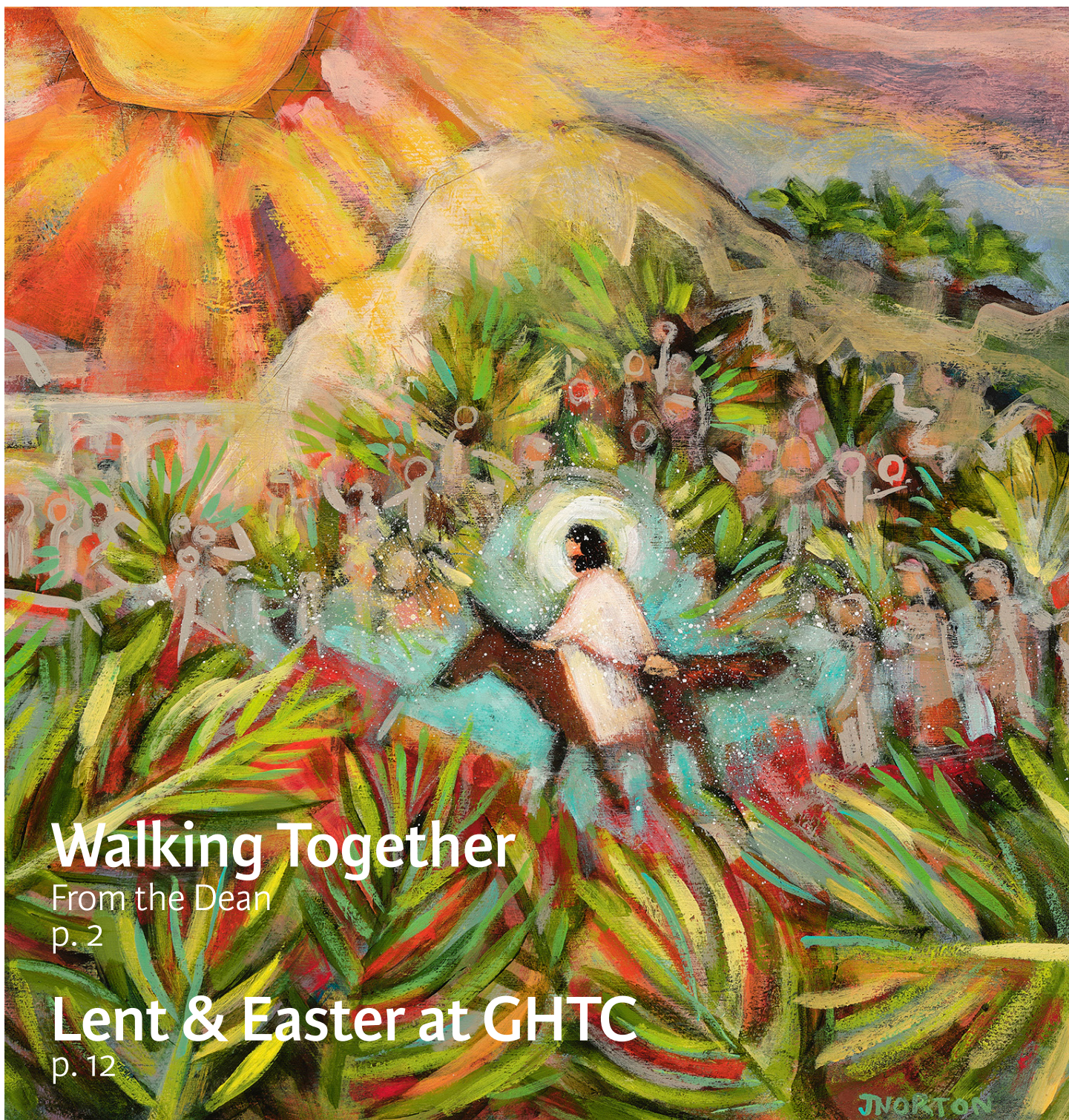


The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 91 • Issue 1, 2022

Lent and Easter at GHTC



Walking Together

From the Dean

p. 2

Lent & Easter at GHTC

p. 12

J. NORTON



Walking Together

It is almost the middle of February, and I feel as if we just celebrated Christmas. Just as we are beginning to settle into a longer Epiphany season this year, the words “Lent is almost upon us” keep popping into my head. We’re not quite there, yet, but it is coming soon. I realize Lent is a penitential time, but I almost feel a sense of joy as I think about it this year because it will be the first Lent we’ve been able to journey through together, in-person, since I came to the Cathedral. Two years ago we were able to be together on Ash Wednesday and the first two Sundays in Lent before we had to shut down due to the pandemic. This shut down included online-only classes and services until just after Easter in 2021. You’ve heard me talk about walking through Lent before but, this year, I’m actually glad that we will get to walk through Lent together, in-person. Not only that, how much more exciting will Easter be knowing we can have our

regular services in-person in the Nave. I don’t want to speak too soon, but I am looking forward to it even if Ash Wednesday hasn’t happened yet.

What are we to expect as we walk through Lent together this year? Well, it won’t quite be completely back to normal since we are still dealing with the pandemic, but it will at least be a step in the right direction. We will be having a Wednesday Lenten Program this year, but slightly modified from how we’ve done it before. It will be a hybrid meeting, both in-person and online, and will only meet for class time and compline. Since we are still dealing with COVID issues, we thought it best not to gather for a meal throughout Lent and Holy Week. It is my hope that we will be able to have some sort of a reception following the Easter Vigil, but we’ll have to see how everything goes. We are still working out the details on the Lenten Program, but

look for something running from 6:30 to 7:45 p.m. on Wednesday evenings for children, youth, and adults. Canon Ryan and I will both be offering classes.

Looking ahead to Holy Week, we have a couple special offerings this year. Bishop Diane will offer a service for the Renewal of Baptismal and Ordination Vows and the Blessing of Oils on the Tuesday of Holy Week for our Diocese. Also, Bishop Diane will join us for the Easter Vigil in order to baptize, confirm, reaffirm, and receive members of the Cathedral. Please refer to the full schedule for Holy Week and Easter for all services during this time.

Lent is a penitential and spiritual time, perfect for prayer and reflection, but made better by the fact we get to do it together this year. May you be filled with the Spirit in this time of renewal as we walk together and continue to draw closer to the joy of Easter!

—Andrew Keyse

Editor’s Note



I am tired of winter. I shock everything I touch, my hair and skin are super dry and itchy. I’m tired of my feet always being cold. I’m just over the whole thing.

On the Way

I feel this way every year at this time. But I also know that I just have to be patient, because it really won’t be very long before the daffodils and crocus start peeking through the slowly defrosting ground. Days are getting longer and the temperatures are climbing little by little. Spring is on the way.

Although I’m not a fan of many aspects of winter, one thing I do appreciate about the season is the sense of calm and peace a snowy

winter day can impart. It feels as if the earth is taking a deep breath, gathering strength for the explosive growth of spring.

As we approach the season of Lent, take the time to pause and appreciate that sense of peace and quiet we experience during these last weeks of winter. Because just like spring, Holy Week and Easter are on the way.

—Melissa Kilpatrick

The Angelus

Issue 1, 2022

The magazine of Grace and Holy Trinity Cathedral is published quarterly as a service to all parishioners, clergy, staff and friends of the Cathedral.

Dean
The Very Rev. Dr. Andrew C. Keyse

Associate
The Rev. Canon Ryan Wiksell

Deacons
The Rev. Jerry Grabher
The Rev. Kevin White

Cathedral Administrator
Julie Toma

Editor/Communications Coordinator
Melissa Kilpatrick

Contributors
Terri Curran
Lissa Hoeprich
Jeff Johnson
Andrew Keyse
Jim Martin
Linda Martin
Paul Meier
Kari O'Rourke
Brittany Sparrow Savage
Clare Stern-Burbano
Janet Sweeting
Julie Toma
Ryan Wiksell

Letters to the Editor
Please address all correspondence to:

Melissa Kilpatrick
communications@kccathedral.org
816.214.9944

 [facebook.com/kccathedral](https://www.facebook.com/kccathedral)

 [@kccathedral](https://www.instagram.com/kccathedral)

 [youtube.com/kccathedral](https://www.youtube.com/kccathedral)

 kccathedral.org

On the cover: *Palm Sunday*, © Jen Norton,
jennortonartstudio.com.

Contents

2 **Walking Together**
From the Dean

4 **Better Systems**
Associate's Update

6 **Smile with Your Eyes**
Children's Choir

8 **Jesus' Radical Love**
GHTC Youth

10 **Sunday Formation
Classes/LBS**
Adult Formation

12 **Lent & Easter
at GHTC**
Services and Events at the Cathedral

16 **Other Info**
Upcoming Events and Other Info

18 **Flower Info**
GHTC Flowers

2 **On the Way**
Editor's Note

5 **Upcoming Music
Events**
GHTC Music

7 **Holy Wonder**
GHTC Children

9 **ERD Lenten
Meditations/Young Adults**
GHTC Young Adults

11 **Women's
Bible Study/Diocesan
Formation**
Adult Formation

14 **GHTC Outreach**
Continuing to Be a Servant Church

17 **Hope for a Brighter
2022**
Saint John's Bible



Better Systems

I don't look in the mirror very often. Some of you may have suspected this already. More than once I've tried to walk out the door in the morning without a collar inserted into my clerical shirt. And I occasionally rely on the assistance of Dean Andy or Deacon Kevin to adjust my vestments before processing into the Nave. (For this, however, I will blame the fact that the mirror in the Sacristy is mounted behind the door, requiring me to close the door to use it. And when the door is closed, it's locked. So I have to lock people out of the Sacristy to look in the mirror. So in other words ... I don't look in the mirror.)

Our mission, as the Body of Christ, is to look outward. To look after the needs of those less fortunate, and to "consider others better than ourselves" (Phil 2:3). We are not called to spend all our time gazing in the mirror. But neither is it wise to ignore our own reflection. After all, Jesus criticized the Pharisees for picking a speck out of the eye of another, while ignoring the plank in their own eye. A quick glance in the mirror might have solved that little problem. Or at minimum, a willingness to hold one another accountable, like Deacon Kevin straightening out my stole.

As we pass from the season of Epiphany into the season of Lent, I am trying to pay attention to the ways I examine myself, and allow myself to be examined by those around me. Recently I allowed myself to be examined by a podcast, wherein Brené Brown interviews James Clear, author of *Atomic Habits: Tiny Changes,*

Remarkable Results. Although it's not a religious work per se, it got me thinking about my spiritual practices, as well as our ecclesiastical habits, both desirable and undesirable. Personally, I would like to be more consistent with my morning prayer routine, my fitness plan, and my bed-time reading (and less easily distracted by digital notifications and a wandering mind.)

James Clear has some marvelously practical measures to achieve these kinds of goals: (1) make it obvious, (2) make it attractive, (3) make it easy and (4) make it satisfying. I'll give an example when it comes to my workouts. I have tried to make it obvious by telling my wife exactly what days and times I plan to work out. I make it attractive by queuing up fun videos to watch while I run on the treadmill. I make it easy by sticking to equipment I'm comfortable with, and keeping it short if I'm really tired. And I make it satisfying by rewarding myself with a few minutes sinking billiard balls in the clubhouse afterward.

I don't expect *The Angelus* readers to care about my exercise routine, and even less so about the mental workout I have to do to keep it going. But I think we should all care about the habits we have developed over the many years of being a congregation. How do we express our faith together as a community? How do we foster relationships of trust and care? How do we team up to reach the world around us? We have lots of ambitions, and even some specific goals when it comes to these things. But to quote

"In the power of the Spirit, I believe we can come out the other side of Lent with better systems and stronger habits, to be the kind of disciples Jesus always wanted."

James Clear again, "We don't rise to the level of our goals, we sink to the level of our systems." So perhaps we should be spending less time defining goals, and more time building and refining the systems that help us reach them.

This, to me, has Lent written all over it. As February comes to a close, and we move on to Shrove Tuesday, Ash Wednesday and the forty days of Lent, my hope is that we can take a closer look in the mirror, at our individual and corporate habits. In the power of the Spirit, I believe we can come out the other side of Lent with better systems and stronger habits, to be the kind of disciples Jesus always wanted.

So if I forget my collar again, please tell me. I always keep a spare.

—Ryan Wiksell



Upcoming Music Events at the Cathedral

Choral Evensong

Sunday, February 20 at 5 p.m.

Sunday, March 20 at 5 p.m.

A service of Choral Evensong will be offered by members of the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. This service is free.

William Baker Festival Singers and Chamber Orchestra

Sunday, April 3 at 2 p.m.

The William Baker Festival Singers and Chamber Orchestra present their Ninth Annual Kenneth Babcock Memorial Masterworks Concert. This program will feature Bach's Cantata No. 80, Ein feste Burg ist unser Gott, along with new works by resident composers Sean Sweeden and Ed Frazier Davis. Led by conductor William Baker, the Festival Singers and Chamber Orchestra will be joined by organist John Schaefer, and soloists Megan Moore, Erica Seago,



Organist Eric Plutz

Sean Sweeden, and Ed Frazier Davis. Tickets may be purchased at the door or at festivalsingers.org.

Organist Eric Plutz in Recital

Sunday, April 24 at 2 p.m.

Eric Plutz, University Organist at Princeton University, will offer a

program of Organ Symphonies I and VI by Louis Vierne (1870-1937). This program is free and is presented in cooperation with the Greater Kansas City Chapter of the American Guild of Organists.

—Dr. Paul Meier

The Kansas City Music Foundation is establishing a scholarship in honor of Leona (Fiona) Schaefer. Please consider making a tax-deductible donation in support of the Leona Schaefer Scholarship.

For the past 50 years, the KCMF has provided the funding for annual scholarships awarded to area college music students through the Kansas City Alumnae Chapter of Sigma Alpha Iota's annual spring scholarship auditions. In planning for the spring 2022 competition, we wish to incorporate a new scholarship, given in Leona's name, to be awarded in 2022.

You may send your donation, via check, made payable to Kansas City Music Foundation. Please include Leona's name on the memo line of your check and mail to Kansas City Music Foundation, c/o Pamela Pendergast, Treasurer, 4920 W. 69th St., Prairie Village, KS 66208-2013. For questions, additional information, or to make your donation via Zelle, please contact Lisa Shepard, president of the Kansas City Music Foundation, 816.591.4584 or pisceschick@kc.rr.com.





Smile with Your Eyes

In this time after the Epiphany I am reminded once again that the children bring much light to our world. They have a way of looking to the bright side of things and have shared their insight that brings joy and light to my life. When I told the children that I'd be so happy when we can discontinue wearing masks so we could see each other smile, they informed me that it's okay—we can just look at each other's eyes to know if we're smiling! I learned that they have enjoyed learning “Glory to God” so they can sing along with their church family and that their favorite “Glory to God” is #S280 in *The Hymnal 1982*. I'm delighted when they enthusiastically explore the range of their singing voices. I wish you all could hear that. I could share many more things we've learned together as I'm sure my faithful helpers could tell you (Sandy Bressman and Elvarea Bennett), but that's the past and let's look forward now.

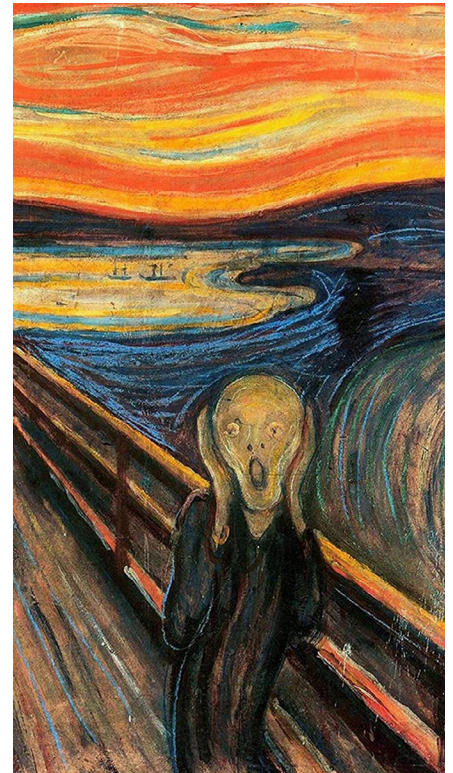
We will continue to rehearse each Sunday, masked and distanced in our choir room. Each time the children accomplish learning a new piece of liturgy or a hymn, we write the title of the piece on a green leaf and attach it to the big tree on our bulletin board. The biblical texts of the music are helping us grow our faith. We bring the words to life through the melodies and along the way, we gain musical skills. We are working very hard to improve our singing technique and to clearly enunciate the words so that we'll be ready to

share our gifts of music when we finally sing in worship.

Thanks to the families who have been faithful in getting their children to rehearsals and worship and for their support in helping to keep everyone safe and healthy during this time of the pandemic. Needless to say, it's been a time of stress for us all and we've all felt like the person in this famous art piece, *The Scream* by Edvard Munch. Thanks be to God for the gifts of our children in enlightening us all!

Please contact **Linda Martin** if you wish more information about Children's Choir.

—Linda Martin



We meet on Sunday mornings in Haden Hall (yellow door).

Grade K–2nd, 9–9:30 a.m.

(older children are with Mrs. Brittany at this time)

Grade 3 and older, 9:35–10:15 a.m.

(younger children are with Mrs. Brittany at this time)

We are safely distanced and masked.



Holy Wonder

The word wonder has been a mainstay for us in the children’s department these past few months. We have wondered when we would be able to come back to in-person formation. We have wondered what our new normal would look like. Even now we wonder what the coming weeks and months will bring. However, this kind of anxious wondering has not overtaken us. We combat these anxieties with holy wondering. Holy wondering is the kind of wondering that inspired

Moses to speak back to a burning bush, it is the kind of wondering that empowered Mary to give a resounding “yes” to be the mother of our Lord, and it is the kind of wondering that led the Magi to follow a star. During the Christmas Eve service, Bishop Diane spoke of the wondering that our kids have been doing in preparation for that night. I need to confess; in her homily the bishop gave me credit for initiating the challenge “to wonder” what it was like to be present at the

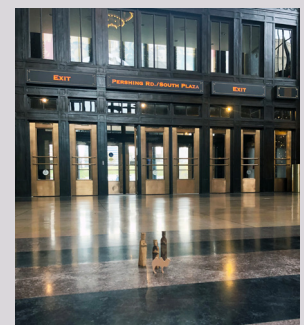
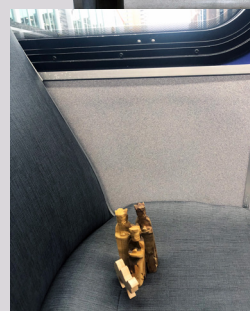
birth of Jesus the Christ. However, it was not I who gave this charge, but our very own Margo, who played Mary in the pageant.

May God bless us with hearts of courage to wonder in these uncertain times, and when we forget how to wonder with a holy wonder, may we look to our children as the example. For it will be holy wonder that will sustain us through the seasons of Epiphany and Lent as we make our way with Jesus to the cross.

—Brittany Sparrow Savage

Journey of the Magi

We followed the Magi as they journeyed from the east. East Kansas City, that is. These are the stops they made along the way.





Jesus' Radical Love

As we prepare for the Lenten season, while I'm not trying to rush Epiphany, the Lenten season invites us to engage in new and old prayer practices, reflection time and remembrance. Each of us has navigated these last two years in a variety of ways. Some of us dove head-first into a pandemic hobby, while others made masks, both of which show love of neighbor. Some folks experienced isolation and grief because of COVID-19 and cry for Black lives to matter, while others found solace in finding new ways to connect through Zoom calls and volunteering in the KC area.

All of these experiences and emotions are holy—even the grief and suffering. If I have come to know anything about these last two years, it's this: Jesus was passionate about people. He loved people so fiercely that even in his last hour he prayed for us. He prayed that we be forgiven. We see this throughout his ministry, but especially during the Lenten season and Holy Week, despite knowing he would pay the price for human error and lack of compassion.

We start the Lenten season with Ash Wednesday and work our way all the way through Holy Week. As Jesus and the disciples entered Jerusalem on what we know as Palm Sunday, he was treated like royalty. The crowd shouted "Hosanna in the highest! Blessed is he who comes in the name of the Lord." (John 12:3) But what many of forget is that the crowd had mixed feelings about this prophet, Jesus. Some that were skeptical and others were mesmerized by Jesus' ministry. Jesus came to Jerusalem to show that there was a better way to live than in a state

of unjust law. His arrival was an act of protest, a demonstration of love-out-loud for those being oppressed and held captive spiritually and physically.

We see this once again on Maundy Thursday when he engaged in a power shift. He stunned all of the disciples by washing their feet. Because people walked long distances through dirt and sand, and people customarily washed their feet when they arrived at their destination. But washing someone's feet was typically the task of a servant. Jesus took the role of servant and told his disciples to do the same.

There are just a few examples of Jesus' radical love for the broken, the oppressed, the hurting. He loved God and he loved people so much that his very last commandment during the Last Supper he ate with his friends was to love one another, just as he loved them. He told them that by doing so, the world would know that they are his disciples. (John 13:34–35)

My deepest hope and prayer for you and your family as you journey through Lent, is that you have an encounter with God, and that love encounter instills a fierce message—You. Are. Loved. Your loved ones are cherished. And no matter what you have experienced these last two years, nothing can take you away from God's love, because Jesus set the example for love, in thought, word and deed.

We invite you to journey with us during the Lenten season by attending our weekly evening Lent Classes Wednesday evenings 6:30–7:45 p.m. as we engage both youth and children

*“My deepest hope and prayer for you and your family as you journey through Lent, is that you have an encounter with God, and that love encounter instills a fierce message—
You. Are. Loved.”*

together in the same space in prayer, reflection, music, art and devotion using Illustrated Ministry's *Last Seven Words*. We will offer a hybrid option for families that would prefer to stay online. Youth and children will join the adults for Compline at 7:45 p.m.

Youth also have the opportunity to be the hands and feet of Christ by serving NourishKC on Saturday, March 12, 9 a.m.–noon. To learn more please email me (cstern@kccathedral.org).

College Ministry

We will be walking through a series engaging Bryan Stevenson's, *Just Mercy*. We will learn more about how we can be in solidarity with those that are oppressed but also be inspired by how the Holy Spirit can evoke reflection, consideration, transformation in heart, mind and body. Contact me (cstern@kccathedral.org) to learn more about this series and how to claim a book.

—Clare Stern-Burbano

Episcopal Relief & Development Lenten Meditations

Our work with Anglican and Ecumenical partners creates sustainable, transformational change in close to 3 million lives around the world each year.

This year, the Lenten Meditations will focus on that transformation. These reflections are organized into Episcopal Relief & Development's priorities: Women, Children and Climate, and include a focus on our Disaster Resilience & Response work. We invite you to read them throughout Lent and share with those close to you. As a part of our goal to become a carbon-neutral organization, Lenten Meditations are now delivered only via email and as downloadable PDFs. Both options are available [here](#). We hope that the 2022 Lenten Meditations will give you a glimpse into our meaningful work happening across the globe. May we continue to work together for lasting change in the lives of those most vulnerable.



Young Adults

The Young Adults of Grace and Holy Trinity Cathedral is a growing group of friends who enjoy fellowship and community along their spiritual journey, together. Should you or someone you know join us?

Young Adults Meet Up

Third Thursdays—Next: February 17, March 17 and April 21 • 8 p.m.

There is a Young Adults Meet Up on the third Thursday of each month. Gather **via Zoom** with other Cathedral Young Adults for connection, community and prayer. Contact **Nick Smith** for details.



Sunday Formation Classes



Episcopal 101
Sundays • 9:15 a.m.
In-Person • Common Room

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for a Confirmation/ Inquirer’s class, called Episcopal 101, taught by Dean Andy. Even if you’re not seeking confirmation, reaffirmation, or reception, it’s a great way to gain a better understanding of our history and worship.

—Andrew Keyse

Journey through the Old Testament

Sundays • 9:15 a.m.
Hybrid • Founders’ Hall
Multipurpose Room/Zoom

Join Canon Ryan and Jeff and Valerie Johnson as we journey together through the Hebrew Scriptures. Using videos (from **bibleproject.com**), brief lessons and interactive discussion, we will tackle one section of Scripture for each of the eight Sundays of the Epiphany season. In the process we hope to improve our Interfaith understanding, explore the Old Testament’s role in Christian worship and theology, and discover



how the Hebrew Scriptures point to the person and work of Jesus.

Contact **Canon Ryan** if you have questions.

Join on **Zoom**; Meeting ID: 897 2321 8560; Passcode: 686187

—Ryan Wiksell

Lectionary Bible Study

Lectionary Bible Study
Tuesdays
6:45 p.m. • Via Zoom

The Lectionary Bible Study was intended as a way to study scripture in concert with our readings of the upcoming Sunday. The collect or scripture reading is read aloud and the discussion ensues.

- If you draw guidance from scripture and enjoy sharing it with others, this group is for you.

- If you are looking for a way to read scripture but sometimes find it hard to penetrate, this group is for you.
- If you are seeking a way to add the discipline of regular reading of scripture, this group fits that bill each week.
- If you have found yourself on Sunday wishing you were a bit more prepared for what was preached or read, this will prepare you.

Finally, if you are moved when the Holy Spirit presents those marvelous moments when something you read or hear so perfectly aligns with an experience you have had, or vice versa, this group is definitely for you.

Join the **Lectionary Bible Study** group in Realm for details on how to participate. For more information, visit our **LBS** page or contact **Jeff Johnson**.

—Jeff Johnson

Women’s Bible Study

Seven Words: Listening to Christ from the Cross

Tuesdays

12:30–1:30 p.m. • *Via Zoom*

WBS is currently sharing some of our favorite Psalms in the weeks before Lent. Each week one of our members will be sharing a favorite Psalm, or two. We’ll hear what it means to them and look at how Psalms can uplift us and be an important part of our relationship with God.

Beginning on February 22 WBS will begin our Lenten study. We’ll be using *Seven Words: Listening to Christ from the Cross* by Susan Robb.

While many of us naturally wish to avoid the reality of the cross, it’s from the cross that Jesus speaks and shows his deepest love for us. It’s from the cross that Jesus’ full humanity draws us closest to him. It’s from the cross, as Jesus breathes his last breath and speaks his last words, that his deep trust in the Father and his divine glory are revealed. Those who listen to Jesus’ last words from the cross will discover what he most wants them (the world) to hear and will experience an intimate and divine awe only available to those who are willing to draw near his cross.

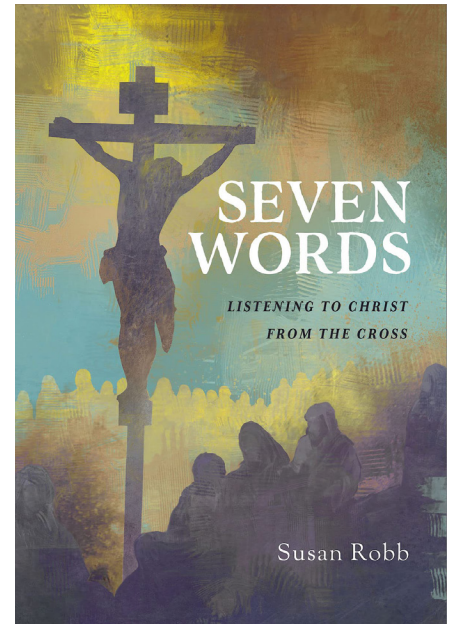
In *Seven Words*, Susan Robb looks at the seven last words of Christ on the cross through a lens that finds life and hope in his final sayings, while exploring each from a biblical and historical perspective. The book brings a hopeful and contemplative take on the cross during the weeks of Lent.

Chapters include:

- Father Forgive Them
- Today You Will Be With Me In Paradise
- My God, My God
- Woman, Here Is Your Son
- I Am Thirsty
- Into Your Hands

Susan Robb is the Senior Associate Minister at Highland Park United Methodist Church in Dallas, Texas, where she has been part of the church staff for 17 years. She has a Master of Divinity degree from the Perkins School of Theology at Southern Methodist University. She graduated Magna Cum Laude in 2006 with an award in Homiletics. Susan’s area of expertise lies in writing and teaching Bible studies, and exploring the idea of listening to and responding to God’s call.

Books can be found at: **Cokesbury**, **Amazon** and other bookstores in paperback or ebook form.



Join Zoom Meeting

Meeting ID: 810 8837 7522
Passcode: 746100

For more information contact **Lissa Hoeprieh**.

—Lissa Hoeprieh

Diocesan Formation— *Everything Holy*

The West Missouri Formation Office has been working on a special monthly formation offering called Everything Holy. Everything Holy will offer a tangible and experiential way for households of all shapes and sizes to engage in faith formation. Each month participants receive a packet containing unique elements of formation—liturgy, service, education and fellowship—woven together through a subtle theme and keeping multiple learning styles in mind. Additional tangible supplies will often be included that tie it all together. For more details, visit the **Diocesan Formation** page.



Lent & Easter at the Cathedral

Last Epiphany & Lent

Last Epiphany

Sunday, February 27—10:30 a.m.

Join us for the 10:30 a.m. service as we Bury the Alleluia. After the service, stop by Founders' Hall for some pancakes, catered by Chris Cakes.

Ash Wednesday Services

Wednesday, March 2—7 a.m., 12:05 and 7 p.m.

Start your Lenten journey with one of our Ash Wednesday services. The 7 a.m. service will be spoken word only, the 12:05 service will include hymns and organ music and the 7 p.m. service will feature members of the Trinity Choir. The Imposition of Ashes takes place at all three services. All services will be in person and the 7 p.m. will be livestreamed as well.

BackSnack Family Bag Packing

Sunday, March 6—between morning services

On Sunday, March 6 volunteers will be needed to help pack family bags between services for BackSnack children.

Wednesday Classes

Wednesdays, March 9–April 6

6:30–7:40 p.m.—Formation

7:45 p.m.—Compline

Formation for children, youth and adults will be offered from 6:30–7:40 p.m. each Wednesday. The evening will end with everyone coming together for Compline.

Choral Evensong

Sunday, March 20—5 p.m.

A service of Choral Evensong will be offered by members of the Trinity Choir. This contemplative service lasts about 45 minutes

and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.

Palm Cross Workshop

Sunday, April 3—after both morning services

We make crosses out of palm leaves for distribution on Palm Sunday. Please bring your scissors. Someone will help if you've never done it before!

Easter Basket Packing

Sunday, April 10—between morning services

Come help us pack Easter baskets for the kids at Crittenton, Sheffield Place and Kaw Valley!

Lent Food Drive

During Lent we will be collecting shelf-stable food for St. Mary's Pantry. You may leave items in the box in the Tower.

Stations of the Cross

During Lent you may walk the Stations of the Cross on your own with this [booklet](#), or you may follow along with our parishioner-led [Stations of the Cross video](#), available on our [YouTube channel](#).

Lent Madness

In a takeoff of basketball's March Madness, Lent Madness is a fun engaging way for people to learn about the Church's Calendar of Saints. Visit lentmadness.org to fill out your bracket for a chance to win the "Golden Halo!" You can also check out this fan site at playlentmadness.com.

Holy Week & Easter



Palm Sunday

Sunday, April 10—8 a.m., 10:30 a.m., 5 p.m.

We gather to recall Jesus' entry into Jerusalem with the blessing of palms and a procession. The joyful arrival shifts to drama as we read the story of Christ's Passion and death. The 10:30 service will begin with a procession through the courtyard.

Monday in Holy Week

Monday, April 11—12:05 & 7 p.m.

Holy Eucharist

Renewal of Vows & Blessing of Oils

Tuesday, April 12—10 a.m.

The Holy Eucharist will be celebrated to commemorate the Tuesday of Holy Week, and the service will feature the renewal of baptismal and ordination vows, and the blessing of Holy Oils.

Tuesday in Holy Week

Tuesday, April 12—7 p.m.

Holy Eucharist

Wednesday in Holy Week

Wednesday, April 13—12:05 & 7 p.m.

Holy Eucharist

Maundy Thursday

Thursday, April 14—7 p.m.

We remember Jesus' last meal with his disciples by listening to the gospel, participating in hymns and choral music, washing feet

as a sign of servant ministry, and sharing the bread and wine of Eucharist. We witness the stripping of the altar.

Good Friday

Friday, April 15—9 a.m. & 12:05 p.m.

9 a.m.— There will be a service in the Nave with the Good Friday Liturgy and communion from the Reserved Sacrament on the Altar of Repose.

12:05 p.m.—The liturgy includes the chanting of the Passion, choral and instrumental music, customary prayers and veneration of the cross of Christ.

Easter Vigil

Saturday, April 16—6 p.m.

This liturgy is intended as the first celebration of Easter. It consists of four parts: the Service of Light, the Service of Lessons, Christian Initiation (Holy Baptism and Confirmation) and Holy Eucharist. It begins with the lighting of the new fire and continues with the first Eucharist of Easter. Please bring bells to ring as we celebrate the moment of Jesus' Resurrection!

Easter Day

Sunday, April 17—8 & 10:30 a.m.

Hymns, choral music, brass and a Cathedral resplendent with flowers accompany each of our identical Easter morning celebrations. Children will flower the resurrected Savior's cross.

An Easter egg hunt for children (through fifth grade) takes place on the north lawn following the 10:30 a.m. service. Invite your friends and neighbors!



Continuing to Be A SERVANT CHURCH IN THE HEART OF THE CITY

Upcoming Outreach Events

Urban Necessities Toiletry Drive

The Urban Necessities Project, a ministry of Grace and Holy Trinity Cathedral, St. Augustine's & St. Mary's, works to provide basic toiletries and household necessities for individuals and families. During the month of February, we are collecting full size bottles of body wash, shampoo, conditioner, deodorant and body lotion for both men and women. You may leave donations in the box in the Tower.

BackSnack

Volunteers are needed to help pack bags for the BackSnack program two days a month. Packing is every other Wednesday from 9:30–11:30 a.m. in Haden Hall. On **Sunday, March 6** volunteers will be needed to help pack family bags between services for BackSnack children.

Easter Basket Packing

On **Sunday, April 10**, between morning services, help us pack Easter baskets for the kids at Crittenton, Sheffield Place and Kaw Valley!

Lent Food Drive

During Lent we will be collecting shelf-stable food for St. Mary's Pantry. You may leave items in the box in the Tower.

For details on any of these Outreach initiatives, contact Terri Curran, tcurra2@yahoo.com.

—Terri Curran



Kari O'Rourke delivered lunch to patients at Heartland Center for Behavioral Change

BackSnack Family Bag Packing

Volunteers packed family bags with extra food for BackSnack children to take home over the Christmas holiday.



Women of Grace Service Project

At the Women of Grace Winter Luncheon, the ladies assembled treat bags for the kids in the BackSnack program and the residential children at Crittenton.



Winter Coat Drive

The Cathedral Coat Drive ended and we collected about nine bags of winter clothing to include 41 coats (both adult and child), 14 fleeces/puffy vests, 21 men's sweaters and one pair of men's pants, two ladies hats and two pairs of ladies gloves, four pairs of men's sweat pants, 18 men's t-shirts.



Free Store

Some of the winter boots collected for the folks who shopped at the Free Store event held at the Cathedral in December.



VOLUNTEERS NEEDED!



Volunteers Needed!

Every service and event here at the Cathedral is dependent on volunteers, they are essential!

We need Ushers, Altar Guild, Lectors, Eucharistic ministers, Acolytes, Childrens Ministry, Hospitality and Social Outreach volunteers to fulfill our mission as a loving and welcoming church.

Please consider expanding your participation at the Cathedral by being a volunteer. Contact Janet Stewart Sweeting (Volunteer Coordinator) jsweeting@kccathedral.org for more information.



Realm Giving Information

Direct Link: <https://onrealm.org/GraceHolyTrinit/give/online>

Text to Give:

Text **GIVetoGHTC give \$XX** to **73256** to give to the general fund using your text messaging. Standard text message rates apply.

Other text to give codes: **GIVetoGHTC flowers \$XX**; **GIVetoGHTC pledge \$XX**; **GIVetoGHTC outreach \$XX**

(Substitute your own amount where the \$XX is.)



Birthday Gift Cards for Foster Children

Help a child in the foster care system by donating \$25 for a birthday gift card. These gift cards are given to children who do not receive any other gifts to celebrate their birthdays. In the past we have donated 40 gift cards each year, but with the growing number of children in the system, 40 gift cards are not enough anymore. Please consider this very special ministry of making children feel special on their birthdays. To contribute please mail your donation to the office or give **online**.



Have you moved? Changed your email address or phone number? Have you dropped your land line? Do we have your correct information?

You can update your information by logging into your REALM account or by contacting Janet via email jsweeting@kccathedral.org or phone 816.214.9946 (direct office line).

Hope for a Brighter 2022

Due to the COVID-19 pandemic, the images and words of the cathedral's *Saint John's Bible* Heritage Edition remained behind the closed glass doors of the display room during 2021. Virtual worship services, social distancing guidelines, and scarcity of volunteer docents meant the volumes were not used during our worship life throughout the year.

In September, our volumes did get some fresh air as Community Covenant Church in Lenexa rescheduled a presentation originally scheduled in 2020. Approximately 75 people from their congregation participated in that event and, as always, were awed by the beauty of the images, words and story of this magnificent work.

Fortunately, 2022 presents a brighter picture. Pandemic restraints permitting, *The Saint John's Bible* will be present in the Nave for some of our Sunday worship services beginning with the season after the Epiphany. There is also interest from several to join us as new docents. We hope that new opportunities to share this treasure with our community will be forthcoming as pandemic guidelines permit.

Want to learn more? We have trained docents to help you. Contact Linda Martin, lmartin@kccathedral.org.

—Jim Martin



Jacob's Ladder, Donald Jackson with contributions from Chris Tomlin, Copyright 2002, *The Saint John's Bible*, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

Thanksgivings & Memorials for Christmas Flowers and Greens



- in thanksgiving for the Wardens, Vestry, and people of the Cathedral — Dean Andy
- in thanksgiving for the Staff and Clergy of the Cathedral: Angie, Mike, Bianca, Brian, Rashaunda, Paul, Linda, Julie, Richard, Melissa, Ryan, Brittany, Clare, Janet, Kristy, Jerry, and Kevin — Dean Andy
- in loving memory of Phyllis Ryder — The Ryder Family
- in thanksgiving for Joanne Repass Jones, Roger & Joyce Sweeting and in memory of Howard & Bettie Stewart and Elliot Jones — Janet & Ric Sweeting
- in thanksgiving for my family — Mary J. Keyse
- in thanksgiving for our children, Abby, Jon & Camille, and in memory of Kenneth & Janice Bontrager, and Homer & MaryLou Moore — Kristy & Steve Moore
- in memory of Mr. and Mrs. Siras A. Stocks, Mr. and Mrs. Ralph L. Johnson, Mr. and Mrs. Howard W. Keyse, Mr. and Mrs. Carl F. Grauer, and Dr. S. Allan Stocks — Beth and Andy Keyse
- in thanksgiving for our children Siras and Mary Mullis — Beth and Andy Keyse
- in thanksgiving for Dr. Brian Milligan — Eddie & Sandy Carter
- in thanksgiving for Luke and Hannah Woolley and Emma and Ashly Lane — Pat & Kay Woolley
- in thanksgiving for the members of Altar Guild — Kristy Moore
- in loving memory of the Very Rev. J. Earl and Nancy Cavanaugh — Vangie & John Rich
- in loving memory of Leona Schaefer — Vangie & John Rich
- in thanksgiving for Kevin, Laura, Aida, Georgia, Judd and Hollis Thomas; François-Regis, Hilary, Adélaïde and Audren Gaboriau — Michael & Cathy Thomas
- in thanksgiving for our children and grandchildren — Paget & Thomas Higgins
- in thanksgiving for my family — Joan Bergstrom



Easter Flowers

Now it's time to start thinking about the beautiful flowers that will decorate the church during Easter. Help make the Cathedral as stunning as in years past by giving today. Small donations are welcome, too, every little bit helps.

You can donate online from our **website** or mail your donation to the Cathedral office.

Contact Janet Sweeting, 816.474.8260 or jsweeting@kccathedral.org to donate for Easter flowers (or regular Sunday flowers). You may also visit kccathedral.org/flowers for more information.

—Janet Sweeting



Thanksgivings and Memorials Flowers and Greens

November 7

- in memory of Sarah Ingram-Eiser—Allie, Tim, Jackson & Connor Sifers; Adam, Grace, Ben & Tyler Ingram-Eiser

November 14

- in thanksgiving for our grandson, Evan Carlson-Lee—Linda & Bob Carlson

November 21

- in thanksgiving for the marriage of Haley Loftis & James Koch

November 25

- in loving memory of Ken, Carl, Byran and Phyllis Ryder—the Ryder family

November 28

- in thanksgiving for the life of Phyllis Ryder—the Ryder family

December 5

- in loving memory of Liza Townsend

December 12

- in thanksgiving for the birthday of our son, Brad McLeroy—Carolyn McLeroy

December 19

- In memory of Judith Beal Richards—from her family

January 9

- in thanksgiving for the baptisms of Elizabeth, George, Amanda and Caroline—Mark & Brenda Colburn
- in memory of Ted Derrick—Ken Stewart
- in thanksgiving for the Rt. Rev. Diane M. Jardine Bruce, Bishop Provisional of West Missouri





Grace and
Holy Trinity
Cathedral

Youth and College Ministry

Join us for

Youth Sunday

Sunday, May 1

10:30 a.m.