

The Ninth Sunday after Pentecost

July 26, 2026 • 5 p.m.



"Parable of the Yeast" by Peter Koenig

GRACE AND HOLY TRINITY
EPISCOPAL CATHEDRAL

Welcome! We are glad you are here.

- Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Tap to give using the display in the Tower entrance. Instructions for use are next to the machine. *Thank you for your generosity.*



HOLY EUCHARIST

The Word of God

* OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

* GLORIA

page 356

All
Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. **Amen.**

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Genesis 29:15-28

Lector Laban said to Jacob, "Because you are my kinsman, should you therefore serve me for nothing? Tell me, what shall your wages be?" Now Laban had two daughters; the name of the elder was Leah, and the name of the younger was Rachel. Leah's eyes were lovely, and Rachel was graceful and beautiful. Jacob loved Rachel; so he said, "I will serve you seven years for your younger daughter Rachel." Laban said, "It is better that I give her to you than that I should give her to any other man; stay with me." So Jacob served seven years for Rachel, and they seemed to him but a few days because of the love he had for her.

Then Jacob said to Laban, "Give me my wife that I may go in to her, for my time is completed." So Laban gathered together all the people of the place, and made a feast. But in the evening he took his daughter Leah and brought her to Jacob; and he went in to her. (Laban gave his maid Zilpah to his daughter Leah to be her maid.) When morning came, it was Leah! And Jacob said to Laban, "What is this you have done to me? Did I not serve with you for Rachel? Why then have you deceived me?" Laban said, "This is not done in our country—giving the younger before the firstborn. Complete the week of this one, and we will give you the other also in return for serving me another seven years." Jacob did so, and completed her week; then Laban gave him his daughter Rachel as a wife.

The Word of the Lord.

People **Thanks be to God.**

Psalms 105:1-11, 45b *read by alternating half verse*

page 738

Give thanks to the Lord and call upon his Name; *
make known his deeds among the peoples.

Sing to him, sing praises to him, *
and speak of all his marvelous works.

Glory in his holy Name; *
let the hearts of those who seek the Lord rejoice.

Search for the Lord and his strength; *
continually seek his face.

Remember the marvels he has done, *
his wonders and the judgments of his mouth,

O offspring of Abraham his servant, *
O children of Jacob his chosen.

He is the Lord our God; *
his judgments prevail in all the world.

He has always been mindful of his covenant, *
the promise he made for a thousand generations:

The covenant he made with Abraham, *
the oath that he swore to Isaac,

Which he established as a statute for Jacob, *
an everlasting covenant for Israel,
Saying, "To you will I give the land of Canaan *
to be your allotted inheritance."
Hallelujah!

Second Lesson: Romans 8:26-39

Lector The Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

We know that all things work together for good for those who love God, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified.

What then are we to say about these things? If God is for us, who is against us? He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else? Who will bring any charge against God's elect? It is God who justifies. Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us. Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written,

 "For your sake we are being killed all day long;
 we are accounted as sheep to be slaughtered."

No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

The Word of the Lord.

People **Thanks be to God.**

* THE HOLY GOSPEL: Matthew 13:31-33,44-52

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Gospeller Jesus put before the crowds another parable: "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches."
He told them another parable: "The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened."
"The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field."
"Again, the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it."
"Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; when it was full, they drew it ashore, sat down, and put the good into baskets but threw out the bad. So it will be at the end of the age. The angels will come out and separate the evil from the righteous and throw them into the furnace of fire, where there will be weeping and gnashing of teeth."
"Have you understood all this?" They answered, "Yes." And he said to them, "Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

All

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

- | | |
|---------------|--|
| Intercessor | Holy God, be in the midst of us now as we pray for ourselves and the world saying Lord in your mercy, hear our prayer. |
| Intercessor | We pray for the Church, the body of Christ, that you would be in our midst everywhere we are. Strengthen us, reorient us and send us to be your people to the world.
Lord in your mercy, |
| People | Hear our prayer. |
| Intercessor | We pray for the health, welfare, and legacy of this nation. We pray for the prosperity and needs of our brothers and sisters across our country and around the world. Embolden us to serve the common good and advocate for the needs of all people.
Lord in your mercy, |
| People | Hear our prayer. |
| Intercessor | We pray for all creatures on earth, and for the earth itself. We pray for an end to pollution and the apathy that destroys the creation that you called Good.
Lord in your mercy, |
| People | Hear our prayer. |
| Intercessor | We pray for this congregation, give us hearts that long for you and hands that serve others in your name.
Lord in your mercy, |
| People | Hear our prayer. |
| Intercessor | We pray for those who are sick, suffering, anxious, hopeless, imprisoned, persecuted or alone. We pray for those who are ill and for those who provided them care. We pray especially for those on the Cathedral's Prayer List, and for those whom we now name silently or aloud.
Lord in your mercy, |
| People | Hear our prayer. |
| Intercessor | Be with the dying, comfort the grieving and hold us in your heart, this day and always. We pray especially for those we now name, either silently or aloud.
Lord in your mercy, |
| People | Hear our prayer. |
| Presider | Lord, you have promised to be with us whenever we gather in your name, be with us now. Hear and respond to our prayers. Show us the path to be your people more perfectly. All this we ask in Jesus' name. Amen. |

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* THE GREAT THANKSGIVING, Eucharistic Prayer D

page 372

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Then, facing the Holy Table, the Presider proceeds

Presider It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing (say),

All **Holy, Holy, Holy Lord, God of power and might,**
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The people stand or kneel.

Presider We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All **We praise you, we bless you,**
we give thanks to you,
and we pray to you, Lord our God.

Presider Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with [the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

All AMEN.

* THE LORD'S PRAYER

page 364

Presider And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

page 364

Presider Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

Presider O Lamb of God, that takes away the sins of the world,

People have mercy upon us.

Presider O Lamb of God, that takes away the sins of the world,

People have mercy upon us.

Presider O Lamb of God, that takes away the sins of the world,

People grant us your peace.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.
For gluten-free bread, cross your hands palms down.
For a blessing, cross your hands over your chest.*

Presider Let us pray.

All Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

* THE BLESSING

* DISMISSAL

Following the dismissal,

People Thanks be to God.

All Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

DISMISSAL

Presider The grace of our Lord Jesus Christ, and the love of God, in the fellowship of the Holy Spirit, be with us
all evermore. Amen.

Following the dismissal,

People Thanks be to God.

Serving Today

Presider & Preacher	The Rev. Clare Stern-Burbano
Lector & Eucharistic Minister	Patti Ryder

Cathedral Prayer List

To place a person on this prayer list, text PRAYER to (816) 310-1888 or email Deacon Barbara Wegener, bwegener@kccathedral.org.

View the prayer list anytime: kccathedral.org/prayers

Pray for: Those impacted by Wildfires; Frances Henrietta Gates; George Parry; Those impacted by the earthquakes in Venezuela; Randal Loy; Camila Rose; Evelyn; Pat Decker; Barbara Cipolla; Family of Cipriano Don Candillo; Mike Bennett; Matt Bissett; Orin Jones; Shaun Kelly & Family; Amrit Prasad; Zachary Brewer; Carlyle Conley; Steve Sprague; Norbert King; Derek Mattson; Shandell Debroc; Cherry Barthel; Sharon; Diego Garcia; Those suffering in the summer heat; Brend; Marcille McCandless; Mike Barzee & Family; Phineas Gitta; Those fighting chronic illness; Iris Parsons; Wayne Alexander; Larry McMullen; Gloria Stocks; Jim Royer; Joyce Morrow; Thaddeus Samuel Withers; Yvonne Kehoe Meier; Jeffrey and family; Charlotte Colburn; Those affected by gun violence; First Responders; Immigrants

Pray for the Departed: Emily Barker; Nick Hutcherson; Sydney Watson; Joe Anderson; Jessica Manning; Deacon Bill Crain; Cipriano Don Candillo; Phil Carroll; Cherry Barthel; Dolly Galus; Phyllis Hart; Loretta Stotts; Those lost in the earthquakes in Venezuela; Those lost in the plane crash from Edwards Air Force Base; Those lost in the plane crash in Butler Missouri; Those lost in the San Diego Mosque shooting; those lost in war; those who have died from gun violence; Military members killed in action

For all military members and their families, especially: Taya Velasco; Ethan Bergeron; Alexandria Puls; Capt. Aryk Bingham; Cpt. Charles Lewis, Jr.; Adam; Anita Feugate Opperman; Brian Chellgren; Charles Braden Fowler; Colin Walker; Connor Spake; James Brown; John K. Baker; Joshua Gordon; Lt. Col. Kevin Thomas; Lexi Puls; Nick; Patrick Williams; Steve Conner; The Rev. Ben Newland

Diocesan Prayer Cycle: The Episcopal Diocese of Texas – Houston—The Rt. Rev. C. Andrew Doyle, Bishop

This Week at GHTC

Learn more about our weekly services & opportunities for study and fellowship: kccathedral.org

Sunday, July 26

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist* (Family Worship)
- 11:45 a.m. Coffee Hour
- 5 p.m. Holy Eucharist

Monday, July 27

- 6 p.m. Alcoholics Anonymous Meeting

Tuesday, July 28

- 7:30 a.m. GHTC's Virtual Cafe+
- 12:30 p.m. Women's Bible Study+
- 6:45 p.m. Lectionary Bible Study+

Wednesday, July 29

- 12 p.m. Noonday Prayer*
- 12 p.m. Alcoholics Anonymous Meeting
- 12:05 p.m. Holy Eucharist

Sunday, August 2

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist* (Family Worship)
- 11:45 a.m. Coffee Hour
- 5 p.m. Holy Eucharist

+On Zoom
*In person service streamed on YouTube @kccathedral

Birthdays & Anniversaries

Please contact the Cathedral office (jtoma@kccathedral.org) if we have omitted your birthday or anniversary.

July 26

Arianne & Ron Fortune
Alex Cornwell

July 27

John Goheen
Susan Sifers

July 28

Sharon Chinnery
Mike Maiden

July 29

William Verschelden

July 30

Stan Dibble & Craig Heslop
Haywood Walker
Ellen Spake

July 31

Kathy Jennings

August 1

Larry Bilotta

Today's Focal St. John's Bible Illumination

Divine Wisdom, Value of God's Kingdom, & The Spirit's Intercession

"Wisdom of Solomon" Illumination (1 Kings 3)

Lectionary themes for the Ninth Sunday after Pentecost highlight divine wisdom, the incomparable value of the kingdom of heaven, and assurance that the Holy Spirit is interceding for us in our weakness. In the 1 Kings reading, King Solomon asks God for the gift of a "listening heart" rather than for power or wealth. In so doing he models servant-leadership rather than self-serving ambition as his administrative aspiration for his new role as king. The Gospel reading emphasizes the hidden value of the kingdom. Mustard seed, yeast, and pearls are used to illustrate how God's kingdom often starts in "hidden" ways but grows to encompass the whole world with its life-changing values. The Epistle reading offers assurance that the Holy Spirit intercedes for us in our struggles, even when we are so distraught that we don't know how to pray. Today's Collect guides our focus toward God as the protector who leads us through earthly trials, so we do not lose sight of things eternal in the process.

One lesson drawn from this *Lectio Divina* is that true Christian leadership (whether vocational or not) starts with vulnerability, self-awareness, and reliance on God's grace rather than on personal ego. The 1 Kings narrative describes Solomon's request to be given a "listening heart." Solomon seeks the kind of relationship that nurtures receptivity to God's wisdom as a foundation for ruling justly. He desires to be able to discern between good and evil in order to effectively govern God's people.

Unfortunately, the broader narrative of 1 Kings reveals that Solomon eventually succumbed to the seductions of wealth and power. This serves as a warning to us regarding our ongoing need for spiritual vigilance and faithful stewardship of vocational motivation.

In today's *Visio Divina*, Hazel Dolby's "Wisdom of Solomon" illumination gets at the heart of Solomon's wisdom. Drawing upon the famous case of two women claiming maternity over a single live baby, Solomon decrees that the baby be cut in two with each woman receiving half. The ruse works and reveals the woman who actually is the mother. In the illumination, a light sharply divides the darkness in a manner reminiscent of the sword Solomon called for in this judicial case. This sword is made of gold and silver. In Saint John's Bible silver is used to represent wisdom as a complementary principle to the divine presence that is represented by gold. In actuality, illuminated manuscripts seldom used genuine silver since it would oxidize over time and turn black. Medieval illuminators tended to employ substitutes for actual silver. The Saint John's Bible utilizes platinum as its silver substitute.

The effect of this illumination, together with the highlighted verse on the lower right, is to visualize how Solomon's wisdom (i.e., "listening heart") enabled him to take right action decisively and quickly. Repeatedly in history we read of unwise rulers who rush to wrong judgment and cause greater harm and worse injustice. Based on these readings, how would you define true wisdom? Can you think of an instance when someone demonstrated wisdom? How did it make you feel?



THE
WISDOM
OF GOD
WAS IN
HIM TO
EXECUTE
JUSTICE

Outreach

Learn more: kccathedral.org/outreach

Donations for our Partners



- Backpacks (*biggest need*)
- Expo dry erase markers (4 count)
- Highlighters (yellow, pink, green, blue)
- Spiral notebooks
- 5-tab dividers (for 3-ring notebooks)
- 2-3 inch 3-ring binders
- Pocket folders
- Pens (black, blue and red ink)
- Colored pencils
- Crayola markers (10 pack)
- Crayola washable markers (fine line)
- Pink erasers
- Black sharpies
- Composition notebooks
- Rulers
- Loose leaf notebook paper (wide and college ruled)
- Scientific calculators
- School boxes
- Mechanical pencils
- Pens (blue ink)

Volunteer Opportunities

Help Pete's Garden by Labeling Lids

August 16, September 20 | 9:15 a.m. & 12:15 p.m.

Volunteer with fellow parishioners during coffee hour to put labels on the containers that will be used to package meals for families in need by Pete's Garden. This is a great opportunity to help at Pete's Garden. All ages are welcome; younger children should have a parent present.



The Emergency Food Assistance Program

Saturday, August 15, September 19 | 8 a.m.-noon

We help St. Paul's on Main organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). Friendly volunteers are needed to break down pallets of shelf-stable and frozen food from Harvesters, repackage the food into family-sized portions and then hand out the food. To volunteer or for more information, contact Deacon Barbara 816.739.8032 or bwegener@kccathedral.org.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Canon W. James Yazell, *Canon for Adult Formation*; The Rev. Clare Stern-Burbano, *Associate for Children, Youth & College*; The Rev. Barbara Wegener, *Deacon*; The Rev. Dr. Richard Liantonio, *Deacon*; Dr. Lucas Fletcher, *Director of Music*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVea, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@skeltonmoore.com; Nigel Jones, *Junior Warden*, redbox712@gmail.com, (405) 747-6550; Chip Buckner, *Treasurer*; Colin Chambers, *Clerk*; Bill Boyd; Julie Brogno; Pat Decker; Steve King; Blain Lagergren; Christine Morrison; Mathias Nichols; Charles Shipley; Janet Stewart Sweeting



AUGUST

SAVE THE DATE



9 a.m.



ALL PARISH BREAKFAST

Come by Founders' Hall for a morning of breakfast delights and camaraderie!



TRIVIA GAME NIGHT

6 p.m.

Team up with your fellow GHTCers to score you the ultimate prize at trivia night!



ORDINATIONS

10 a.m.

Come join us for ordinations to the Sacred Order of Priests (including Deacon Richard!).
A reception follows in Founders' Hall.

TEXT US!

TEXT US AT
(816) 310-1888

- Text **LOOP** to stay in the loop about Cathedral updates (weather closures, reminders).
- Text **GUEST** if you are new with us & want to know more.
- Text **PRAYER** to submit prayer requests.

Join our email list



Upcoming Events | Announcements

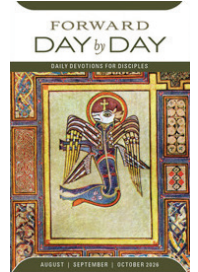
For more info and signup links: kccathedral.org/events



Forward Day By Day

We provide *Forward Day by Day* to parishioners as a simple and effective daily prayer practice. Each day features a Bible verse from the daily readings and a related reflection written by a different author each month, all in less than 200 words. It even includes the daily feast days, as well as prompts to take faithful action in your daily life.

Printed copies are available in the tower entrance and in Founders' Hall. Read it online at prayer.forwardmovement.org/fdd.



Formation for All Ages

Learn more: kccathedral.org/learn

Adults: Sundays

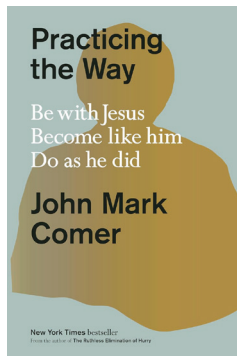
Practicing the Way

Sundays | 9:15 a.m. | Common Room

Our culture is distracted, fragmented, and hurried. Many of us are simply too busy and exhausted to have a meaningful life with God. It's not that people don't want to become like Jesus, or that people aren't trying to become like Jesus. It's that we don't know how to become like Jesus. Join Fr. James for a discussion about how to practice the ways of Jesus.

Copies available for purchase in the Cathedral Bookstore.

Explore more: www.practicingtheway.org



Adults: Tuesdays

Women's Bible Study • 12:30 p.m. • Zoom

Women's Bible Study (WBS) meets by Zoom every Tuesday at 12:30 p.m. for about an hour. As we gather we share joys and concerns followed by discussion of the selected topic or Bible study book. Conversation is lively, thought-provoking, and often irreverent. All are welcome. This summer, we are studying of *Tattoos on the Heart: The Power of Boundless Compassion* by Fr. Gregory Boyle.

Zoom link: kccathedral.org/adultformation

Lectionary Bible Study • 6:45 p.m. • Zoom

Join us for a discussion of context which will, with God's grace, lead us to a discussion of how an understanding of scripture can restore us to fullness with God and each other in Christ. Join the Lectionary Bible Study group in Realm or on our website, kccathedral.org/adultformation, for more details.

Children: Sundays | 10:30 a.m. | Haden Hall

Cathedral Kids

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Family Worship Sundays

Once a month, we observe Family Worship Sundays. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in cabinet in the back cross aisle.