

Grace and Holy Trinity Cathedral

# ASH WEDNESDAY

FEBRUARY 18

7 a.m. + 12:05 p.m. + 7 p.m.



“Remember that you are dust,  
and to dust you shall return.”

## Collect of the Day

Almighty and everlasting God, who hatest nothing that thou hast made and dost forgive the sins of all those who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

## Joel 2:1-2,12-17

Blow the trumpet in Zion; sound the alarm on my holy mountain! Let all the inhabitants of the land tremble, for the day of the Lord is coming, it is near—a day of darkness and gloom, a day of clouds and thick darkness! Like blackness spread upon the mountains a great and powerful army comes; their like has never been from of old, nor will be again after them in ages to come. Yet even now, says the Lord, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing. Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether he will not turn and relent, and leave a blessing behind him, a grain offering and a drink offering for the Lord, your God? Blow the trumpet in Zion; sanctify a fast; call a solemn assembly; gather the people. Sanctify the congregation; assemble the aged; gather the children, even infants at the breast. Let the bridegroom leave his room, and the bride her canopy. Between the vestibule and the altar let the priests, the ministers of the Lord, weep. Let them say, “Spare your people, O Lord, and do not make your heritage a mockery, a byword among the nations. Why should it be said among the peoples, Where is their God?”

## Psalm 103:8-14

**The Lord is full of compassion and mercy, \***  
**slow to anger and of great kindness.**  
**He will not always accuse us, \***  
**nor will he keep his anger for ever.**  
**He has not dealt with us according to our sins, \***  
**nor rewarded us according to our wickedness.**  
**For as the heavens are high above the earth, \***  
**so is his mercy great upon those who fear him.**  
**As far as the east is from the west, \***  
**so far has he removed our sins from us.**  
**As a father cares for his children, \***  
**so does the Lord care for those who fear him.**  
**For he himself knows whereof we are made; \***  
**he remembers that we are but dust.**

## 2 Corinthians 5:20b-6:10

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, “At an acceptable time I have listened to you, and on a day of salvation I have helped you.” See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

## Matthew 6:1-6, 16-21

Jesus said, “Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

## Welcome! We are glad you are here.

- Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.

### Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (\*).
- Donations may be placed in the offering, made through the Cathedral website: [kccathedral.org](http://kccathedral.org), by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Tap to give using the display in the Tower entrance. Instructions for use are next to the machine.
- *Thank you for your generosity.*



## ASH WEDNESDAY LITURGY

7 a.m. & 12:05 p.m.

### The Word of God

(12:05 p.m.) VOLUNTARY: *Erbarm dich mein, O Herre Gott* ("Have mercy on me, O Lord God"), BWV 721

J.S. Bach (1685-1750)

#### \* OPENING SALUTATION

page 323

Presider Bless the Lord who forgiveth all our sins.

People **The Lord's mercy endureth forever.**

#### COLLECT OF THE DAY

p. 2 of this bulletin

LESSONS *Meditative silence follows the readings.*

p. 2 of this bulletin

Joel 2:1-2,12-17

Psalm 103:8-14 *spoken in unison*

2 Corinthians 5:20b-6:10

\* (12:05 p.m.) GOSPEL HYMN: 152 "Kind maker of the world"

\* THE HOLY GOSPEL: Matthew 6:1-6, 16-21

p. 2 of this bulletin

#### HOMILY

\* INVITATION TO THE OBSERVANCE OF A HOLY LENT

page 264

IMPOSITION OF ASHES *All are invited to the front to receive the imposition of ashes.*

PSALM 51 *All kneel, as able. Read responsively, by the half verse.*

p. 7 of this bulletin

#### LITANY OF PENITENCE

p. 8 of this bulletin

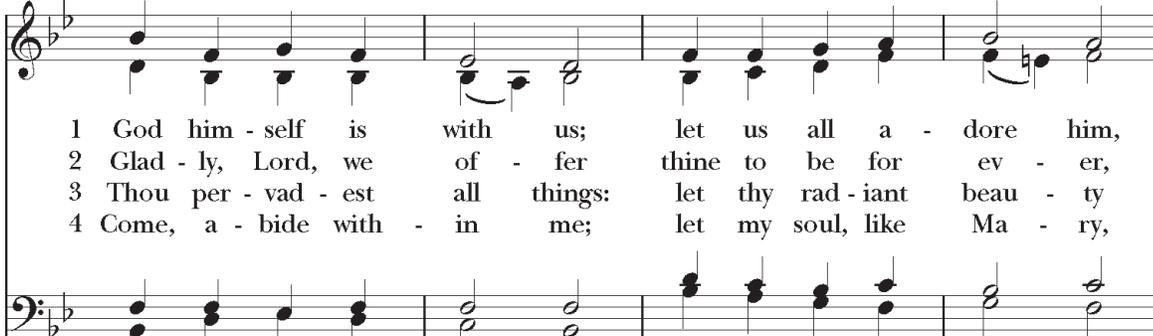
\* THE PEACE

Presider The peace of the Lord be always with you.

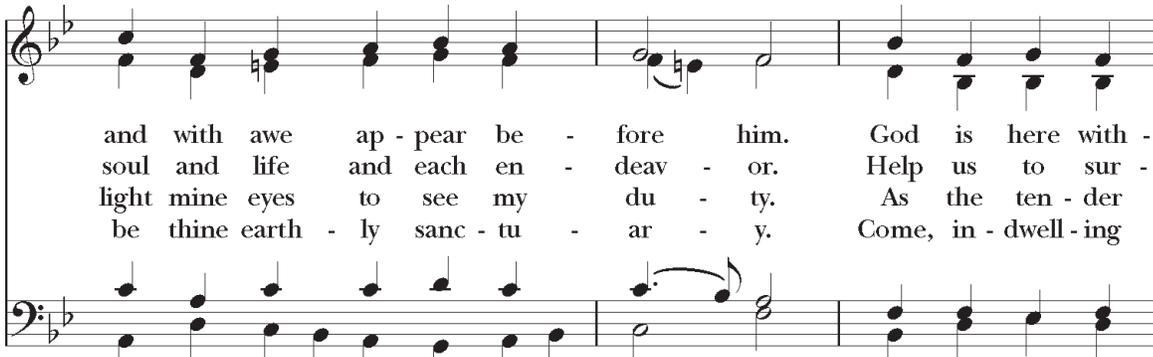
People **And with thy spirit.**

# The Holy Communion

\* (12:05 p.m.) OFFERTORY HYMN: 475 "God himself is with us"



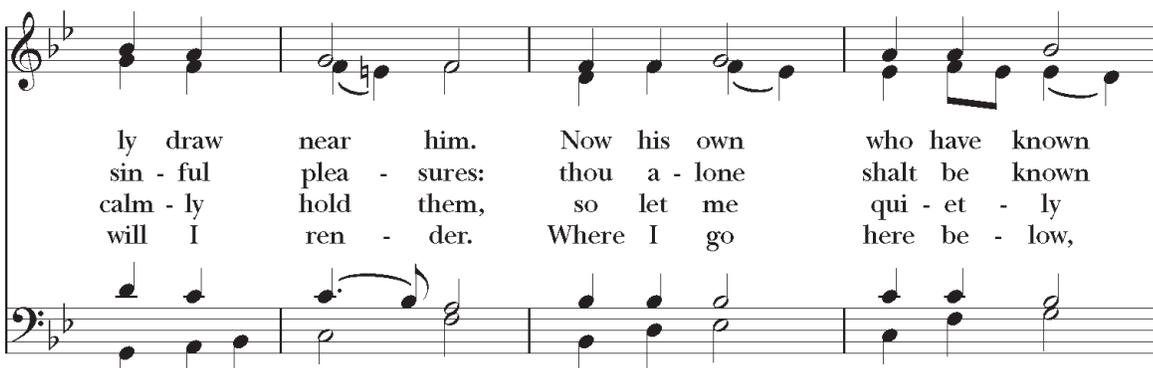
1 God him - self is with us; let us all a - dore him,  
2 Glad - ly, Lord, we of - fer thine to be for ev - er,  
3 Thou per - vad - est all things: let thy rad - iant beau - ty  
4 Come, a - bide with - in me; let my soul, like Ma - ry,



and with awe ap - pear be - fore him. God is here with -  
soul and life and each en - deav - or. Help us to sur -  
light mine eyes to see my du - ty. As the ten - der  
be thine earth - ly sanc - tu - ar - y. Come, in - dwell - ing



in us; souls in si - lence fear him, hum - bly, fer - vent -  
ren - der earth's de - ceit - ful trea - sures, pride of life, and  
flow - ers ea - ger - ly un - fold them, to the sun - light  
Spi - rit, with trans - fi - guring splen - dor; love and hon - or



ly draw near him. Now his own who have known  
sin - ful plea - sures: thou a - lone shalt be known  
calm - ly hold them, so let me qui - et - ly  
will I ren - der. Where I go here be - low,

God, in wor-ship low - ly, yield their spi - rits whol - ly.  
 Lord of all our be - ing, life's true way de - cree - ing.  
 in thy rays im - bue me; let thy light shine through me.  
 let me bow be - fore thee, know thee, and a - dore thee.

Words: Gerhardt Tersteegen (1697-1769); tr. Hymnal 1940, alt.; st. 3, tr. Henry Sloane Coffin (1877-1954). Music: Tysk, from *Psalm und Choralbuch*, 1719. Copyright: Words: St.3 By permission of David D. Coffin.

THE GREAT THANKSGIVING, Eucharistic Prayer II

page 340

The Lord's Prayer

page 336

Breaking of the Bread

\* THE COMMUNION

*All are welcome to receive communion or a blessing.*

*For gluten-free bread, cross your hands palms down.*

*For a blessing, cross your hands over your chest.*

\* POSTCOMMUNION PRAYER

page 339

All

Almighty and everliving God,  
 we most heartily thank thee for that thou dost feed us, in these holy mysteries,  
 with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and  
 dost assure us thereby of thy favor and goodness towards us;  
 and that we are very members incorporate in the mystical body of thy Son,  
 the blessed company of all faithful people;  
 and are also heirs, through hope, of thy everlasting kingdom.  
 And we humbly beseech thee, O heavenly Father, so to assist us with thy grace,  
 that we may continue in that holy fellowship,  
 and do all such good works as thou hast prepared for us to walk in;  
 through Jesus Christ our Lord, to whom with thee and the Holy Ghost,  
 be all honor and glory, world without end. Amen.

PRAYER OVER THE PEOPLE

Presider

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. Amen.

DISMISSAL

page 366

\* (12:05 p.m.) CLOSING HYMN: 143 "The glory of these forty days"

p. 14 of this bulletin

(12:05 p.m.) VOLUNTARY: *Vater unser im Himmelreich* ("Our Father in heaven"), BWV 636

J.S. Bach (1685-1750)

# ASH WEDNESDAY LITURGY

7 p.m.

VOLUNTARY: *Erbarms dich mein, O Herre Gott* ("Have mercy on me, O Lord God"), BWV 721 J.S. Bach (1685-1750)

## SALUTATION

page 355

Presider Bless the Lord who forgiveth all our sins.  
People The Lord's mercy endureth forever.

## The Word of God

\* COLLECT OF THE DAY

p. 2 of this bulletin

LESSONS *Meditative silence follows the readings.*

p. 2 of this bulletin

Joel 2:1-2,12-17

Psalm 103 *sung by the choir*

plainsong

2 Corinthians 5:20b-6:10

\* GOSPEL HYMN: 152 "Kind maker of the world"

1 Kind Ma - ker of the world, O hear the fer - vent  
2 Each heart is man - i - fest to thee; thou know - est  
3 Spare us, O Lord, who now con - fess our sins and  
4 Give us the dis - ci - pline that springs from ab - sti -  
5 Grant, O thou bless - ed Trin - i - ty; grant, O un -

1 prayer, with man - ya tear poured forth by all the  
2 our in - fir - mi - ty; now we re - pent, and  
3 all our wick - ed - ness, and, for the glo - ry  
4 nence in out - ward things with in - ward fast - ing,  
5 chang - ing Un - i - ty; that this our fast of

1 pen - i - tent who keep this ho - ly fast of Lent!  
2 seek thy face; grant un - to us thy par - doning grace.  
3 of thy Name, our weak - ened souls to health re - claim.  
4 so that we in heart and soul may dwell with thee.  
5 for - ty days may work our pro - fit and thy praise!

Words: St. Gregory the Great (540-604); ver. Hymnal 1940, alt. Music: *A la venue de Noël*, melody from *Fleurs des Noël*s, 1535

HOMILY

\* INVITATION TO THE OBSERVANCE OF A HOLY LENT

page 264

IMPOSITION OF ASHES *All are invited to the front to receive the imposition of ashes.*

PSALM 51 *All kneel, as able. Read responsively, by the half verse.*

page 266

Have mercy on me, O God, according to your loving-kindness; \*  
**in your great compassion blot out my offenses.**

Wash me through and through from my wickedness \*  
**and cleanse me from my sin.**

For I know my transgressions, \*  
**and my sin is ever before me.**

Against you only have I sinned \*  
**and done what is evil in your sight.**

And so you are justified when you speak \*  
**and upright in your judgment.**

Indeed, I have been wicked from my birth, \*  
**a sinner from my mother's womb.**

For behold, you look for truth deep within me, \*  
**and will make me understand wisdom secretly.**

Purge me from my sin, and I shall be pure; \*  
**wash me, and I shall be clean indeed.**

Make me hear of joy and gladness, \*  
**that the body you have broken may rejoice.**

Hide your face from my sins \*  
**and blot out all my iniquities.**

Create in me a clean heart, O God, \*  
**and renew a right spirit within me.**

Cast me not away from your presence \*  
**and take not your holy Spirit from me.**

Give me the joy of your saving help again \*  
**and sustain me with your bountiful Spirit.**

I shall teach your ways to the wicked, \*  
**and sinners shall return to you.**

Deliver me from death, O God, \*  
**and my tongue shall sing of your righteousness, O God of my salvation.**

Open my lips, O Lord, \*  
**and my mouth shall proclaim your praise.**

Had you desired it, I would have offered sacrifice, \*  
**but you take no delight in burnt-offerings.**

The sacrifice of God is a troubled spirit; \*  
**a broken and contrite heart, O God, you will not despise.**

*The Presider and People together, all kneeling*

**Most holy and merciful Father:**  
**We confess to you and to one another,**  
**and to the whole communion of saints**  
**in heaven and on earth,**  
**that we have sinned by our own fault**  
**in thought, word, and deed;**  
**by what we have done, and by what we have left undone.**

**Presider** We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

**People** **Have mercy on us, Lord.**

**Presider** We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

**People** **Have mercy on us, Lord.**

**Presider** We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

**People** **We confess to you, Lord.**

**Presider** Our self-indulgent appetites and ways, and our exploitation of other people,

**People** **We confess to you, Lord.**

**Presider** Our anger at our own frustration, and our envy of those more fortunate than ourselves,

**People** **We confess to you, Lord.**

**Presider** Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

**People** **We confess to you, Lord.**

**Presider** Our negligence in prayer and worship, and our failure to commend the faith that is in us,

**People** **We confess to you, Lord.**

**Presider** Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

**People** **Accept our repentance, Lord.**

**Presider** For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

**People** **Accept our repentance, Lord.**

Presider For our waste and pollution of your creation, and our lack of concern for those who come after us,  
People **Accept our repentance, Lord.**

Presider Restore us, good Lord, and let your anger depart from us;  
People **Favorably hear us, for your mercy is great.**

Presider Accomplish in us the work of your salvation,  
People **That we may show forth your glory in the world.**

Presider By the cross and passion of your Son our Lord,  
People **Bring us with all your saints to the joy of his resurrection.**

Presider Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

\* THE PEACE

Presider The peace of the Lord be always with you.  
People **And with thy spirit.**

## The Holy Communion

\* OFFERTORY ANTHEM: "Miserere mei, Deus"

William Byrd (c.1540-1623)

Text: Psalm 51:1

*Miserere mei, Deus,  
secundum magnam misericordiam tuam;  
et secundum multitudinem miserationum tuarum,  
dele iniquitatem meam.*

Have mercy upon me, O God,  
according to your loving kindness;  
according to the multitude of your tender mercies,  
blot out my transgressions.

\* PRESENTATION HYMN: 475 "God himself is with us" *verse 2*

2 Glad - ly, Lord, we of - fer thine to be for ev - er,  
soul and life and each en - deav - or. Help us to sur -  
ren - der earth's de - ceit - ful trea - sures, pride of life, and  
sin - ful plea - sures: thou a - lone shalt be known  
Lord of all our be - ing, life's true way de - cree - ing.

Words: Gerhardt Tersteegen (1697-1769); tr. Hymnal 1940, alt.; st. 3, tr. Henry Sloane Coffin (1877-1954). Music: Tysk, from *Psalm und Choralbuch*, 1719.

\* THE GREAT THANKSGIVING, Eucharistic Prayer II

*Celebrant*                      *People*  
The Lord be with you. And with thy spi - rit.  
*Celebrant*                      *People*  
Lift up your hearts. We lift them up un - to the Lord.  
*Celebrant*  
Let us give thanks un - to our Lord God.  
*People*  
It is meet and right so to do.

Presider

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

All

S113: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly, Lord God of Hosts:  
Heaven and earth are full of thy glo - ry. Glo - ry be  
to thee, O Lord Most High. Bless - ed is he that com - eth  
in the name of the Lord. Ho-san - na in the high - est.

The musical score consists of four staves of music in a single system. The first staff begins with a treble clef and a common time signature. The melody is written in a simple, hymn-like style with quarter and eighth notes. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes. The second staff continues the melody, and the third and fourth staves complete the phrase. The music ends with a double bar line.

Music: John Merbecke (1510?-1585?); adapt. *Hymnal* 1982; acc. Thomas Foster (b. 1938). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him;

through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. AMEN.

And now, as our Savior Christ hath taught us, we are bold to say,

All

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

### Breaking of the Bread

Presider Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

All

S157: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*



O Lamb of God, that ta - kest a - way the  
sins of the world, have mer - cy up - on us.  
O Lamb of God, that ta - kest a - way the  
sins of the world, have mer - cy up - on us.  
O Lamb of God, that ta - kest a - way the  
sins of the world, grant us thy peace.

Music: John Merbecke (1518?-1585?); adapt. *Hymnal 1982*; acc. Thomas Foster (b. 1938). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## COMMUNION

All are welcome to receive communion or a blessing.  
 For gluten-free bread, cross your hands palms down.  
 For a blessing, cross your hands over your chest.

## COMMUNION HYMN: 575 "Before thy throne, O God, we kneel"

1 Be - fore thy throne, O God, we kneel: give us a con - science  
 2 Search out our hearts and make us true; help us to give to  
 3 For sins of heed - less word and deed, for pride am - bi - tious  
 4 Let the fierce fires which burn and try, our in - most spi - rits

quick to feel, a rea - dy mind to un - der - stand  
 all their due. From love of plea - sure, lust of gold,  
 to suc - ceed, for craft - y trade and sub - tle snare  
 pu - ri - fy: con - sume the ill; purge out the shame;

the mean - ing of thy chas - tening hand; what - e'er the pain and  
 from sins which make the heart grow cold, wean us and train us  
 to catch the sim - ple un - a - ware, for lives be - reft of  
 O God, be with us in the flame; a new - born peo - ple

shame may be, bring us, O Fa - ther, near - er thee.  
 with thy rod; teach us to know our faults, O God.  
 pur - pose high, for - give, for - give, O Lord, we cry.  
 may we rise, more pure, more true, more no - bly wise.

Words: William Boyd Carpenter (1841-1918), alt. Music: Vater unser im Himmelreich, melody from Geistliche Lieder aufs new gebessert und gemehrt, 1539; adapt. Martin Luther (1483-1546); harm. Hans Leo Hassler (1564-1612).

All Almighty and everliving God,  
 we most heartily thank thee for that thou dost feed us, in these holy mysteries,  
 with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and  
 dost assure us thereby of thy favor and goodness towards us;  
 and that we are very members incorporate in the mystical body of thy Son,  
 the blessed company of all faithful people;  
 and are also heirs, through hope, of thy everlasting kingdom.  
 And we humbly beseech thee, O heavenly Father, so to assist us with thy grace,  
 that we may continue in that holy fellowship,  
 and do all such good works as thou hast prepared for us to walk in;  
 through Jesus Christ our Lord, to whom with thee and the Holy Ghost,  
 be all honor and glory, world without end. Amen.

## PRAYER OVER THE PEOPLE

Presider Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from  
 all their sins, and serve you with a quiet mind; through Christ our Lord. Amen.

## DISMISSAL

## \* CLOSING HYMN: 143 "The glory of these forty days"



1 The glo - ry of these for - ty days we  
 2 A - lone and fast - ing Mo - ses saw the  
 3 So Dan - iel trained his mys - tic sight, de -  
 4 Then grant us, Lord, like them to be full  
 \* 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
 2 lov - ing God who gave the law; and to E - li - jah,  
 3 liv - ered from the li - ons' might; and John, the Bride - groom's  
 4 oft in fast and prayer with thee; our spi - rits strength - en  
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
 2 fast - ing, came the steeds and char - i - ots of flame.  
 3 friend, be - came the her - ald of Mes - si - ah's name.  
 4 with thy grace, and give us joy to see thy face.  
 5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. Music: *Erhalt uns, Herr*, melody from *Geistliche Leiden*, 1543; harm. Johann Sebastian Bach (1685-1750). Copyright: Words: By permission of Oxford University Press.

VOLUNTARY: *Vater unser im Himmelreich* ("Our Father in heaven"), BWV 636

J.S. Bach (1685-1750)

## Serving Today

7 a.m.

Presider & Preacher The Rev. Canon W. James Yazell

12:05 p.m.

Presider The Rev. Canon W. James Yazell  
Preacher The Very Rev. Dr. Andrew C. Keyse  
Deacon The Rev. Barbara Wegener  
Organist Dr. Lucas Fletcher  
Lector Nick Flowers  
Altar Guild Joan Bergstrom  
Usher Greg Smith

7 p.m.

Presider The Very Rev. Dr. Andrew C. Keyse  
Preacher The Rev. Canon W. James Yazell  
Deacon The Rev. Barbara Wegener  
Musicians The Trinity Choir, Dr. Lucas Fletcher, Zaheer Popo  
Lector Julie Brogno  
Eucharistic Minister Curtis Hamilton, Bob Johnson  
Acolyte Kelsey Leftwich-Yazell  
Altar Guild Kristy Moore, Joan Bergstrom, Sharon Cheers  
Usher John Braum, Nigel Jones  
Sound/Livestreaming Kristy Moore, Chris Morrison

# FAITHFUL LIVING, FAITHFUL DYING

## Preparing in the light of Christ

Learn about the theology of death and resurrection in the Anglican tradition and the importance of being prepared. Information will be provided on funeral planning, end of life care, and planned giving.

**ALL ARE WELCOME**

Wednesdays, February 25-March 25  
6:30-7:45 p.m. • Common Room

Schedule 

February 25: Theology of the Funeral Rite  
March 4: Music for the Funeral Rite  
March 11: Funeral Planning Workshop  
March 18: End of Life Care and Advanced Directives  
March 25: The Ultimate Gift: Christian Witness at Death

# Outreach During Lent

[kccathedral.org/outreach](http://kccathedral.org/outreach)

## VOLUNTEER

### Volunteer at HappyBottoms

Saturday, February 28 • 9-11 a.m.

You are invited to learn how HappyBottoms is working to eliminate diaper need in the KC region, tour the warehouse then wrap diaper packages, fill monthly orders for agencies and hospitals, clean distribution bag tags, and complete other tasks as requested. Sign up to volunteer.

### Help at Pete's Garden

February 22 | 9:15 a.m. & 12:15 p.m. | Founders' Hall

Volunteer with fellow parishioners during coffee hour to put labels on the containers that will be used to package meals for families in need by Pete's Garden. This is a great opportunity to help at Pete's Garden. All ages are welcome; younger children should have a parent present.

### The Emergency Food Assistance Program

Saturdays, March 21 • 9:30 a.m.-noon

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). Friendly volunteers are needed to break down pallets of shelf-stable and frozen food from Harvesters each month and repackage the food into family-sized boxes and bags.

## DONATE

### February: Paper Drive for Sheffield Place

Bring donations of toilet paper, paper towels and tissues to the basket in the Tower during the month of February. Sheffield Place assists homeless women and children in making the difficult journey from homelessness to self-sufficiency.

### March: Food Drive for St. Paul's Food Pantry

We are collecting non-perishable food for the food pantry at Saint Paul's Episcopal Church. **Suggested items to bring:** ready meals (canned chili, spaghetti-o's, shelf-stable meals, soup), canned or dried fruit, 100% fruit juice, canned vegetables (not corn or green beans), canned meat (not tuna), gluten-free starches, baking staples, shelf-stable milk (quart-sized UHT boxes, dairy or plant-based), shelf-stable vegetarian meals.

### April: Toiletries Drive for JFSKC

We are collecting toiletries for the Jewish Family Services pantry in Brookside. Bring your donations of REGULAR size body wash, hand/body lotion, shampoo, conditioner or deodorant to the basket in the Tower during the month of April.

### Women's Bible Study

Tuesdays | 12:30 p.m. | Zoom

This Lent, we will be using *The Walk* by Adam Hamilton to guide our discussions. How do we walk with Christ—daily follow him, grow in him, and faithfully serve him? In the Gospels, Jesus modeled for us the Christian spiritual life. The apostles taught it in their writings. And the Church has, through the last 2,000 years, sought to pursue this Christian spiritual life. In *The Walk*, Adam Hamilton focuses on five essential spiritual practices that are rooted in Jesus' own walk with God and taught throughout the New Testament. Each of these practices is intended as part of our daily walk with Christ while also being an essential part of growing together in the church.

*You're Invited!*

## Dinner & Book Discussion

*An Evening of Fun Dining & Good Company*

*Friday, March 20 • 6 p.m.*

The book *Being Dead Is No Excuse: The Official Southern Ladies Guide to Hosting the Perfect Funeral* by Gayden Metcalfe and Charlotte Hays will be our guide for the night.



Our Social Events Committee invites you for a book study and dinner on March 20. The book *Being Dead Is No Excuse: The Official Southern Ladies Guide to Hosting the Perfect Funeral* by Gayden Metcalfe and Charlotte Hays will be our guide for the night. It is a humorous look at Southern funeral customs, etiquette, and recipes. Our dinner will consist of recipes made from the book. Books are available for purchase in the Cathedral Bookstore.