

The Fourteenth Sunday after Pentecost

August 30, 2026 • 5 p.m.



"The Choice" by Lauren Pittman, from Art in the Christian Tradition, a project of the Vanderbilt University Divinity Library, Nashville, TN

GRACE AND HOLY TRINITY
EPISCOPAL CATHEDRAL

Welcome! We are glad you are here.

- Thank you for joining us for worship today at Grace and Holy Trinity Cathedral. If you are new to the Cathedral, we invite you to fill out our welcome card. Welcome cards are available in the pews or text GUEST to 816-310-1888.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Tap to give using the display in the Tower entrance. Instructions for use are next to the machine. *Thank you for your generosity.*



HOLY EUCHARIST

The Word of God

* OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

* GLORIA

page 356

All
Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. **Amen.**

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

THE LESSONS

First Lesson: Exodus 3:1-15

Lector Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt."

But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever,
and this my title for all generations.

The Word of the Lord.

People **Thanks be to God.**

Give thanks to the Lord and call upon his Name; *
make known his deeds among the peoples.
Sing to him, sing praises to him, *
and speak of all his marvelous works.
Glory in his holy Name; *
let the hearts of those who seek the Lord rejoice.
Search for the Lord and his strength; *
continually seek his face.
Remember the marvels he has done, *
his wonders and the judgments of his mouth,
O offspring of Abraham his servant, *
O children of Jacob his chosen.
Israel came into Egypt, *
and Jacob became a sojourner in the land of Ham.
The Lord made his people exceedingly fruitful; *
he made them stronger than their enemies;
Whose heart he turned, so that they hated his people, *
and dealt unjustly with his servants.
He sent Moses his servant, *
and Aaron whom he had chosen.
Hallelujah!

Second Lesson: Romans 12:9-21

Lector Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

The Word of the Lord.

People Thanks be to God.

* THE HOLY GOSPEL: Matthew 16:21-28

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Gospeller Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?"

"For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

The Gospel of the Lord.

People

Praise to you, Lord Christ.

SERMON

* THE NICENE CREED

page 358

All

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

Intercessor Almighty God, you looked upon your people and heard their cries, hear us again and answer us as we pray, Lord in your mercy, hear our prayer.

Awaken your church that it might boldly proclaim Christ's good news and continue Christ's mission and ministry throughout the world.

Lord in your mercy,

People Hear our prayer.

Intercessor Guide our nation and those in authority that ours might be a land, not just of promise, but of fulfillment, dignity, and peace.

Lord in your mercy,

People Hear our prayer.

Intercessor Open our eyes to all the opportunities to be your voice and your hands in our local communities so that no needs go unmet.

Lord in your mercy,

People Hear our prayer.

Intercessor Grant us strength, commitment, and perseverance to meet the challenges of our day and to build a sustainable society rooted in our vision of the kingdom.

Lord in your mercy,

People Hear our prayer.

Intercessor Bring healing to all who suffer and mend what is broken or wounded in our lives and in the lives of those we love and care for. We pray especially for those on the Cathedral's Prayer List, and for those whom we now name silently or aloud.

Lord in your mercy,

People Hear our prayer.

Intercessor Embrace the dead in your loving arms, grant peace to all who mourn or grieve, fulfill your promise to us that we might rise again in your new age. We pray especially for those we now name, either silently or aloud.

Lord in your mercy,

People Hear our prayer.

Presider We cannot know your full glory, and yet you have shown us again and again, inviting us into ever-deepening relationship as your people. Continue to lead us and to answer our prayer as may be best for us and always to your glory. Through Christ our Lord who with you and the Holy Spirit stand supreme throughout creation and beyond, now and always. **Amen.**

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* THE GREAT THANKSGIVING, Eucharistic Prayer D

page 372

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Then, facing the Holy Table, the Presider proceeds

Presider It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing (say),

All **Holy, Holy, Holy Lord, God of power and might,**
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The people stand or kneel.

Presider We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All **We praise you, we bless you,**
we give thanks to you,
and we pray to you, Lord our God.

Presider Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with [the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

All AMEN.

* THE LORD'S PRAYER

page 364

Presider And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

page 364

Presider Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

Presider O Lamb of God, that takes away the sins of the world,

People have mercy upon us.

Presider O Lamb of God, that takes away the sins of the world,

People have mercy upon us.

Presider O Lamb of God, that takes away the sins of the world,

People grant us your peace.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.
For gluten-free bread, cross your hands palms down.
For a blessing, cross your hands over your chest.*

* POSTCOMMUNION PRAYER

page 366

Presider Let us pray.

All Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

* THE BLESSING

* DISMISSAL

Following the dismissal,

People Thanks be to God.

Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Lector & Eucharistic Minister	Patti Ryder

Birthdays & Anniversaries

Please contact the Cathedral office (jtoma@kccathedral.org) if we have omitted your birthday or anniversary.

August 30

Steve & Kristy Moore
Jodi Robinson
Alison Kretsinger

September 3

Kari O'Rourke
Sarah Rowland

August 31

Brenda & Mark Colburn
Ava Kahn

September 4

Angelica Ragsdale
Julie Brogno & Eric Elisabeth
Lynn Douthat

September 1

Donna & Mark McGuire
Linda Hezel
Olivia Michka

September 5

Emily Morrison
Jason & Lindsay Munsell
Jill Fanolio
Tom Kretsinger

Today's altar flowers

Today's flowers are dedicated to the glory of God and in thanksgiving for 46 years of marriage for Fane & Buster Young and in memory of Buster Young by Sara Kambouris.

Altar flowers are a great way to commemorate an event near a specific date, or honor/remember someone close to your heart. For more information about how you can donate to the flowers:

kccathedral.org/flowers
or contact Julie Toma,
jtoma@kccathedral.org.



Cathedral Prayer List

To place a person on this prayer list, text PRAYER to (816) 310-1888 or email Deacon Barbara Wegener, bwegener@kccathedral.org. View the prayer list anytime: kccathedral.org/prayers

Pray for: Joyce; Jim Leuthold; Katie Lienemann; Mike Bennett; Charlene Thomas; Ysidro Quintero; Sakue Ide; Congregation of West Plains; Willard Welch; Greg Smith; Daniel Mufich; Those impacted worldwide by recent earthquakes; Luke McCullough; Those impacted by flooding; Barbara Martin; Ben Schoonover; Jane Anderson; Jeanne Hoeft; Mary Margaret Saxon; Sid and Mary Breese; Carrie Robertson Gentry; Those impacted by Wildfires; Randal Loy; Camila Rose; Frances Henrietta Gates; George Parry; Evelyn; Pat Decker; Barbara Cipolla; Family of Cipriano Don Candillo; Janet Baar; Brend; Rick Jordahl; Marcille McCandless; Mike Barzee & Family; Phineas Gitta; Those fighting chronic illness; Iris Parsons; Wayne Alexander; Gloria Stocks; Jim Royer; Joyce Morrow; Thaddeus Samuel Withers; Yvonne Kehoe Meier; Jeffrey and family; Charlotte Colburn; Those affected by gun violence; First Responders; Immigrants

Diocesan Prayer Cycle: St. Mary's Episcopal Church, Savannah—Mr. Greg Hall, Bishop's Warden

Our Newly Ordained Priests

Pray for the Departed: The Rev. Murray Trelease; The Rev. Sidney Breese; Brennan P. Younger; Drew Ross; Marv Schroeder; Nathan Matthews; Sgt. Michael Emmanuel Swinton; Pvt Isabella Gonzales; 1st Lt. Tyler James Feehan; Larry McMullen; Emily Barker; Nick Hutcherson; Sydney Watson; Joe Anderson; Jessica Manning; Deacon Bill Crain; Phil Carroll; Those lost in recent earthquakes; those lost in war; those who have died from gun violence ; Military members killed in action

For all military members and their families, especially: Russell Neice; Col. Brian Chellgren (retired); Ensign Brock Chellgren; Jonathan Wegener; for all military members and their families; Taya Velasco; Ethan Bergeron; Alexandria Puls; Capt. Aryk Bingham; Cpt. Charles Lewis, Jr.; Adam; Anita Feugate Opperman; Charles Braden Fowler; Colin Walker; Connor Spake; James Brown; John K. Baker; Joshua Gordon; Lt. Col. Kevin Thomas; Lexi Puls; Nick; Patrick Williams; Steve Conner; The Rev. Ben Newland

This Week at GHTC

Learn more about our weekly services & opportunities for study and fellowship: kccathedral.org

Sunday, August 23

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Formation Book Study
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist* (Family Worship)
- 11:45 a.m. Coffee Hour
- 5 p.m. Holy Eucharist

Monday, August 24

- 6 p.m. Alcoholics Anonymous Meeting

Tuesday, August 25

- 12:30 p.m. Women's Bible Study+
- 5:30 p.m. Meeting: Vestry
- 6:45 p.m. Lectionary Bible Study+

Wednesday, August 26

- 10 a.m. Staff Gathering
- 12 p.m. Noonday Prayer*
- 12 p.m. Alcoholics Anonymous Meeting
- 12:05 p.m. Holy Eucharist

Thursday, August 27

- 7 p.m. Rehearsal: Trinity Choir

Saturday, August 29

- 10 a.m. Ordinations

Sunday, August 30

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Formation Book Study
- 9:30 a.m. Rehearsal: Trinity Choir
- 10:30 a.m. Holy Eucharist* & Cathedral Kids
- 11:45 a.m. Coffee Hour
- 12:30 p.m. Information Meeting: A New Organ
- 5 p.m. Holy Eucharist

+On Zoom

*In person service streamed on YouTube @kccathedral

Formation for All Ages

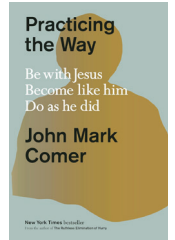
Learn more: kccathedral.org/learn

Adults: Sundays

Practicing the Way

Sundays | 9:15 a.m. | Common Room

Our culture is distracted, fragmented, and hurried. Many of us are simply too busy and exhausted to have a meaningful life with God. It's not that people don't want to become like Jesus, or that people aren't trying to become like Jesus. It's that we don't know how to become like Jesus. Join Fr. James for a discussion about how to practice the ways of Jesus. Copies available for purchase in the Cathedral Bookstore.



Children: Sundays

10:30 a.m. • Haden Hall

Cathedral Kids

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the *Weaving God's Promises* curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Family Worship Sundays

Once a month, we observe Family Worship Sundays. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in cabinet in the back cross aisle.

Adults: Tuesdays

Women's Bible Study • 12:30 p.m. • Zoom

Women's Bible Study (WBS) meets by Zoom every Tuesday at 12:30 p.m. for about an hour. As we gather we share joys and concerns followed by discussion of the selected topic or Bible study book. Conversation is lively, thought-provoking, and often irreverent. All are welcome. Zoom link: kccathedral.org/adultformation

Lectionary Bible Study • 6:45 p.m. • Zoom

Join us for a discussion of context which will, with God's grace, lead us to a discussion of how an understanding of scripture can restore us to fullness with God and each other in Christ. Join the Lectionary Bible Study group in Realm or on our website, kccathedral.org/adultformation, for more details.

Upcoming Music Events

For more info: kccathedral.org/musicevents

kccathedral.org/musicevents

Music for
2 OBOES
and **ENGLISH HORN**

September 18 | 7 p.m.

FREE CONCERT



The Grenadilla Double Reed Ensemble

THE MUSIC OF FANNY HENSEL
WITH
DANIEL PEYCKE
PIANIST

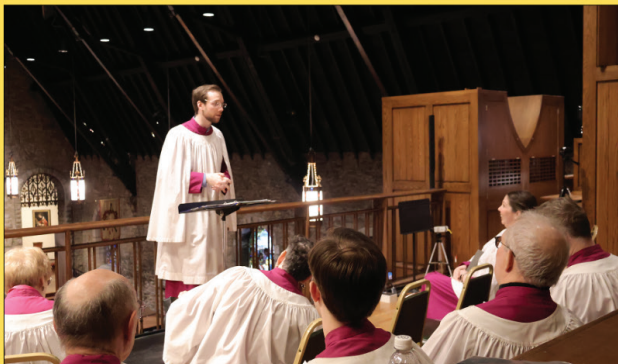
SEPTEMBER 25
7 P.M.

FREE CONCERT

Grace and Holy Trinity Cathedral
kccathedral.org



CHOIR OPEN HOUSE



Sunday, September 20 | 10 a.m.

Anyone interested in seeing the choir up close in action can join the choir at 10 a.m. in Haden Hall as they rehearse.

You may also sit with the choir in the gallery during the service, no singing necessary.

Thursday, September 24 | 7 p.m.

The choir will host an open house from 7-8 p.m. during our rehearsal in Haden Hall.

Come enjoy some great food, conversation, and music. Even better, bring a friend!

Outreach

Learn more: kccathedral.org/outreach

Donations for our Partners



At Shelter KC, every life is believed to hold God-given dignity and purpose. More than a place to sleep, Shelter KC is a Christ-centered community where men and women find healing, recovery, and a path toward a renewed future. Through emergency shelter, long-term recovery programs, education, and discipleship, lives that once seemed lost begin to transform. Addiction is overcome, relationships are restored, and hope is rebuilt.

Bring full size unopened toiletries to the basket in the Tower during the month of August.

- Shampoo/Conditioner
- Razors/Shaving Cream
- Deodorant
- Non-scented Lotion
- Non-Flavored Chapstick

Please: No bars of soap

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Canon W. James Yazell, *Canon for Adult Formation*; The Rev. Clare Stern-Burbano, *Associate for Children, Youth & College*; The Rev. Barbara Wegener, *Deacon*; The Rev. Dr. Richard Liantonio, *Deacon*; Dr. Lucas Fletcher, *Director of Music*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@skeltonmoore.com; Nigel Jones, *Junior Warden*, redbox712@gmail.com, (405) 747-6550; Chip Buckner, *Treasurer*; Colin Chambers, *Clerk*; Bill Boyd; Julie Brogno; Pat Decker; Steve King; Blain Lagergren; Christine Morrison; Mathias Nichols; Charles Shipley; Janet Stewart Sweeting

Volunteer Opportunities

Backsnack Drivers

We are looking for volunteers to drive once a month to two schools in the NKC school district; the schools are only blocks apart. The Harvesters BackSnack program provides a weekly backpack filled with nutritious, child-friendly food for schoolchildren at elementary and some middle schools to take home over the weekend.

What would you do? Load boxes into your vehicle at the Cathedral, then drop off the boxes at the assigned schools. Each box weighs about 20 pounds. Interested? Contact Ric Sweeting at ricsweeting@gmail.com or phone the Cathedral office.

Serve at Sheffield Place

Sunday, September 13 | Afternoon/Evening

The Outreach Committee and the Daughters of the King invite you to join us in preparing and serving dinner for women and children at Sheffield Place on Sunday, September 13th. This is a fun and hands-on way to live out our baptismal call to love and serve others. There are several ways to help: shop for ingredients, prepare salads, serve on site at Sheffield Place. No experience necessary, just a willing heart! Questions? Reach out to Terri Curran or Kelsey Leftwich-Yazell. Sign up for a slot here: <https://bit.ly/sheffield-september>

Help Pete's Garden by Labeling Lids

September 20, October 18 | 9:15 a.m. & 12:15 p.m.

Volunteer with fellow parishioners during coffee hour to put labels on the containers that will be used to package meals for families in need by Pete's Garden. This is a great opportunity to help at Pete's Garden. All ages are welcome; younger children should have a parent present.

The Emergency Food Assistance Program

Saturday, September 19, October 17 | 8 a.m.-noon

We help St. Paul's on Main organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). Friendly volunteers are needed to break down pallets of shelf-stable and frozen food from Harvesters, repackage the food into family-sized portions and then hand out the food. To volunteer or for more information, contact Deacon Barbara 816.739.8032 or bwegener@kccathedral.org.

Today's Focal St. John's Bible Illumination

Holy Ground, God Listens, & Cost of Discipleship

"I AM Sayings" Illumination (John 6 relating to Exodus 3: 1-15)

Lectionary texts for the Fourteenth Sunday after Pentecost focus on themes of recognizing God's divine presence, God's concern for human suffering, and orienting one's values toward unselfish love. The Exodus reading narrates Moses' experience at a burning bush, an event from which we learn that ordinary places (e.g., herding sheep) serve as the settings in which God gains our attention and reveals his divine presence. Here we also discover that God sometimes returns us to the difficult places of our past rather than enabling us to escape them as we might expect (e.g., Moses' return to Egypt). In the Gospel reading Jesus tells the disciples that saving one's life requires us to lose it for his sake. The Epistle reading describes how life in Christ transforms our relationships, producing lifestyles

characterized by qualities like nonretaliation and active love toward friends and foes alike. The Jeremiah reading reinforces the same truths. Here the prophet is challenged to distinguish the "precious from the worthless" and to remain anchored rather than drift about in the brokenness of his surrounding society.

Moses and Jeremiah are the protagonists of two defining events in Israel's history – the Exodus and the Exile. The Exodus delivered the Israelites from oppression in Egypt, but not without a great deal of angst, doubt, and complaint (often directed against Moses). The Exile saw the deportation of many Israelites into servitude under pagan Babylon. It too involved angst, despair, serious doubts, and complaints (often

directed against Jeremiah). Yet, the Exile was as much a place of redemption for Israel as was the Exodus. "For I know the plans that I have for you," declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future.'" (Jeremiah 29:11)

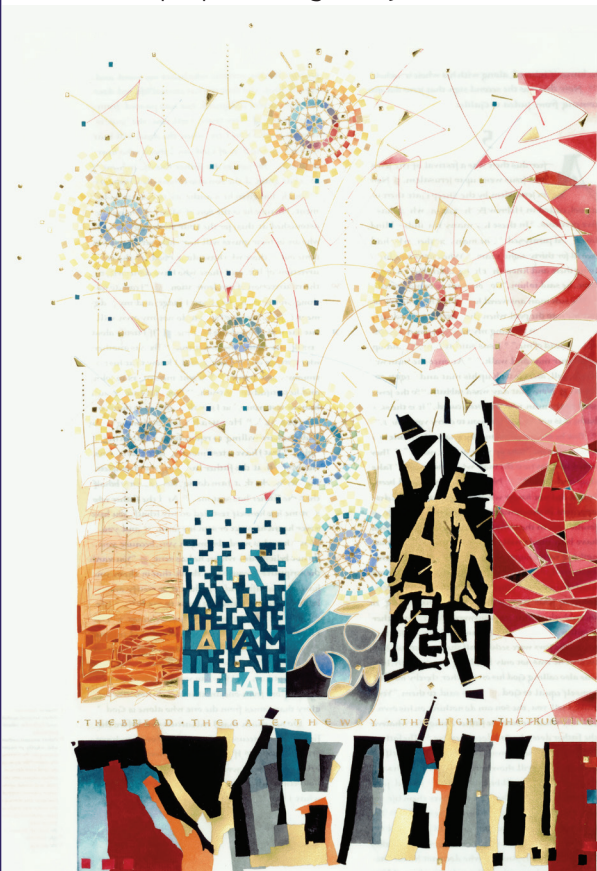
Despite obvious differences in their circumstances, both Moses and Jeremiah confronted God's call to service with protests concerning their own personal inadequacies. Both wrestled with worries about failing, of opposition from sharp-tongued critics, and deep feelings of discouragement. But through these struggles, they gained transformative

insight regarding the nature and work of God.

The "I AM Sayings" illumination is a New Testament application of truths about the nature of God that are drawn from the Old Testament. This depiction, intended to affirm certain attributes of Jesus as divine, also integrates several Old Testament metaphors attributed to YHWH. These qualities were pivotal realizations for Moses and Jeremiah who sought to serve God and God's people amid a plethora of challenges and seemingly impossible impediments.

In this illumination, Thomas Ingmire employs a series of five vertical panels to highlight five metaphors regarding God's nature, the core of which derives from Exodus 3:14: "I AM WHO I AM. Gold leaf symbolizes the divine quality being conveyed by each metaphor – gate, bread, vine, light, and way. The geometric sparks and spinning suns rising into the sky emphasize God's "True Light" breaking through the darkness of human need and ignorance.

Moses and Jeremiah persevered in their calls, as we also need to do. Fortunately, God offers us more than an exhortation that we should persist – he promises his divine presence. Paralyzed with self-doubt, God assured Moses "I will be with you" (Exodus 3:12). Incapacitated by fear, God tells Jeremiah, "Do not be afraid, for I am with you" (Jeremiah 3:8). We too, confronted with fear and doubts and at times also by seemingly insurmountable obstacles, are assured of the enabling presence of the I AM.



Upcoming Events | Announcements

For more info and signup links: kccathedral.org/events

A New Organ for the Cathedral

An informational meeting was held today about the proposed new organ. Read materials distributed at this afternoon's meeting at kccathedral.org/neworgan. Questions? Contact Lucas Fletcher or Nigel Jones.

Back-to-School Blessing

Sunday, September 13 | 10:30 a.m. service

Students, teachers and school administrators are invited to bring their backpacks for a blessing for this school year.

Ministry Fair

Sunday, September 13 | 9 & 11:30 a.m.

Our Ministry Fair is our annual celebration of the Cathedral ministries, recognizing the importance of all volunteer efforts. The Ministry Fair is a wonderful way for parishioners to meet and gather information about the various ministries, committees, organizations and educational opportunities that are available within the parish community.

If your ministry group would like to be involved in the ministry fair and you haven't already received information, contact Julie Toma to reserve a table.

Farewell Coffee Hour for Mother Clare

Sunday, September 20 | 9 & 11:30 a.m.

Please join us for a farewell party as we bid adieu to Mother Clare, Andres and Ollie J, who are embarking on a new and exciting chapter in their lives.

Coming This Fall

September 7 | Closed: Labor Day

September 15 | Meeting: Finance Committee, 7:30 a.m.

September 18 | Concert: The Grenadilla Double Reed Ensemble, 7 p.m.

September 19 | Volunteer Appreciation Brunch, 11 a.m.

September 20 | Formation year starts, 9:15 a.m.

September 20 | Volunteering: Pete's Garden Lid Labeling

September 20 | Evensong, 5 p.m.

September 24 | Meeting: Vestry, 5:30 p.m.

September 25 | Concert: pianist Daniel Peycke, 7 p.m.



Join us for an exciting afternoon of croquet on the Cathedral lawn!

Tiki CUP

Saturday September 12
12-5 p.m.

Soak in the delightful island atmosphere of the day! Register a team, volunteer, bring food or just cheer on the players!

REGISTER TO PLAY

VOLUNTEER | BRING FOOD

CATHEDRAL CUP
CROQUET TOURNAMENT

Northwest Metro Deanery End-of Summer Gathering

Wednesday, September 9 | 5-7 p.m.

You (and everyone from the Northwest Metro Deanery) are invited to enjoy an End-of Summer gathering at the Cathedral on Wednesday, September 9, from 5-7 p.m.

It will be a garden party of sorts with cold drinks and yummy eats. Fun for kids and adults.

Feel free to drop by after school or work and join us for social time together!