Lent & Holy Week at GHTC

Moving from Light to Light
From the Dean
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Lent & Holy Week at GHTC
p. 11
Moving from Light to Light

The light always seems to be something we need more of in the early days of winter. The winter solstice begins on the shortest day of the year, meaning, the day with the least amount of light. Even though the days begin to get longer, it still seems to get dark outside pretty early. The light born to us on Christmas helps us take our minds off of the early sunsets for a while, only to get brighter as Epiphany, the season of light, begins twelve days later. Now, firmly within the Epiphany light, the days are noticeably longer as the light stretches further into the evening. We need that light to carry us through the season of Lent and back to light again. The light of Easter will be a wonderful sight after leaving the light of Epiphany. Remember, the season of Easter is fifty days, carrying us all the way to the Feast of Pentecost on the last Sunday of May. I look forward to joining with all of you on our journey from light, through Lent, and back to light again.

—Dean Andy

Quiet Calm

The season of Lent has always been very interesting time for me. It always felt very punitive as a child in a Catholic family, and I suppose it was. But there was also something very nice about the quiet calm I felt during the season. Introspection is comforting to me, so I’ve always enjoyed that element of Lent.

This year the Cathedral is offering several events and special classes during the season of Lent. Make sure to check out the details, starting on page 11. And don’t forget to look at the Holy Week information on page 13. Easter is coming and you won’t want to miss out!

—Melissa Kilpatrick

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Welcome, Holly!

Holly Campbell is thrilled to be the part-time Coordinator of Special Event’s. Holly has an interdisciplinary background ranging from Economic Development to working at the City of Chicago’s Department for Special Events at Navy Pier. Holly has managed to insert her love for planning and coordinating events in most of her employment opportunities. Holly has a B.A. in Radio Broadcasting and a master’s degree in Non-Profit Administration. For several years, she hosted her own radio show, “What a Woman Can Do!” encouraging women to follow their spiritual path, hearts and dreams. Taking her own advice as a dream maker, she recently left a big family in Chicago to fly solo, allowing her intuition to land her in this wonderful city. When Holly is not at GHTC, the remainder of her time is spent as a Life Coach with additional certifications in grief, health and transformational development. She also has decided to release the children’s stories held hostage in her head for over 20 years, with the mission to get them written and published! Holly has three young adult children and three grandchildren, all scattered across the United States. Returning to Special Events feels like home and Holly is ready to plant seeds and grow here at Grace and Holy Trinity Cathedral.

Search Your Heart

Volunteering, time and talent, serving and even work, are all words people use to describe Lay Ministry. Lay Ministry is all those things, particularly your time and talent. Lay Ministry is any service for the church performed by individuals who are not ordained clergy. This includes everything from being on the Altar Guild to helping with coffee hour.

Towards the back of the Book of Common Prayer, beginning on page 845, is an outline of our faith. Questions and answers regarding The Ministry begin on page 855.

“Who are the ministers of the church? The ministers of the church are laypersons, bishops, priests and deacons.” (See how the layla comes first?) The following question is “What is the ministry of the layla? The ministry of laypersons is to represent Christ and his church; to bear witness to him, wherever they may be; and, according to the gifts given them, to carry on Christ’s work of reconciliation in the world; and to take their place in the life, worship, and governance of the church.”

Laughter, Fun and Deep Reverence

This year the children’s department prepared to enter the great mystery of Christmas as we always do, with laughter, fun and deep reverence. Our object lesson this year was an igloo made out of milk jugs. The children watched and waited as the igloo was built over the four weeks of Advent. After the 5 p.m. Christmas Eve service, in which the children and youth helped lead worship through the reading of the Gospel and a Christmas pageant, the igloo was unveiled at a reception hosted by the Children and Youth Departments. Many regular church attendees and visitors enjoyed a sweet treat and took pictures in the igloo. Additionally, we continued our tradition of watching the magi travel through Kansas City as they looked for the Christ Child. You can still find those photos on the Cathedral’s Facebook and Instagram pages.

We waited, watched, were patient and anticipated; finally, it came—celebrating the birth of the long-awaited messiah. Every year we enter this season of anticipation, hope, and longing. We do this to remember those who waited for God’s anointed to set them free; but we also do it to remind us that we are still waiting for Christ’s second coming. We still anticipate, hope and long to set all things to right as foretold by the prophet Isaiah.

“I am the LORD; I have called you in righteousness: I will take you by the hand and keep you; I will give you as a covenant for the people, a light for the nations to open the eyes that are blind, to bring out the prisoners from the dungeon, from the prison those who sit in darkness.” —Isaiah 42:6-7

As we wait for Christ’s second return, we bask in the light of the incarnation in the birth of Jesus Christ. We rest on the promise of the revelation of salvation for all people in the epiphany, believing that we can participate in establishing the Kingdom of heaven on earth until Christ returns. May we be filled with the power of the Holy Spirit so that we are striving for God’s Kingdom with laughter, fun and deep reverence.

A great big thank you to everyone who donated milk jugs! —Deacon Brittany
Continuing to Be
A SERVANT CHURCH
IN THE
HEART
OF THE CITY

Paper Drive
During the month of February we will be collecting paper items for the women and their families at Sheffield Place, a homeless shelter for women and their children. The items we will be collecting are toilet paper, paper towels and Kleenex. Outreach will purchase feminine hygiene products for the residents. The mission of Sheffield Place is “to empower homeless mothers and their children to heal from their trauma and become self-sufficient.”

Thank You
A special thank you to Sandy Bressman and Kari O’Rourke for their help with the Christmas Party at Crittenton. While the party was cancelled due to an outbreak of Covid, we still delivered pizzas, treat bags and some craft projects for children to do on their own.

Lenten Outreach
During the Lenten Season there will be several opportunities to get involved. Cathedral members will have the opportunity to volunteer at HappyBottoms for a couple of hours packing diapers for distribution; prep food at Nourish KC on a Saturday morning; pack food at Sheffield Place between services on Palm Sunday; and pack family bags for BackSnack children over Spring Break on March 5.

Birthday Gift Cards for Foster Children
Help a child in the foster care system by donating $25 for a birthday gift card. These gift cards are given to children who do not receive any other gifts to celebrate their birthdays. In the past we have donated 40 gift cards each year, but with the growing number of children in the system, 40 gift cards are not enough anymore. Please consider this very special ministry of making children feel special on their birthdays.

Delivering pizzas, treat bags and craft projects to the Crittenton kids for Christmas.

Upcoming Music Events
Join us for the following events taking place February through April 2023:

Sunday, February 19
Sunday, March 19
Sunday, April 16
5 p.m.
Choral Evensong
A service of Choral Evensong will be offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. With its origins in Archbishop Thomas Cranmer’s Book of Common Prayer (1549), Evensong is one of the most uniquely Anglican liturgies and is sung in cathedrals and parishes throughout the world.

Sunday, March 12
3 p.m.
Musica Vocale presents Brave New World: Music from Puebla de los Ángeles
Conductor Jay Carter leads Musica Vocale in a program that includes Juan Güierrez de Padilla’s Missa ego flos campi for double choir as well as 17th century motets and villancicos by Francisco Lopez Capillas, Joan de Cererols, Gaspar Fernandez and Francisco Guerrero. For more information, please visit musicavocale.org/concerts. Tickets may be purchased at the door.

Sunday, April 9
8 & 10:30 a.m.
Easter Morning
Our Easter morning liturgies will include music offered by a brass ensemble and the Trinity Choir.

Sunday, April 16
2 p.m.
William Baker Singers Eleventh Annual Kenneth Babcock Memorial Concert
Conductor William Baker leads the William Baker Festival Singers & Symphony Orchestra and soloists Megan Moore and Ed Frazier Davis in Ein deutsches Requiem by Johannes Brahms. The concert is a celebration of the Festival Singers’ 25th anniversary in Kansas City. For more information, please visit festivalsingers.org/concerts. Tickets may be purchased at the door or at eventbrite.com/e/william-baker-festival-singers-orchestra-brahms-ein-deutsch-es-requiem-tickets-413832964537.

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—Terri Curran

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Episcopal 101

Episcopal 101
Sundays, January 29–March 12
9:15 a.m.

This class is for anyone who would like to learn more about the history, worship, and sacramental life of the Episcopal Church. It also prepares those who wish to be confirmed, reaffirmed, or received at the Easter Vigil on Saturday, April 8. Classes will run through March 12. This leaves us plenty of time to make up classes for anyone who might have to miss a day or two. It is a fun class that teaches us a lot about who we are as members of Grace and Holy Trinity Cathedral, in the Diocese of West Missouri, in the Episcopal Church USA, and in the worldwide Anglican Communions.

Wednesday Class #1
(in partnership with William Jewell)

Many Sacred Spaces: Encountering God Wherever We Are
Wednesdays, Jan. 25, Feb. 1, 8, 15 6:30–7:45 p.m.

Where do we encounter God? For some people it is only in a place of worship, for others it is in nature. Buildings and physical structures, for some, can seem to hold God in by putting God in a box rather than acting as gateways to draw us closer to God. Others might think that the openness of nature doesn’t allow us to focus our thoughts, that they might get lost in all that space. It really is subjective. Why does it have to be one way or the other? Why can’t it be both? Or, even stranger, could it be found in a prison cell, hospital bed, or other places?

Our physical spaces have many names: churches, tabernacles, temples, mosques, basilicas, chapels, oratories, grottos, shrines, etc. Our non-physical spaces have names as well: woods, rivers, forests, lakes, streams, oceans, mountains, plains, valleys, etc. Even, perhaps, golf courses. All, whether physical or not, can be a sacred space if it is where we encounter God at any level. Sacred spaces can be formally set apart for a purpose, but also informally created by us to serve the same purpose, that is, being drawn closer to God.

There are definite differences here, but the end result can certainly be the same. In this course we will explore different ways to experience God in all the above; anywhere ... anywhere you can find a way to open yourself to the presence of God.

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Wednesday Class #2
(in partnership with William Jewell)

The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience
Wednesdays, March 1, 8, 15, 22, 29
(no class March 19)
6:30–7:45 p.m., followed by Compline

In this course, we will examine four pieces of music. Each of these is inspired by some aspect of religious thinking and spirituality. The music is sometimes hard to hear, but always engaging and thought-provoking. Dealing with war, the meaning of life, death and racial tensions, each piece is a specific window into the mind of the composer and often causes us to wrestle with contemporary issues, the deep questions of life and what it means to be human.

—Dr. Ian Coleman, Professor of Music
William Jewell College

Lenten Book Study

My Body is Not a Prayer Request: Disability Justice in the Church
Wednesdays, March 1, 8, 15, 22, 29 6:30–7:45 p.m., followed by Compline

If you would like to build awareness for ministering among the disabled in your church and community, here’s a good start. This book lends itself to lively discussion, spiritual reflection, and insightful and incisive thought leading to action and awareness. We invite everyone to read Amy Kenny’s book.

“With humorous prose and very wit, Kenny makes a convincing case for all Christians to do more to meet access needs and embrace disabilities as part of God’s kingdom. Inclusivity-minded Christians will cheer the lessons laid out here.” —Publishers Weekly

This book is easily obtained through your local bookstore or online. An amplified discussion/reflection guide for My Body is Not a Prayer Request: Disability Justice in the Church, has been prepared by Brittany Sparrow Savage and can be accessed at the following link, kccathedral.org/lent.

Much of the church has forgotten that we worship a disabled God whose wounds survived resurrection, says Amy Kenny. It is time for the church to start treating disabled people as full members of the body of Christ, who have much more to offer than a miraculous cure narrative and to learn from their embodied experiences.

Written by a disabled Christian, this book shows that the church is missing out on the prophetic witness and blessing of disability. Kenny reflects on her experiences inside the church to expose unintentional ableism and cast a new vision for Christian communities to engage disability justice. She shows that until we cultivate church spaces where people with disabilities can fully belong, flourish, and lead, we are not valuing the diverse members of the body of Christ.

Offering a unique blend of personal storytelling, fresh and compelling writing, biblical exegesis, and practical application, this book invites readers to participate in disability justice and create a more inclusive community in church and parachurch spaces. Engaging content, such as reflection questions, and top-ten lists are included. —Amazon

If you are interested in attending this book study, please contact Deacon Brittany, childrensformation@kccathedral.org or 828.808.4058, to sign up. Discounted books are available, just ask for details when registering.

—Deacon Brittany
Lectionary Bible Study

**Dust Bunnies in the Basket & Witness at the Cross**

**Tuesdays**
12:30–1:30 p.m. • **Via Zoom**

WBS will be studying *Dust Bunnies in the Basket* during Lent. The Rev. Tim Schenck connects the mundane with the divine, from dust bunnies and egg hunts to foot washing and the Easter Vigil. *Dust Bunnies in the Basket* challenges us to go deeper during Lent, to “kick up some dust” and connect the mundane with the divine, from **roots of faith** to **foot washing** and **Easter Vigil**.

Books can be found at **Amazon**, **Forward Movement** and other book sellers in paperback or ebook forms.

After Lent we will be reading **Witness at the Cross** by Amy-Jill Levine. We’ll experience Holy Friday from the perspective of those who watched Jesus die. In Witness at the Cross, Amy-Jill Levine shows how the people at the cross each have distinct roles to play: Each Evangelist presents a distinct picture of the death of Jesus. Each portrays different individuals and groups of people at the cross, each offers different images and dialogues, and so from each, we learn how those meanings and messages cross the centuries to any who would come to the cross today.

Amy-Jill Levine is Rabbi Stanley M. Kessler Distinguished Professor of New Testament and Jewish Studies at Hartford International University, Professor of New Testament and Jewish Studies Emerita, Mary Jane Werthan Professor of Jewish Studies Emerita and Professor of New Testament Studies Emerita at Vanderbilt University.

Books can be found at **Amazon**, **Cokesbury**, **Booksellers in paperback or ebook forms**.

**My Body Is Not a Prayer Request: Disability Justice**

Music, William Jewell College and **Processing and Reflecting the Human Experience**, taught by Dr. Ian Coleman, Professor of Music, **Ash Wednesday Services**—Start your Lenten journey with one of our Ash Wednesday services. The 7 a.m. service will be spoken word only, the 12:05 service will include hymns and organ music and the 7 p.m. service will feature members of the Trinity Choir. The Imposition of Ashes takes place at all three services. All services will be in person and the 7 p.m. service will be livestreamed as well.

**Shrove Sunday Pancake Breakfast**—Join us for breakfast following both morning services Sunday, February 19. Chris Cakes will be in Founders’ Hall serving pancakes and sausage. The youth will provide special toppings. Be sure to stop by and catch a couple pancakes!

**Choral Evensong**—A service of Choral Evensong will be offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.

**Witness at the Cross**

**Lent at GHTC**

Join us for the journey to the cross. Below you will find events and services offered during the Lent and Easter seasons at the Cathedral. As always, you can find more information on our website, **kccathedral.org**.

**February**

- **Sunday**, **February 19, 9 & 11:45 a.m.**
- **Sunday**, **February 19, 5 p.m.**
- **Monday, February 20**
- **Wednesday, February 22, 7 a.m., 12:05 & 7 p.m.**
- **Ash Wednesday Services**—Join Deacon Barbara as she leads the Stations of the Cross, taking a walk in the footsteps of Jesus on his journey to the cross.

**March**

- **Wednesday, March 1, 6:30 p.m.**
- **Wednesday Lenten Classes**—The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience, taught by Dr. Ian Coleman, Professor of Music, William Jewell College and My Body Is Not a Prayer Request: Disability Justice in the Church, taught by Deacon Brittany. Compline will be offered following the classes.

**Stations of the Cross**—Join Deacon Barbara as she leads the Stations of the Cross. Each station portrays different individuals and groups of people at the cross, each offers different images and dialogues, and so from each, we learn how those meanings and messages cross the centuries to any who would come to the cross today.
Holy Week

Sunday, April 2, 8 and 10:30 a.m. Palm Sunday—We recall Jesus’ entry into Jerusalem with the blessing of palms and a procession, followed by the story of Christ’s Passion and death. The 10:30 service begins with a procession through the courtyard.

Monday, April 3, 12:05 p.m. Monday in Holy Week—Holy Eucharist

Tuesday, April 4, 12:05 p.m. Tuesday in Holy Week—Holy Eucharist

Wednesday, April 5, 12:05 p.m. Wednesday in Holy Week—Holy Eucharist

Thursday, April 6, 7 p.m. Maundy Thursday—We remember Jesus’ last meal with his disciples by listening to the gospel, participating in hymns and choral music, washing feet as a sign of servant ministry, and sharing the bread and wine of Eucharist. We witness the stripping of the altar.

Friday, April 7, 9 a.m. and 12:05 p.m. Good Friday—9 a.m.: We remember Jesus’ death with the Good Friday Liturgy and communion from the Reserved Sacrament on the Altar of Repose. 12:05 p.m.: This service includes the chanting of the Passion, choral and instrumental music, customary prayers and veneration of the cross of Christ.

Saturday, April 8, 9 a.m. Holy Saturday—A brief and simple liturgy recalls the mournful desolation of the lifeless Christ in the tomb. After the service, stay to help decorate the Cathedral for Easter.

Saturday, April 8, 7 p.m. Easter Vigil—Bishop Diane will be with us as we light the new fire, listen to the story of salvation in the Scripture and witness the confirmation, reception and reaffirmation of persons in the Cathedral congregation. We then proclaim with joy “Alleluia. Christ is risen” and celebrate the first Eucharist of Easter. We will continue the celebration at a reception following the service.

Sunday, April 9, 8 and 10:30 a.m. Easter Day—We celebrate the Resurrection of Jesus at each of our identical Easter morning celebrations. Both services include hymns, choral music, brass and a Cathedral resplendent with flowers. Children will flower the resurrected Savior’s cross. An Easter egg hunt for children (through fifth grade) takes place on the north lawn following the 10:30 service. Invite your friends and neighbors!
November 6  •  in loving memory of Alan & Phyllis Ryder—the Ryder family

November 9  •  in memory of Marilyn McMullen by Larry McMullen
  •  in memory of Josephine & Ira Morgan by Dr. Dennis Morgan
  •  in memory of Ron McLeroy by Carolyn McLeroy
  •  in thanksgiving for our grandchildren Ryan & Brooke by John & Denise Nelson
  •  by Tara & Bob Bennett
  •  in thanksgiving for our family by the Ryders
  •  by Elizabeth Miller
  •  in memory of Reginald & Fleeda Franklin by Muriel, Regina, Lynette, Brent & Melanie
  •  by Eric Elisabeth & Julie Brogno
  •  in thanksgiving for our children and grandchildren by Michael & Cathy Thomas
  •  in memory of Mr. and Mrs. Howard W. Keyse, Mr. and Mrs. Siras A. Stocks, Mr. and Mrs. Carl E. Grauer, Mr. and Mrs. Ralph L. Johnson, Dr. S. Allan Stocks by Beth and Andy Keyse
  •  in memory of Calvin Hillhouse by Brent A. Barr
  •  in thanksgiving for our children and grandchildren by Anne & Richard Morse
  •  in memory of Mr. Godwin Oluh by Caroline Oluh
  •  in thanksgiving for our family and in memory of Kenneth & Janice Bontrager and Homer & Mary Lou Moore by Steve & Kristy Moore
  •  in thanksgiving for our 3 granddaughters: Mila, Avalyn and Ella and in memory of our parents: Bill, Ruth, Ralph and Carolyn by Bill & Valerie Miller

November 13  •  in loving memory of Barbara Mason

November 20  •  in thanksgiving for Janet Sweeting

November 25  •  in thanksgiving for the lives of Phyllis & Alan Ryder & family—the Ryder family

November 27  •  in memory of Al Mauro Sr.—by his family
  •  in celebration for the life of Phyllis Ryder—the Ryder family

December 4  •  in loving memory of John Brown—Peg Brown

December 11  •  in thanksgiving for the birthday of my son, Brad McLeroy—Carolyn McLeroy
  •  to the glory of God

January 8  •  in thanksgiving for the ordinations of Brittany Renee Sparrow Savage, David Sidney Wilcox, II, Jon Ryan Williams and Ryan Anthony Zavacky
  •  in memory of Willie Joe Finnie, Jr.
  •  in thanksgiving for the baptisms of Elizabeth, George, Amanda and Caroline—Mark & Brenda Colburn

January 25  •  in thanksgiving for Maddie and Jack Molise, our grandchildren by John & Ellen Goheen

January 29  •  by Tara & Bob Bennett
  •  in thanksgiving for our family by the Ryders
  •  by Elizabeth Miller
  •  in memory of Reginald & Fleeda Franklin by Muriel, Regina, Lynette, Brent & Melanie
  •  by Eric Elisabeth & Julie Brogno
  •  in thanksgiving for our children and grandchildren by Michael & Cathy Thomas
  •  in memory of Mr. and Mrs. Howard W. Keyse, Mr. and Mrs. Siras A. Stocks, Mr. and Mrs. Carl E. Grauer, Mr. and Mrs. Ralph L. Johnson, Dr. S. Allan Stocks by Beth and Andy Keyse
  •  in memory of Calvin Hillhouse by Brent A. Barr
  •  in thanksgiving for our children and grandchildren by Anne & Richard Morse
  •  in memory of Mr. Godwin Oluh by Caroline Oluh
  •  in thanksgiving for our family and in memory of Kenneth & Janice Bontrager and Homer & Mary Lou Moore by Steve & Kristy Moore
  •  in thanksgiving for our 3 granddaughters: Mila, Avalyn and Ella and in memory of our parents: Bill, Ruth, Ralph and Carolyn by Bill & Valerie Miller

Thanksgivings & Memorials for Christmas Flowers and Greens

Donate Now for Easter Flowers

Now it’s time to start thinking about the beautiful flowers that will decorate the church during Easter. Help make the Cathedral as stunning as in years past by giving today. Small donations are welcome, too, every little bit helps.

You can donate online from our website or mail your donation to the Cathedral office. For more information, contact Julie Toma, jtoma@kccathedral.org.
February 5 at 4 p.m.
St. Augustine’s

Join the people of St. Augustine’s in a celebration of the Blessed Absalom Jones. This year’s celebration includes guest preacher the Rt. Rev. Deon Johnson, bishop of the Diocese of Missouri, and the St. Augustine’s liturgical dancers. For those unable to attend in person, the event will be broadcast live on the diocesan website, spirit.diowestmo.org/live.