

# GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"The One with the Crumby Dog" by Ally Barrett

## The Twelfth Sunday after Pentecost

August 16, 2026 • 10:30 a.m.

## Welcome!

Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.

## Subscribe to Our Newsletter

Sign up for email news about special events, worship and ways to connect with our community.



Email Signup

## Children

The Common Room is available during this service as a nursing & family room; the service is streamed in the room.

Children are welcome in all our services and activities for them are available on a shelf in the back aisle.

- For elementary age children, Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the *Weaving God's Promises* curriculum! Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.
- We observe *Family Worship* one Sunday of each month so there is no Cathedral Kids. Family Worship Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in the back cross aisle. *Upcoming Family Worship Dates: September 6, October 4, November 1, November 22*
- To get to Haden Hall: From the Tower entry, go up the stairs and straight ahead to the adjoining building. Follow signs or ask an usher for directions.

## Restrooms

Gendered and accessible restrooms with a changing table are available in Founders' Hall. A non-gendered and accessible restroom with a changing table is available at west end (rear) of the Cathedral.

## Hearing Assist Devices

Connect your Bluetooth enabled devices through the Listen Everywhere app. Detailed instructions are available on the table near the entrance. Other (not Bluetooth) hearing assist devices are also available on the table near the entrance.

## Ways to Give

- **GIVE ONLINE** with the QR code (or use the GIVE button on the Cathedral website).
- **TAP** to give using the display in the Tower entrance. Instructions for use are next to the machine.
- **TEXT** "GIVEtoGHTC" to 73256.
- Place in the **OFFERING PLATE**. Envelopes are available in the pew racks.



Give Online

Thank you for your generosity.

## Service Notes

Please rise, as able, for portions of the service marked with an asterisk (\*). Page numbers listed are from red The Book of Common Prayer and hymn numbers are from *The Hymnal* 1982.

## Following the Service

Please join us for a cup of coffee or tea and lively conversation in Founders' Hall.

### Our Mission

As the Episcopal Cathedral Church in the heart of Kansas City we seek and serve Christ in all people, loving our neighbors as ourselves while striving for justice, peace and respect for every human being. Our worship, prayer and formation support the restorative strength of our community, reconciling all people to God and one another through Christ.



@kccathedral

Please be advised that our services are livestreamed to YouTube. Your participation in the service serves as your consent to the broadcast of your image and voice and to the broadcast of the image and voice of your participating minor children.

# HOLY EUCHARIST

VOLUNTARY: Adagio (Organ Sonata No. 1), Op. 65, No. 1

Felix Mendelssohn (1809-1847)

## \* OPENING HYMN: 410 "Praise, my soul, the King of heaven"

*Unison or harmony*



1 Praise, my soul, the King of hea - ven; to his feet thy tri - bute bring;  
2 Praise him for his grace and fa - vor to his peo - ple in dis - tress;  
3 Fa - ther - like he tends and spares us; well our fee - ble frame he knows;  
4 An - gels, help us to a - dore him; ye be - hold him face to face;

ran-somed, healed, re - stored, for - giv - en, ev - er - more his prais - es sing:  
praise him still the same as ev - er, slow to chide, and swift to bless:  
in his hand he gen - tly bears us, res - cues us from all our foes.  
sun and moon, bow down be - fore him, dwell - ers all in time and space.

Al - le - lu - ia, al - le - lu - ia! Praise the ev - er - last - ing King.  
Al - le - lu - ia, al - le - lu - ia! Glo - rious in his faith - ful - ness.  
Al - le - lu - ia, al - le - lu - ia! Wide - ly yet his mer - cy flows.  
Al - le - lu - ia, al - le - lu - ia! Praise with us the God of grace.

Words: Henry Francis Lyte (1793-1847) Music: *Lauda anima*, John Goss (1800-1880); desc. Craig Sellar Lang (1891-1971) Copyright: Music: Descant by permission of Novello and Company, Limited. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

## The Word of God

### \* OPENING ACCLAMATION AND COLLECT FOR PURITY

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Presider Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

\* SONG OF PRAISE: S236 Canticle 13, A Song of Praise: *Benedictus es, Domine*

1. Glo - ry to you, \_\_\_\_\_ Lord

God of our fa - thers; \_\_\_\_\_ you are wor - thy of praise;

glo - ry to you. \_\_\_\_\_ 2. Glo - ry to you \_\_\_\_\_

— for the ra - di - ance of your ho - ly Name; \_\_\_\_\_ we will

praise you and high - ly ex - alt you for ev - er. \_\_\_\_\_

3. Glo - ry to you \_\_\_\_\_ in the splen - dor of your

tem - ple; \_\_\_\_\_ on the throne of your ma - jes - ty, glo - ry to

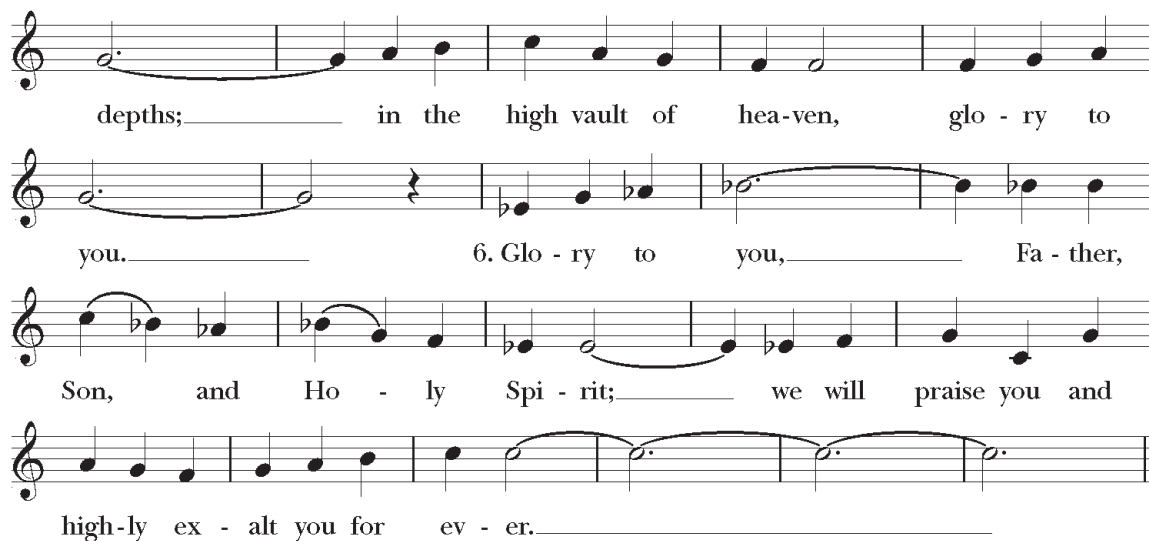
you. \_\_\_\_\_ 4. Glo - ry to you, seat - ed bet -

ween the Cher - u - bim; \_\_\_\_\_ we will praise you and

high - ly ex - alt you for ev - er. \_\_\_\_\_

5. Glo - ry to you, \_\_\_\_\_ be - hold - ing the





Music: John Rutter (b. 1945). Copyright: © 1985, Oxford University Press, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

## \* COLLECT OF THE DAY

**Presider** The Lord be with you.

**People** And also with you.

**Presider** Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## THE LESSONS

### First Lesson: Genesis 45:1-15

**Lector** Joseph could no longer control himself before all those who stood by him, and he cried out, “Send everyone away from me.” So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, “I am Joseph. Is my father still alive?” But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, “Come closer to me.” And they came closer. He said, “I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, ‘Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children’s children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.’ And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here.” Then he fell upon his brother Benjamin’s neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

The Word of the Lord.

**People** Thanks be to God.

Oh, how good and pleasant it is, \*  
 when brethren live together in unity!  
 It is like fine oil upon the head \*  
 that runs down upon the beard,  
 Upon the beard of Aaron, \*  
 and runs down upon the collar of his robe.  
 It is like the dew of Hermon \*  
 that falls upon the hills of Zion.  
 For there the Lord has ordained the blessing: \*  
 life for evermore.

## Second Lesson: Romans 11:1-2a, 29-32

**Lector** I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew.  
 For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.  
 The Word of the Lord.  
**People** Thanks be to God.

### \* GOSPEL HYMN: 677 "God moves in a mysterious way"

1 God moves in a mys - te - rious way his won - ders to per - form:  
 2 Deep in un - fath - om - a - ble mines, with nev - er - fail - ing skill,  
 3 Ye fear - ful saints, fresh cour - age take; the clouds ye so much dread  
 4 Judge not the Lord by fee - ble sense, but trust him for his grace;  
 5 His pur - pos - es will ri - pen fast, un - fold - ing ev - ery hour:

1 he plants his foot - steps in the sea, and rides up - on the storm.  
 2 he trea - sures up his bright de - signs, and works his sov - ereign will.  
 3 are big with mer - cy, and shall break in bless - ings on your head.  
 4 be - hind a frown - ing prov - i - dence he hides a smil - ing face.  
 5 the bud may have a bit - ter taste, but sweet will be the flower.

6 Blind unbelief is sure to err, God is his own interpreter,  
 and scan his work in vain; and he will make it plain.

\* THE HOLY GOSPEL: Matthew 15:10-28

Gospeller      The Holy Gospel of our Lord Jesus Christ according to Matthew.

People          Glory to you, Lord Christ.

Gospeller      Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

The Gospel of the Lord.

People          Praise to you, Lord Christ.

SERMON

\* THE NICENE CREED

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All              We believe in one God,  
                    the Father, the Almighty,  
                    maker of heaven and earth,  
                    of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
 who proceeds from the Father and the Son.  
 With the Father and the Son he is worshiped and glorified.  
 He has spoken through the Prophets.  
 We believe in one holy catholic and apostolic Church.  
 We acknowledge one baptism for the forgiveness of sins.  
 We look for the resurrection of the dead,  
 and the life of the world to come. Amen.

\* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

|               |                                                                                                                                                                                                                                                                                                                                          |
|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Intercessor   | Lord God, let your love dwell within us and shine through our lives that our prayers might lead us into abundant life as we say Lord in your mercy, hear our prayer.<br><br>We pray for the church; that it might be a sanctuary and the wellspring of hope for what is broken in our lives and in our world.<br><br>Lord in your mercy, |
| <b>People</b> | <b>Hear our prayer.</b>                                                                                                                                                                                                                                                                                                                  |
| Intercessor   | We pray for this nation, that it might live into its promise and be a place of safety, justice, and dignity for all people<br><br>Lord in your mercy,                                                                                                                                                                                    |
| <b>People</b> | <b>Hear our prayer.</b>                                                                                                                                                                                                                                                                                                                  |
| Intercessor   | We pray for our local communities, that they might become places inspired by Jesus' vision for human community<br><br>Lord in your mercy,                                                                                                                                                                                                |
| <b>People</b> | <b>Hear our prayer.</b>                                                                                                                                                                                                                                                                                                                  |
| Intercessor   | We pray for our earth; that our land may continue to provide abundantly for our needs and that we might be effective stewards of its riches<br><br>Lord in your mercy,                                                                                                                                                                   |
| <b>People</b> | <b>Hear our prayer.</b>                                                                                                                                                                                                                                                                                                                  |
| Intercessor   | We pray for those who suffer; that they might be delivered from their distress and know your healing powers in their lives. We pray especially for those on the Cathedral's Prayer List, and for those whom we now name silently or aloud.<br><br>Lord in your mercy,                                                                    |
| <b>People</b> | <b>Hear our prayer.</b>                                                                                                                                                                                                                                                                                                                  |



|             |                                                                                                                                                                                                                                                                   |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Intercessor | We pray for the dead and the dying; that they might be welcomed into your loving embrace and that they might rise again in the glory of your new age. We pray especially for those we now name, either silently or aloud.                                         |
|             | Lord in your mercy,                                                                                                                                                                                                                                               |
| People      | <b>Hear our prayer.</b>                                                                                                                                                                                                                                           |
| Presider    | God Almighty, creator of all that is, known and unknown; the entirety of your presence and power is beyond comprehension, help to us understand as best as we can and to live lives in accord with your will for us to be laborers for your kingdom. <b>Amen.</b> |

## CONFESSON AND ABSOLUTION

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|        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|--------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Deacon | Let us confess our sins against God and our neighbor.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| All    | <p><b>Most merciful God,</b><br/> <b>we confess that we have sinned against you</b><br/> <b>in thought, word, and deed,</b><br/> <b>by what we have done,</b><br/> <b>and by what we have left undone.</b><br/> <b>We have not loved you with our whole heart;</b><br/> <b>we have not loved our neighbors as ourselves.</b><br/> <b>We are truly sorry and we humbly repent.</b><br/> <b>For the sake of your Son Jesus Christ,</b><br/> <b>have mercy on us and forgive us;</b><br/> <b>that we may delight in your will,</b><br/> <b>and walk in your ways,</b><br/> <b>to the glory of your Name. Amen.</b></p> |

|          |                                                                                                                                                                                                     |
|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Presider | Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. <b>Amen.</b> |
|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## \* THE PEACE

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|          |                                           |
|----------|-------------------------------------------|
| Presider | The peace of the Lord be always with you. |
| People   | <b>And also with you.</b>                 |

## ANNOUNCEMENTS

### CELEBRATION PRAYER

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|     |                                                                                                                                                                                                                                                                                                                   |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| All | <p><b>O God, our times are in your hand: Look with favor, we pray, on your servant(s) as <i>they</i> begin another year. Grant that <i>they</i> may grow in wisdom and grace, and strengthen <i>their</i> trust in your goodness all the days of <i>their</i> lives; through Jesus Christ our Lord. Amen.</b></p> |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

# The Holy Communion

## OFFERTORY SENTENCE

|          |                                                                                                                                      |
|----------|--------------------------------------------------------------------------------------------------------------------------------------|
| Presider | <p>Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.<br/> <i>Ephesians 5:2</i></p> |
|----------|--------------------------------------------------------------------------------------------------------------------------------------|

## OFFERTORY VOLUNTARY: "Oculi omnium"

Emily Stott, alto soloist

Alexander L'Estrange (b. 1974)

text: anon; Psalm 145:15-16, as said daily at Merton College, Oxford

*Oculi omnium in te respiciunt Domine. Tu das escam illis in tempore opportuno.*

*Aperis manum tuam, et imple omne animal benedictione tua.*

*Benedicas nobis, Deus, omnibus donis quae de tua beneficentia accepturi simus.*

*Per Jesum Christum, dominum nostrum, Amen.*

The eyes of all look to you, O Lord. You give them their food in due season.

You open your hand and fill every living thing with your blessing.

Bless us, O God, with all the gifts that we shall receive from your goodness.

Through Jesus Christ our Lord, Amen.

## PRESENTATION HYMN: 380 "From all that dwell below the skies" verse 3

Praise God, from whom all bless - ings flow; praise

him, all crea - tures here be - low; praise him a - bove, ye

heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

S120: The Holy Eucharist II, Lift up your hearts: *Sursum corda*

*Celebrant*      *People*

The Lord be with you. And al - so with you.

*Celebrant*      *People*

Lift up your hearts. We lift them to the Lord.

*Celebrant*

Let us give thanks to the Lord our God.

*People*

It is right to give our thanks and praise.

*Then, facing the Holy Table, the Presider proceeds*

Presider

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

All

S125: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,

heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na in the high - est.

Blessed is he who comes in the name of the Lord. Ho -

san - na in the high - est. Ho - san - na in the high - est.

Music: From A Community Mass; Richard Proulx (1937-2010). Copyright © 1971, 1977 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

*The people stand or kneel.*

Presider

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All

**We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.**

Presider

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with [the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

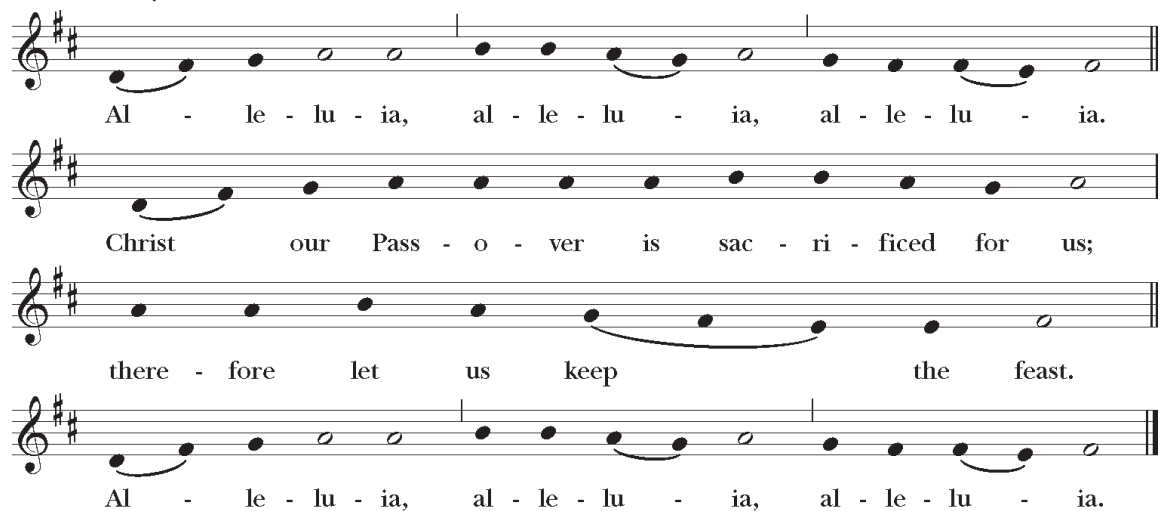
All

**AMEN.**

Presider And now, as our Savior Christ has taught us, we are bold to say,  
 All Our Father, who art in heaven,  
 hallowed be thy Name,  
 thy kingdom come, thy will be done, on earth as it is in heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses,  
 as we forgive those who trespass against us.  
 And lead us not into temptation,  
 but deliver us from evil.  
 For thine is the kingdom, and the power,  
 and the glory, for ever and ever. Amen.

## Breaking of the Bread

S154: The Holy Eucharist, Fraction Anthem: *Christ our Passover*



Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## COMMUNION

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*All are welcome to receive communion or a blessing.  
 For gluten-free bread, cross your hands palms down.  
 For a blessing, cross your hands over your chest.*

*On the first Sunday each month: Prayer for healing is offered at the prayer desk until the close of worship.*

### Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

— From *The Prayer Book for the Armed Services*



COMMUNION ANTHEM: "O rest in the Lord" (*Elijah*)

Rebecca Ballinger Clark, soprano soloist

Felix Mendelssohn (1809-1847)

text: Julius Schubring

Oh rest in the Lord, wait patiently for Him, and He shall give thee thy heart's desires.  
Commit thy way unto Him, and trust in Him, and fret not thyself because of evildoers.

COMMUNION HYMN: 470 "There's a wideness in God's mercy"

1 There's a wide-ness in God's mer - cy like the wide-ness of the sea;  
2 There is no place where earth's sor - rows are more felt than up in heaven;  
3 For the love of God is broad-er than the mea - sure of the mind;

there's a kind-ness in his jus - tice, which is more than lib - er - ty.  
there is no place where earth's fail - ings have such kind - ly judg - ment given.  
and the heart of the E - ter - nal is most won - der - ful - ly kind.

There is wel - come for the sin - ner, and more gra - ces for the good;  
There is plen - ti - ful re - demp - tion in the blood that has been shed;  
If our love were but more faith - ful, we should take him at his word;

there is mer - cy with the Sa - vior; there is heal - ing in his blood.  
there is joy for all the mem - bers in the sor - rows of the Head.  
and our life would be thanks - giv - ing for the good - ness of the Lord.

Words: Frederick William Faber (1814-1863), alt. Music: Beecher, John Zundel (1815-1882), alt. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* POSTCOMMUNION PRAYER

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Presider      Let us pray.

All      Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

\* THE BLESSING

\* DISMISSAL

*Following the dismissal,*

People      Thanks be to God.

\* CLOSING HYMN: 539 "O Zion haste, thy mission high fulfilling"

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) in G major (one sharp) and 4/4 time. It consists of five systems of music, each with a vocal line and a piano accompaniment line. The lyrics are printed below the vocal line of each system.

**System 1:**

O Zi - on, haste, thy mis - sion high ful - fill - ing,  
 Pro - claim to ev - ery peo - ple, tongue, and na - tion  
 Send her - alds forth to bear the mes - sage glo - rious;  
 He comes a - gain! O Zi - on, ere thou meet him,

**System 2:**

to tell to all the world that God is Light;  
 that God, in whom they live and move, is Love:  
 give of thy wealth to speed them on their way;  
 make known to ev - ery heart his sav - ing grace;

**System 3:**

that he who made all na - tions is not will - ing  
 tell how he stooped to save his lost cre - a - tion,  
 pour out thy soul for them in prayer vic - to - rious  
 let none whom he hath ran - somed fail to greet him,

**System 4:**

one soul should fail to know his love and might.  
 and died on earth that all might live a - bove.  
 till God shall bring his king - dom's joy - ful day.  
 through thy ne - glect, un - fit to see his face.

*Refrain*

Pub - lish glad ti - dings: ti - dings of peace,

ti - dings of Je - sus, re - demp - tion and re - lease.

The musical score is written for two staves, Treble and Bass clef, in a key signature of one flat (B-flat). The melody is simple and hymn-like, with lyrics printed below the notes. The first system covers the first two lines of the refrain, and the second system covers the next two lines. The music concludes with a double bar line.

Words: Mary Ann Thomson (1834-1923), alt. Music: *Tidings*, James Walch (1837-1901). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

## VOLUNTARY: Toccata VI per li pedali

William Mathias (1934-1992)

*Please join us for coffee/tea and fellowship in Founders' Hall.*

## Serving Today

|                       |                                                                  |
|-----------------------|------------------------------------------------------------------|
| Presider & Preacher   | The Very Rev. Dr. Andrew C. Keyse                                |
| Assisting             | The Rev. Canon W. James Yazell, The Rev. Clare Stern-Burbano     |
| Deacon                | The Rev. Dr. Richard Liantonio                                   |
| Musicians             | The Trinity Choir, Dr. Lucas Fletcher; Emily Stott, alto soloist |
| Lector                | Deborah Buckner                                                  |
| Intercessor           | Ken Stewart                                                      |
| Eucharistic Ministers | Bob Johnson, Steve King                                          |
| Acolytes              | Susan Ahn, Harrison Mattson, Chris Bridgforth                    |
| Ushers                | Denny Brisley, John Braum, Bob Packett, Ric Sweeting             |
| Greeters              | Donna Knoell                                                     |
| Altar Guild           | Peg Brown, Debbie Marrs, Leticia Porter, Sharon Cheers           |
| Sound/Livestreaming   | Janet Sweeting, Chris Morrison                                   |
| Cathedral Kids        | Brenda Colburn, Cliff Dubroc                                     |
| Oblation Bearers      | Paget Higgins                                                    |

## Today's altar flowers

### Sponsor the Altar Flowers

Today's flowers are dedicated to the glory of God and

in celebration of 40 years in America by Nigel Jones

in loving memory of Miriam Marrs by Candy McDowell



Altar flowers are a great way to beautify the sanctuary and remind your fellow worshipers of the new life that Jesus brings. They are also a great way to commemorate an event near a specific date, or honor/remember someone close to your heart. Donations toward the weekly flowers can be given by anyone and are accepted in any amount. You can mail a check to the Cathedral office, put your donation in the offering or make a payment through our online payment site. For more information: [kccathedral.org/flowers](http://kccathedral.org/flowers) or contact Julie Toma, [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).

## Northwest Metro Deanery End-of Summer Gathering

Wednesday, September 9, from 5-7 p.m.

We invite anyone and everyone from Northwest Metro Deanery to enjoy an End-of Summer gathering at the Cathedral on Wednesday, September 9, from 5-7 p.m.

It will be a garden party of sorts with cold drinks and yummy eats. Fun for kids and adults.

Feel free to drop by after school or work and join us for social time together!

## BANNED BOOK SWAP

Bring a book, support your community

Sat. Aug. 22 | 10 a.m. - 1 p.m.

Blip Roasters | \$5 tickets

Proceeds go to Abide in Love KC

Buy your tickets at  
[givebutter.com/BannedBookSwap](https://givebutter.com/BannedBookSwap)  
or scan the QR code



# Birthdays & Anniversaries

Please contact the Cathedral office ([jtoma@kccathedral.org](mailto:jtoma@kccathedral.org)) if we have omitted your birthday or anniversary.

## August 16

Mary Howe  
Premkumar John  
Mark McCaffree

## August 17

Logan Verschelden  
Clara Moreno-Atkins

## August 20

Sally Livengood  
Siras Keyse

## August 21

Paget & Thomas Higgins  
Steve & Lisa Spoonhour  
Robin Rusconi  
Nan Schooling

## August 22

Bristol Johnson  
Carol Sanford  
Danee Wallace

# CHOIR OPEN HOUSE



## Sunday, September 20 | 10 a.m.

Anyone interested in seeing the choir up close in action can join the choir at 10 a.m. in Haden Hall as they rehearse.

You may also sit with the choir in the gallery during the service, no singing necessary.

## Thursday, September 24 | 7 p.m.

The choir will host an open house from 7-8 p.m. during our rehearsal in Haden Hall.

Come enjoy some great food, conversation, and music. Even better, bring a friend!





# Outreach

Learn more: [kccathedral.org/outreach](http://kccathedral.org/outreach)

## Donations for our Partners

### EVERYDAY NECESSITIES DRIVE



Donate full-size basic everyday necessities for Shelter KC during the month of August.

At Shelter KC, every life is believed to hold God-given dignity and purpose. More than a place to sleep, Shelter KC is a Christ-centered community where men and women find healing, recovery, and a path toward a renewed future. Through emergency shelter, long-term recovery programs, education, and discipleship, lives that once seemed lost begin to transform. Addiction is overcome, relationships are restored, and hope is rebuilt.

At Shelter KC, the organization's goals are simple, but not easy. Shelter KC is committed to keeping its guests encouraged, sheltered, fed, and safe.

Bring full size unopened toiletries to the basket in the Tower during the month of August.

- Shampoo/Conditioner
- Razors/Shaving Cream
- Deodorant
- Non-scented Lotion
- Non-Flavored Chapstick

*Note: No bars of soap*

## Volunteer Opportunities

### Help Pete's Garden by Labeling Lids

**September 20, October 18 | 9:15 a.m. & 12:15 p.m.**

Volunteer with fellow parishioners during coffee hour to put labels on the containers that will be used to package meals for families in need by Pete's Garden. This is a great opportunity to help at Pete's Garden. All ages are welcome; younger children should have a parent present.



### The Emergency Food Assistance Program

**Saturday, September 19, October 17 | 8 a.m.-noon**

We help St. Paul's on Main organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). Friendly volunteers are needed to break down pallets of shelf-stable and frozen food from Harvesters, repackage the food into family-sized portions and then hand out the food. To volunteer or for more information, contact Deacon Barbara 816.739.8032 or [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

**Cathedral Staff:** The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Canon W. James Yazell, *Canon for Adult Formation*; The Rev. Clare Stern-Burbano, *Associate for Children, Youth & College*; The Rev. Barbara Wegener, *Deacon*; The Rev. Dr. Richard Liantonio, *Deacon*; Dr. Lucas Fletcher, *Director of Music*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

**The Vestry:** Steve Moore, *Senior Warden*, [smoore@skeltonmoore.com](mailto:smoore@skeltonmoore.com); Nigel Jones, *Junior Warden*, [redbox712@gmail.com](mailto:redbox712@gmail.com), (405) 747-6550; Chip Buckner, *Treasurer*; Colin Chambers, *Clerk*; Bill Boyd; Julie Brogno; Pat Decker; Steve King; Blain Lagergren; Christine Morrison; Mathias Nichols; Charles Shipley; Janet Stewart Sweeting

# This Week at GHTC

Learn more about our weekly services & opportunities for study and fellowship: [kccathedral.org](http://kccathedral.org)

## Sunday, August 16

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Formation Book Study
- 9:15 a.m. Label Containers for Pete's Garden
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist\* & Cathedral Kids
- 11:45 a.m. Coffee Hour
- 12:15 p.m. Label Containers for Pete's Garden
- 5 p.m. Holy Eucharist

## Monday, August 17

- 6 p.m. Alcoholics Anonymous Meeting

## Tuesday, August 18

- 7:30 a.m. Meeting: Finance Committee
- 12:30 p.m. Women's Bible Study+
- 6:45 p.m. Lectionary Bible Study+

## Wednesday, August 19

- 10 a.m. Staff Gathering
- 12 p.m. Noonday Prayer\*
- 12 p.m. Alcoholics Anonymous Meeting
- 12:05 p.m. Holy Eucharist

## Thursday, August 20

- 7 p.m. Rehearsal: Trinity Choir

## Friday, August 21

- 6 p.m. Game Night: Trivia

## Sunday, August 23

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Formation Book Study
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist\* & Cathedral Kids
- 11:45 a.m. Coffee Hour
- 5 p.m. Holy Eucharist

+On Zoom

\*In person service streamed on YouTube @kccathedral

# Cathedral Prayer List

To place a person on this prayer list, text PRAYER to (816) 310-1888 or email Deacon Barbara Wegener, [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org). View the prayer list anytime: [kccathedral.org/prayers](http://kccathedral.org/prayers)

**Pray for:** Ysidro Quintero; Sakue Ide; Willard Welch; Greg Smith; Mike Bennett; Daniel Mufich; Luke McCullough; Those impacted by flooding; Barbara Martin; Ben Schoonover; Janet Baar; Jane Anderson; Jeanne Hoeft; Mary Margaret Saxon; Sid and Mary Breese; Carrie Robertson Gentry; Meribeth Risebig; Those impacted by Wildfires; Those impacted by the earthquakes in Venezuela; Randal Loy; Camila Rose; Frances Henrietta Gates; George Parry; Evelyn; Pat Decker; Barbara Cipolla; Family of Cipriano Don Candillo; Matt Bissett; Orin Jones; Shaun Kelly & Family; Amrit Prasad; Zachary Brewer; Brend; Rick Jordahl; Marcille McCandless; Mike Barzee & Family; Phineas Gitta; Those fighting chronic illness; Iris Parsons; Wayne Alexander; Gloria Stocks; Jim Royer; Joyce Morrow; Thaddeus Samuel Withers; Yvonne Kehoe Meier; Jeffrey and family; Charlotte Colburn; Those affected by gun violence; First Responders; Immigrants

### Diocesan Prayer Cycle:

Grace Episcopal Church, Carthage—The Very Rev. Joe Pierjok, Rector; The Rev. Collin Larimore, Associate Rector; The Rev. Canon Jose Palma, Associate Priest; The Rev. Jory Mertens, Deacon Board of Examining Chaplains

### Pray for the Departed:

Drew Ross; Marv Schroeder; Nathan Matthews; Sgt. Michael Emmanuel Swinton; Pvt Isabella Gonzales; 1st Lt. Tyler James Feehan; Larry McMullen; Emily Barker; Nick Hutcherson; Sydney Watson; Joe Anderson; Jessica Manning; Deacon Bill Crain; Phil Carroll; Cherry Barthel; Dolly Galus; Those lost in the earthquakes in Venezuela; Those lost in the plane crash from Edwards Air Force Base; Those lost in the plane crash in Butler Missouri; those lost in war; those who have died from gun violence ; Military members killed in action

### For all military members

and their families, especially: Taya Velasco; Ethan Bergeron; Alexandria Puls; Capt. Aryk Bingham; Cpt. Charles Lewis, Jr.; Adam; Anita Feugate Opperman; Brian Chellgren; Charles Braden Fowler; Colin Walker; Connor Spake; James Brown; John K. Baker; Joshua Gordon; Lt. Col. Kevin Thomas; Lexi Puls; Nick; Patrick Williams; Steve Conner; The Rev. Ben Newland

Join us for an exciting afternoon of  
croquet on the Cathedral lawn!

# Tiki CUP

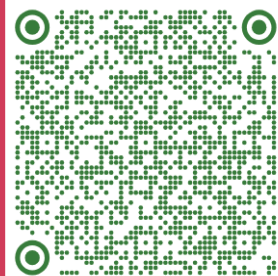
Saturday  
**September 12**  
12-5 p.m.

Soak in the delightful  
island atmosphere of the  
day! Register a team,  
volunteer, bring food or  
just cheer on the players!

REGISTER TO PLAY



VOLUNTEER | BRING FOOD



## SIGN UP TODAY!



# Today's Focal St. John's Bible Illumination

## Inclusivity, Persistence, and Grace

### "But if some of the Branches were broken off" Text Treatment (Romans 11)

Today's *Lectio Divina* draws from lectionary readings highlighting three theological themes: breaking down boundaries, being persistent in prayer, and God's offer of salvation to all people. The Genesis 45 reading narrates Joseph's dramatic reconciliation with his brothers, accenting God's providence and forgiveness. The Gospel reading recounts Jesus' extension of his ministry to include a Canaanite woman, drawing attention to the importance of persistent faith and providing an example of how God's grace extends beyond traditional cultural and social boundaries. Both the Isaiah 19 and the Epistle readings emphasize that God's salvation is available to people of all nations, both Jews and Gentiles. Today's collect sums this up by asking that God's grace would enable us to follow Christ's example of practicing inclusivity, persistence, and expanding ministry.

In the Romans 11 text, Paul wrestles with the spiritual condition and possibilities of the covenant Jewish people and the many non-Jews who had accepted Christ's lordship in response to the Easter event. This chapter presents Paul's conclusion to the argument he had developed in chapters 1-10 asserting that God's grace is available to all people. Chapters 12-16 detail how this radical new reality changes the way we live our lives. For the gospel, "is the power of God for salvation to everyone who has faith, to the Jew first and also to the Greek. For in it the righteousness of God is revealed through faith for faith; as it is written, 'the one who is righteous will live by faith.'" (Romans 1:16-17)

Today's *Visio Divina* provides a visual theological interpretation of salient portions of this text. In the "But if some of the Branches were broken off" text treatment, Donald Jackson employs specific design elements to warn Gentile believers against divisive attitudes of spiritual arrogance. The imagery of the cultivated olive tree (representing the Jews) and the wild olive shoots (the Gentiles) is reflected in the treatment's design. The staggered placement of the words represents the breaking off of the natural branches. The stair-step breaking of the text visually slows the reader down, encouraging meditation on Paul's warning to Gentiles that they not boast over the severed branches. Both groups are entirely dependent on the same root of God's promises. Gold leaf (representing divine presence and action) and platinum (representing wisdom's influence) are employed here to highlight key teachings and warnings that are important for the church's spiritual life and well-being.

Paul reminds the reader of the Jews' history of obedience and disobedience, yet God's forgiveness, mercy, and love for them was steadfast. What is new, Paul writes, is that God's covenant promise and love has been extended to the Gentiles. Why should Gentile Christians see their inclusion in God's redemptive promise as a demonstration of God's mercy rather than a sign of their superiority? What does this suggest to you regarding how God's redemption should change the way we live our lives?

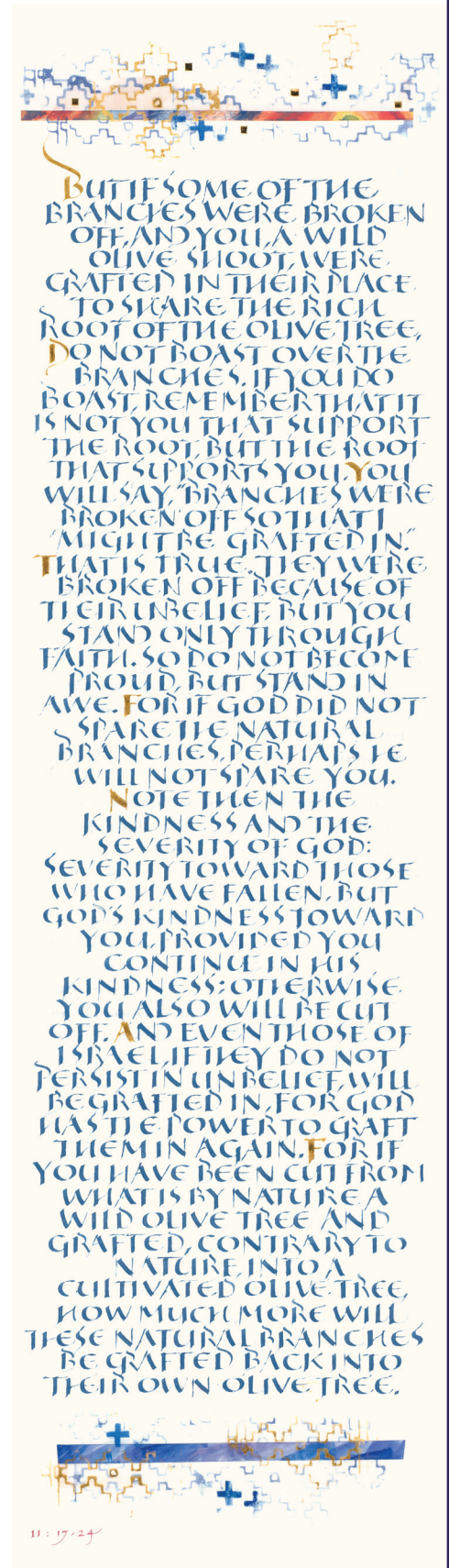


Image: ©2002, The Saint John's Bible, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

# Formation for All Ages

Learn more: [kccathedral.org/learn](http://kccathedral.org/learn)

## Adults: Sundays

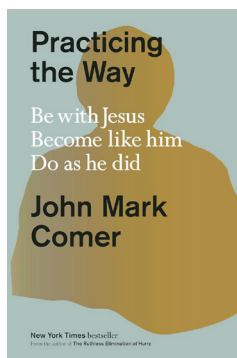
### **Practicing the Way**

**Sundays | 9:15 a.m. | Common Room**

Our culture is distracted, fragmented, and hurried. Many of us are simply too busy and exhausted to have a meaningful life with God. It's not that people don't want to become like Jesus, or that people aren't trying to become like Jesus. It's that we don't know how to become like Jesus. Join Fr. James for a discussion about how to practice the ways of Jesus.

Copies available for purchase in the Cathedral Bookstore.

Explore more: [www.practicingtheway.org](http://www.practicingtheway.org)



## Children: Sundays

10:30 a.m. • Haden Hall

### **Cathedral Kids**

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the *Weaving God's Promises* curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

### **Family Worship Sundays**

Once a month, we observe Family Worship Sundays. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in cabinet in the back cross aisle.

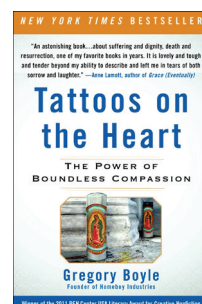
## Adults: Tuesdays

### **Women's Bible Study • 12:30 p.m. • Zoom**

Women's Bible Study (WBS) meets by Zoom every Tuesday at 12:30 p.m. for about an hour. As we gather we share joys and concerns followed by discussion of the selected topic or Bible study book. Conversation is lively, thought-provoking, and often irreverent. All are welcome.

This summer, we are taking a break from our usual scripture-based studies to do a book study. We are studying of *Tattoos on the Heart: The Power of Boundless Compassion* by Fr. Gregory Boyle. *Tattoos on the Heart* is a collection of essays “about kinship and the sacredness of life” drawn from Fr. Boyle's 20+ years of gang intervention ministry in Los Angeles. Boyle distills his experience working in the ghetto into a series of parables inspired by faith. Each chapter/parable stands on its own so members of the group can easily move in and out of the study allowing for altered summer schedules. Books can be found at your favorite bookseller. Don't worry if you haven't had time to do the reading or even if you have the book. We're always happy to see you regardless of what time you have to spend with us.

Zoom link: [kccathedral.org/adultformation](https://kccathedral.org/adultformation)



### **Lectionary Bible Study • 6:45 p.m. • Zoom**

Join us for a discussion of context which will, with God's grace, lead us to a discussion of how an understanding of scripture can restore us to fullness with God and each other in Christ. Join the Lectionary Bible Study group in Realm or on our website, [kccathedral.org/adultformation](http://kccathedral.org/adultformation), for more details.

# Upcoming Events | Announcements

For more info and signup links: [kccathedral.org/events](http://kccathedral.org/events)

## TRIVIA NIGHT

FRIDAY  
AUG 21

BRING SNACKS TO SHARE  
[kccathedral.org/events](http://kccathedral.org/events)

TEST YOUR  
KNOWLEDGE!

FROM  
6-9 PM

### Trivia Night

Friday, August 21 | 6 p.m.  
Common Room

Dive into the excitement of trivia night, where teaming up with your fellow GHTCers could score you the ultimate prize! Bring your favorite snacks and drinks—anything that'll keep your brain buzzing and ready for victory!

Let us know you're coming:  
[kccathedral.org/events](http://kccathedral.org/events).

### Diocesan Ordinations

Saturday, August 29, 10 a.m.

Come join us for the ordinations of Christopher Ryan Dodson, Richard Michael Liantonio, Barbara Janette Platter, and Brandon Mason Smee to the Sacred Order of Priests. A reception follows in Founders' Hall.

Richard will preside at both morning services the next day.



SUNDAY  
SEPTEMBER 13

# MINISTRY FAIR

AFTER BOTH  
MORNING  
SERVICES

Learn about ministries at the Cathedral + how you can get involved

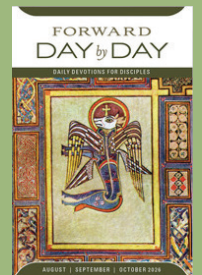
[KCCATHEDRAL.ORG/VOLUNTEER](http://KCCATHEDRAL.ORG/VOLUNTEER)

## Coming This Fall

September 7 | Closed: Labor Day  
September 12 | Croquet Tournament  
September 13 | Back-to-School Blessing during 10:30 service  
September 13 | Ministry Fair at morning coffee hours  
September 13 | Formation year starts  
September 15 | Meeting: Finance Committee  
September 18 | Concert: Woodwind Ensemble  
September 19 | Volunteer Appreciation Brunch  
September 20 | Volunteering: Pete's Garden Lid Labeling  
September 20 | Evensong  
September 24 | Meeting: Vestry  
September 25 | Concert: Piano Recital

## Forward Day By Day

We provide *Forward Day by Day* to parishioners as a simple and effective daily prayer practice. Each day features a Bible verse from the daily readings and a related reflection written by a different author each month, all in less than 200 words. It even includes the daily feast days, as well as prompts to take faithful action in your daily life.



Printed copies are available in the tower entrance and in Founders' Hall.

Read it online at [prayer.forwardmovement.org/fdd](http://prayer.forwardmovement.org/fdd).