of the depiction: "THIS IS MY SON, THE BELOVED. LISTEN TO HIM." In addition, the blue of the sky and the purple of the earth point back to the Word's role (see John 1) in creation as well as to the significance of the transfiguration on the cosmic scale of God's actions.

Why is it significant that this illumination has no border? What does this suggest about God's nature and activity? In what ways do today's lectionary texts call us to live transformed lives? How are you being called to be "changed into his likeness"?



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**MUSIC BY WOMEN COMPOSERS**

# I Hold My Soul

7 p.m. | Grace and Holy Trinity Cathedral

**FRIDAY, FEBRUARY 27**

Free admission. Reception to follow in the Common Room.



Featuring tenor Jacob Sentgeorge, mezzo-soprano Courtney Fletcher, and pianist Mia Kim

**[kccathedral.org/musicevents](http://kccathedral.org/musicevents)**

# Upcoming Events & Announcements

For more info and signup links: [kccathedral.org/events](http://kccathedral.org/events)

## THIS WEEK

### Mardi Gras Dinner

**Tuesday, February 17 | 6 p.m. | Founders' Hall**

Join us for a festive Mardi Gras dinner featuring jambalaya, good company, lively music, and the joyous spirit of Fat Tuesday as we prepare for Lent. We look forward to celebrating with you! Jambalaya will be provided. Please bring cornbread/bread, a salad or a dessert.

### Ash Wednesday Services

**February 18 | 7 a.m. + 12:05 p.m. + 7 p.m.**

Ash Wednesday is a solemn day in the Episcopal Church. We gather to reflect on our mortal nature, confess our sins, and receive God's grace. This day also marks the beginning of Lent, a time of preparation for the great festival of Easter.

- The 7 a.m. service is spoken.
- The 12:05 service includes hymns and organ music.
- The 7 p.m. service includes the Trinity Choir.

Noonday Prayer will be broadcast at noon and the 7 p.m. service will be livestreamed.

### Making a Spiritual Assessment & Developing a Rule of Life

**February 18 | 5:30-6:45 p.m. | Common Room**

Lent is a time to check in on our spiritual life, to renew our commitment to life in Christ, and to take on new practices to deepen that life. In this workshop, you will be guided through a self-assessment of your current spiritual life and explore the use of a systematic approach to the spiritual life known as a Rule of Life. This workshop is for anyone looking to develop a guide for their spiritual practice or to review and renew their current practice.

### Diocese of West Missouri Ordinations to the Diaconate

**Saturday, February 21 | 10 a.m. | GHTC Nave**

God willing, Christopher Ryan Dodson, Richard Michael Liantonio, Jory Mertens, Anita Ruth Scott-Philbrick, Barbara Janette Platter, and Brandon Mason Smee will be ordained into the Sacred Order of Deacons. A reception follows the service.

# FAITHFUL LIVING, FAITHFUL DYING

## Preparing in the light of Christ

Learn about the theology of death and resurrection in the Anglican tradition and the importance of being prepared. Information will be provided on funeral planning, end of life care, and planned giving.

**ALL ARE WELCOME**

Wednesdays, February 25-March 25

6:30-7:45 p.m. • Common Room

Schedule 

February 25: Theology of the Funeral Rite

March 4: Music for the Funeral Rite

March 11: Funeral Planning Workshop

March 18: End of Life Care and Advanced Directives

March 25: The Ultimate Gift: Christian Witness at Death